

ST. GEORGE ORTHODOX CHURCH



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saintgeorgeflint.org

February 22 2026

SATURDAY: VESPER SERVICE @ 400 P.M.

SUNDAY: ORTHROS @ 8:50 A.M. - DIVINE LITURGY @ 10:00 A.M.

CONFESSION BY APPOINTMENT

V. REV. FR. AMIN HOULI

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REV. FR. MICHAEL BASSETT

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Welcome to St. George! Thank you for attending today's Divine Services. If you are a first-time visitor, please register your visit by completing the guest book located in the narthex. We would appreciate getting to meet you after liturgy, so feel free to join us during Coffee Fellowship! Every Sunday we remember the Resurrection of our Lord and Savior Jesus Christ. The word "Liturgy" means work of the people that means everyone participates through singing, praying, hearing the teaching, and opening our hearts to allow God's grace to enter. Anyone interested in learning more about our faith are encouraged to speak with one of our clergy.

Guidelines for Receiving Holy Communion for Orthodox Christians: Orthodox Christians fully participate in the celebration of the Eucharist by receiving Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly prepared to receive Holy Communion, the faithful should fast (no food or drink from midnight the night before), the Sacrament of Confession (7 years and older) within the last 2 months, being at peace with others, and striving to always love God and their neighbor. Frequent communion and regular confession are recommended for all faithful Orthodox Christians.

For other Christians: We welcome you to this celebration of the Divine Liturgy. Unfortunately we cannot extend to you a general invitation to receive Holy Communion. Orthodox Christian's believe that the Eucharist is an action of the celebrating community signify-

ing a oneness in faith, life, and worship of our community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, but for which we must all pray. All, however, are welcome to partake of the blessed bread (antidoron) which will be given when coming forward to venerate (kiss) the Holy Cross and receive the final blessing from the priest. Again, welcome!

**SUNDAY OF FORGIVENESS (CHEESE FARE)
UNCOVERING OF THE SEVEN MARTYRS' RELICS AT GATE OF
EUGENIOS IN CONSTANTINOPLE; MARTYR ANTHUSA AND HER
TWELVE SERVANTS**

RESURRECTIONAL APOLYTIKION IN TONE FOUR

Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

أبوليتيكيون القيامة باللحن الرابع
إِنَّ تَلْمِيزَاتِ الرَّبِّ تَعَلَّمْنَ مِنَ الْمَلَائِكَةِ الْكَرَّزَ بِالْقِيَامَةِ الْبَهْجِ، وَطَرَحْنَ الْقَضَاءَ الْجَدِيَّ، وَخَاطَبْنَ الرَّسُلَ
مُفْتَخِرَاتٍ وَقَائِلَاتٍ: سُبِّحِ الْمَوْتُ وَقَامَ الْمَسِيحُ إِلَهُ، وَمَنَحَ الْعَالَمَ الرَّحْمَةَ الْعُظْمَى.

TROPARIAN OF ST. GEORGE IN TONE FOUR

As deliverer of captives and defender of the poor, healer of the infirm, champion of kings, Victorious Great Martyr George, intercede with Christ our God for our souls' salvation.

طروبارية القديس جاورجيوس على اللحن الرابع
بِمَا أَنْكَ لِلْمَأْسُورِينَ مُحَرَّرٌ وَمَعْتَقٌ، وَلِلْفُقَرَاءِ وَالْمَسَاكِينِ عَاضِدٌ وَنَاصِرٌ، وَلِلْمَرْضَى طَبِيبٌ وَشَافٍ، وَعَنْ
الْمُؤْمِنِينَ مَكَافِحٌ وَمَحَارِبٌ، أَيُّهَا الْعَظِيمُ فِي الشَّهَادَةِ جَاورْجِيُوسُ اللَّابِسُ الظُّفْرَ، تَشْفَعُ إِلَى الْمَسِيحِ إِلَهُ فِي
خِلَاصِ نَفُوسِنَا.

