

ORTHROS ON SUNDAY, APRIL 14, 2024; TONE 4 / EOTHINON 1 FOURTH SUNDAY OF THE GREAT FAST COMMEMORATION OF JOHN CLIMACUS, AUTHOR OF "THE LADDER"	
Priest: Blessed is our God, always, now and ever, and unto the ages of ages.	الكاهن: تَبَارَكَ اللهُ إِلَهُنَا كُلَّ حِينٍ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.
Choir: Amen.	الجوقة: آمين.
Priest: Glory to Thee, our God, glory to Thee. O heavenly King, the Comforter, Spirit of Truth, Who art in all places, and fillest all things, Treasury of good things, and Giver of life, come, and dwell in us, and cleanse us from every stain; and save our souls, O good One.	الكاهن: الْمَجْدُ لَكَ يَا إِلَهُنَا الْمَجْدُ لَكَ. أَيُّهَا الْمَلِكُ السَّمَاوِي الْمُعَزِّي، رُوحَ الْحَقِّ، الْحَاضِرُ فِي كُلِّ مَكَانٍ وَالْمَالِي الْكُلِّ، كَنْزُ الصَّالِحَاتِ وَرَازِقُ الْحَيَاةِ، هَلِّمْ وَاسْكُنْ فِيْنَا، وَطَهِّرْنَا مِنْ كُلِّ دَنَسٍ، وَخَلِّصْ أَيُّهَا الصَّالِحُ نَفُوسَنَا.
Reader: Holy God, Holy Mighty, Holy Immortal: have mercy on us. (<i>thrice</i>)	القارئ: قُدُّوسُ اللهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ، اِرْحَمْنَا. (ثَلَاثًا)
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.	الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.
All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities for Thy Name's sake.	أَيُّهَا الثَّلَاوُثُ الْقُدُّوسُ اِرْحَمْنَا، يَا رَبُّ اغْفُرْ خَطَايَانَا، يَا سَيِّدُ تَجَاوَزْ عَن سَيِّئَاتِنَا، يَا قُدُّوسُ اطَّلِعْ وَاشْفِ أَمْرَاضَنَا، مِنْ أَجْلِ اسْمِكَ.
Lord, have mercy. (<i>thrice</i>)	يَا رَبُّ اِرْحَمْ. (ثَلَاثًا)
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.	الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.
Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from the evil one.	أَبَانَا الَّذِي فِي السَّمَاوَاتِ، لِيَتَقَدَّسَ اسْمُكَ، لِيَأْتِ مَلَكُوتُكَ، لِتَكُنْ مَشِيئَتُكَ كَمَا فِي السَّمَاءِ كَذَلِكَ عَلَى الْأَرْضِ، خُبِّرْنَا الْجَوْهَرِيَّ اعْطِنَا الْيَوْمَ، وَانْتِزِكْ لَنَا مَا عَلَيْنَا كَمَا تَنْتِزِكُ نَحْنُ لِمَنْ لَنَا عَلَيْهِ، وَلَا تُدْخِلْنَا فِي النَّجْرِيَّةِ، لَكِنْ نَجِّنَا مِنَ الشَّرِيرِ.
Priest: For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.	الكاهن: لِأَنَّ لَكَ الْمُلْكَ وَالْقُدْرَةَ وَالْمَجْدَ، أَيُّهَا الْآبُ وَالابْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.
Reader: Amen. O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.	القارئ: آمين. خَلِّصْ يَا رَبُّ شَعْبَكَ وَبَارِكْ مِيرَاثَكَ، وَامْنَحْ عِبِيدَكَ الْمُؤْمِنِينَ الْعَلْبَةَ عَلَى الشَّرِيرِ، وَاحْفَظْ بِقُوَّةِ صَلِيبِكَ جَمِيعَ الْمُخْتَصِمِينَ بِكَ.
Glory to the Father, and to the Son, and to the Holy Spirit. Do Thou, Who of Thine own good will was lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.	الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ. يَا مَنْ ارْتَفَعْتَ عَلَى الصَّلِيبِ مُخْتَارًا، أَيُّهَا الْمَسِيحُ إِلَهُ، امْنَحْ رَأْفَتَكَ لِشَعْبِكَ الْجَدِيدِ الْمُسَمَّى بِكَ، وَفَرِّحْ بِقُوَّتِكَ حُكَّامَنَا الْمُؤْمِنِينَ، مَا نَحَا إِيَّاهُمْ الْعَلْبَةَ عَلَى مُحَارِبِيهِمْ. لِتَكُنْ لَهُمْ مَعُونَتُكَ سِلَاحًا لِلسَّلَامِ، وَظَفْرًا غَيْرَ مَقْهُورٍ.

<p><i>Both now and ever, and unto ages of ages. Amen.</i> O fearsome champion, who cannot be put to confusion, despise not our petitions, O Good and All-praised Theotokos; establish the way of the Orthodox; save those who have been called upon to govern us, leading us to that victory which is from heaven, for thou art she who gavest birth to God, and alone art blessed.</p>		<p>الآن وكلّ أوانٍ وإلى دهرِ الدهرين. آمين. أَيُّهَا الشَّفِيعَةُ الرَّهْبِيَّةُ غَيْرُ الْمَخْذُولَةِ، يَا وَالِدَةَ الْإِلَهِ الْكَلِيَّةِ الشَّسْبِيحِ، لَا تُعْرِضِي يَا صَالِحَةَ عَنْ تَوْسَلَاتِنَا، بَلْ وَطِّدِي سِيرَةَ الْمُسْتَقِيمِي الرَّأْيِ، وَخَلِّصِي الَّذِينَ أَمَرْتِ أَنْ يَتَمَلَّكُوا، وَأَمْنَحِيهِمُ الْعَلْبَةَ مِنَ السَّمَاءِ، بِمَا أَنَّكَ وَلَدْتِ الْإِلَهِ، أَيُّهَا الْمُبَارَكَةُ وَخَدِّكِ.</p>	
LITANY		الطلبية السلامية	
<p>Priest: Have mercy on us, O God, according to Thy great mercy, we pray Thee, hear us, and have mercy.</p>		<p>الكاهن: إِزْحَمْنَا يَا اللَّهُ بِعَظِيمِ رَحْمَتِكَ، نَطْلُبُ إِلَيْكَ فَاسْتَجِبْ وَارْحَمِ.</p>	
<p>Choir: Lord, have mercy. (<i>thrice</i>) (use this response until noted below)</p>		<p>الجوقة: يَا رَبِّ ارْحَمِ. (ثَلَاثًا) (تُعَادُ بَعْدَ كُلِّ طَلْبَةٍ)</p>	
<p>Priest: Again we pray for all pious and Orthodox Christians.</p>		<p>الكاهن: وَأَيْضًا نَطْلُبُ مِنْ أَجْلِ الْمَسِيحِيِّينَ الْحَسَنِيِّ الْعِبَادَةِ الْأَرْثُوذُكْسِيِّينَ.</p>	
<p>Priest: Again we pray for our father and metropolitan, N., and all our brotherhood in Christ.</p>		<p>الكاهن: وَأَيْضًا نَطْلُبُ مِنْ أَجْلِ أَبِيْنَا وَمِتْرُوبُولِيْتِنَا (فُلَانِ)، وَكُلِّ إِخْوَتِنَا فِي الْمَسِيحِ.</p>	
<p>Priest: For thou art a merciful God and lovest mankind, and unto thee we ascribe glory, to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages.</p>		<p>الكاهن: لِأَنَّكَ إِلَهٌ رَحِيمٌ وَمُحِبٌّ لِلْبَشَرِ، وَلكَ نُرْسِلُ الْمَجْدَ أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.</p>	
<p>Choir: Amen. Bless, Father, in the Name of the Lord.</p>		<p>الجوقة: آمين. بِاسْمِ الرَّبِّ بَارِكْ يَا أَبِ.</p>	
<p>Priest: Glory to the holy, consubstantial, life-giving and undivided Trinity, always, now and ever, and unto ages of ages.</p>		<p>الكاهن: الْمَجْدُ لِلثَّلَاوِثِ الْقُدُّوسِ، الْمُنْتَسَاوِي فِي الْجَوْهَرِ، الْمُحْيِي، غَيْرِ الْمُتَعَسِّمِ، كُلِّ حِينٍ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.</p>	
<p>Choir: Amen.</p>		<p>الجوقة: آمين.</p>	
<p>Reader: Glory to God in the highest, and on earth peace, goodwill among men. (<i>thrice</i>) O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise. (<i>twice</i>)</p>		<p>القارئ: الْمَجْدُ لِلَّهِ فِي الْعُلَى، وَعَلَى الْأَرْضِ السَّلَامُ، وَفِي النَّاسِ الْمَسْرَّةُ. (ثَلَاثًا) يَا رَبِّ افْتَحْ شَفْتِي فَيُخَبِّرْ فَمِي بِتَسْبِيحَتِكَ. (مَرَّتَيْنِ)</p>	
PSALM 3		المزمور 3	
<p>O Lord, why are they multiplied that afflict me? Many rise up against me. Many say unto my soul: There is no salvation for him in his God. But Thou, O Lord, art my helper, my glory, and the lifter up of my head. I cried unto the Lord with my voice, and He heard me out of His holy mountain. I laid me down and slept; I awoke, for the Lord will help me. I will not be afraid of ten thousands of people that set themselves against me round about. Arise, O Lord, save me, O my God, for Thou hast smitten all who without cause are mine enemies; the teeth of sinners hast Thou broken. Salvation is of the Lord, and Thy blessing is upon Thy people. I laid me down and slept; I awoke, for the Lord will help me.</p>		<p>يَا رَبِّ لِمَاذَا كَثُرَ الَّذِينَ يُحْزِنُونَنِي؟ كَثِيرُونَ قَامُوا عَلَيَّ. كَثِيرُونَ يَقُولُونَ لِنَفْسِي لَا خَلَاصَ لَهُ بِإِلَهِهِ. وَأَنْتَ يَا رَبِّ، نَاصِرِي وَمَجْدِي وَرَافِعُ رَأْسِي. بِصَوْتِي إِلَى الرَّبِّ صَرَحْتُ، فَأَجَابَنِي مِنْ جَبَلِ قُدْسِهِ. أَنَا رَقَدْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي. فَلَا أَخَافُ مِنْ رِبَوَاتِ الشَّعْبِ الْمُحِيطِينَ بِي، الْمُتَوَازِرِينَ عَلَيَّ. قُمْ يَا رَبِّ، خَلِّصْنِي يَا إِلَهِي، فَإِنَّكَ ضَرَبْتَ كُلَّ مَنْ يُعَادِينِي بَاطِلًا، وَسَخَقْتَ أَسْنَانَ الْخَطَاةِ. لِلرَّبِّ الْخَلَاصُ وَعَلَى شَعْبِكَ بَرَكَتُكَ. أَنَا رَقَدْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي.</p>	

PSALM 37

O Lord, rebuke me not in Thine anger, nor chasten me in Thy wrath. For Thine arrows are fastened in me, and Thou hast laid Thy hand heavily upon me. There is no healing in my flesh in the face of Thy wrath; and there is no peace in my bones in the face of my sins. For mine iniquities are risen higher than my head; as a heavy burden have they pressed heavily upon me. My bruises are become noisome and corrupt in the face of my folly. I have been wretched and utterly bowed down until the end; all the day long I went with downcast face. For my loins are filled with mocking, and there is no healing in my flesh. I am afflicted and humbled exceedingly, I have roared from the groaning of my heart. O Lord, before Thee is all my desire, and my groaning is not hid from Thee. My heart is troubled, my strength hath failed me; and the light of mine eyes, even this is not with me. My friends and my neighbors drew nigh over against me and stood, and my nearest of kin stood afar off. And they that sought after my soul used violence; and they that sought evils for me spake vain things, and craftinesses all the day long did they meditate. But as for me, like a deaf man I heard them not, and was as a speechless man that openeth not his mouth. And I became as a man that heareth not, and that hath in his mouth no reproofs. For in Thee have I hoped, O Lord; Thou wilt hearken unto me, O Lord my God. For I said: Let never mine enemies rejoice over me; yea, when my feet were shaken, those men spake boastful words against me. For I am ready for scourges, and my sorrow is continually before me. For I will declare mine iniquity, and I will take heed concerning my sin. But mine enemies live and are made stronger than I, and they that hated me unjustly are multiplied. They that render me evil for good slandered me, because I pursued goodness. Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.

Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.

المزمور 37

يا رَبُّ، لا بَعْضَبِكَ تُؤبِخْنِي، ولا بِرِجْزِكَ تُؤدِّبْنِي. فَإِنَّ سِهَامَكَ قَدْ نَشَبَتْ فِيَّ، وَمَكَّنْتَ عَلَيَّ يَدَكَ. لَيْسَ لِجَسَدِي شِفَاءً مِنْ وَجْهِ غَضَبِكَ، وَلَا سَلَامَةٌ فِي عِظَامِي مِنْ وَجْهِ حَطَايَايَ. لِأَنَّ آثَامِي قَدْ تَعَالَتْ فَوْقَ رَأْسِي، كَحِمْلٍ ثَقِيلٍ قَدْ ثَقُلْتُ عَلَيَّ. قَدْ أَثْنَنْتُ وَقَاحَتْ جِرَاحَاتِي مِنْ قَبْلِ جَهَالَتِي. شَقِيتُ وَأُنْحَنَيْتُ إِلَى الْغَايَةِ، وَالنَّهَارَ كُلَّهُ مَشَيْتُ عَابِسًا. لِأَنَّ مَتْنِي قَدْ امْتَلَأَ مَهَازِيٍّ وَلَيْسَ لِجَسَدِي شِفَاءً. شَقِيتُ وَأَتَّصَعْتُ جَدًّا، وَكُنْتُ أَيْنُ مِنْ تَتَهَّدُ قَلْبِي. يَا رَبُّ، إِنَّ بُعْغِي كُلَّهَا أَمَامَكَ، وَتَتَهَّدِي لَمْ يَخَفْ عَنْكَ. قَدْ اضْطَرَبَ قَلْبِي وَفَارَقْتَنِي قُوَّتِي، وَنُورُ عَيْنِي أَيْضًا لَمْ يَبْقَ مَعِي. أَصْدِقَائِي وَأَقْرِبَائِي دَنَوْا مِنِّي وَوَقَفُوا لَدَيَّ، وَجِنْسِي وَقَفَ مِنِّي بَعِيدًا. وَأَجْهَدُنِي الَّذِينَ يَطْلُبُونَ نَفْسِي، وَالْمُتَلَمِّسُونَ لِي الشَّرَّ تَكَلَّمُوا بِالْبَاطِلِ، وَعُشُوشًا طَوَّلَ النَّهَارَ دَرَسُوا. أَمَا أَنَا فَكَأَصَمٌ لَا يَسْمَعُ، وَكَأَخْرَسٌ لَا يَفْتَحُ فَاهَهُ. وَصِرْتُ كإِنْسَانٍ لَا يَسْمَعُ وَلَا فِي فَمِهِ تَبْكِيَةٌ. لِأَنِّي عَلَيْكَ، يَا رَبُّ، تَوَكَّلْتُ، أَنْتَ تَسْتَجِيبُ لِي يَا رَبِّي وَاللَّهِ. لِأَنِّي قُلْتُ لَا يَشْمَتُ بِي أَعْدَائِي، وَعِنْدَمَا زَلْتُ قَدَمَايَ عَظَّمُوا عَلَيَّ الْكَلَامَ. لِأَنِّي أَنَا لِلصَّرْبِ مُسْتَعِدٌّ، وَوَجَعِي لَدَيَّ فِي كُلِّ حِينٍ. لِأَنِّي أَنَا أُخْبِرُ بِإِثْمِي، وَأَهْتَمُّ مِنْ أَجْلِ حَطِيئَتِي. أَمَا أَعْدَائِي فَأَحْيَاءُ، وَهُمْ أَشَدُّ مِنِّي، وَقَدْ كَثُرَ الَّذِينَ يُبْغِضُونَنِي ظُلْمًا، الَّذِينَ جَارُونِي بَدَلَ الْخَيْرِ شَرًّا، مَحَلُّوا بَنِي لِأَجْلِ ابْتِغَائِي الصَّلَاحِ. فَلَا تُهْمِلْنِي يَا رَبِّي وَاللَّهِ وَلَا تَتَّبَاعِدْ عَنِّي. أَسْرِعْ إِلَى مَعُونَتِي يَا رَبَّ خَلَّاصِي.

