

# St. George Orthodox Church

5191 Lennon Road • Flint, MI 48507 • (810) 732-0720

Web Site: [saintgeorgeflint.org](http://saintgeorgeflint.org)

V. Rev. Father Joseph M. Abud, Pastor

Protodeacon Michael Bassett

February 24, 2019

## 2<sup>ND</sup> PRE-LENTEN SUNDAY: PRODIGAL SON الإبن الشاطر 1<sup>ST</sup> AND 2<sup>ND</sup> DISCOVERIES OF JOHN THE BAPTIST HONORABLE HEAD

Tone - 6 6<sup>th</sup> Matins Gospel {Luke 24:36-53}

Altar Servers: **EVERYONE**

Confessions  
8:30-9:30am

Matins p.44  
8:50am

Divine Liturgy p.91  
10:00am

Memorial Service  
Trisagion p.183

**Welcome to St. George!** Thank you for attending today's Divine Liturgy. Please register your visit by completing the guest book located in the narthex. We would appreciate getting to meet you, so feel free to join us during Coffee Fellowship in our Banquet Center!

Every Sunday we remember the Resurrection of our Lord and Savior Jesus Christ. The word "Liturgy" means *work of the people* that means everyone participates through singing, praying, hearing the teaching, and opening our hearts to allow God's grace to enter. We believe Holy Communion to be a sign that in Christ we have all things in common, share an identical faith, and are united fully to the Orthodox Church. Anyone interested in learning more about our faith are encouraged to speak with one of our clergy. Holy Communion can be given to Orthodox Christians who have prepared themselves through prayer, fasting (no food or drink from midnight the night before), the Sacrament of Confession (7 years and older) within the last 2 months, being at peace with others, and attending the Divine Liturgy regularly. Please know everyone is invited to venerate the Holy Cross and receive Holy Bread at the end of Liturgy.

In the **Divine Liturgy of St. John Chrysostom** {*the Golden-Mouth*},  
we sing the following Special Hymns for today:

### Third Antiphon (during the Little Entrance)

#### **Troparion of the Resurrection—Tone 6**

When Mary stood at Thy grave looking for Thy sacred body, angelic powers shone above Thy revered tomb and the soldiers who were to keep guard became as dead men. Thou led Hades captive and was not tempted thereby. Thou didst meet the Virgin and didst give life to the world. O Thou who art risen from the dead, O Lord glory to Thee.

### Hymns after the Entrance with the Gospel

#### **Troparion of the Resurrection—Tone 6** (*same as above*)

إن القوات الملائكية ظهروا على قبرك الموقر. والحراس صاروا كالأموات. ومريم وقفت عند القبر طالبةً جسدك الطاهر. فسييت الجحيم ولم تجرب منها وصادقت البتول مانحاً الحياة. فيا من قام من بين الأموات يا رب المجد لك.

#### **Troparion for St. John—Tone 4**

Verily from the earth rose the head of the Forerunner, bequeathing to believers incorruptible rays of healing, gathering the crowds of angels from above and calling below the race of mankind to address their voices in unison in glory to Christ God.

لَقَدْ بَرَعَتْ هَامَةُ السَّابِقِ مِنْ جَوْفِ الْأَرْضِ، فَأَسْرَقَتْ لِلْمُؤْمِنِينَ بِأَشِعَّةِ الْأَشْفِيَةِ وَعَدَمِ الْبَلَى، وَهِيَ تَجْمَعُ جَمَاهِيرَ

الملائكة من العلاء، وتَدْعُو كُلَّ جَنَسِ الْبَشَرِ مِنْ تَحْتِ، لِإِلْتِمَاعِ مَعًا، لِكَيْ يُمَجِّدُوا الْمَسِيحَ الْإِلَهَ بِأَصْوَاتٍ مُتَّفِقَةٍ.

#### Troparion for St. George—Tone 4

As deliverer of captives and defender of the poor, healer of the infirm, champion of kings: Victorious Great Martyr George, intercede with Christ our God, for our souls' salvation.

بما أنك للمأسورين محرر ومعتق، وللفقراء والمساكين عاضد وناصر، وللمرضى طبيب وشاف، وعن المؤمنين مكافح ومحارب، أيها العظيم في الشهداء جارجيوس اللابس الظفر، تشفع إلى المسيح الإله في خلاص نفوسنا.

