

# St. George Orthodox Church

5191 Lennon Road • Flint, MI 48507 • (810) 732-0720

Web Site: [saintgeorgeflint.org](http://saintgeorgeflint.org)

Father Joseph M. Abud, Pastor

Father Michael Bassett, Assistant

October 29, 2023

OCTOBER IS YOUTH MONTH THROUGHOUT THE ARCHDIOCESE

## Glory to Jesus Christ!

### *Glory Forever!*

**Welcome to St. George!** Thank you for attending today's Divine Services. If you are a first-time visitor, please register your visit by completing the guest book located in the narthex. We would appreciate getting to meet you after liturgy, so feel free to join us during Coffee Fellowship! Every Sunday we remember the Resurrection of our Lord and Savior Jesus Christ. The word "*Liturgy*" means *work of the people* that means everyone participates through singing, praying, hearing the teaching, and opening our hearts to allow God's grace to enter. Anyone interested in learning more about our faith are encouraged to speak with one of our clergy.

**Guidelines for Receiving Holy Communion for Orthodox Christians:** Orthodox Christians fully participate in the celebration of the Eucharist by receiving Holy Communion in fulfillment of Christ's command *to eat His Body and drink His Blood*. In order to be properly prepared to receive Holy Communion, the faithful should fast (no food or drink from midnight the night before), the Sacrament of Confession (7 years and older) within the last 2 months, being at peace with others, and striving to always love God and their neighbor. Frequent communion and regular confession are recommended for all faithful Orthodox Christians.

**For other Christians:** We welcome you to this celebration of the Divine Liturgy. Unfortunately, we cannot extend to you a general invitation to receive Holy Communion. Orthodox Christians believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of our community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, but for which we must all pray. All, however, are welcome to partake of the blessed bread (*antidoron*) which will be given when coming forward to venerate (kiss) the Holy Cross and receive the final blessing from the priest. Again, welcome!

### Live Streaming of Divine Services

St. George is open for all parishioners and visitors. If you cannot attend, please pray with us through our livestream which can be seen on our YouTube Channel:

<https://www.youtube.com/c/SaintGeorgeOrthodoxChurchFlintMI>

If you have a smart TV, you actually have a web browser and YouTube app built in. All you have to do is start the browser app for YouTube and put the link in the address bar.