فَلَا تُهْمِلْنِي يَا رَبِّي وَاللَّهِ وَلَا تَتَّبَاعِدْ عَنِّي. أَسْرِعْ إِلَى مَعُونَتِي يَا رَبَّ خَلَّاصِي.

PSALM 62	المزمور 62
<p>O God, my God, unto Thee I rise early at dawn. My soul hath thirsted for Thee; how often hath my flesh longed after Thee in a land barren and untrodden and unwatered. So in the sanctuary have I appeared before Thee to see Thy power and Thy glory. For Thy mercy is better than lives; my lips shall praise Thee. So shall I bless Thee in my life, and in Thy name will I lift up my hands. As with marrow and fatness let my soul be filled, and with lips rejoicing shall my mouth praise Thee. If I remembered Thee on my bed, at the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me. But as for these, in vain have they sought after my soul; they shall go into the nethermost parts of the earth, they shall be surrendered unto the edge of the sword; portions for foxes shall they be. But the king shall be glad in God, everyone shall be praised that sweareth by Him; for the mouth of them is stopped that speak unjust things.</p> <p>At the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me.</p>	<p>يا اللهُ إِلَهِي إِلَيْكَ أَبْتَكِرُ . عَطِشَتْ إِيَّاكَ نَفْسِي ، وَأَشْتاقُ إِلَيْكَ جَسَدِي ، فِي أَرْضٍ بَرِّيَّةٍ وَغَيْرِ مَسْلُوكَةٍ وَعَادِمَةِ الْمَاءِ . هَكَذَا ظَهَرْتُ لَكَ فِي الْقُدْسِ لِأَعْيُنِ قُوَّتِكَ وَمَجْدِكَ . لِأَنَّ رَحْمَتَكَ أَفْضَلُ مِنَ الْحَيَاةِ ، وَشَفَّتِي تُسَبِّحَانِكَ . هَكَذَا أُبَارِكُكَ فِي حَيَاتِي وَبِاسْمِكَ أَرْفَعُ يَدَيَّ ، فَتَمْتَلئُ نَفْسِي كَمَا مِنْ شَحْمٍ وَدَسَمٍ ، وَبِشْفَاهِ الْإِبْتِهَاجِ يُسَبِّحُكَ قَمِي . إِذَا ذَكَرْتُكَ عَلَى فِرَاشِي ، هَدَدْتُ بِكَ فِي الْأَسْحَارِ ، لِأَنَّكَ صِرْتَ لِي عَوْنًا وَبِظِلِّ جَنَاحَيْكَ أَسْتَتِرُ . الْتَصَقْتُ نَفْسِي بِكَ ، وَإِيَّايَ عَضَدْتُ يَمِينُكَ . أَمَّا الَّذِينَ يَطْلُبُونَ نَفْسِي بِاطِلًا ، فَسَيَدْخُلُونَ فِي أَسْفَلِ الْأَرْضِ ، وَيُدْفَعُونَ إِلَى أَيْدِي السُّيُوفِ ، وَيَكُونُونَ أَنْصَبَةً لِلشَّعَالِ . أَمَّا الْمَلِكُ فَيَسْرُ بِاللَّهِ ، وَيُمْتَدِّحُ كُلُّ مَنْ يَخْلِفُ بِهِ ، لِأَنَّهُ قَدْ سَدَّتْ أَفْوَاهُ الْمُتَكَلِّمِينَ بِالظُّلْمِ .</p> <p>هَدَدْتُ بِكَ فِي الْأَسْحَارِ لِأَنَّكَ صِرْتَ لِي عَوْنًا ، وَبِظِلِّ جَنَاحَيْكَ أَسْتَتِرُ . الْتَصَقْتُ نَفْسِي بِكَ ، وَإِيَّايَ عَضَدْتُ يَمِينُكَ .</p>
<p>Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.</p> <p>Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (thrice)</p> <p>Lord, have mercy. (thrice)</p> <p>Glory to the Father, and to the Son, and to the Holy Spirit.</p>	<p>الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ . آمِينَ .</p> <p>هَلِّلُوِيَا ، هَلِّلُوِيَا ، هَلِّلُوِيَا ، الْمَجْدُ لَكَ يَا اللهُ . (ثَلَاثًا) يَا رَبِّ ارْحَمِ . (ثَلَاثًا)</p> <p>الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ .</p>

PSALM 87

Both now and ever, and unto ages of ages. Amen.
 O Lord God of my salvation, by day have I cried
 and by night before Thee. Let my prayer come
 before Thee, bow down Thine ear unto my
 supplication, for filled with evils is my soul, and
 my life unto Hades hath drawn nigh. I am counted
 with them that go down into the pit; I am become
 as a man without help, free among the dead, like
 the bodies of the slain that sleep in the grave,
 whom Thou rememberest no more, and they are
 cut off from Thy hand. They laid me in the lowest
 pit, in darkness and in the shadow of death.
 Against me is Thine anger made strong, and all
 Thy billows hast Thou brought upon me. Thou
 hast removed my friends afar from me; they have
 made me an abomination unto themselves. I have
 been delivered up, and have not come forth; mine
 eyes are grown weak from poverty. I have cried
 unto Thee, O Lord, the whole day long; I have
 stretched out my hands unto Thee. Nay, for the
 dead wilt Thou work wonders? Or shall
 physicians raise them up that they may give
 thanks unto Thee? Nay, shall any in the grave tell
 of Thy mercy, and of Thy truth in that destruction?
 Nay, shall Thy wonders be known in that
 darkness, and Thy righteousness in that land that
 is forgotten? But as for me, unto Thee, O Lord,
 have I cried; and in the morning shall my prayer
 come before Thee. Wherefore, O Lord, dost Thou
 cast off my soul and turnest Thy face away from
 me? A poor man am I, and in troubles from my
 youth; yea, having been exalted, I was humbled
 and brought to distress. Thy furies have passed
 upon me, and Thy terrors have sorely troubled me.
 They came round about me like water, all the day
 long they compassed me about together. Thou
 hast removed afar from me friend and neighbor,
 and mine acquaintances because of my misery.
 O Lord God of my salvation, by day have I cried
 and by night before Thee. Let my prayer come
 before Thee, bow down Thine ear unto my
 supplication.

المزمور 87

الآن وكلّ أوانٍ وإلى دَهْرِ الدّاهرين. آمين.
 يا رَبِّ إلهَ خلاصي، في النَّهارِ صرّختُ وفي اللَّيْلِ
 أمامك، فلْتَدْخُلْ قُدّامَكَ صَلّاتي، أَمَلْ أَدُنْكَ إلى
 طَلِبَتِي، فَقَدْ امْتَلأتُ مِنَ الشُّرُورِ نَفْسي، وَدَنَتْ مِنْ
 الجَحيمِ حَيّاتي. حُسِبْتُ مَعَ المُنْحَدِرِينَ في الجُبِّ،
 صرْتُ مِثْلَ إنسانٍ لَيْسَ لَهُ مُعِينٌ، مَطْرُوحًا بَيْنَ
 الأَمْواتِ مِثْلَ القَتلى الرّاقِدِينَ في القُبُورِ، الذين لا
 تَدْكُرُهُمْ أَيْضًا، وَهُمْ مِنْ يَدِكَ مُقْصُونَ. جَعَلُونِي في
 جُبِّ أَسْفَلِ السّافِلِينَ، في ظُلُماتِ المَوتِ وَظِلالِهِ. عَلَيَّ
 اسْتَقَرَّ غَضَبُكَ، وَجَمِيعُ أهْوالِكَ أَجْرَتْها عَلَيَّ. أَبْعَدْتَ
 عَنِّي مَعارِفي، جَعَلُونِي لَهُمْ رِجاسَةً. قَدْ أُسْلِمْتُ وَمَا
 حَرَجْتُ، وَعَيْنايَ صَعَفْتا مِنَ المَسْكَنَةِ. صرّختُ إِلَيْكَ،
 يا رَبِّ، النَّهارَ كُلَّهُ وإِلَيْكَ بَسَطْتُ يَدَيَّ. أَلْعَلَّكَ لِلأَمْواتِ
 تَصْنَعُ العِجابِ؟ أمِ الأَطِباءُ يُقِيمُونَهُمْ، فَيَعْتَرِفُونَ لَكَ؟
 هَلْ يُحَدِّثُ أَحَدٌ في القَبْرِ بِرِحمَتِكَ، وفي الهَلالِ
 بِحَقِّكَ؟ هل تُعَرِّفُ في الظُّلْمَةِ عِجابِكَ، وَعَدْلَكَ في
 أَرْضٍ مَنسِيَّةٍ؟ وَأنا إِلَيْكَ، يا رَبِّ، صرّختُ فَتَبَلَّغْ في
 العِداةِ صَلّاتي. لِماذا، يا رَبِّ، تُقْصِي نَفْسي وَتَصْرِفُ
 وَجْهَكَ عَنِّي؟ فَتَئِيرُ أنا، وفي الشَّقَاءِ مُنْذُ شِبابي، وَحينَ
 ارْتَفَعْتُ انْتَصَعْتُ وَتَحَيَّرْتُ. عَلَيَّ جازَ رِجْزُكَ،
 وَمُفْزَعاتُكَ أزعَجْتَنِي. أَحاطَتْ بي كالماءِ، والنَّهارَ كُلَّهُ
 اكْتَنَفْتَنِي مَعًا. أَبْعَدْتَ عَنِّي الصِّديقَ وَالقَرِيبَ وَمَعارِفي
 مِنَ الشَّقَاءِ.

يا رَبِّ إلهَ خلاصي، في النَّهارِ صرّختُ وفي اللَّيْلِ
 أمامك، فلْتَدْخُلْ قُدّامَكَ صَلّاتي، أَمَلْ أَدُنْكَ إلى
 طَلِبَتِي.

PSALM 102

Bless the Lord, O my soul, and all that is within me bless His holy name. Bless the Lord, O my soul, and forget not all that He hath done for thee, Who is gracious unto all thine iniquities, Who healeth all thine infirmities, Who redeemeth thy life from corruption, Who crowneth thee with mercy and compassion, Who fulfilleth thy desire with good things; thy youth shall be renewed as the eagle's. The Lord performeth deeds of mercy, and executeth judgment for all them that are wronged. He hath made His ways known unto Moses, unto the sons of Israel the things that He hath willed. Compassionate and merciful is the Lord, long-suffering and plenteous in mercy; not unto the end will He be angered; neither unto eternity will He be wroth. Not according to our iniquities hath He dealt with us, neither according to our sins hath He rewarded us. For according to the height of heaven from the earth, the Lord hath made His mercy to prevail over them that fear Him. As far as the east is from the west, so far hath He removed our iniquities from us. Like as a father hath compassion upon his sons, so hath the Lord had compassion upon them that fear Him; for He knoweth whereof we are made, He hath remembered that we are dust. As for man, his days are as the grass; as a flower of the field, so shall he blossom forth. For when the wind is passed over it, then it shall be gone, and no longer will it know the place thereof. But the mercy of the Lord is from eternity, even unto eternity, upon them that fear Him. And His righteousness is upon sons of sons, upon them that keep His testament and remember His commandments to do them. The Lord in heaven hath prepared His throne, and His kingdom ruleth over all. Bless the Lord, all ye His angels, mighty in strength, that perform His word, to hear the voice of His words. Bless the Lord, all ye His hosts, His ministers that do His will. Bless the Lord, all ye His works, in every place of His dominion. Bless the Lord, O my soul. In every place of His dominion, bless the Lord, O my soul.

المزمور 102

باركي يا نفسي الرب، ويا جميع ما في داخلي اسمه القدوس. باركي يا نفسي الرب، ولا تنسي جميع مكافاته. الذي يعفر جميع آثامك، الذي يشفي جميع أمراضك، الذي ينجي من الفساد حياتك، الذي يكلك بالرحمة والرأفة، الذي يشبع بالخيرات شهواتك، فيتجدد كالنسر شبابك. الرب صانع الرحمات والقضاء لجميع المظلومين. عرف موسى طريقه، وبنى إسرائيل مشيئته. الرب رحيم ورؤوف، طويل الأناة وكثير الرحمة، ليس إلى الإنقضاء ينحط، ولا إلى الدهر يحقد. لا على حسب آثامنا صنع معنا، ولا على حسب خطايانا جازانا. لأنه بمقدار ارتفاع السماء عن الأرض، قوى الرب رحمته على الذين يتقونه، وبمقدار بُعد المشرق من المغرب أبعد عنا سيئاتنا. كما يتراف الأب بالبنين، يتراف الرب بخائفه، لأنه عرف جبلتنا وذكر أننا تراب نحن. الإنسان كالعشب أيامه وكزهر الحقل كذلك يزهر، لأنه إذا هبت فيه الريح ليس يثبت ولا يعرف أيضاً موضعه. أما رحمة الرب فهي منذ الدهر، وإلى الدهر على الذين يتقونه، وعدله على أبناء البنين الحافظين عهده والذاكرين وصاياه ليصنعوها. الرب هيأ عرشه في السماء، ومملكته تسود على الجميع. باركوا الرب يا جميع ملائكته، المقندين بقوة، العاملين بكلمته عند سماع صوته كلامه. باركوا الرب يا جميع قواته، يا خدامه العاملين إرادته. باركوا الرب يا جميع أعماله، في كل موضع سيادته. باركي يا نفسي الرب. في كل موضع سيادته. باركي يا نفسي الرب.