KONTAKION FOR SUNDAY OF FORGIVENESS IN TONE SIX

O Thou Who guidest to wisdom, and givest understanding and intelligence, the Instructor of the ignorant, and Helper of the poor, strengthen my heart and grant it understanding, O Master. Give me word, O Word of the Father; for behold, I shall not refrain my lips from crying to Thee, O merciful One, have mercy upon me who am fallen.

قنداق لأحد الغفران باللحن السادس
أَيُّهَا الْهَادِي إِلَى الْحِكْمَةِ، وَرَازِقُ الْفَهْمِ وَالْفِطْنَةِ، وَمُؤَدِّبُ الْجُهَالِ، وَعَاضِدُ الْمَسَاكِينِ، شَدِّدْ وَقَهِّمْ قَلْبِي أَيُّهَا
السَّيِّدُ، وَأَعْظِنِي كَلِمَةً يَا كَلِمَةَ الْآبِ، لِأَنَّي هَاأَنْدَا لَا أَمْنَعُ شَفَتِي مِنَ الصَّرَاحِ إِلَيْكَ: يَا رَحُومٌ، ارْحَمْنِي أَنَا
الْوَاقِعُ.

THE EPISTLE

(For the Sunday of Forgiveness)

O Lord, how magnified are Thy works.

In wisdom hast Thou made them all.

Bless the Lord, O my soul.

The Reading from the Epistle of St. Paul to the Romans. (13:11-14:4)

Brethren, now is our salvation nearer than when we believed. The night is far spent, the day is at hand. Let us therefore cast off the works of darkness, and let us put on the armor of light. Let us walk becomingly, as in the day, not in reveling and drunkenness, not in chambering and licentiousness, not in strife and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh to fulfill its lusts. But as for the one who is weak in faith, receive him, but not for disputes over opinions. For one believes he may eat anything; but the weak person eats herbs. Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him. Who are you to be the judge over the servant of a stranger? To his own master he either stands or falls; but he will be made to stand; for God is able to make him stand.

الرسالة

لأحد الغفران

ما أعظم أعمالك يارب، كلها بحكمة صنعْتَ.

باركي يا نفسي الرب.

فصل من رسالة القديس بولس الرسول إلى أهل رومية. (14:4-13:11)

يا إخوة، إن خلاصنا الآن أقرب مما كان حين آمنّا. قد تناهى الليل واقترب النهار، فنندع عنا أعمال الظلمة ونلبس أسلحة النور. لنسكن سلوكاً لائقاً كما في النهار، لا بالقصوف والسكر، ولا بالمضاجع والعهر، ولا بالخصام والحسد، بل لبسوا الرب يسوع المسيح ولا تهتموا بأجسادكم لقضاء شهواتها. من كان ضعيفاً في الإيمان فاتخذوه بغير مباحثة في الآراء. من الناس من يعتقد أن له أن يأكل كل شيء، أما الضعيف فيأكل بقولاً. فلا يزدري الذي يأكل من لا يأكل ولا يدين الذي لا يأكل من يأكل، فإن الله قد اتخذه. من أنت يا من تدين عبداً أجنبياً؟ إنه لمولاه يثبت أو يسقط. لكنه سيثبت لأن الله قادر على أن يثبتهُ.

THE GOSPEL

(For the Sunday of Forgiveness)

The reading from the Holy Gospel according to St. Matthew. (6:14-21)

The Lord said to His Disciples: If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father Who is in secret; and your Father Who sees in secret will reward you. Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also.

(الإنجيل) لأحد الغفران)