#### Kontakion of the Prodigal Son—Tone 3

Foolishly I sprang away from Thy great fatherly glory, and dispersed in wicked deeds the riches that Thou didst give me. With the Prodigal, I therefore cry unto Thee now: I have sinned against Thee, O compassionate Father. But receive me in repentance; make me as one of Thy hired servants, O Lord.

إِذْ عَصَيْتُ مَجْدَكَ الْأَبَوِيَّ بِجَهْلٍ، وَبِالْمَعَاصِي بَدَّدْتُ غِنَاكَ الَّذِي أُعْطَيْتَ، فَبَصَوْتُ الْإِبْنَ الشَّاطِرِ إِلَيْكَ أَهْتَفَ: أَيُّهَا الْأَبُ الرَّؤُوفُ، خَطِئْتُ نَحْوَكَ، فَاقْبَلْ مِنِّي التَّوْبَةَ وَاجْعَلْنِي كَأَحَدِ أَجْرَائِكَ.

**Epistle Reading:** 2 Corinthians 4:6-15 {for St. John the Baptist}

**Gospel Reading:** Luke 15:11-32 {2<sup>nd</sup> Pre-Lenten Sunday: Prodigal Son}

#### Holy Bread Offerings

- The daughters of **Mary** Salim for the health of their families and in loving memory of their Mother, Sitto, and Sit-Sitto (6 month) ~ *may her memory be eternal!*
- Dannie and Lubna Jones for the health of their family and in loving memory of **Allen** Rudy Jones (1 year, Dannie's father).
- Khaled and Sally and family for the health of their family and in loving memory of **Rahma** Albedd (13 years, Sally's grandmother).
- Protodeacon Michael and Pam Bassett for the health of their family and in loving memory of **Subdeacon Nicholas** Abdella (20 year), **Louise** Veale (15 year, Pam's mother), and **Rasmia** Thabet (21 year, Dn. Mike's grandmother).
- We also pray for the servants of God who have fallen asleep in the Lord: **Zuheir** Khair (+January 17<sup>th</sup>, son-in-law of George and Blanka Abuaita) and **Samira** Abufarha (+February 8<sup>th</sup>, sister-in-law of Ibrahim and Eman Abufarha).
- Prayers are offered for our parishioners who are ill, recovering, or in need, especially His servants: **Metropolitan Paul** and **Archbishop John** who are in captivity, **Bishop Alexander** (Ottawa and Eastern Canada, and Upstate New York), **Laila** and **Sahar** Abdallah, **Androlla** Abu Aita, **Asma** Abuaita (sister of Janett Abuaita), **Cesar** and **Naila** Banna, **Emil** Bathish, **Alex** and **Panayiotis** Deligorges, **Vera** Farah, **Betty** Froberg, **Mariam** Ghanim (Manal's mother), **Phyllis** Good, **Carol** Haddad, **Roland** Haddad, **Patti** Harris, **Daisy** Isaac, **Nawal** and **Nemer** Iseid, **Sally** Joseph, **Nakhleh** Khoury, **Nicola** Khoury, **Danny** Mortensen, **George** and **Renee** Nassif, **Aida** Raffoul, **Elaine** Shaheen, **Eva** Saseen (niece of George and Jeanette Nassif), **Michael** and **Nancy** Silpoch, **William** Sophia Jr., and **Lois** Teunion; **Hanna**, **Jenny** and newborn **Rosalina** Abuaita (February 1<sup>st</sup>); **Rami**, **Walaa** and newborn **Iyan** Khoury (February 1<sup>st</sup>).
- We also pray for those who are with child: **Ola** (Michael) Alqazaha, Dr. **Lindsey** (Dr. Ryan) Brunner, **Katrina** (Gary) Gagne, **Diana** (Ayman) Khair, **Natalie** (Shadi) Qumsieh, and **Sandy** (Raad) Qumsieh {daughter of Issa and Esperanza}.

### Communion Hymn (for the Lord's Day)

(Refrain) Praise the Lord from the heavens. Praise Him in the highest.

(Verse) Praise Him, all His angels; praise Him, all His hosts! (Refrain)

(Verse) Praise Him, sun and moon; praise Him, all you shining stars! (Refrain)

(Verse) Praise Him, you highest heavens, and you waters above the heavens! (Refrain)

Alleluia, Alleluia, Alleluia.

