

# St. George Orthodox Church

5191 Lennon Road • Flint, MI 48507 • (810) 732-0720

V. Rev. Father Joseph M. Abud, Pastor

Protodeacon Michael Bassett

Web Site: [saintgeorgeflint.org](http://saintgeorgeflint.org)

March 18, 2018

**MARCH IS ANTIOCHIAN WOMEN'S MONTH**

**4<sup>TH</sup> SUNDAY OF THE GREAT FAST:**

**VENERABLE JOHN OF THE LADDER** القديس يوحنا السلمى

Tone 8

8<sup>th</sup> Matins Gospel {John 20:11-18}

Altar Servers: **EVERYONE** {Shane Gantos, captain}

Greeters and Ushers: **Areen Bathish, May Gantos, Amirah Hanna, and Najwa Joubran**

Confessions  
8:30-9:30am

Matins p.44  
8:50am

Divine Liturgy p.91  
10:00am

Memorial Service  
Trisagion p.183

**Welcome to St. George!** Thank you for attending today's Divine Liturgy. Please register your visit by completing the guest book located in the narthex. We would appreciate getting to meet you, so feel free to join us during Coffee Fellowship in our Banquet Center!

Every Sunday we remember the Resurrection of our Lord and Savior Jesus Christ. The word "*Liturgy*" means *work of the people* that means everyone participates through singing, praying, hearing the teaching, and opening our hearts to allow God's grace to enter. We believe Holy Communion to be a sign that in Christ we have all things in common, share an identical faith, and are united fully to the Orthodox Church. Anyone interested in learning more about our faith are encouraged to speak with one of our clergy. Holy Communion can be given to Orthodox Christians who have prepared themselves through prayer, fasting (no food or drink from midnight the night before), the Sacrament of Confession (7 years and older) within the last 2 months, being at peace with others, and attending the Divine Liturgy regularly. Please know everyone is invited to venerate the Holy Cross and receive Holy Bread at the end of Liturgy.

In the **Divine Liturgy of St. Basil the Great** (Bilingual sheets on the Narthex table), we sing the following **Special Hymns**:

**Third Antiphon** (during the Little Entrance)

**Troparion of the Resurrection—Tone 8**

From the heights Thou didst descend, O compassionate One, and Thou didst submit to the three-day burial that Thou might deliver us from passion. Thou art our life and our resurrection, O Lord, glory to Thee.

**Hymns after the Entrance with the Gospel**

**Troparion of the Resurrection—Tone 8** (*same as above*)

انحدرت من العلو يا مُتَحَيِّن. وقبَّلت الدفنَ ذا الثلاثةِ الأيام، لكي تُعْتَقِنَا من الآلام. فيا حياتنا وقيامتنا يا ربَّ المجدُّ لك.

**Troparion for St. John of the Ladder of Virtues—Tone 8**

The barren wilderness thou didst make fertile with the streams of thy tears; and by thy deep sighing thou hast given fruit through thy struggles a hundredfold. Accordingly, thou hast become a star for the universe, sparkling with miracles. Therefore, O righteous Father John Climacus, intercede with Christ God to save our souls.

للبرية غير المثمرة بمجاري دموعك أمرت. وبالتهدات التي من الأعماق أثمرت بأتعابك إلى مائة ضعف. فصرت كوكباً للمسكونة متألئاً بالعجائب يا أبانا البار يوحنا. فتشفع إلى المسيح الإله أن يخلص نفوسنا.

#### **Troparion for St. George—Tone 4**

As deliverer of captives and defender of the poor, healer of the infirm, champion of kings: Victorious Great Martyr George, intercede with Christ our God, for our souls' salvation.

بما أنك للمأسورين محرر ومعتق، وللفقراء والمساكين عاضد وناصر، وللمرضى طبيب وشافع، وعن المؤمنين مكافح ومحارب، أيها العظيم في الشهداء جاورجيوس اللابس الظفر، تشفع إلى المسيح الإله في خلاص نفوسنا.