فَصَلِّ شَرِيفًا مِنْ بَشَارَةِ الْقَدِيسِ مَتَى الْإِنْجِيلِي الْبَشِيرِ وَالتَّلْمِيزِ الطَّاهِرِ. (21-6:14)
قَالَ الرَّبُّ: إِنْ غَفَرْتُمْ لِلنَّاسِ زَلَّاتِهِمْ، يَغْفِرُ لَكُمْ أَبُوكُمْ السَّمَاوِيِّ أَيْضًا. وَإِنْ لَمْ تَغْفِرُوا لِلنَّاسِ زَلَّاتِهِمْ، فَأَبُوكُمْ أَيْضًا لَا يَغْفِرُ لَكُمْ زَلَّاتِكُمْ. وَمَتَى صُمْتُمْ، فَلَا تَكُونُوا مُعَبِّسِينَ كَالْمُرَائِينَ. فَإِنَّهُمْ يَنْكُرُونَ وَجُوهَهُمْ لِيُظْهِرُوا لِلنَّاسِ صَائِمِينَ. الْحَقُّ أَقُولُ لَكُمْ، إِنَّهُمْ قَدْ أَخَذُوا أَجْرَهُمْ. أَمَا أَنْتَ فَإِذَا صُمْتَ، فَادْهَنْ رَأْسَكَ وَاغْسِلْ وَجْهَكَ لِيَلَّا تَظْهَرَ لِلنَّاسِ صَائِمًا، بَلْ لِأَبِيكَ الَّذِي فِي الْخَفِيَّةِ، وَأَبُوكَ الَّذِي يَرَى فِي الْخَفِيَّةِ يُجَازِيكَ عِلَانِيَةً. لَا تَكْنُزُوا لَكُمْ كُنُوزًا عَلَى الْأَرْضِ، حَيْثُ يُفْسِدُ السُّوسُ وَالْأَكَلَةُ وَيَنْقُبُ السَّارِقُونَ وَيَسْرِقُونَ. لَكِنْ اكْنُزُوا لَكُمْ كُنُوزًا فِي السَّمَاءِ حَيْثُ لَا يُفْسِدُ سَوْسٌ وَلَا أَكَلَةٌ وَلَا يَنْقُبُ السَّارِقُونَ وَلَا يَسْرِقُونَ. لِأَنَّهُ حَيْثُ تَكُونُ كُنُوزُكُمْ، هُنَاكَ تَكُونُ قُلُوبُكُمْ.

Sunday of Forgiveness

On February 22 in the Holy Orthodox Church, we commemorate the uncovering of the Seven Martyrs' relics at Gate of Eugenios in Constantinople; and Martyr Anthusa and her twelve servants. On this day, we make remembrance of the exile of the first-fashioned, Adam, from the Paradise of delight.

Verses

Let the world mourn bitterly along with ages past;

As, by sweet eating, it hath fallen along with those who had fallen.

It is the Sunday of Forgiveness, known also as Cheese Fare Sunday. Today's lesson from the Holy Gospel teaches us about forgiveness and fasting, and how both are crucial to our own return to Paradise. The divine Fathers also set the anniversary of the exile of Adam from the Paradise of bliss on this day,

at the entrance of Great Lent, to show us by deed as well as word how great is the benefit that accrues to man from fasting and repenting; and, on the contrary, how great the harm that comes from destructive gluttony and from disobedience to the divine commandments. The sin of gluttony resulted in Adam and Eve's banishment from Paradise, because they disobeyed God by eating from the tree which He had forbidden them. The Church reminds us of this event to encourage us to return to that ancient glory and primeval happiness by means of fasting and obedience to God and His commandments.



FOR BLESSING HOMES

For blessing homes Contact Fr. Amin @ 248 709 1186/ Fr Michael @ 989 627 9580/or the office @ 810 732 0720.

MENS SOCIETY

March 10th 2026- Men's fellowship.

Topic is: Can the Bible be forged?

CHURCH SCHOOL

This Sunday is Forgiveness Sunday. We would like as many of us and all our children to participate. With that being said, the teachers and staff will go back to the church school like usual, and as soon as liturgy and the memorials are done, we will go back into the church. All children will go and sit with their parents until the service is done.