### Reception of Holy Communion

Please remember only ORTHODOX CHRISTIANS who have PREPARED themselves may partake of Holy Communion. *"But let a man examine himself, and so let him eat of the bread and drink of the cup. For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord's body."* (1 Corinthians 11:28-29). If you are physically able, please remain standing during Holy Communion.

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## ANNOUNCEMENTS

COFFEE FELLOWSHIP is not hosted today ☹️. Please offer a donation to help cover our costs, thank you!

COFFEE FELLOWSHIP HOSTS Available dates: March 10<sup>th</sup> and 17<sup>th</sup> ~ sign-up poster and hosting information is in the Lounge and includes: bringing whatever you wish to serve and cleaning up afterwards. St. George provides coffee, cups, cream, and sugar at a charge to the host of \$25. For more information, see Manal Abuaita. *Cheesefare Sunday is March 10<sup>th</sup>, no meat products are to be served. During the Great Fast (March 11<sup>th</sup> – April 27<sup>th</sup>), no meat, poultry, eggs, dairy, fish, or their by-products are served.*

## PRE-LENTEN HAFLI

THIS Saturday, March 2<sup>nd</sup> 6pm-12am Delicious dinner, music, fun, and fellowship. Adults \$30 children 12 and under \$15. Let's all celebrate together before the Great Fast begins! Get your tickets TODAY!

### COMING EVENTS

This Week	Today is <b>Meat-Fare Sunday</b> , the last day we eat <i>meat, poultry, and their by-products</i> until Pascha (April 28 <sup>th</sup> ). <i>Eggs, dairy, fish, wine, olive oil and their by-products</i> are allowed on all days this week.
Monday	<b>Bible Study: Acts of the Apostles</b> 6-8pm
Tuesday	<b>North End Soup Kitchen</b> 9am-12:30pm
Wednesday	<b>Arabic/English Bible Study: Acts of the Apostles</b> 12-2pm <b>SOYO Wednesday</b> 6:30-8:30pm
Fri-Sun.	We host the <b>Midwest Diocesan Spring Gathering with Bishop Anthony</b>
Saturday	<b>Great Vespers and Confessions</b> 5pm Pre-Lenten <b>HAFLI</b> follows

**TURATH: ARAB-AMERICAN STORY IN SONG** (see flier in Lounge) March 16<sup>th</sup> at the Flint Institute of Music MacArthur Recital Hall beginning at 7:30pm. The performance is free of charge. For more information, please call the Arab-American Heritage Council at 810-235-2722.

**CREDIT AND DEBIT CARDS** We can make donations and purchases by Credit or Debit Card. This can be done by coming to the office or calling 810-732-0720 during Office Hours (see below).

➤ **OFFICE HOURS** Our office manager, Kelly Dotson, works on Mondays, Thursdays, and Fridays (10am-4pm); Tuesdays and Wednesdays (1pm-4pm).

# How to Forgive

## We must put aside all resentment

*by Abbot Tryphon, head of All-Merciful Savior Monastery on Vashon Island, Washington*

*“Don’t repay evil for evil. Do not retaliate when people say unkind things about you. Instead, pay them back with a blessing. That is what God wants you to do, and he will bless you for it.” (1 Peter 3:9)*

The decision to forgive another person a wrong done to us begins when we decide to let go of resentment and thoughts of revenge. To forgive someone does not mean that we forget what they did to us, for this may be impossible. The memory of the hurt might always remain with you, but when you decide to forgive the person who wronged you, the grip of resentment is put aside. When we forgive someone, it is even possible the find yourself filled with compassion and empathy for the person; for the act of forgiveness opens the heart to God’s grace.

When we forgive someone, we are not denying their responsibility for hurting or offending us, nor are we justifying their act. We can forgive them without approving or excusing their transgression against us. The act of forgiving another opens our heart to the peace that brings closure to hurt and pain, and opens us up to the love and peace that comes from living a life without resentment.

If we find ourselves struggling to forgive, it is a good reminder to recall those hurtful things we have done to others, and remember when we have been forgiven. It is especially good to recall how God has forgiven us, and call upon Him to give us the grace needed to put aside our resentment, and truly forgive the other person. Being quick to forgive, and putting aside all thoughts of revenge will open our heart to a joyful and peaceful life.