PSALM 142	المزمور 142
<p>O Lord, hear my prayer, give ear unto my supplication in Thy truth; hearken unto me in Thy righteousness. And enter not into judgment with Thy servant, for in Thy sight shall no man living be justified. For the enemy hath persecuted my soul; he hath humbled my life down to the earth. He hath sat me in darkness as those that have been long dead, and my spirit within me is become despondent; within me my heart is troubled. I remembered days of old, I meditated on all Thy works, I pondered on the creations of Thy hands. I stretched forth my hands unto Thee; my soul thirsteth after Thee like a waterless land. Quickly hear me, O Lord; my spirit hath fainted away. Turn not Thy face away from me, lest I be like unto them that go down into the pit. Cause me to hear Thy mercy in the morning; for in Thee have I put my hope. Cause me to know, O Lord, the way wherein I should walk; for unto Thee have I lifted up my soul. Rescue me from mine enemies, O Lord; unto Thee have I fled for refuge. Teach me to do Thy will, for Thou art my God. Thy good Spirit shall lead me in the land of uprightness; for Thy name's sake, O Lord, shalt Thou quicken me. In Thy righteousness shalt Thou bring my soul out of affliction, and in Thy mercy shalt Thou utterly destroy mine enemies. And Thou shalt cut off all them that afflict my soul, for I am Thy servant.</p>	<p>يا رَبُّ اسْتَمِعْ صَلَاتِي، وَأَنْصِتْ بِحَقِّكَ إِلَى طِلْبَتِي. اسْتَجِبْ لِي بِعَدْلِكَ، وَلَا تَدْخُلْ فِي الْمُحَاكَمَةِ مَعَ عَبْدِكَ، فَإِنَّهُ لَنْ يَتَزَكَّى أَمَامَكَ أَيُّ حَيٍّ. لِأَنَّ الْعُدُوَّ قَدْ اضْطَهَدَ نَفْسِي، وَأَذَلَّ إِلَى الْأَرْضِ حَيَاتِي، وَأَجْلَسَنِي فِي الظُّلُمَاتِ مِثْلَ الْمَوْتَى مُنْذُ الدَّهْرِ، فَضَجِرْتُ رُوحِي وَاضْطَرَبَ قَلْبِي فِي دَاخِلِي. تَذَكَّرْتُ الْأَيَّامَ الْقَدِيمَةَ. هَدَدْتُ فِي كُلِّ أَعْمَالِكَ، وَتَأَمَّلْتُ فِي صَنَائِعِ يَدَيْكَ. بَسَطْتُ يَدَيَّ إِلَيْكَ وَنَفْسِي لَكَ كَأَرْضٍ لَا تُمْطَرُ. أَسْرِعْ فَاسْتَجِبْ لِي يَا رَبُّ، فَقَدْ فَنَيْتُ رُوحِي. لَا تَصْرِفْ وَجْهَكَ عَنِّي، فَأَشَابَهُ الْهَابِطِينَ فِي الْجُبِّ. اجْعَلْنِي فِي الْغَدَاةِ مُسْتَمِعًا رَحْمَتَكَ، فَإِنِّي عَلَيْكَ تَوَكَّلْتُ. عَرَّفْنِي يَا رَبُّ الطَّرِيقَ الَّذِي أَسْلُكُ فِيهِ، فَإِنِّي إِلَيْكَ رَفَعْتُ نَفْسِي. أَنْقِذْنِي مِنْ أَعْدَائِي يَا رَبُّ، فَإِنِّي قَدْ لَجَأْتُ إِلَيْكَ. عَلِّمْنِي أَنْ أَعْمَلَ مَرْضَاتَكَ، لِأَنَّكَ أَنْتَ إِلَهِي. رُوحُكَ الصَّالِحُ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ. مِنْ أَجْلِ اسْمِكَ، يَا رَبُّ، تُخَيِّنِي. بِعَدْلِكَ تُخْرِجُ مِنَ الْحُزَنِ نَفْسِي، وَبِرَحْمَتِكَ تَسْتَأْصِلُ أَعْدَائِي، وَتُهْلِكُ جَمِيعَ الَّذِينَ يُحْزِنُونَ نَفْسِي لِأَنِّي أَنَا عَبْدُكَ.</p>
<p>Hearken unto me, O Lord, in Thy righteousness and enter not into judgment with Thy servant. (twice) Thy good Spirit shall lead me in the land of uprightness.</p>	<p>اسْتَجِبْ لِي بِعَدْلِكَ، وَلَا تَدْخُلْ فِي الْمُحَاكَمَةِ مَعَ عَبْدِكَ. (مَرَّتَيْنِ) رُوحُكَ الصَّالِحُ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ.</p>
<p>Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen. Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (thrice) O our God and our Hope, glory to Thee!</p>	<p>الْمَجْدُ لِلَّابِ وَالْأَبْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. هَلِّلُويا، هَلِّلُويا، هَلِّلُويا، الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا) يَا إِلَهَنَا وَرَجَاءَنَا الْمَجْدُ لَكَ.</p>
<p>THE GREAT LITANY</p>	<p>الطَّلِبَةُ السَّلَامِيَّةُ الْكُبْرَى</p>
<p>Priest: In peace, let us pray to the Lord.</p>	<p>الكاهن: بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ.</p>
<p>Choir: Lord, have mercy. (use this response until noted below)</p>	<p>الجوقة: يَا رَبُّ ارْحَمِ. (تُعَادُ بَعْدَ كُلِّ طَّلِبَةٍ)</p>
<p>Priest: For the peace from above and the salvation of our souls, let us pray to the Lord.</p>	<p>الكاهن: مِنْ أَجْلِ السَّلَامِ الَّذِي مِنَ الْعُلَى وَخَلَاصِ نَفُوسِنَا، إِلَى الرَّبِّ نَطْلُبُ.</p>
<p>Priest: For the peace of the whole world, the good estate of the holy churches of God and the union of all, let us pray to the Lord.</p>	<p>الكاهن: مِنْ أَجْلِ سَلَامِ كُلِّ الْعَالَمِ، وَحُسْنِ ثَبَاتِ كَنَائِسِ اللَّهِ الْمُقَدَّسَةِ، وَإِتِّحَادِ الْجَمِيعِ، إِلَى الرَّبِّ نَطْلُبُ.</p>
<p>Priest: For this holy house and those who with faith, reverence and fear of God enter therein, let us pray to the Lord.</p>	<p>الكاهن: مِنْ أَجْلِ هَذَا الْبَيْتِ الْمُقَدَّسِ، وَالَّذِينَ يَدْخُلُونَ إِلَيْهِ بِإِيمَانٍ وَوَرَعٍ وَخَوْفِ اللَّهِ، إِلَى الرَّبِّ نَطْلُبُ.</p>

Priest: For our father and metropolitan, N., the honorable presbytery, the diaconate in Christ, all the clergy and the people, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ أَبِينَا وَمِتْرُوبُوليتِنَا (فلان)، وَالكَهَنَةِ الْمُكْرَمِينَ، وَالشَّامِامِسَّةَ، خُدَّامَ الْمَسِيحِ، وَجَمِيعِ الْإِكْليرُوسِ وَالشَّعْبِ، إِلَى الرَّبِّ نَطْلُبُ.
Priest: For our country, its president, civil authorities and armed forces, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ حُكَّامِ هَذَا الْبَلَدِ وَمُؤَارَرَتِهِمْ فِي كُلِّ عَمَلٍ صَالِحٍ، إِلَى الرَّبِّ نَطْلُبُ.
Priest: For this city and every city and countryside and the faithful who dwell therein, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ هَذِهِ الْمَدِينَةِ، وَجَمِيعِ الْمُدُنِ وَالْقُرَى، وَالْمُؤْمِنِينَ السَّاكِنِينَ فِيهَا، إِلَى الرَّبِّ نَطْلُبُ.
Priest: For healthful seasons, abundance of the fruits of the earth and peaceful times, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ اعْتِدَالِ الْأَهْوِيَّةِ، وَخِصْبِ ثِمَارِ الْأَرْضِ وَأَوْقَاتِ سَلَامِيَّةٍ، إِلَى الرَّبِّ نَطْلُبُ.
Priest: For travelers by sea, by land and by air, the sick, the suffering, the captive, and for their salvation, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ الْمُسَافِرِينَ فِي الْبَحْرِ وَالْبَرِّ وَالجَوِّ، وَالْمَرْضَى وَالْمُتَأَلِّمِينَ وَالْأَسْرَى، وَخَلَاصِهِمْ، إِلَى الرَّبِّ نَطْلُبُ.
Priest: For our deliverance from all tribulation, wrath, danger and necessity, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ نَجَاتِنَا مِنْ كُلِّ ضَيْقٍ وَغَضَبٍ وَخَطَرٍ وَشِدَّةٍ إِلَى الرَّبِّ نَطْلُبُ.
Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace.	الكاهن: أَعُذْ وَخَلِّصْ وَارْحَمْ واحْفَظْنَا يَا اللَّهُ بِنِعْمَتِكَ.
Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.	الكاهن: بَعْدَ ذِكْرِنَا الْكَلِيَّةَ الْقَدَاسَةَ الطَّاهِرَةَ الْفَائِقَةَ الْبَرَكَاتِ الْمَحِيدَةَ، سَيِّدَتِنَا وَالِدَةَ الْإِلَهِ الدَّائِمَةَ الْبَتُولِيَّةَ مَرْيَمَ، مَعَ جَمِيعِ الْقَدِيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضًا وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ.
Choir: To Thee, O Lord.	الجوقة: لَكَ يَا رَبِّ.
Priest: For unto thee are due all glory, honor and worship, to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages.	الكاهن: لِأَنَّكَ يَنْبَغِي لَكَ كُلُّ تَمَجِيدٍ وَإِكْرَامٍ وَسُجُودٍ، أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.
Choir: Amen.	الجوقة: آمين.
"GOD IS THE LORD" IN TONE FOUR	"اللهُ الرَّبُّ" بِاللَّحْنِ الرَّابِعِ
Chanter: God is the Lord and hath appeared unto us. Blessed is He that cometh in the Name of the Lord. (<i>Repeat after verses</i>)	المُرْتِّل: اللَّهُ الرَّبُّ ظَهَرَ لَنَا، مُبَارَكٌ الْآتِي بِاسْمِ الرَّبِّ. (تعاود بعد الإستيخونات)
1. O give thanks unto the Lord, and call upon His holy Name.	1. إِعْتَرِفُوا لِلرَّبِّ وَادْعُوا بِاسْمِهِ الْقُدُّوسِ.
2. All nations compassed me about, but in the Name of the Lord will I destroy them.	2. كُلُّ الْأُمَمِ أَحَاطُوا بِي وَبِاسْمِ الرَّبِّ قَهَرْتُهُمْ.
3. This is the Lord's doing; it is marvelous in our eyes.	3. مِنْ قَبْلِ الرَّبِّ كَانَتْ هَذِهِ وَهِيَ عَجِيبَةٌ فِي أَعْيُنِنَا.
RESURRECTIONAL APOLYTIKION IN TONE FOUR	أَبُوليتيكيون القيامة باللحن الرابع
Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.	إِنَّ تَلْمِيذَاتِ الرَّبِّ تَعَلَّمْنَ مِنَ الْمَلَائِكَةِ الْكَرَّرَ بِالْقِيَامَةِ الْبَهِيحِ، وَطَرَحْنَ الْقَضَاءَ الْجَدِّيَّ، وَخَاطَبْنَ الرُّسُلَ مُفْتَخِرَاتٍ وَقَائِلَاتٍ: سُبِيَ الْمَوْتُ وَقَامَ الْمَسِيحُ الْإِلَهِ، وَمُنَحَّ الْعَالَمِ الرَّحْمَةَ الْعُظْمَى.

APOLYTIKION FOR ST. JOHN CLIMACUS TONE 8	طُورِبَارِيَّةٌ لِلْقَدِيسِ يُوْحَنَّا السُّلَمِيِّ بِاللَّحْنِ الثَّامِنِ
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit. The barren wilderness thou didst make fertile with the streams of thy tears; and by thy deep sighing thou hast given fruit through thy struggles a hundredfold. Accordingly, thou hast become a star for the universe, sparkling with miracles. Therefore, O righteous Father John Climacus, intercede with Christ God to save our souls.</i></p>	<p>الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدْسِ. لِلْبَرِّيَّةِ غَيْرِ الْمُثْمِرَةِ بِمَجَارِي دُمُوعِكَ أَمْرَعْتَ، وَبِالْتَهْدَاتِ الَّتِي مِنَ الْأَعْمَاقِ أَثْمَرْتَ بِأَتْعَابِكَ إِلَى مِئَةِ ضِعْفٍ، فَصِرْتَ كَوْكَبًا لِلْمَسْكُونَةِ مُتَلألِنًا بِالْعَجَائِبِ، يَا أَبَانَا الْبَارَّ يُوْحَنَّا، فَتَشَفَّعْ إِلَى الْمَسِيحِ الْإِلَهِ أَنْ يُخَلِّصَ نَفُوسَنَا.</p>
RESURRECTIONAL THEOTOKION TONE 8	وَالِدِيَّةُ الْقِيَامَةِ بِاللَّحْنِ الثَّامِنِ
<p><i>Both now and ever, and unto ages of ages. Amen. Thou Who for our sake wast born of a Virgin, and didst suffer crucifixion, O good One, and didst despoil death through death, and as God didst reveal Resurrection. Despise not those whom Thou hast created with Thine own hand, show forth Thy love for mankind, O merciful One. Accept the intercessions of Thy mother, the Theotokos, for us, and save Thy despairing people, O our Savior.</i></p>	<p>الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. يَا مَنْ وُلِدَ مِنَ الْبَتُولِ مِنْ أَجْلِنَا، وَكَابَدَ الصَّلْبَ، أَيُّهَا الصَّالِحُ، يَا مَنْ سَبَى الْمَوْتَ بِمَوْتِهِ، وَأَرَى الْقِيَامَةَ بِمَا أَنَّهُ إِلَهٌ. لَا تُعْرِضْ عَنِ الَّذِينَ جَبَلْتَهُمْ بِيَدَيْكَ، بَلْ أَظْهَرِ تَعَطُّفَكَ عَلَى النَّاسِ أَيُّهَا الرَّحِيمُ. وَتَقَبَّلْ وَالدَّتْكَ، وَالذَّةَ الْإِلَهِ، مُتَشَفِّعَةً مِنْ أَجْلِنَا، وَخَلِّصْ يَا مُخَلِّصَنَا شَعْبًا يَائِسًا.</p>
THE LITTLE LITANY	الطَّلِبَةُ السَّلَامِيَّةُ الصُّغْرَى
<p>Priest: Again and again, in peace, let us pray to the Lord. Choir: Lord, have mercy. Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace. Choir: Lord, have mercy. Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God. Choir: To Thee, O Lord. Priest: For Thine is the might, and Thine is the kingdom, and the power and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages. Choir: Amen.</p>	<p>الكاهن: أَيْضًا وَأَيْضًا بِسَلَامٍ إِلَى الرَّبِّ تَطْلُبُ. الجوق: يَا رَبُّ ارْحَمْنَا. الكاهن: أَعْضُدْ وَخَلِّصْ وَارْحَمْ وَاحْفَظْنَا يَا اللَّهُ بِنِعْمَتِكَ. الجوق: يَا رَبُّ ارْحَمْنَا. الكاهن: بَعْدَ ذِكْرِنَا الْكَلِيَّةِ الْقَدَّاسَةِ، الطَّاهِرَةِ، الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةَ الْإِلَهِ الدَّائِمَةَ الْبَتُولِيَّةِ مَرْيَمَ مَعَ جَمِيعِ الْقَدِيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضًا وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ. الجوق: لَكَ يَا رَبُّ. الكاهن: لِأَنَّ لَكَ الْعِزَّةَ وَلَكَ الْمُلْكَ وَالْقُوَّةَ وَالْمَجْدَ أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدْسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. الجوق: آمِينَ.</p>
FOURTH TONE RESURRECTIONAL KATHISMATA (Plain Reading)	كَاتِيسَمَاتَاتُ الْقِيَامَةِ لِلَّحْنِ الرَّابِعِ (قِرَاءَةٌ)
First Kathisma	الكَاتِيسْمَا الْأُولَى
<p>The ointment-bearing women glanced into the entrance of the tomb; and, because they could not bear the brilliance of the angel, they trembled in astonishment, saying, Hath He been stolen Who opened paradise to the thief? Or is He risen up, Who before His Passion didst preach Resurrection? Verily, Christ God hath risen, granting Resurrection and life to those who are in Hades.</p>	<p>إِنَّ حَامِلَاتِ الطِّيبِ تَطَلَّعْنَ نَاطِرَاتٍ إِلَى مَدْخَلِ الْقَبْرِ، وَلَمَّا لَمْ يُطْفَأَنَّ لَمَعُ الْمَلَائِكِ السَّاطِعِ، انْدَهَلْنَ بِرَعْدَةٍ، قَائِلَاتٍ: هَلْ سُرِقَ الَّذِي فَتَحَ الْفِرْدَوْسَ لِلصِّ؟ أَمْ قَامَ نَاهِضًا الَّذِي بَشَّرَ قَبْلَ الْأَلَامِ بِالْقِيَامَةِ؟ حَقًّا قَدْ قَامَ الْمَسِيحُ الْإِلَهِ، وَاهْبَأَ الَّذِينَ فِي الْجَحِيمِ الْقِيَامَةَ وَالْحَيَاةَ.</p>