Thank you,
Mrs. Janet



Guarding the Mind

From Inner Watchfulness to Living as Light

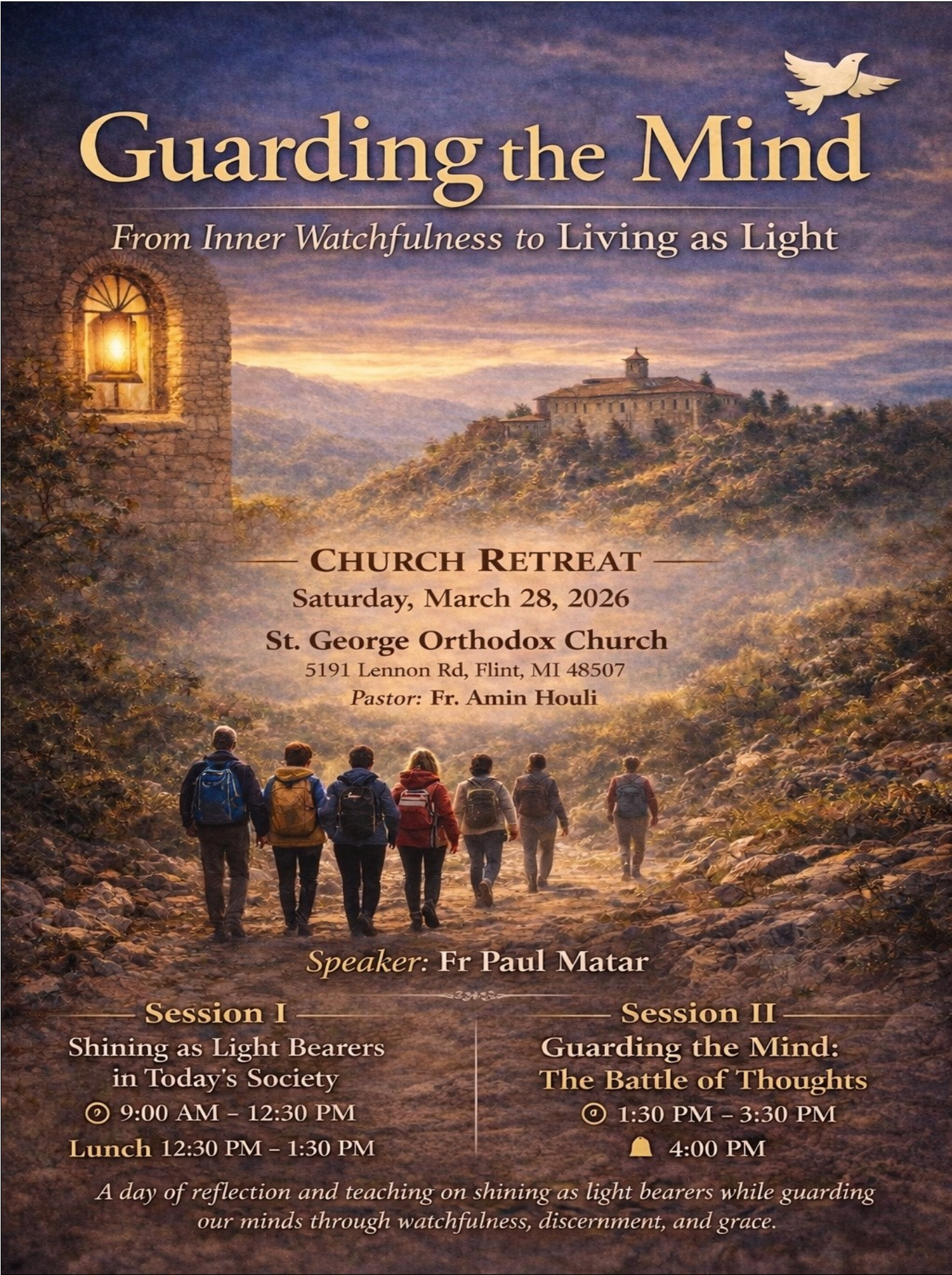
— CHURCH RETREAT —

Saturday, March 28, 2026

St. George Orthodox Church

5191 Lennon Rd, Flint, MI 48507

Pastor: Fr. Amin Houli



Speaker: Fr Paul Matar

— Session I —

Shining as Light Bearers
in Today's Society

☉ 9:00 AM – 12:30 PM

Lunch 12:30 PM – 1:30 PM

— Session II —

Guarding the Mind:
The Battle of Thoughts

☉ 1:30 PM – 3:30 PM

🔔 4:00 PM

A day of reflection and teaching on shining as light bearers while guarding our minds through watchfulness, discernment, and grace.