Finally, if we pray for those who have offended us, we open the door to all kinds of possibilities. When we ask God to help the person who has been unkind and hurtful, our own hearts receive healing, for when we have forgiven others, grace abounds.

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- If you know of a parishioner who has given birth, fallen ill, or admitted to the hospital, please call the church office or let Father Joe know.
- If you would like to host Coffee Fellowship in memory of a loved one, the occasion of a birthday, a wedding anniversary, or in thanksgiving to God, sign up on the poster in the Lounge or speak with Manal Abuaita.

# OUR JOURNEY TO PASCHA! 2019

Created by Fr. Jonathan Bannon (ACROD)

## SUNDAYS

## THEMES / GOSPEL READING

## HOW TO PARTICIPATE:

Fast - Free Week  
**FEBRUARY 17th**



*TRIODION WEEKS*  
**Publican and the Pharisee**  
Reading: 2 Timothy 3: 10-15  
Gospel: Luke 18: 10-14

Trust in God, not yourself!  
Ask for His help before every task this week!

Normal Fast Week  
**FEBRUARY 24th**



**The Prodigal Son Returns!**  
Reading: 1 Corinthians 6: 12-20  
Gospel: Luke 15: 11-32

Schedule a Confession.  
Use up/freeze meats this week.

Meatfare  
**MARCH 3rd**  
FAREWELL TO MEAT TODAY



**The Last Judgment**  
Reading: 1 Corinthians 8: 8-9; 2  
Gospel: Matthew 25: 31-46

Pray facing East this week.  
Christ is returning from the East and we wait for Him!  
Use up/freeze dairy this week.

Cheesefare  
**MARCH 10th**  
FAREWELL TO CHEESE TODAY



**Adam and Eve are cast from Paradise!**  
*FORGIVENESS SUNDAY*  
Reading: Romans 13: 11-14; 4  
Gospel: Matthew 6: 14-21

Ask each other for forgiveness each evening this week before bed.

1st Sunday of Lent  
**MARCH 17th**



*GREAT FAST BEGINS WITH FORGIVENESS VESPERS*  
**SUNDAY of ORTHODOXY**  
Reading: Hebrews 11: 24-26, 32-12:2  
Gospel: John 1: 43-51

Bring an icon to church for a procession.

2nd Sunday of Lent  
**MARCH 24th**



**ST GREGORY PALAMAS**  
Reading: Hebrews 1:10-2:3  
Gospel: Mark 2: 1-12

Bring a prayer rope to be blessed today!  
Use it and pray the Jesus Prayer each day this week.

3rd Sunday of Lent  
**MARCH 31st**



**VENERATION OF THE HOLY CROSS**  
*HALF WAY TO PASCHAI*  
Reading: Hebrews 4: 14-5: 6  
Gospel: Mark 8:34-9: 1

Wear your cross to church and kiss the cross each morning with a bow!

4th Sunday of Lent  
**APRIL 7th**



**ST JOHN of the LADDER**  
Reading: Hebrews: 6:13-20  
Gospel: Mark 9: 17-31

Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!

5th Sunday of Lent  
**APRIL 14th**



**ST MARY of EGYPT**  
Reading: Hebrews 9: 11-14  
Gospel: Mark 10: 32-45

Ask the Theotokos to offer you and the world pure thoughts and ideas this week.

FLOWERY (PALM) SUNDAY!  
**APRIL 21st**  
GREAT WEEK BEGINS



*GREAT AND HOLY WEEK*  
**ENTRY OF OUR LORD INTO JERUSALEM**  
Reading: Philippians 4: 4-9  
Gospel: John 12: 1-18

Place your palm branches and pussywillows behind an icon at home and in your car!

GREAT AND HOLY FRIDAY  
**APRIL 26th**



**GREAT AND HOLY FRIDAY**  
*JESUS DIES ON THE CROSS*  
CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE

Refrain from TV, Internet, & Phones to honor Christ's Death.

FEAST OF FEASTS!  
**APRIL 28th**  
NO FASTING!



*BRIGHT WEEK*  
**HOLY PASCHA! (CHRIST IS RISEN!)**  
Epistle: Acts 1:1-8 Gospel: John 1: 1-17

Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!