<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Thou hast suffered crucifixion willingly, O Savior, and mortal men placed in a new tomb Thee Who didst establish the corners of the world with a word. Therefore, hath death the stranger been bound and taken captive, being defeated. And all those in Hades, cried out through Thy reviving Resurrection: Verily, Christ the Life-giver is risen; for He is everlastingly constant.</p>	<p>المَجْدُ لِلآبِ وَالإِبْنِ وَالرُّوحِ الْقُدُسِ. أَيُّهَا الْمُخْلِصُ، إِنَّكَ اخْتَمَلْتَ الصَّلْبَ طَوْعاً بِإِرَادَتِكَ، وَوَضَعَكَ النَّاسُ الْمَائِتُونَ فِي رَمْسٍ جَدِيدٍ، يَا مَنْ نَبَتَ الْأَقْطَارَ بِكَلِمَةٍ. وَلِذَلِكَ قُبِدَ الْمَوْتُ الْغَرِيبُ وَسُبِيَ مَقْهُوراً، وَكُلُّ الَّذِينَ فِي الْجَحِيمِ هَتَفُوا حِينَ قِيَامَتِكَ الْمُخَيَّيَةِ: حَقّاً قَدْ قَامَ الْمَسِيحُ مُعْطِي الْحَيَاةَ، إِذْ هُوَ الْبَاقِي إِلَى الدَّهْرِ.</p>
<p>(Theotokion of the Resurrectional Apolytikion)</p>	<p>(والِدِيَّةُ لِلْقِيَامَةِ)</p>
<p><i>Both now and ever, and unto ages of ages. Amen.</i> The Mystery which was hidden from everlasting and was unknown of the angels, O Theotokos, wast revealed through thee, to those who dwell upon earth. In that God, having become incarnate—in unconfused union—of His own good will accepted the Cross for our sake. Whereby He raised again the first created, and hath saved our souls from death.</p>	<p>الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. إِنَّ السِّرَّ الْخَفِيَّ مِنْذُ الدُّهُورِ، غَيَّرَ الْمَعْلُومِ عِنْدَ الْمَلَائِكَةِ، بِكَ ظَهَرَ، يَا وَالِدَةَ الإِلَهِ، لِلَّذِينَ عَلَى الْأَرْضِ، إِذْ تَجَسَّدَ الإِلَهُ بِاتِّحَادٍ لَا تَشْوُشَ فِيهِ. وَقَبِلَ الصَّلِيبَ طَوْعاً مِنْ أَجْلِنَا، وَبِهِ أَقَامَ الْمَجْبُولَ أَوَّلًا، وَخَلَّصَ مِنَ الْمَوْتِ نَفُوسَنَا.</p>
<p>Second Kathisma</p>	<p>الكَاثِسْمَا الثَّانِيَّةُ</p>
<p>Thou didst rise from the tomb, O Christ Savior, our God, because Thou art deathless; and Thou didst raise with Thee Thy world by Thy Resurrection, and didst crush the might of death, proclaiming Resurrection to all. Wherefore, do we glorify Thee, O Thou Who alone art merciful and the Lover of mankind.</p>	<p>أَيُّهَا الْمَسِيحُ الْمُخْلِصُ، إِلَهُنَا، لَقَدْ قُمْتَ مِنَ الْقَبْرِ بِمَا أَنَّكَ عَادِمُ الْمَوْتِ، وَأَنْهَضْتَ مَعَكَ عَالَمَكَ بِقِيَامَتِكَ، وَسَحَقْتَ بِقُوَّتِكَ عِرَّةَ الْمَوْتِ، وَأَعْلَنْتَ الْقِيَامَةَ لِجَمِيعٍ. فَلِذَلِكَ نُمَجِّدُكَ أَيُّهَا الرَّحِيمُ وَحَدِّكَ، وَالْمُحِبُّ الْبَشَرَ.</p>
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Gabriel descended from his sublime height wrapped in a white robe, and came to the stone where the Rock of Life was, and he shouted to the weeping women, saying: Cease your wailing and crying, and receive ye smiling joy, with comfort; for He whom ye seek weeping is verily risen. Wherefore, go and proclaim to the Apostles that the Lord is risen.</p>	<p>المَجْدُ لِلآبِ وَالإِبْنِ وَالرُّوحِ الْقُدُسِ. إِنَّ جِبْرَائِيلَ انْحَدَرَ مِنَ الْعُلُوِّ السَّامِيِّ، مُتَوَشِّحاً حُلَّةً بَيْضَاءَ، وَأَتَى إِلَى الْحَجَرِ حَيْثُ صَخْرَةُ الْحَيَاةِ، وَهَتَفَ نَحْوَ الْبَاكِيَاتِ قَائِلاً: اكْفُفْنَ مِنَ النَّوْحِ وَالْعَوِيلِ، وَأَقْبِلْنَ النِّبْشَاشَةَ وَالْفَرَحَ مُطْمَئِنَّاتٍ، لِأَنَّ الَّذِي تَطْلُبُنَّهُ بَاكِيَاتٍ قَدْ قَامَ بِالْحَقِيقَةِ، فَاهْتَفِنَ بِالرُّسُلِ أَنَّ الرَّبَّ قَدْ قَامَ.</p>
<p><i>Both now and ever, and unto ages of ages. Amen.</i> All the ranks of the angels, O thou who art undefiled, have been dazzled by the secret of thy dreadful birth-giving; that the All-encompassing at a sign from Him was encompassed in thy bosom as a babe, and that He Who is before eternity received a temporal beginning, and that He who feedeth every living breath with His ineffable goodness was nourished with milk. Wherefore, did they glorify thee with praise; for thou art truly the Theotokos.</p>	<p>الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. أَيُّهَا النَّقِيَّةُ، إِنَّ مَصَافَّ الْمَلَائِكَةِ أَجْمَعِينَ، قَدْ انْدَهَلُوا مِنْ سِرِّ مَوْلِدِكَ الرَّهيبِ، كَيْفَ أَنَّ الْحَاوِيَّ الْكُلَّ قَدْ اِحْتَوَى بِإِرَادَتِهِ فِي أَحْضَانِكَ كَطِفْلٍ، وَالَّذِي قَبْلَ الدُّهُورِ أَخَذَ ابْتِدَاءً زَمَنِيًّا، وَالْمُعْذِي كُلَّ نَسَمَةٍ بِجُودَةِ صَلاَحِهِ الَّذِي لَا يُوصَفُ، اغْتَدَى بِاللَبَنِ. لِذَلِكَ مَجْدُوكِ مَا دَحِينَ، بِمَا أَنَّكَ وَالِدَةُ الإِلَهِ حَقّاً.</p>
<p>EVLOGETARIA (BENEDICTIONS) IN TONE FIVE</p>	<p>إِفْلُوجِيظَارِيَاتُ بِاللَّحْنِ الْخَامِسِ</p>

<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i> The company of the Angels was amazed when they beheld Thee numbered among the dead. Yet Thyself, O Savior, destroying the power of death, with Thee raising up Adam and releasing all men from hell.</p>	<p>مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ . جَمْعُ الْمَلَائِكَةِ انَّذَهَلَ مُتَحَيِّرًا، عِنْدَ مُشَاهَدَتِهِمْ إِيَّاكَ مَحْسُوبًا بَيْنَ الْأَمْوَاتِ أَيُّهَا الْمُخْلِصُ، وَدَاحِضًا قُوَّةَ الْمَوْتِ، وَمُنْهَضًا أَدَمَ مَعَكَ، وَمُعْتَقًا إِيَّانَا مِنَ الْجَحِيمِ كَافَةً.</p>
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i> Wherefore, O Women Disciples, do ye mingle sweet-smelling spices with your tears of pity? The radiant Angel within the sepulcher cried unto the Myrrh-bearing Women: Behold the grave, and understand, for the Savior is risen from the tomb.</p>	<p>مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ . الْمَلَائِكَةُ اللَّامِعُ عِنْدَ الْقَبْرِ تَقْوَةً نَحْوَ حَامِلَاتِ الطِّيبِ قَائِلًا: لِمَ تَمْرُجْنَ الطُّيُوبَ بِالذَّمُوعِ، بِتَرْتِّبِ يَا تَلْمِذَاتِ؟ أَنْظُرْنَ اللَّحْدَ وَأَفْرَحْنَ، لِأَنَّ الْمُخْلِصَ قَدْ قَامَ مِنَ الْقَبْرِ.</p>
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i> Very early in the morning, did the Myrrh-bearing Women run lamenting unto Thy tomb. But an Angel came toward them, saying: The time for lamentation is passed; weep not, but announce unto the Apostles the Resurrection.</p>	<p>مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ . إِنَّ حَامِلَاتِ الطِّيبِ سَحَرًا جِدًّا، سَارِعْنَ إِلَى قَبْرِكَ نَائِحَاتٍ. إِلَّا أَنَّ الْمَلَائِكَةَ وَقَفَ بِهِنَّ، وَقَالَ لَهُنَّ: زَمَانُ النُّوحِ قَدْ كَفَّ وَبَطَلَ فَلَا تَبْكِينَ، بَلْ بَشِّرْنَ الرُّسُلَ بِالْقِيَامَةِ.</p>
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i> The Myrrh-bearing Women mourned, as bearing spices they drew near Thy tomb, O Savior. But the Angel spake unto them, saying: Why number ye the living among the dead? In that He is God He is risen from the grave.</p>	<p>مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ . إِنَّ النِّسْوَةَ حَامِلَاتِ الطِّيبِ، وَاقِفِينَ بِالْحَنُوطِ إِلَى قَبْرِكَ أَيُّهَا الْمُخْلِصُ. فَسَمِعْنَ مَلَكَاً مُتَنَعِّمًا نَحْوَهُنَّ قَائِلًا: لِمَ تَحْسِبْنَ الْحَيَّ مَعَ الْمَوْتَى؟ فِيمَا أَنَّهُ إِلَهُ، قَدْ قَامَ مِنَ الْقَبْرِ نَاهِضًا.</p>
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> We adore the Father, as also His Son, and the Holy Spirit, the Holy Trinity in one Essence, crying with the Seraphim: Holy, holy, holy art Thou, O Lord.</p>	<p>الْمَجْدُ لِلآبِ، وَالْأَبْنِ، وَالرُّوحِ الْقُدُسِ . نَسْجُدُ لِلآبِ، وَلِابْنِهِ، وَلِرُوحِ قُدُسِهِ، ثَالِوثًا قُدُوسًا فِي جَوْهَرٍ وَاحِدٍ، هَاتِفِينَ مَعَ السَّرَافِيمِ: قُدُوسٌ، قُدُوسٌ، قُدُوسٌ أَنْتَ يَا رَبُّ.</p>
<p><i>Both now and ever, and unto ages of ages. Amen.</i> In that thou didst bear the Giver of Life, O Virgin, thou didst redeem Adam from sin, and didst give to Eve joy in place of sadness; and He who was incarnate of thee, both God and man, hath restored to life those who had fallen therefrom.</p>	<p>الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ . آمِينَ . أَيُّهَا الْعَذْرَاءُ، لَقَدْ وُلِدْتَ مُعْطِيَةَ الْحَيَاةِ، وَأَنْقَذْتَ أَدَمَ مِنَ الْخَطِيئَةِ، وَمَنْحَتْ حَوَاءَ الْفَرْحَ عَوَضَ الْحُزْنَ، لَكِنَّ الإِلَهَ وَالْإِنْسَانَ الْمُتَجَسِّدَ مِنْكَ، أَرَشَدَهُمَا إِلَى الْحَيَاةِ الَّتِي قَدْ تَهَوَّرَا مِنْهَا.</p>
<p>Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (thrice) O our God and our Hope, glory to Thee.</p>	<p>هَلِّلُوبِيَا، هَلِّلُوبِيَا، هَلِّلُوبِيَا الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا) يَا إِلَهَنَا وَرَجَاءَنَا لَكَ الْمَجْدُ.</p>
<p>THE LITTLE LITANY</p>	<p>الطَّلِبَةُ السَّلَامِيَّةُ الصُّغْرَى</p>
<p>Priest: Again and again, in peace, let us pray to the Lord. Choir: Lord, have mercy. Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace. Choir: Lord, have mercy. Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all</p>	<p>الكاهن: أَيْضًا وَأَيْضًا بِسَلَامٍ إِلَى الرَّبِّ تَطَلَّبُ. الجوق: يَا رَبُّ ارْحَمْنَا. الكاهن: أَعْضُدْ وَخَلِّصْ وَارْحَمْنَا يَا اللَّهُ بِنِعْمَتِكَ. الجوق: يَا رَبُّ ارْحَمْنَا. الكاهن: بَعْدَ ذِكْرِنَا الْكَلِيَّةِ الْقِدَاسَةِ، الطَّاهِرَةِ، الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةَ الإِلَهِ الدَائِمَةَ الْبَتُولِيَّةِ مَرْيَمَ مَعَ جَمِيعِ</p>

<p>our life unto Christ our God. Choir: To Thee, O Lord. Priest: For blessed is Thy Name, and glorified is Thy kingdom: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages. Choir: Amen.</p>	<p>الْقَدِيسِينَ، لِنُودِغِ أَنْفُسَنَا وَبَعْضُنَا بَعْضًا وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ. الجوق: لَكَ يَا رَبِّ. الكاهن: لِأَنَّ اسْمَكَ مُبَارَكٌ وَمُلْكَكَ مُمَجَّدٌ أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ. الجوق: آمِينَ.</p>
<p>FOURTH TONE RESURRECTIONAL HYPAKOE (Plain Reading)</p>	<p>إيباكوي القيامة للحن الرابع (قراءة)</p>
<p>The ointment-bearing women hastened running to the Apostles and related to them the account of Thy Resurrection, O Christ, saying, Thou hast risen because Thou art God, granting the world Great Mercy.</p>	<p>إِنَّ حَامِلَاتِ الطِّيبِ سَبَقْنَ مُحَاضِرَاتٍ إِلَى الرَّسُلِ، وَبَشَّرْنَ بِحَوَادِثِ قِيَامَتِكَ الْمُعْجِزَةِ، أَيُّهَا الْمَسِيحُ، قَائِلَاتٍ: إِنَّكَ قَدْ قُمْتَ بِمَا أَنْتَ إِلَهٌ، مَانِحًا الْعَالَمَ الرَّحْمَةَ الْعَظْمَى.</p>
<p>FOURTH TONE RESURRECTIONAL ANABATHMOI (Plain Reading)</p>	<p>أناتيميات القيامة للحن الرابع (قراءة)</p>
<p>First Antiphony</p>	<p>الأنتيفونا الأولى</p>
<p>+ The many sufferings from my youth combat me. But Thou, O my Savior, assist and save me. + O ye haters of Zion, depart in shame from before the Lord; for ye shall be dry by fire as the grass. + <i>Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.</i> + By the Holy Spirit every spirit shall live and shall be purified, ascending, and brilliant, through the one hidden and pure Trinity.</p>	<p>+ مُنْذُ شَبَابِي آلامٌ كَثِيرَةٌ تُحَارِبُنِي، لَكِنْ أَنْتَ يَا مُخَلِّصِي أَعْضُدْنِي وَخَلِّصْنِي. + يَا مُبْغِضِي صِهْيُونَ اخْرُؤَا مِنْ تَجَاهِ الرَّبِّ، لِأَنَّكُمْ سَتَصِيرُونَ جَافِينَ كَالْعُشْبِ الْيَابِسِ بِالنَّارِ. + الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ، آمِينَ. + بِالرُّوحِ الْقُدُسِ تَحْيَا كُلُّ نَفْسٍ وَتَتَنَقَّى، مُرْتَفِعَةً وَوَالِمِعَةً بِالثَّلَاوِثِ الْوَاحِدِ الْخَفِيِّ الطَّاهِرِ.</p>
<p>Second Antiphony</p>	<p>الأنتيفونا الثانية</p>
<p>+ To Thee, O Lord, have I cried fervidly from the depth of my soul. Let Thy divine ears listen to me. + All those who have placed their trust in the Lord shall transcend all sorrows. + <i>Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.</i> + Verily, the Holy Spirit doth overflow with streams and passages of grace, and doth water all creation with refreshing life.</p>	<p>+ إِلَيْكَ يَا رَبِّ صَرَخْتُ بِحَرَارَةٍ مِنْ صَمِيمِ النَّفْسِ، فَلْتَكُنْ أذْنَاكَ الْإِلَهِيَّتَانِ سَامِعَتَيْنِ لِي. + كُلُّ الَّذِينَ وَضَعُوا رِجَاءَهُمْ عَلَى الرَّبِّ، هُمْ أَعْلَى مِنْ جَمِيعِ الْمُخْزِنَاتِ. + الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ، آمِينَ. + بِالرُّوحِ الْقُدُسِ تَقِيضُ سَوَاقِي التَّعْمَةَ وَمَجَارِيهَا، وَتُرَوِّي الْبَرَايَا بِأَسْرِهَا بِالْحَيَاةِ الْمُحْيِيَّةِ.</p>
<p>Third Antiphony</p>	<p>الأنتيفونا الثالثة</p>
<p>+ Let my heart rise to Thee, O Word, and let not the pleasures of the world enter into me to vie with the earthly life. + And as each of us hath surpassing love to his mother, the more should we love the Lord with utmost fervor.</p>	<p>+ لِيَرْتَفِعْ قَلْبِي نَحْوَكَ أَيُّهَا الْكَلِمَةُ، وَلَا تُشْغِفْنِي مُطْرِبَاتِ الْعَالَمِ إِلَى مُنَافَسَةِ الْعَيْشَةِ التُّرَابِيَّةِ. + لِكُلِّ مِنَّا عَرَامٌ مُفْرَطٌ لِوَالِدَتِهِ، فَكَمْ بِالْأُخْرَى يَجِبُ عَلَيْنَا أَنْ نُحِبَّ الرَّبَّ بِأَشَدِّ حَرَارَةٍ.</p>