TEEN SOYO:
SATURDAY, FEBRUARY 28
LOCATION: CHURCH
TEEN SESSION 1 WITH FR. CHRIS
1:00-2:00 PM
BREAK AND SNACKS
2:00-2:30 PM
TEEN SESSION 2 WITH FR. CHRIS
2:30-3:30 PM
VESPERS
4:00 PM
TEEN SESSION 3 WITH FR. CHRIS
5:00
DINNER WITH TEENS
6:00 PM

YAF:
SUNDAY, MARCH 1
DIVINE LITURGY
10:00 AM
AFTER LITURGY:
LUNCH WITH FR. CHRIS
AFTER LUNCH:
SESSION WITH FR. CHRIS FOR THE
YOUNG ADULTS

SOYO and YAF bring young people together for worship, fellowship, and growth in the Orthodox faith. Come join us!

CONTACT CEZAR ABUAITA FOR ANY QUESTIONS:
CEZAR: (810) 986 1434

Holy Oblation Offering

- For the health of Ayman and Wafaa Elias and the health of their family here and abroad and in loving memory of Elias (24yr).
- Salim and Rahmeh Rashmawi for their health and the health of Abraham, and in loving memory of Sally (1 yr).
- For the health of the Abud Family, their friends and family, and in loving memory of Laila Abud (1yr).
- For the health of Ziyad, Mary, Issa, Melissa, Mario, Isabella, Marlin, Maha, Reem, Sheffa, and Andy, and in loving memory of Nadia Ibrahim (6m) Wadie, Nabil ,George, Rogina, and Nassim.
- All member of St. George church.

PRAYER LIST

Prayers are offered for our parishioners who are ill, recovering, or in need, especially His servants: Sahar Abdallah, Abeer Abuaita, Issa and Jane Abueita, Soad Abuaita, Philip and Janett Abuaita, Rasha Abuaita, Sami and Shafiq Abuaitah, Georgette Abueita, Youssif Abousamra, Fr. Joseph Abud, Munther Al-Kahush, Elia and Nadia Awwad, Naila Banna, Tareq Ziad Bannoura, Fr. Gabriel Bilas, Kristy Corcoran, Vera Daoud, James (Jimmy) David, Archimandrite Jeremy Davis, Subdeacon George and Suad Gantous, Phyllis Good, Patty Harris, Daisy Isaac, Linda Jamra, Joyce Mansour, Danny Mortensen, Karen Mortensen, Adam Odeh, Betty and Richard Ramsdale, Sdn. Dr. Elie and Samia Sadik, Edward Michael Salim, Kelly and Steve Sanderson, Cathy Sisco, Gary Stewart, Elaine Shaheen, Richard Shaheen, Nancy and Michael Silpoch, our Catechumens who are under instruction to become members of our Orthodox Faith: Tanner and Heavenly Roland, Alex Benoit, Katelyn Wells, Zach Richmond, and Keanan Springer. Our Expectant Parents: Letizia and Branden Jones, Nicole and Jeffrey Farah, Amira and Abdulla Farah, Anoud and Elias Qumseya, Natania and Rene Hanna, Heavenly and Tanner Roland, and Kari and Panagiotis Mikroudis.

Departed this life in the hope of the resurrection and life eternal Newly departed:

Lillian David (2/11), and Lurice Atallah Tadros.

Live Streaming of Divine Services

St. George is open for all parishioners and visitors. If you cannot attend, please pray with us through our livestream which can be seen on our YouTube Channel:

<https://www.youtube.com/c/SaintGeorgeOrthodoxChurchFlintMI>

If you have a smart TV, you actually have a web browser and YouTube app built in. All you have to do is start the browser app for YouTube and put the link in the address bar.