# Youth (Teen SOYO) Month Greeters/Ushers:

Marcos Abuaita and Quasi Bannoura

**Epistle Reader**: Hannah Zeidan

## Holy Bread Offerings (Oblations)

- Beit Sahour USA for the health of their families and **those suffering in the Holy Land** and in loving memory of those who **perished in the Gaza City Orthodox Church** (9 day).
- Daisy Isaac and Family for the health of their family and in loving memory of **Michael, Helen, Tommy, Toufic, Eddie, Freddie, Woody, Charlie, Gloria, Louie Sr., Louie Jr., George, Helen, Pauline, Matthew, Emily, Gary, Norma, Debbie, Joel, Jim, Fouzie, Joe, John, James, Evelyn, and Leland**.
- George and Muna Abuaita for the health of their family especially **Reader Fouad, Laith, Dina**, and newborn **Liam** and in loving memory of **Issa** (20 year) and **Nihal** (22 year) Abuaita.
- We also pray for the servants of God who have fallen asleep in the Lord: **Jean** Parks (+September 28<sup>th</sup>, mother of Judy (Dr. Raouf) Mikhail) and **Yvonne** Holwey (+October 7<sup>th</sup>, friend of Fr. Joe and mother of Chris Holwey) ~ *may their memory be eternal!*
- Prayers are offered for our parishioners who are ill, recovering, or in need, especially His servants: **Archbishop Alexander** (bishop of St. Mary Magdalene and St. Nicholas), our **Bishop Anthony, Sahar Abdallah, Reader Fouad** and **Soad** Abuaita, **Philip** and **Janett** Abuaita, **Rasha** Abuaita, **Shafiq** Abuaitah, **Laila** Abud, **Georgette** Abueita, **Iliyana** Abueita, **Jane** Abueita, **Youssif** Abousamra, **Mariam** Al-Khoury, **Ola** Alqazaha, **William** Alsahoury, **Naila** Banna, **Vera** Daoud, **Said** Farah, **Elias** Gantos, **Subdeacon George** and **Suad** Gantous, **Phyllis** Good, **Ronald** Haddad, **Daisy** Isaac, **Karen** Mortensen, **Laura** Nassar, **Jeanette** Nassif, **Adam** Odeh, **Rahmeh** Rashmawi, **Elaine** Shaheen, and **Michael** Silpoch; **Jason** Dine who is under instruction/catechism to become Orthodox; **Laith, Dina**, and newborn **Liam** Maymoun who will be brought back into the life of our parish through the *Prayers of Churching*; **Mousa, Amanda**, and newborn **Nicholas** Rishmawi (Sept. 19<sup>th</sup>); **Maroun, Julia**, and newborn **Mariella** Noelle Alatrash (September 23<sup>rd</sup>); **Luciana** Al-Khoury who will brought into the Orthodox Faith through the Holy Sacraments of Baptism, Chrismation, and her First Communion.
- We also pray for our expectant parents: **Ambur** (daughter of Joseph Haddad) and **Matt** Allison, **Gabriella** (daughter of Joseph & Mary Jo Ghattas) and **David** Ayyash, **Renea** and **Rakan** Bayouk, Drs. **Lindsey** and **Ryan** Brunner, **Cassandra** and **Danial** Burbar, **Dania** and **Subdeacon Salim** Hanna, **Andrea** and **Josh** Jones, **Christine** (daughter of Ayman & Wafaa Elias) and Dr. **Matthew** Krinock, **Kari** (daughter of John & Theresa Farah) and **Panagiotis** Mikroudis, **Vera** and **Luay** Sababa, & **Jacqueline** (daughter of Anwar & Janet Abueita) and **John** Timm.

## ANNOUNCEMENTS

COFFEE FELLOWSHIP is not hosted today ☹️. Please offer a donation to help cover our costs ~ *thanks!*

**COFFEE FELLOWSHIP HOSTS** Available dates: December 3<sup>rd</sup>, 17<sup>th</sup>, and 31<sup>st</sup> ~ sign-up poster and hosting information is in the Lounge. Hosting includes bringing whatever you wish to serve, setting up, and cleaning up afterwards. St. George provides coffee, cups, cream, and sugar at a charge to the host of \$30. **For more information**, contact Manal Abuaita. *During the Nativity Fast (November 15<sup>th</sup> - December -24<sup>th</sup>) no meat, poultry, eggs, dairy, fish, or their by-products are to be served.*

### **PLEASE HELP!**

**KIDNEY NEEDED!** One of our parishioners is in desperate need of a kidney. All of us have two kidneys and we only need one to live. Both of the kidneys of this parishioner are not working properly. If you are interested and want more information, please speak with Fr. Joe ~ *thanks!*

**2023 PARISH GENERAL ASSEMBLY** is scheduled for Sunday, November 12<sup>th</sup>, immediately after Divine Liturgy. Members in good standing both spiritually (*attending church*) and in their financial stewardship (*offerings to the church*) are considered Voting Members and may speak and vote on any non-canonical matter at the meeting. Report Packets with Minutes and the Proposed 2024 Budget will be mailed this week. Please review the Report Packet and, most importantly, plan on attending!

- **GENERAL ASSEMBLY VOTING MEMBER** is defined in our Constitution as: *all persons, regardless of sex, eighteen (18) years of age and over, who have been baptized and accepted as members of the Holy Orthodox Church according to its teachings, who accept, profess and practice the faith and discipline of the Holy Orthodox Church and who subscribe to the temporal maintenance of the Parish, through payment of such dues, pledges and assessments.*
- **General Assembly Proxies** are given to those who cannot attend the meeting because of medical treatment or illness, those confined to their homes, or those with written verification of a prior travel commitment. A VOTING member who cannot attend the meeting may have another VOTING member vote on their behalf. PLEASE NOTE: Proxies can be picked up in in the church office and must be returned back to the office by Sunday, November 5<sup>th</sup>. Proxies received after November 5<sup>th</sup> will be considered invalid. A proxy cannot be replaced.