<p>+ <i>Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.</i></p> <p>+ By the Holy Spirit cometh the riches of divine knowledge, divine vision, and wisdom; for through Him the Word doth proclaim all the commandments of the Father.</p>	<p>+ المَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدْسِ، الْآنَ وَكُلَّ أَوَانٍ وإلى دهرِ الداهرين، آمين.</p> <p>+ بِالرُّوحِ الْقُدْسِ غِنَى الْمَعْرِفَةِ الْإِلَهِيَّةِ، وَالنَّظَرِ الْإِلَهِيِّ، وَالْحِكْمَةِ، لِأَنَّ بِهِ يُعْلَنُ الْكَلِمَةُ الْأَوَامِرِ الْأَبَوِيَّةَ بِأَسْرِيهَا.</p>
<p>PROKEIMENON FOR THE RESURRECTION IN TONE FOUR</p>	<p>بروكيمن للقيامة باللحن الرابع</p>
<p>Arise, O God, help us and redeem us for Thy Name's sake. (<i>twice</i>)</p> <p>Stichos: O God, with our own ears have we heard.</p> <p>Arise, O God, help us and redeem us for Thy Name's sake.</p>	<p>قُمْ يَا اللَّهُ أَعِنَّا وَافْتَدِنَا مِنْ أَجْلِ اسْمِكَ. (مَرَّتَيْنِ)</p> <p>عِزُّ زُكْبِكَ: اللَّهُمَّ بِأَذَانِنَا قَدْ سَمِعْنَا.</p> <p>قُمْ يَا اللَّهُ أَعِنَّا وَافْتَدِنَا مِنْ أَجْلِ اسْمِكَ.</p>
<p>Deacon: Let us pray to the Lord.</p> <p>Choir: Lord, have mercy.</p> <p>Priest: For Holy art Thou, O our God, Who restand in the Holy Place, and unto Thee do we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages.</p>	<p>الشماس: إلى الرَّبِّ نَطْلُبُ.</p> <p>المرتل: يا رَبُّ ارْحَمِ.</p> <p>الكاهن: لِأَنَّكَ قُدُّوسٌ أَنْتَ يَا إِلَهَنَا، وَفِي الْقَدِيسِينَ تَسْتَقِرُّ وَتَسْتَرِيحُ، وَلَكَ نُرْسِلُ الْمَجْدَ أَيُّهَا الْآبُ، وَالابْنُ، وَالرُّوحُ الْقُدْسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الداهرين.</p>
<p>Chanter: Amen.</p> <p>Let everything that hath breath praise the Lord. (<i>twice</i>)</p> <p>Praise ye God in His saints; praise Him in the firm foundation of His power.</p> <p>Let everything that hath breath praise the Lord.</p>	<p>المرتل: آمين.</p> <p>كُلُّ نَسَمَةٍ، فَلْتَسَبِّحِ الرَّبَّ. (مرتين)</p> <p>زُكْبَتِكُمْ فِي عِيَالِكُمْ زُكْبَتِكُمْ فِي عِيَالِكُمْ فَلْتَسَبِّحِ الرَّبَّ، كُلُّ نَسَمَةٍ.</p>
<p>THE FIRST EOTHINON GOSPEL</p>	<p>إنجيل الإيوثينا الأولى</p>
<p>Deacon: And that we may be accounted worthy to hear the Holy Gospel, let us beseech the Lord our God.</p> <p>Choir: Lord, have mercy. (<i>thrice</i>)</p> <p>Deacon: Wisdom! Stand upright! Let us hear the Holy Gospel.</p> <p>Priest: Peace be to all.</p> <p>Choir: And to thy spirit.</p> <p>Priest: The Reading from the Holy Gospel according to Saint Matthew. (28:16-20)</p> <p>Choir: Glory to Thee, O Lord, glory to Thee.</p> <p>Deacon: Let us attend!</p>	<p>الشماس: مِنْ أَجْلِ أَنْ نَكُونَ مُسْتَحَقِّينَ لِسَمَاعِ الْإِنْجِيلِ الْمُقَدَّسِ، إِلَى الرَّبِّ إِلَهِنَا نَطْلُبُ.</p> <p>المرتل: يا رَبُّ ارْحَمِ. (ثلاثاً)</p> <p>الشماس: الْحِكْمَةُ، فَلْنَسْتَقِمْ وَلْنَسْمَعْ الْإِنْجِيلَ الْمُقَدَّسِ.</p> <p>الكاهن: السَّلَامُ لِجَمِيعِكُمْ.</p> <p>المرتل: وَلِرُوحِكَ.</p> <p>الكاهن: فَضْلٌ شَرِيفٌ مِنْ بَشَارَةِ الْقَدِيسِ مَتَّى الْإِنْجِيلِيِّ الْبَشِيرِ وَالْتَلْمِيزِ الطَّاهِرِ.</p> <p>المرتل: الْمَجْدُ لَكَ يَا رَبُّ، الْمَجْدُ لَكَ.</p> <p>الشماس: لِنُصْغِ!</p>
<p>Priest: At that time, the eleven disciples went to Galilee to the mountain to which Jesus had directed them. And when they saw Him, they</p>	<p>الكاهن: فِي ذَلِكَ الزَّمَانِ، ذَهَبَ التَّلَامِيذُ الْأَحَدَ عَشَرَ إِلَى الْجَلِيلِ، إِلَى الْجَبَلِ حَيْثُ أَمَرَهُمْ يَسُوعُ فَلَمَّا رَأَوْهُ</p>

worshipped Him; but some doubted. And Jesus came and said to them, "All power in heaven and on earth has been given to Me. Go therefore and make disciples of all nations, baptizing them in the Name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you; and lo, I am with you always, to the close of the age." Amen.	سَجَدُوا لَهُ، وَلَكِنَّ بَعْضَهُمْ شَكُّوا فَذَنَا يَسُوعُ وَكَلَّمَهُمْ قَائِلًا: إِنِّي قَدْ أُعْطِيتُ كُلَّ سُلْطَانٍ فِي السَّمَاءِ وَعَلَى الْأَرْضِ فَاذْهَبُوا الْآنَ وَتَلْمِذُوا كُلَّ الْأُمَّمِ، مُعَمِّدِينَ إِيَّاهُمْ بِاسْمِ الْآبِ وَالابْنِ وَالرُّوحِ الْقُدُسِ، وَعَلِّمُوهُمْ أَنْ يَحْفَظُوا جَمِيعَ مَا أَوْصَيْتُكُمْ بِهِ، وَهَا أَنَا مَعَكُمْ كُلَّ الْأَيَّامِ، إِلَى مُنْتَهَى الدَّهْرِ. آمِينَ.
Choir: Glory to Thee, O Lord, glory to Thee.	المرتل: المَجْدُ لَكَ يَا رَبُّ المَجْدُ لَكَ.
Reader: In that we have beheld the resurrection of Christ, let us worship the holy Lord Jesus, the only sinless One. Thy cross do we adore, O Christ, and Thy holy resurrection we praise and glorify; for Thou art our God, and we know none other beside Thee; we call upon Thy name. O come, all ye faithful, let us adore Christ's holy resurrection. For lo, through the cross is joy come into all the world. Ever blessing the Lord, let us sing His resurrection, for in that He endured the cross for us, He hath destroyed death by death.	القارئ: إِذْ قَدْ رَأَيْنَا قِيَامَةَ الْمَسِيحِ، فَلْنَسْجُدْ لِلرَّبِّ الْقُدُّوسِ، يَسُوعَ الْمُعْصُومِ مِنَ الْخَطَا وَحْدَهُ. لِصَلِيبِكَ أَيُّهَا الْمَسِيحُ نَسْجُدُ وَلِقِيَامَتِكَ الْمُقَدَّسَةِ نُسَبِّحُ وَنُجَدِّدُ، لِأَنَّكَ أَنْتَ هُوَ إِلَهُنَا وَأَخْرَجْتَ سِوَاكَ لَا نَعْرِفُ وَبِاسْمِكَ نُسَمِّي. هَلُمَّ يَا مَعْشَرَ الْمُؤْمِنِينَ نَسْجُدْ لِقِيَامَةِ الْمَسِيحِ الْمُقَدَّسَةِ، لِأَنَّ هُودَا بِالصَّلِيبِ قَدْ أَتَى الْفَرْحَ لِكُلِّ الْعَالَمِ. لِتُبَارِكَ الرَّبُّ فِي كُلِّ حِينٍ وَنُسَبِّحُ قِيَامَتَهُ، لِأَنَّهُ إِذْ اخْتَمَلَ الصَّلْبَ مِنْ أَجْلِنَا، الْمَوْتَ بِالمَوْتِ حَطَّمَ.
PSALM 50	المزمور 50
Have mercy on me, O God, according to Thy Great Mercy; and according to the multitude of Thy compassions blot out my transgression.	ارْحَمْنِي يَا اللَّهُ بِعَظِيمِ رَحْمَتِكَ، وَكَمَثَلِ كَثْرَةِ رَأْفَتِكَ اَمْحُ مَاثِمِي.
Wash me thoroughly from mine iniquity, and cleanse me from my sin.	اغْسِلْنِي كَثِيرًا مِنْ إِثْمِي، وَمِنْ خَطِيئَتِي طَهِّرْنِي.
For I know mine iniquity, and my sin is ever before me.	لَأَنِّي أَنَا عَارِفٌ بِإِثْمِي، وَخَطِيئَتِي أَمَامِي فِي كُلِّ حِينٍ.
Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words, and prevail when Thou art judged.	إِلَيْكَ وَحْدَكَ أَخْطَأْتُ، وَالشَّرُّ قُدَّامَكَ صَنَعْتُ، لَكِي تَصْدُقَ فِي أَقْوَالِكَ وَتَغْلِبَ فِي مُحَاكَمَتِكَ.
For behold, I was conceived in iniquities, and in sins did my mother bear me.	هَاءَ نَذَا بِالْآثَامِ حُبَلٌ بِي، وَبِالْخَطَايَا وَلَدْتَنِي أُمِّي.
For behold, Thou hast loved truth; the hidden and secret things of Thy wisdom hast Thou made manifest unto me.	لِأَنَّكَ قَدْ أَحْبَبْتَ الْحَقَّ، وَأَوْضَحْتَ لِي غَوَامِصَ حِكْمَتِكَ وَمَسْتَوْرَاتِهَا.
Thou shalt sprinkle me with hyssop, and I shall be made clean; Thou shalt wash me, and I shall be made whiter than snow.	تَنْصَحُنِي بِالزُّوْفَى فَاطْهُرْ، تَغْسِلْنِي فَأَبْيَضُ أَكْثَرَ مِنَ التَّلْجِ.
Thou shalt make me to hear joy and gladness; the bones that be humbled, they shall rejoice.	تُسَمِّعُنِي بِهَجَّةٍ وَسُرُورًا، فَتَبْتَهِّجُ عِظَامِي الدَّلِيلَةَ.
Turn Thy face away from my sins, and blot out all mine iniquities.	اصْرِفْ وَجْهَكَ عَنِ خَطَايَايَ، وَاَمْحُ كُلَّ مَاثِمِي.
Create in me a clean heart, O God, and renew a right spirit within me.	قَلْبًا نَقِيًّا اَخْلُقْ فِيَّ يَا اللَّهُ، وَرُوحًا مُسْتَقِيمًا جَدِّدْ فِي أَحْشَائِي.
Cast me not away from Thy presence, and take not Thy Holy Spirit from me.	لَا تَطْرَحْنِي مِنْ أَمَامِ وَجْهِكَ، وَرُوحَكَ الْقُدُّوسَ لَا تَنْزِعُهُ مِنِّي.

Restore unto me the joy of Thy salvation, and with Thy governing Spirit establish me.	امْتَدِّخْنِي بِهَجَّةِ خَلَاصِكَ، وَبِرُوحِ رِئَاسِي اعْضُدْنِي.
I shall teach transgressors Thy ways, and the ungodly shall turn back unto Thee.	فَأَعَلِّمِ الْأَثَمَةَ طُرُقَكَ، وَالْكَافِرَةَ إِلَيْكَ يَرْجِعُونَ.
Deliver me from blood-guiltiness, O God, Thou God of my salvation; my tongue shall rejoice in Thy righteousness.	أُنْقِذْنِي مِنَ الدِّمَاءِ يَا اللَّهُ إِلَهَ خَلَاصِي، فَيَبْتَهِجَ لِسَانِي بِعَدْلِكَ.
O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise.	يَا رَبُّ افْتَحْ شَفَتَيَّ، فَيُخْبِرَ فَمِي بِتَسْبِيحَتِكَ.
For if Thou hadst desired sacrifice, I had given it; with whole-burnt offerings Thou shalt not be pleased.	لَأَنَّكَ لَوْ أَثَرْتَ الذَّبِيحَةَ، لَكُنْتُ الْآنَ أُعْطِي، لَكِنَّكَ لَا تُسَرُّ بِالْمُحْرَقَاتِ.
A sacrifice unto God is a broken spirit; a heart that is broken and humbled God will not despise.	الذَّبِيحَةُ لِلَّهِ رُوحٌ مُنْسَوِّقٌ، الْقَلْبُ الْمُتَخَشِّعُ وَالْمُتَوَاضِعُ لَا يَزِدُّهُ اللَّهُ.
Do good, O Lord, in Thy good pleasure unto Zion, and let the walls of Jerusalem be built up.	أَصْلِحْ يَا رَبُّ بِمَسَرَّتِكَ صِهْيُونَ وَلِثُنِّ أَسْوَارِ أُورُشَلِيمَ.
Then shalt Thou be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings.	حِينَئِذٍ تُسَرُّ بِذَّبِيحَةِ الْعَدْلِ قُرْبَانًا وَمُحْرَقَاتِ.
Then shall they offer bullocks upon Thine altar.	حِينَئِذٍ يَقْرَبُونَ عَلَى مَذْبَحِكَ الْعُجُولَ.
LENTEN TROPARIA AFTER PSALM 50 IN TONE EIGHT	طُرُوبَارِيَاتِ الصَّوْمِ، بِاللَّحْنِ الثَّامِنِ
<i>Glory to the Father, and to the Son, and to the Holy Spirit. Open to me the doors of repentance, O Life-giver; for my soul goeth early to the temple of Thy holiness, coming in the temple of my body, wholly polluted. But because Thou art compassionate, purify me by the compassion of Thy mercies.</i>	الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّوسِ. اِفْتَحْ لِي أَبْوَابَ التَّوْبَةِ يَا وَهَبَ الْحَيَاةِ، لِأَنَّ رُوحِي تَبْتَكَرُ إِلَى هَيْكَلِ قُدْسِكَ، آتِيًّا بِهَيْكَلِ جَسَدِي مُدْنَسًا بِجُمْلَتِهِ. لَكِنْ، بِمَا أَنَّكَ مُتَعَطِّفٌ، نَقِّنِي بِتَحَنُّنِ مَرَامِحِكَ.
<i>Both now and ever, and unto ages of ages. Amen. Prepare for me the way of salvation, O Theotokos; for I have profaned myself with coarse sins, and consumed my whole life with procrastination. But by thine intercessions purify thou me from all abomination.</i>	الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. سَهِّلِي لِي مَنَاهِجَ الْخَلَاصِ يَا وَالِدَةَ الْإِلَهِ، فَإِنِّي قَدْ دَنَسْتُ نَفْسِي بِخَطَايَا سَمِجَةٍ، وَأَفْنَيْتُ عُمْرِي كُلَّهُ بِالْتَوَانِي. لَكِنْ بِشَفَاعَاتِكَ، نَقِّنِي مِنْ كُلِّ رَجَاسَةٍ.
<i>(TONE SIX) Have mercy upon me, O God, according to Thy lovingkindness; according to the multitude of Thy tender mercies blot out my transgressions. If I think upon the multitude of my evil deeds, wretch that I am, I tremble for the terrible Day of Judgment. But, trusting the compassion of Thy mercy, I shout to Thee like David, Have mercy upon me, O God, according to Thy Great Mercy.</i>	(بِاللَّحْنِ السَّادِسِ) يَا رَحِيمَ، ارْحَمْنِي يَا اللَّهُ كَعَظِيمِ رَحْمَتِكَ، وَكَمِثْلِ كَثْرَةِ رَأْفَاتِكَ امْحُ مَائِمِي. إِذَا تَصَوَّرْتُ كَثْرَةَ أَفْعَالِي الرَّدِيئَةِ أَنَا الشَّقِي، فَإِنِّي أَرْتَعِدُ مِنْ يَوْمِ الدَّيْنُونَةِ الرَّهيبِ. لَكِنِّي إِذْ أَنَا وَاثِقٌ بِتَحَنُّنِكَ، أَهْتَفُ إِلَيْكَ مِثْلَ دَاوُدَ: ارْحَمْنِي يَا اللَّهُ، بِحَسَبِ عَظِيمِ رَحْمَتِكَ.
THE INTERCESSION	طَلِبَةُ الشَّفَاعَةِ
Deacon: O God, save thy people, and bless thine inheritance. Visit thy world with mercy and compassions. Exalt the horn of Orthodox Christians, and send down upon us thy rich	الشَّمْسِ: خَلِّصْ يَا اللَّهُ شَعْبَكَ، وَبَارِكْ مِيرَاثَكَ، وَافْتَقِدْ عَالَمَكَ بِالرَّحْمَةِ وَالرَّأْفَاتِ، وَارْفَعْ شَأْنَ الْمَسِيحِيِّينَ الْأَرْتُوذُكْسِيِّينَ، وَأَسْبِغْ عَلَيْنَا مَرَامِحَكَ الْعَنِيَّةَ، بِشَفَاعَاتِ

<p>mercies, through the intercessions of our all-immaculate Lady, the Theotokos and ever-virgin Mary; by the might of the precious and life-giving cross; by the protection of the honorable bodiless powers of heaven; at the supplication of the honorable, glorious Prophet, Forerunner and Baptist John; of the holy, glorious, all-laudable and foremost of the apostles, Peter and Paul, and of all the holy apostles; of our fathers among the saints, great hierarchs and ecumenical teachers Basil the Great, Gregory the Theologian and John Chrysostom; Athanasios, Cyril and John the Merciful, patriarchs of Alexandria; Nicholas of Myra in Lycia, Spyridon of Trimythous and Nektarios of Pentapolis, the wonder-workers; of our fathers among the saints Tikhon, patriarch of Moscow, and Raphael, bishop of Brooklyn; of the holy, glorious great martyrs George the Trophy-bearer, Demetrios the Myrrh-streaming, Theodore the Soldier, Theodore the General and Menas the Wonder-worker; of the hieromartyrs Ignatius the God-bearer of Antioch, Charalampos and Eleutherios; of the holy, glorious and great women martyrs Thekla, Barbara, Anastasia, Katherine, Kyriaki, Photini, Marina, Paraskeva and Irene; of the holy glorious and right-victorious martyrs; of our venerable and God-bearing fathers who shone in the ascetic life, especially Paisios of Athos; <i>of Saint N., the patron and protector of this holy community</i>; of the holy and righteous ancestors of God, Joachim and Anna, of our venerable and God-bearing Father John (Climacus) of Sinai, author of 'The Ladder,' whose memory we celebrate today, and of all Thy saints, we beseech Thee, O most merciful Lord, hearken unto the petitions of us sinners who make our supplications unto Thee, and have mercy upon us.</p>	<p>سَيِّدَتِنَا وَالِدَةَ الْإِلَهِ الْكَلِيَّةِ الطَّهَارَةِ وَالِدَائِمَةَ الْبَتُولِيَّةِ مَرْيَمَ؛ وَبِقُوَّةِ الصَّلِيبِ الْكَرِيمِ الْمُخَيِّ؛ وَبِطَلْبَاتِ الْقَوَاتِ السَّمَاويَّةِ الْمُكْرَمَةِ الْعَادِمَةِ الْأَجْسَادِ؛ وَالنَّبِيِّ الْكَرِيمِ السَّابِقِ الْمَجِيدِ يُوْحَنَّا الْمَعْمَدَانَ؛ وَالْقَدَيْسَيْنِ الْمُشْرَفَيْنِ الرَّسُولَيْنِ بُطْرُسَ وَبُولُسَ، وَسَائِرِ الرُّسُلِ الْمُشْرَفَيْنِ الْجَدِيرَيْنِ بِكُلِّ مَدِيحٍ؛ وَأَبَائِنَا الْقَدَيْسِينَ مُعَلِّمِي الْمَسْكُونَةِ، رُؤَسَاءِ الْكَهَنَةِ الْمُعْظَمِينَ بِاسِيلْيُوسَ الْكَبِيرِ، وَغْرِغُورِيُوسَ الْلَاهُوتِي، وَيُوْحَنَّا الذَّهَبِيِّ الْقَمِّ؛ وَأَبَائِنَا الْقَدَيْسِينَ أَنْتَاسِيُوسَ وَكِرْلُسَ وَيُوْحَنَّا الرَّحِيمِ بَطْرِكَةَ الْإِسْكََنْدَرِيَّةِ؛ وَأَبِينَا الْقَدَيْسِ نِيْقُولَاسَ رَئِيسَ أَسَاقِفَةِ مِيرَا الْيَلِيكِيَّةِ، وَأَسْبِيرِيدُونَ أَسْفَفِ ثَرِيمِيُوسَ، وَنِكْتَارِيُوسَ أَسْفَفِ الْمَدْنِ الْخَمْسِ الْعَجَائِبِيِّينَ، وَأَبِينَا الْقَدَيْسِ تِيْخُونِ بَطْرِيْرِكِ مُوسَى، وَالْقَدَيْسِ رَافَائِيلِ أَسْفَفِ بَرُوكْلِينَ؛ وَالْقَدَيْسِينَ الْمَجِيدِينَ الشُّهَدَاءِ الْعُظْمَاءِ جَاوْرَجِيُوسَ الْلَابِسِ الظَّفْرِ، وَدِيمِيْتْرِيُوسَ الْمُفِيضِ الطَّيْبِ، وَثِيُودُورُسَ التَّيْرُونِي، وَثِيُودُورُسَ قَائِدِ الْجَيْشِ، وَمِينَاسَ الصَّانِعِ الْعَجَائِبِ؛ وَالْقَدَيْسِينَ الشُّهَدَاءِ إِغْنَاطِيُوسَ الْمُتَوَشَّحِ بِاللَّهِ، خِرَالْمُبُوسَ وَالْفَثِيرِيُوسَ؛ وَالشُّهَدَاءِ الْعَظِيمَاتِ ثَقْلَا، بَرَبَارَةَ، أَنْسْطَاسِيَا، كَاتْرِينَا، كِيرِيَاكِي، فُوتِينِي، مَارِينَا، بَارَاسْكِفَا، وَأَبِيرِينَ؛ وَالْقَدَيْسِينَ الْمَجِيدِينَ الشُّهَدَاءِ الْمُتَأَلِّفِينَ بِالظَّفْرِ؛ وَأَبَائِنَا الْأَبْرَارِ الْمُتَوَشَّحِينَ بِاللَّهِ؛ وَخَاصَّةً الْقَدَيْسِ بَابِيْسِيُوسَ الْأَثُوسِي، وَالْقَدَيْسِ (فَلَانِ) شَفِيْعِ هَذِهِ الْكَنِيسَةِ الْمُقَدَّسَةِ؛ وَالْقَدَيْسِينَ الصِّدِّيقَيْنِ جَدِّي الْمَسِيْحِ الْإِلَهِ يُوَاكِيْمَ وَحَنَّةَ؛ وَالْقَدَيْسِ الْبَارِ يُوْحَنَّا السِّيْنَاويِّ كَاتِبِ كِتَابِ "سَلْمُ الْفَضَائِلِ"، الَّذِي نَقِيْمُ تَذْكَارَهُ الْيَوْمَ، وَجَمِيْعِ قَدَيْسِيْكَ، نَنْصَرِّعُ إِلَيْكَ أَيُّهَا الرَّبُّ الْجَزِيْلُ الرَّحْمَةُ، فَاسْتَجِبْ لَنَا نَحْنُ الْخَطَاءَةُ الطَّالِبِينَ إِلَيْكَ وَارْحَمْنَا.</p>
<p>Choir: Lord, have mercy. <i>(twelve times)</i></p>	<p>المرتل: يَا رَبُّ ارْحَمْنَا. (12 مرّات)</p>
<p>Priest: Through the mercy and compassions and love for mankind of Thine Only-begotten Son, with Whom Thou art blessed, together with Thine all-holy, and good, and life-giving Spirit: now and ever, and unto ages of ages.</p>	<p>الكاهن: بِرَحْمَةِ وَرَأْفَاتِ ابْنِكَ الْوَحِيدِ وَمَحَبَّتِهِ لِلْبَشَرِ، الَّذِي أَنْتَ مُبَارَكٌ مَعَهُ وَمَعَ رُوحِكَ الْكَلِيَّةِ قُدْسُهُ الصَّالِحِ وَالْمُخَيِّ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.</p>
<p>Choir: Amen.</p>	<p>المرتل: آمين.</p>
<p>FOURTH TONE RESURRECTIONAL KONTAKION AND OIKOS (Plain Reading)</p>	<p>القِنْدَاقِ وَالْبَيْتِ لِلْقِيَامَةِ لِلْحَنِ الرَّابِعِ (قِرَاءَةُ)</p>

<p>Now hath my Deliverer and mighty Savior raised the earthborn from the grave and from their bonds, since He is God. And He hath crushed Hades' brazen gates and is arisen on the third day as Sovereign Lord.</p>	<p>إِنَّ مُخْلِصِي وَمُنْقِذِي السَّيِّدَ قَامَ فِي الْيَوْمِ الثَّالِثِ، وَبِمَا أَنَّهُ إِلَهُ، أَقَامَ الْأَرْضِيِّينَ حَالاً قِيُودَهُمْ، وَسَحَقَ أَبْوَابَ الْجَحِيمِ، وَقَامَ فِي الْيَوْمِ الثَّالِثِ بِمَا أَنَّهُ إِلَهُ الْقَدِيرُ وَالسَّيِّدُ الْعَزِيزُ.</p>
<p>Let us, the earthborn, all praise Christ, the Giver of Life, Who is risen from the dead on the third day out of the grave, and hath shattered the gates of death today by His own power. He hath put Hades to death, broken the sting of death, and freed Adam together with Eve. In gratitude, let us cry out our praise with fervor. For, as the only mighty God, He is arisen on the third day as Sovereign Lord.</p>	<p>لِنُسَبِّحَنَّ نَحْنُ الْأَرْضِيِّينَ كَأَفْءَ الْمَسِيحِ الْمَانِحِ الْحَيَاةِ، الَّذِي قَامَ مِنَ الْقَبْرِ فِي الْيَوْمِ الثَّالِثِ، وَسَحَقَ الْيَوْمَ أَبْوَابَ الْمَوْتِ بِقُدْرَتِهِ، وَأَمَاتَ الْجَحِيمَ، وَحَطَّمَ شَوْكَةَ الْمَوْتِ، وَأَعْتَقَ آدَمَ مَعَ حَوَاءَ، هَاتِفِينَ نَحْوَهُ عَنْ شُكْرِ بِالتَّسْبِيحِ الْمُتَوَاصِلِ، أَنَّهُ قَدْ قَامَ فِي الْيَوْمِ الثَّالِثِ بِمَا أَنَّهُ وَحْدَهُ إِلَهُ الْقَدِيرُ وَالسَّيِّدُ الْعَزِيزُ.</p>
<p>THE SYNAXARION (Plain Reading)</p>	<p>السِّنْكَسَار (قراءة)</p>
<p>On April 14 in the Holy Orthodox Church, we commemorate the Apostles Aristarchos, Pudens and Trophymos of the Seventy.</p> <p>On this same day, the Fourth Sunday of Great Lent, we make remembrance of our godly father, John, the author of <i>The Ladder of Divine Ascent</i> (or Climacus).</p> <p style="text-align: center;">Verses</p> <p style="text-align: center;">John, dead in the flesh and also living, Liveth eternally, even though appearing dead and without breath. Leaving letters, a ladder for the journey upwards, He showeth forth his pursuit of the journey upwards.</p> <p>The celebration of his feast on this day arose from the custom prevalent in the honorable monasteries of starting Great Lent with the reading of his lessons. John describes the method of elevating the soul to God as ascending a ladder. He teaches those who seek salvation how to lay a firm foundation for struggles, how to detect and fight every passion, how to avoid demonic snares, and how to rise from the rudimental virtues to the heights of Godlike love and humility. John of the Ladder came to Mount Sinai at age 16 and remained there, first as a novice under obedience, then as a recluse, and finally as abbot until his eightieth year. One time, his disciple, Moses, fell asleep under the shade of a large stone. John, in prayer in his cell, saw that his disciple was in danger and prayed to God for him. Later, when Moses returned, he fell on his knees and gave thanks to his spiritual father for saving him from certain death. He related how, in a dream, he heard John calling him and he jumped up and, at that moment, the stone tumbled. Had he not jumped, the stone would have crushed him. John Climacus died on March 30, 606.</p> <p style="text-align: center;">Through his intercessions, O Christ God, have mercy upon us. Amen.</p>	
<p>KATAVASIAE OF THE AKATHIST CANON IN TONE FOUR</p>	<p>كُتَافَاسِيَاةِ السَّيِّدَةِ بِاللَّحْنِ الرَّابِعِ</p>
<p>Ode 1. I shall open my mouth and it will be filled with the Spirit; and I shall speak forth to the Queen and Mother. I shall be seen joyfully singing her praises, and I shall delight to sing of her wonders.</p>	<p>(الأولى) أَفْتَحُ فَمِي فَيَمْتَلِئُ رَوْحاً، وَأُبْدِي قَوْلًا فَائِضاً نَحْوَ الْأُمِّ الْمَلِكَةِ، وَأُظْهِرُ مُعَيِّداً لِلْمَوْسِمِ بَابْتِهَاجٍ، وَأَتَرْتَّمُ بِعَجَائِبِهَا مَسْرُوراً.</p>
<p>Ode 3. As a living and copious fountain, O Theotokos, do thou strengthen those who hymn thy praises, and are joined together in spiritual company for thy service; and in thy divine glory make them worthy of crowns of glory.</p>	<p>(الثالثة) يَا وَالِدَةَ الْإِلَهِ، بِمَا أَنَّكَ الْيَنْبُوعُ الْحَيُّ الْمَتَدَفِّقُ بِسَخَاءٍ، وَطَدِينَا نَحْنُ الْمُتَشَدِّينَ تَسَابِيحِكَ، الْمُتَلْتَمِئِينَ مَخْفِلاً رَوْحِيّاً، وَفِي مَجْدِكَ الْإِلَهِيِّ أَهْلِينَا لِأَكَالِيلِ الْمَجْدِ وَالشَّرَفِ.</p>