**ST. GEORGE DISCLAIMER:** All children must be supervised by a responsible adult while attending any function on the property of St. George Orthodox Church. St. George Orthodox Church will not be liable for any damage or injury to property or person resulting from unsupervised minors.

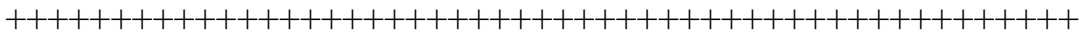
الصالة استتجار عند مسؤولية إخلاء:

من اي خارج او داخل مناسبة أي في تواجدهم أثناء ومسؤول بالغ شخص برفقة الأطفال جميع يكون أن يجب إصابة أو خاصة اغراض فقدان عن مسؤولية الكنيسة تكون لن الأرثوذكسية جورج القديس كنيسة ممتلكات الاطفال مراقبة عن المسؤولين هؤلاء قبل من تقصير عن ناتجة اشخاص

## **COMING EVENTS**

**Fasting Discipline** The traditional fasting discipline (*no meat, poultry, eggs, dairy, fish, wine, olive oil, and their by-products*) is observed on Wednesday and Friday.

Monday	<b>Bible Study:</b> <i>St. Paul's Letter to the Romans</i> 1:30-3:30pm
Wednesday	Arabic <b>Bible Study:</b> <i>St. Paul's Letter to the Romans</i> 12:30-2pm
Saturday	<b>Divine Liturgy</b> for <i>St. Raphael of Brooklyn</i> 10am <b>Great Vespers and Confessions</b> 4pm



# Lust ~ Waging War Against the Flesh

*by Abbot Tryphon, head of All-Merciful Savior Monastery on Vashon Island, Washington*

Since the eyes and the ears are the doors of the soul, an Orthodox Christian must not leave the body without attention. Unlike the religion of *Gnosticism*, which teaches the separation of soul and body, with the physical world being evil and something to be overcome, historic Christianity teaches the unity the body and soul, with the physical world being transformed and made anew in Christ. This means that, while caring about one's soul, an Orthodox Christian must not leave the body without attention.

The body is given over to temptation, which is rooted in the mind. As Christians we know that we must never play with temptations, for in doing so we have already fallen half-way. Thus, an Orthodox Christian who takes their salvation seriously would never partake in seductive dances, or enter into flirtation as though it were a sport, for they should know this to be a dangerous game.

Temptations gain hold when we entertain dirty thoughts and ideas, sometimes by allowing our eyes and ears to entertain things that can overcome our will, causing us to fall. It is much easier to stop a temptation in the beginning, than to do battle with a seductive idea once it has gained entry. A person who wants to prevent a burglary makes every effort to prevent a burglar from gaining entrance in the first place. Like taking precautions that will prevent a burglary, we must never allow ourselves to entertain temptations, for that would be like inviting a criminal into your home with the intent of trying to talk him out of stealing from you.

Many are convinced that sexual needs are so insurmountable in strength, as to make it impossible to resist. This is only the case when we habitually give in to the passions, and avoid using the tools given to us by the Church to bring our body into submission. If we observe the periods of fasting, especially the Wednesday and Friday days of abstinence, eat moderate amounts of food, avoid the overuse of alcohol, and say no to drugs, we will have taken a big step forward in our struggle with lust. Remember, a healthy body contributes to the health of the soul.

Finally, it is good to take to heart the advice of Saint Ephraim of Syrian, "*Think about the good so as not to think about the bad.*" Guard against spending time with people whose jokes and story-telling are occasions for sinful thoughts, and avoid bad company, for "*Bad company corrupts good character.*" (1 Corinthians 15:33)

St. George Orthodox Church  
Ladies Auxiliary  
5191 Lennon Road, Flint, MI 48507 (810-732-0720)

# Holiday Bake Sale

Sunday, November 19<sup>th</sup>



Our Auxiliary will be selling a variety of items including Arabic sweets! If you would like to donate sweets for our ladies to sell or if you have any questions, please contact chairwoman Sally Abuaita at [sally\\_iaf@sbcglobal.net](mailto:sally_iaf@sbcglobal.net).

*As always, thank you for your Support!*