<p>Ode 4. He who sits in clouds of glory upon the throne of Godhead, Jesus the Most High God, came with mighty hand and saved those who cried out unto Him: Glory to Thy power, O Christ.</p>	<p>(الرابعة) إِنَّ يَسُوعَ الْفَائِقَ التَّالِيَهُ، الْجَالِسَ بِمَجْدٍ عَلَى سُدَّةِ اللاهوتِ، قَدْ وَرَدَ عَلَى سَحَابَةٍ خَفِيفَةٍ، وَخَلَّصَ بِقَبْضَتِهِ غَيْرَ الْفَاسِدَةِ الصَّارِحِينَ نَحْوَهُ: الْمَجْدُ لِقُدْرَتِكَ أَيُّهَا الْمَسِيحُ.</p>
<p>Ode 5. All creation was amazed at thy divine glory, for thou, O unwedded Virgin, didst hold in thee the God of all, and didst bear the Eternal Son, who rewards with salvation all those who hymn thy praises.</p>	<p>(الخامسة) أَيُّهَا الْبَتُولُ الَّتِي لَمْ تَعْرِفْ زَوْجاً، إِنَّ الْبَرِيَا بِأَسْرَهَا قَدْ انْدَهَلَتْ مِنْ مَجْدِكَ الْإِلَهِيِّ، لِأَنَّكَ حَمَلْتِ فِي حَشَاكَ إِلَهَ الْكُلِّ، وَوَلَدْتِ الْإِبْنَ غَيْرَ الْمَحْدُودِ فِي زَمَنِ، وَمَنْحَتِ الْخَلَّاصَ لِكُلِّ الَّذِينَ يُسَبِّحُونَكَ.</p>
<p>Ode 6. As we the Godly minded, celebrate this sacred and all-honorable feast of the Mother of God: come, let us clap our hands together and glorify the God whom she bore.</p>	<p>(السادسة) هَلُمُّوا أَيُّهَا الْمُتَأَلِّهُو الْعُقُولِ، لِنُصَفِّقْ بِالْأَيْدِي مُقِيمِينَ هَذَا الْعِيدَ الْإِلَهِيِّ الْكَلْبِيِّ الْإِكْرَامِ، الَّذِي لَوْلَا الْإِلَهِي، وَنُجَدِّدِ الْإِلَهَ الَّذِي وُلِدَ مِنْهَا.</p>
<p>Ode 7. The godly-minded children worshipped not the creature rather than the Creator, but trampling upon the threat of fire in manly fashion, they rejoiced and sang: O All-praised Lord and God of our Fathers, blessed art Thou.</p>	<p>(السابعة) إِنْ الْفَتِيَّةُ الْمُتَأَلِّهُي الْعُقُولِ، لَمْ يَعْبُدُوا الْخَلِيقَةَ دُونَ الْخَالِقِ، بَلْ وَطَنُوا وَعِيدَ النَّارِ بِشَجَاعَةٍ، فَرْتَلُوا فَرِحِينَ: أَيُّهَا الْفَائِقُ التَّسْبِيحِ، مُبَارَكٌ أَنْتَ يَا إِلَهَ آبَائِنَا.</p>
<p><i>We praise, we bless, and we worship the Lord.</i> Ode 8. The three holy children in the furnace the Child of the Theotokos saved; then was the type, now is its fulfillment, and the whole world gathers to sing: 'All ye works praise the Lord and magnify Him unto all ages.'</p>	<p>نُسَبِّحُ وَنُبَارِكُ وَنَسُجُدُ لِلرَّبِّ. (الثامنة) إِنَّ مَوْلِدَ وَالِدَةِ الْإِلَهِي قَدْ حَفِظَ الْفَتِيَّةَ الْأَطْهَارَ فِي الْأَتُونِ سَالِمِينَ، إِذْ كَانَ حِينِنْدِ مَرْسُوماً وَأَمَّا الْآنَ فَقَدْ حَصَلَ مَفْعُولاً، فَهُوَ يُنْهَضُ الْمَسْكُونَةَ بِأَسْرَهَا إِلَى التَّرْتِيلِ هَاتِفَةً: يَا جَمِيعَ أَعْمَالِ الرَّبِّ سَبِّحُوا الرَّبِّ، وَزِيدُوهُ رِفْعَةً عَلَى مَدَى الْأَدْهَارِ.</p>
<p>Deacon: The Theotokos and Mother of the Light let us honor and magnify in song.</p>	<p>الشَّمْسُ: لَوْلَا الْإِلَهِي وَأَمَّ النُّورِ بِالتَّسْبِيحِ نَكْرِمُ مُعْظَمِينَ.</p>
<p>MAGNIFICATIONS IN TONE FOUR</p>	<p>تَعْظِيمَاتٌ بِاللَّحْنِ الرَّابِعِ</p>
<p>My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior. Refrain: More honorable than the Cherubim, and more glorious beyond compare than the Seraphim, thou who without corruption didst bear God the Word, and art truly Theotokos, we magnify thee.</p>	<p>تُعْظِمُ نَفْسِي الرَّبِّ، وَتَبْتَهِجُ رُوحِي بِاللَّهِ مُخْلِصِي. اللازمة: يَا مَنْ هِيَ أَكْرَمُ مِنَ الشَّارُوبِيمِ، وَأَرْفَعُ مَجْداً بَغَيْرِ قِيَاسٍ مِنَ السَّارَافِيمِ، الَّتِي مِنْ دُونِ فَسَادٍ وَوَلَدَتْ كَلِمَةَ اللَّهِ، حَقّاً أَنْتَ وَالِدَةُ الْإِلَهِي إِيَّاكَ نُعْظِمُ.</p>
<p>For He hath regarded the lowliness of His handmaiden; for behold from henceforth all generations shall call me blessed. (Refrain)</p>	<p>لِأَنَّهُ نَظَرَ إِلَى تَوَاضُعِ أُمَّتِهِ، فَهَا مُنْذُ الْآنَ تُطَوِّبُنِي جَمِيعُ الْأَجْيَالِ. (اللازمة)</p>
<p>For He that is mighty hath magnified me, and holy is His Name; and His mercy is on them that fear Him, throughout all generations. (Refrain)</p>	<p>لِأَنَّ الْقَدِيرَ صَنَعَ بِي عَظَائِمَ وَقُدُوسَ اسْمَهُ، وَرَحْمَتَهُ إِلَى جِيلٍ فَجِيلٍ لِلَّذِينَ يَتَّقُونَهُ. (اللازمة)</p>
<p>He hath showed strength with His arm; He hath scattered the proud in the imagination of their hearts. (Refrain)</p>	<p>صَنَعَ عِزّاً بِسَاعِدِهِ، وَشَتَّتَ الْمُتَكَبِّرِينَ بِذُهُنِ قُلُوبِهِمْ. (اللازمة)</p>
<p>He hath put down the mighty from their seat, and hath exalted the humble and meek. He hath filled the empty with good things, and the rich hath He sent empty away. (Refrain)</p>	<p>حَطَّ الْمُقْتَدِرِينَ عَنِ الْكِرَاسِي وَرَفَعَ الْمُتَوَاضِعِينَ، مَلَأَ الْجِياعَ مِنَ الْخَيْرَاتِ، وَالْأَغْنِيَاءَ أَرْسَلَهُمْ فَارِغِينَ. (اللازمة)</p>

<p>He remembering His mercy hath helped His servant Israel, as He promised to our forefathers, Abraham and his seed forever. (Refrain)</p>	<p>عَضَدَ إِسْرَائِيلَ فَتَاهُ لِيَذْكَرَ رَحْمَتَهُ، كَمَا قَالَ لِأَبَائِنَا إِبْرَاهِيمَ وَنَسْلِهِ إِلَى الْأَبَدِ. (اللازمة)</p>
<p>Ode 9. Let all the earth-born mortals rejoice in the Spirit, bearing their lamps. And let the nature of Bodiless Minds celebrate with honor the holy festival of the Mother of God, and cry out: ‘Hail! All-blessed, pure, and ever-virgin Theotokos!’</p>	<p>(التاسعة) كُلُّ الْأَرْضِيِّينَ فَلْيَبْتَهِجُوا بِالرُّوحِ حَامِلِينَ الْمَصَابِيحَ، وَطَبِيعَةُ الْعُقْلِيِّينَ غَيْرِ الْهَيُولِيِّينَ فَلْتَحْتَفِلْ مَعًا، مُعَيَّدَةً لِمَوْسَمِ أُمِّ الْإِلَهِ الشَّرِيفِ وَهَاتِفَةً: إِفْرَحِي يَا وَالِدَةَ الْإِلَهِ النَّقِيَّةَ، الدَّائِمَةَ الْبَتُولِيَّةَ، وَالْكَلِّيَّةَ الطُّوبَى.</p>
<p>THE LITTLE LITANY</p>	<p>الطلبية السلامية الصغرى</p>
<p>Deacon: Again and again, in peace, let us pray to the Lord. Choir: Lord, have mercy. Deacon: Help us; save us; have mercy on us; and keep us, O God, by Thy grace. Choir: Lord, have mercy. Deacon: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God. Choir: To Thee, O Lord. Priest: For all the powers of Heaven praise Thee, and unto Thee do they ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. Choir: Amen.</p>	<p>الشماس: أيضاً وأيضاً بسلامٍ إلى الربِّ نطلب. الجوق: يا ربُّ ارحم. الشماس: أعضدْ وحلِّصْ وارحمْ واحفظنا يا الله بنعمتك. الجوق: يا ربُّ ارحم. الشماس: بعدَ ذِكْرنا الكَلِّيَّةَ القَدَّاسَةِ، الطَّاهِرَةَ، الفَائِقَةَ البِرْكَاتِ المَجِيدَةِ، سَيِّدَتْنَا وَالدَّةَ الْإِلَهِ الدَّائِمَةَ الْبَتُولِيَّةَ مَرْيَمَ مَعَ جَمِيعِ القَدِّيسِينَ، لِنُودِعْ أَنْفُسَنَا وَبَعْضُنَا بَعْضاً وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ. الجوق: لك يا رب. الكاهن: لأنَّه إِيَّاكَ تُسَبِّحُ كُلُّ قُوَّاتِ السَّمَاوَاتِ، وَلَكَ يُرْسَلُونَ المَجْدَ أَيُّهَا الأبُّ وَالإِبْنُ وَالرُّوحُ القُدُّسُ، الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. الجوق: آمين.</p>
<p>Holy is the Lord our God. <i>(thrice)</i> Exalt ye the Lord our God, and worship at His footstool, for He is holy.</p>	<p>قُدُّوسٌ هُوَ الرَّبُّ إِلَهُنَا. <i>(ثلاثاً)</i> إِرْفَعُوا الرَّبَّ إِلَهُنَا، وَاسْجُدُوا لِمَوْطِي قَدَمِيهِ، لِأَنَّ الرَّبَّ إِلَهُنَا قُدُّوسٌ هُوَ.</p>
<p>THE FIRST EOTHINON EXAPOSTEILARION IN TONE TWO (**The original melody**)</p>	<p>إكسابوستيلاري الإيوثينا الأولى باللحن الثاني</p>
<p>Upon that mount in Galilee, * let us join the disciples * to look in faith on Christ, Who saith * He hath received dominion * o'er things on earth and in Heaven. * Let us learn how He teacheth * to baptize all the nations * in the Name of the Father, * and of the Son, * and the Holy Spirit, and how He promised * to be with His initiates * until the end of all things.</p>	<p>لِنَجْتَمِعَنَّ مَعَ التَّلَامِيذِ فِي جَبَلِ الْجَلِيلِ، فَنُعَايِنَ الْمَسِيحَ بِإِيمَانٍ قَائِلًا: قَدْ أَحَدْتُ سُلْطَانَ الْعُلُوِّيِّينَ وَالسُّفْلِيِّينَ. وَلِنَتَعَلَّمْ كَيْفَ يُعَلِّمُ تَعْمِيدَ كُلِّ الْأُمَّمِ بِاسْمِ الْأَبِ وَالإِبْنِ وَالرُّوحِ الْقُدُّوسِ، وَأَنَّهُ يَكُونُ حَاضِرًا مَعَ مُسَارِيهِ إِلَى انْقِضَاءِ الدَّهْرِ كَمَا وَعَدَ.</p>
<p>EXAPOSTEILARION & THEOTOKION FOR ST. JOHN CLIMACUS IN TONE TWO (**Hearken ye women**)</p>	<p>إكسابوستيلاري ووالدية للقديس يوحنا السلمى باللحن الثاني</p>

<p>The joy and comfort of the world * thou didst reject as wearisome * and with strict fasting didst wither * the flesh, while fully renewing * thy strength of soul, O righteous John, * and thou becamest very rich * in glory great and heavenly; * hence never cease interceding * for us, O far-famed ascetic.</p>	<p>أَيُّهَا الْبَارُّ يُوَحِّنَا الدَّائِمُ الذِّكْرُ، لَقَدْ عَزَفْتَ عَنِ التَّتَعُّمِ الدُّنْيَوِيِّ لِأَنَّهُ مَمْقُوتٌ، وَأَذْوَيْتَ الْجَسَدَ بِالْإِمْسَاكِ، فَجَدَّدْتَ قُوَّةَ النَّفْسِ، وَأَعْنَيْتَهَا بِالْمَجْدِ السَّمَاوِيِّ، فَلَا تَزَلْ مُنْتَشِفِعاً مِنْ أَجْلِنَا.</p>
<p>All we who have been saved through thee * confess thee verily to be * the Theotokos, O Lady; * for thou ineffably didst bear * our God, Who hath abolished death * by His divine and precious Cross, * and Who hath drawn unto Himself * the multitudes of the righteous, * with whom we laud thee, O Virgin.</p>	<p>أَيُّهَا السَّيِّدَةَ، نَحْنُ الْمُخَلَّصِينَ بِكَ، نَعْتَرِفُ أَنَّكَ أُمَّ الْإِلَهِ، لِأَنَّكَ وَلَدْتَ بِحَالٍ لَا يُوَصَّفُ، الْإِلَهَ الَّذِي حَلَّ الْمَوْتَ بِصَلِيبِهِ، وَاجْتَذَبَ إِلَيْهِ مَحَافِلَ الْأَبْرَارِ، الَّذِينَ مَعَهُمْ نُسَبِّحُكَ أَيُّهَا الْبَتُول.</p>
<p>AINOI (PRAISES) IN TONE FOUR</p>	<p>الإينوس باللحن الرابع</p>
<p>Let everything that hath breath praise the Lord. Praise ye the Lord from the heavens; praise Him in the heights. To Thee, O God, is due our song.</p>	<p>كُلُّ نَسَمَةٍ فَلْتُسَبِّحِ الرَّبَّ. سَبِّحُوا الرَّبَّ مِنَ السَّمَاوَاتِ، سَبِّحُوهُ فِي الْأَعَالِي، لِأَنَّهُ لَكَ يَلِيقُ التَّسْبِيحُ يَا اللَّهُ.</p>
<p>Praise ye Him, all His angels; praise ye Him, all His hosts. To Thee, O God, is due our song.</p>	<p>سَبِّحُوهُ يَا جَمِيعَ مَلَائِكَتِهِ، سَبِّحُوهُ يَا سَائِرَ قُوَّاتِهِ، لِأَنَّهُ لَكَ يَلِيقُ التَّسْبِيحُ يَا اللَّهُ.</p>
<p>For the Resurrection in Tone Four</p>	<p>للقيامه باللحن الرابع</p>
<p><i>Verse 1. This glory shall be to all His saints.</i> We glorify Thy Resurrection, O Lord Almighty, O Thou who sufferedst crucifixion and death and didst rise from the dead.</p>	<p>عَزَّزْنَا بِكَ 1. هَذَا الْمَجْدُ يَكُونُ لِجَمِيعِ أَبْرَارِهِ. نُمَجِّدُ انْبِعَاثَكَ أَيُّهَا الرَّبُّ الْقَادِرُ عَلَى كُلِّ شَيْءٍ، يَا مَنْ اخْتَمَلَ الصَّلْبَ وَالْمَوْتَ، وَقَامَ مِنْ بَيْنِ الْأَمْوَاتِ.</p>
<p><i>Verse 2. Praise God in His sanctuary; praise Him in the firmament of His power.</i> Thou hast freed us, O Christ, from the first curse. And by Thy Death Thou didst banish the insurgency of Diabolus prevailing over our nature. And in Thy Resurrection Thou didst fill all with joy. Wherefore, we cry to Thee, O Thou Lord, Who didst rise from the dead; glory to Thee.</p>	<p>عَزَّزْنَا بِكَ 2. سَبِّحُوا اللَّهَ فِي قَدْسِيهِ، سَبِّحُوهُ فِي فَالِكِ قُوَّتِهِ. أَيُّهَا الْمَسِيحُ لَقَدْ أَعْتَقْتَنَا بِصَلِيبِكَ مِنَ اللَّعْنَةِ الْأُولَى، وَبِمَوْتِكَ ضَمَحَلْتَ تَمَرْدَ الْمَخَالِ الْمُتَسَلِّطِ عَلَى طَبِيعَتِنَا، وَبِقِيَامَتِكَ مَلَأْتَ الْكُلَّ فَرَحاً. فَلِذَا نَهْتَفُ نَحْوِكَ: يَا مَنْ قَامَ مِنْ بَيْنِ الْأَمْوَاتِ، يَا رَبُّ الْمَجْدُ لَكَ.</p>
<p><i>Verse 3. Praise Him for His mighty acts; praise Him according to His excellent greatness.</i> O Christ Savior, Who didst rise from the dead, lead us by Thy Cross to Thy right hand, and save us from the gins of the enemy. Stretch forth Thine arm and raise us who are fallen in sins; through the intercession of Thy saints, O Lord, the Lover of mankind.</p>	<p>عَزَّزْنَا بِكَ 3. سَبِّحُوهُ عَلَى مَقْدَرَتِهِ، سَبِّحُوهُ تَظْيِيرَ كَثْرَةِ عَظَمَتِهِ. أَيُّهَا الْمَسِيحُ الْمُخَلِّصُ، يَا مَنْ قَامَ مِنْ بَيْنِ الْأَمْوَاتِ، اهْدِنَا بِصَلِيبِكَ إِلَى حَقِّكَ، وَنَجِّنَا مِنْ فِخَاخِ الْعَدُوِّ، وَامْدُدْ سَاعِدَكَ، وَأَنْهَضْنَا نَحْنُ السَّاقِطِينَ فِي الْخَطَايَا، بِشَفَاعَةِ قَدْسِيكَ أَيُّهَا الرَّبُّ الْمُحِبُّ الْبَشَرَ.</p>
<p><i>Verse 4. Praise Him with the sound of the trumpet; praise Him with the psaltery and harp.</i> O Only Son of God, Thou didst come to earth, but wast not separated from the Paternal bosom; and because of Thy love to mankind Thou didst become unchangeable man. Thou didst suffer crucifixion and death in the flesh, O Thou Who in Thy Divinity suffereth not. Thou didst rise from the dead, granting mankind immortality; for Thou alone art Almighty.</p>	<p>عَزَّزْنَا بِكَ 4. سَبِّحُوهُ بِالْحَنِ النَّبُوقِ، سَبِّحُوهُ بِالْمُزْمَارِ وَالْقَيْثَارَةِ. يَا كَلِمَةَ اللَّهِ الْوَحِيدِ، لَقَدْ وَافَيْتَ إِلَى الْأَرْضِ وَلَمْ تَتَفَصَّلْ عَنِ الْأَحْضَانِ الْأَبَوِيَّةِ. وَمِنْ أَجْلِ مَوَدَّتِكَ لِلْإِنْسَانِ صِرْتَ إِنْسَاناً خُلُوقاً مِنْ اسْتِحَالَةٍ، وَاخْتَمَلْتَ الصَّلْبَ وَالْمَوْتَ بِالْجَسَدِ، يَا مَنْ هُوَ بِبِلَاهُوتِهِ غَيْرُ مُتَأَلِّمٍ، وَقُمْتَ مِنْ بَيْنِ الْأَمْوَاتِ، وَمَنْحْتَ جِنْسَ الْبَشَرِ عَدَمَ الْمَوْتِ، بِمَا أَنَّكَ قَادِرٌ عَلَى كُلِّ شَيْءٍ وَحْدَكَ.</p>

For St. John Climacus Tone 8 (**O strange wonder**)	للقدّيس يوحنا السُّلَمي باللحن الثامن
<p>Verse 5. Praise Him with the timbrel and dance; praise Him with stringed instruments and organs. Righteous Father John, in very truth, * thou hadst the high praise of God * in thy throat every day and hour; * and with active diligence * thou didst earnestly meditate * on the divinely inspired oracles * and wast made rich in the grace that they pour forth; * through this, O man most wise, * thou becamest blessed and didst utterly * overturn the counsels of all base and godless men.</p>	<p>عَزَّجْكَ 5. سَبِّحُوهُ بِالطَّبَلِ وَالْمَصَافِي. سَبِّحُوهُ بِالْأُوتَارِ وَآلَةِ الطَّرْب. أَيُّهَا الْأَبُ الْبَارُّ يُوَحِّنَا الْكَامِلَ الْحِكْمَةَ، لَقَدْ حَمَلْت دَائِمًا مِرَاقِي الْإِلَهِ فِي فَمِكَ، دَارِسًا عَمَلِيًّا الْأَقْوَالِ الْمُلْهَمَةَ، وَمِنْ نَمَّ غَزُرْتَ لَكَ النِّعْمَةُ، وَعَدَوْتَ مُعْبَطًا، وَمُخْبِطًا مَوَازِمَ الْكُفْرَةِ بِأَسْرِهِمْ.</p>
<p>Verse 6. Praise Him upon the loud cymbals; praise Him upon the high-sounding cymbals. Let everything that hath breath praise the Lord. (repeat above)</p>	<p>عَزَّجْكَ 6. سَبِّحُوهُ بِنِعْمَاتِ الصُّنُوجِ، سَبِّحُوهُ بِصُنُوجِ التَّهْلِيلِ، كُلُّ نَسَمَةٍ فَلْتَسْبِحِ الرَّبَّ. (تَعَاد)</p>
<p>Verse 7. Blessed is the man that feareth the Lord; in His commandments shall he greatly delight. Righteous Father John most glorious, * with streaming fountains of tears, * thou didst wash thy soul clean of stain; * standing all the night in prayer, * thou becamest a friend of God; * and thou didst soar as on wings unto His love * and His divine beauty, which thou worthily * now dost enjoy on high * with thy fellow athletes evermore in joy, * O most blest and godly-minded Saint and man of prayer.</p>	<p>عَزَّجْكَ 7. طُوبَى لِلرَّجُلِ الَّذِي يَخَافُ اللَّهَ، وَيُسْرِعِيَّتَهُ يَتَّبِعُجْ دَائِمًا. أَيُّهَا الْأَبُ يُوَحِّنَا الْمَجِيدُ الْبَارُّ، لَقَدْ طَهَّرْتَ نَفْسَكَ بَيْنَابِيعِ الدُّمُوعِ، وَالْوَقُوفِ طُولَ اللَّيَالِي مُسْتَعْظَفًا اللَّهُ، وَمِنْ نَمَّ طُرْتَ، أَيُّهَا الْمَغْبُوطُ الْمُتَأَلِّهِ الْعَزْمِ، نَحْوَ مَحَبَّتِهِ وَجَمَالِهِ، الَّذِينَ نَلْتَهُمَا الْآنَ بِفَرَحٍ وَاسْتِحْقَاقٍ إِلَى الْأَبَدِ مَعَ الْمُجَاهِدِينَ مَعَكَ.</p>
<p>Verse 8. Precious in the sight of the Lord is the death of His saints. Righteous Father John most glorious, * since thou hadst given thy mind * wings to soar up to God by faith, * thou didst hate the turbulence * and impermanence of the world. * For thou didst take up thy cross with ardent zeal * to follow after Him that beholdeth all; * and thou didst subjugate * the reluctant body to thy sovereign mind * by ascetic labors through the Holy Spirit's might.</p>	<p>عَزَّجْكَ 8. كَرِيمٌ فِي عَيْنِي الرَّبِّ مَوْتُ أَبْرَارِهِ. أَيُّهَا الْأَبُ الْبَارُّ يُوَحِّنَا الْمَجِيدُ، لَقَدْ سَمَّوْتَ بِالْعَقْلِ نَحْوَ اللَّهِ بِوَاسِطَةِ الْإِيمَانِ، وَتَجَافَيْتَ عَنِ الْإِضْطِرَابِ الْعَالَمِيِّ الْعَادِمِ الثَّبَاتِ، وَحَمَلْتَ صَالِبِكَ تَابِعًا نَاطِرَ الْكُلِّ، مُخْضِعًا الْجَسَدَ لِلْعَقْلِ بِرُودَاعِ النَّسْكَ، وَبِمَعُونَةِ الرُّوحِ الْإِلَهِيِّ.</p>
<p>DOXASTICON 4th SUNDAY OF LENT TONE 1</p>	<p>نُكْمَا لِلْأَخِ الرَّابِعِ مِنَ الصُّومِ بِاللْحَنِ الْأَوَّلِ</p>
<p>Glory to the Father, and to the Son, and to the Holy Spirit. Come, let us labor in the mystical field, working therein fruits of repentance. Let us not spend ourselves in food and drink, but reap virtues with fasting and prayer; for these doth the Master of labor accept, and for them He giveth us the pence through which He redeemeth our souls from the debt of sin; for He alone is most compassionate.</p>	<p>الْمَجْدُ لِلْأَبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ. هَلِّمُوا نَعْمَلْ فِي الْكَرَمِ السَّرِيِّ، صَانِعِينَ فِيهِ أَنْمَارَ التَّوْبَةِ. وَلَا نَنْعَبْ بِالْأَطْعَمَةِ وَالْأَشْرَبَةِ، بَلْ لِنَجْتَنِ الْفَضَائِلَ بِالصَّلَوَاتِ وَالْأَصْوَامِ، فَبِهَذِهِ يَرْتَضِي رَبُّ الْعَمَلِ، وَيَهَبُنَا الدِّينَارَ، الَّذِي بِهِ يَفْتَدِي النَّفُوسَ مِنْ دَيْنِ الْخَطِيئَةِ، بِمَا أَنَّهُ الْجَزِيلُ الرَّحْمَةُ وَحْدَهُ.</p>
<p>Both now and ever, and unto ages of ages. Amen. Most blessed art thou, O Virgin Theotokos, for through Him that was incarnate of thee is Hades despoiled, Adam is recalled from the dead, the curse is made void, Eve is set free, death is slain, and we are endowed with life. Wherefore, in hymns of praise, we cry aloud: Blessed art Thou, O Christ our God, Who is thus well pleased, glory to Thee.</p>	<p>الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. أَنْتِ هِيَ الْفَائِقَةُ عَلَى كُلِّ الْبَرَكَاتِ، يَا وَالِدَةَ الْإِلَهِ الْعَذْرَاءَ، لِأَنَّ الْجَحِيمَ قَدْ سُبِّيتَ بِوَاسِطَةِ الْمُتَجَبِّدِ مِنْكَ، وَأَدَمُ دُعِيَ ثَانِيَةً، وَاللَّعْنَةُ بَادَتْ، وَحَوَاءَ انْعَثَقَتْ، وَالْمَوْتُ أُمِيتَ، وَنَحْنُ قَدْ حَيِينَا. فَلِذَلِكَ نُسَبِّحُ هَاتِفِينَ: مُبَارَكٌ أَنْتِ أَيُّهَا الْمَسِيحُ الْهُنَا، يَا مَنْ هَكَذَا سُرَّ، الْمَجْدُ لَكَ.</p>

THE GREAT DOXOLOGY IN TONE ONE	الدوكصولوجيا الكبرى باللحن الأول
Glory to Thee, who has shown forth the Light. Glory to God in the highest, and on earth peace, good will among men.	المَجْدُ لَكَ يَا مُظْهِرَ النورِ، المَجْدُ لِلَّهِ فِي العَلَاءِ، وَعَلَى الأَرْضِ السَّلَامُ، وَفِي النَّاسِ المَسْرَّةُ.
We hymn thee, we bless Thee, we worship Thee, we glorify Thee, we give thanks unto Thee for Thy great glory.	نُسَبِّحُكَ نُبَارِكُكَ، نَسْجُدُ لَكَ نُمَجِّدُكَ، نَشْكُرُكَ مِنْ أَجْلِ عَظِيمِ جَلَالِ مَجْدِكَ.
O Lord King, heavenly God, Father Almighty; O Lord, the only begotten Son, Jesus Christ; and the Holy Spirit.	أَيُّهَا الرَّبُّ المَلِكُ، السَّمَاوِيُّ، الإِلَهُ، الآبُ الضَّابِطُ الكُلِّ. أَيُّهَا الرَّبُّ الإِبْنُ الوَحِيدُ، يَا يَسُوعَ المَسِيحُ، وَيَا أَيُّهَا الرُّوحُ القُدُّسُ.
O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy on us, thou that takest away the sins of the world.	أَيُّهَا الرَّبُّ الإِلَهُ، يَا حَمَلَ اللَّهِ يَا ابْنَ الآبِ، يَا رَافِعَ خَطِيئَةِ العَالَمِ ارْحَمْنَا، يَا رَافِعَ خَطَايَا العَالَمِ.
Receive our prayer, Thou that sittest at the right hand of the Father, and have mercy on us.	تَقَبَّلْ تَصَرُّعَنَا أَيُّهَا الجَالِسُ عَنِ يَمِينِ الآبِ وَارْحَمْنَا.
For Thou only art holy, Thou only art the Lord, O Jesus Christ, to the Glory of God the Father. Amen.	لَأَنَّكَ أَنْتَ وَحْدَكَ قُدُّوسٌ، أَنْتَ وَحْدَكَ الرَّبُّ يَسُوعُ المَسِيحُ، فِي مَجْدِ اللَّهِ الآبِ، آمِينَ.
Every day will I bless Thee, and I will praise Thy Name forever; yea forever and ever.	فِي كُلِّ يَوْمٍ أَبَارِكُكَ، وَأَسْبِّحُ اسْمَكَ إِلَى الأَبَدِ، وَإِلَى أَيْدٍ الأَبَدِ.
Vouchsafe, O Lord, to keep us this day without sin.	أَهْلُنَا يَا رَبُّ أَنْ نُحْفَظَ فِي هَذَا اليَوْمِ بِغَيْرِ خَطِيئَةٍ.
Blessed art Thou, O Lord, the God of our Fathers, and praised and glorified is Thy Name forever. Amen.	مُبَارَكٌ أَنْتَ يَا رَبُّ إِلَهَ آبَائِنَا، وَمُسَبِّحٌ وَمُمَجَّدٌ اسْمُكَ إِلَى الأَبَدِ، آمِينَ.
Let Thy mercy be upon us, O Lord, even as we have set our hope on thee.	لِتَكُنْ يَا رَبُّ رَحْمَتُكَ عَلَيْنَا، كَمَا كُنَّا نَتَوَكَّلُ عَلَيْكَ.
Blessed art Thou, O Lord: teach me Thy statutes. (thrice)	مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمْنِي حُقُوقَكَ. (ثَلَاثًا)
Lord, Thou hast been our refuge from generation to generation. I said: Lord, be merciful unto me; heal my soul, for I have sinned against Thee.	يَا رَبُّ مَلْجَأُ كُنْتُمْ لَنَا فِي جِيلٍ وَجِيلٍ، أَنَا قُلْتُ يَا رَبُّ ارْحَمْنِي وَاشْفِ نَفْسِي لِأَنِّي قَدْ خَطِئْتُ إِلَيْكَ.
Lord, I have fled unto Thee; teach me to do Thy will, for Thou art my God.	يَا رَبُّ إِلَيْكَ لَجَأْتُ فَعَلَّمْنِي أَنْ أَعْمَلَ رِضَاكَ، لِأَنَّكَ أَنْتَ هُوَ إِلَهِي.
For with Thee is the fountain of life; in Thy light shall we see light.	لِأَنَّ مِنْ قِبَلِكَ عَيْنَ الحَيَاةِ، وَبِنُورِكَ نَعَايُنُ النورِ.
O continue Thy mercy unto them that know Thee. Holy God, Holy Mighty, Holy Immortal: have mercy on us. (thrice)	فَابْسُطْ رَحْمَتَكَ عَلَى الَّذِينَ يَعْرِفُونَكَ. قُدُّوسُ اللَّهِ، قُدُّوسُ القَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا. (ثَلَاثًا)
Glory to the Father, and to the Son, and to the Holy Spirit.	المَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ القُدُّوسِ.
Both now and ever, and unto ages of ages. Amen.	الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ، آمِينَ.
Holy Immortal, have mercy on us.	قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا.
Holy God, Holy Mighty, Holy Immortal: have mercy on us.	قُدُّوسُ اللَّهِ، قُدُّوسُ القَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا.
TROPARION IN TONE FOUR	طُروبَارِيَّةٌ بِاللحنِ الرَّابِعِ
Today is Salvation come into the world. Let us sing praises to Him Who arose from the grave, the Author of our life; for having by death destroyed death, He hath given us victory and Great Mercy.	اليَوْمَ صَارَ الخِلاصُ للعَالَمِ فَلنُسَبِّحُ الَّذِي قامَ مِنَ القَبْرِ، عُنْصُرَ حَيَاتِنَا، لِأَنَّهُ إِذْ قَدْ حَطَّمَ المَوْتَ بِالْمَوْتِ، مَتَّحْنَا الظَّفَرَ وَالرَّحْمَةَ العُظْمَى.