#### **Kontakion for Annunciation & Sundays of the Great Fast—Tone 8**

To Thee the Champion Leader do I offer thanks of victory. O Theotokos, Thou who has delivered me from terror; but as Thou that has that power invincible, O Theotokos, Thou alone can set me free from all forms of danger; free me and deliver me. That I may cry unto Thee: Hail, O Bride without Bridegroom. إني أنا عبدك يا والدة الإله، أكتبُ لكِ راياتِ العَلْبَةِ، يا جُنْدِيَّةَ مُحَامِيَّةٍ، وَأَقْدِمُ لِكِ الشُّكْرَ كَمُنْقَذَةٍ مِنَ الشَّدَائِدِ. لَكِنْ بِمَا أَنَّ لِكِ العِزَّةَ الَّتِي لَا تُحَارَبُ، أَعْتَقِنِي مِنْ صَنُوفِ الشَّدَائِدِ، حَتَّى أَصْرَحَ إِلَيْكِ: إفرحي يا عروساً لا عروس لها

#### **Epistle Reading: Hebrews 6:13-20 {4<sup>th</sup> Sunday of the Great Fast}**

Reader: **Wafaa Elias** (Arabic) and **Leslee Abud** (English)

#### **Gospel Reading: Mark 9:16-30 {4<sup>th</sup> Sunday of the Great Fast}**

#### **Holy Bread Offerings**

- Najwa Joubran and family for the health of her family and in loving memory of father **Saleem** Hanna (32 years).
- Protodeacon Michael and Pamela Bassett for the health of his family especially son **Jonathan** on the occasion of his 37<sup>th</sup> birthday -- *May God grant him many years!*
- St. George Ladies Auxiliary for the health of their members and their families and in loving memory of their members who have fallen asleep in the Lord:

|                         |                        |                       |                          |                          |
|-------------------------|------------------------|-----------------------|--------------------------|--------------------------|
| <b>Sylvia</b> Abdella   | <b>Jellilah</b> Faris  | <b>Hillia</b> Joseph  | <b>Norma</b> Rynek       | <b>Beatrice</b> Shaheen  |
| <b>Sadie</b> Albert     | <b>Laura</b> Gantos    | <b>Rose</b> Joseph    | <b>Sadie</b> Salem       | <b>Madeleine</b> Shaheen |
| <b>Lourice</b> Beers    | <b>Rose</b> Gantos     | <b>Jean</b> Khouri    | <b>Freida</b> Seikaly    | <b>Zed</b> Shaheen       |
| <b>Betty</b> Brackett   | <b>Samira</b> Gantous  | <b>Amal</b> Kouby     | <b>Sadie</b> Salem       | <b>Gladys</b> Shemes     |
| <b>Kamelia</b> Brackett | <b>Lucy</b> Ghattas    | <b>Maria</b> Monkaba  | <b>Betty</b> Salim       | <b>Mamie</b> Shemes      |
| <b>Shyka</b> Brackett   | <b>Ann</b> Hackim      | <b>Martha</b> Newman  | <b>Norma</b> Salim Lazar | <b>Sadie</b> Shemes      |
| <b>Elizabeth</b> Farah  | <b>Patricia</b> Haddad | <b>Thelma</b> Nickola | <b>Nusra</b> Salim       | <b>Emeline</b> Shweiry   |
| <b>Feroze</b> Farah     | <b>Helen</b> Isaac     | <b>Leerese</b> Nicola | <b>Sadie</b> Salim       | <b>Sylvia</b> Sophia     |
| <b>Marie</b> Farah      | <b>Helen</b> Isaac     | <b>Lucile</b> Raffoul | <b>Vicky</b> Salim       | <b>Catherine</b> Touma   |
| <b>Yosra</b> Canasi     | <b>Pauline</b> Jehnsen | <b>Aida</b> Rojas     | <b>Miladeh</b> Salomon   | <b>Eva</b> Wakim         |
| <b>Pauline</b> Farah    | <b>Delores</b> Joseph  | <b>Mary</b> Romley    | <b>Adele</b> Samra       | <b>Gloria</b> Ward       |
| <b>Shafeeka</b> Farah   | <b>Esther</b> Joseph   | <b>Nora</b> Romley    | <b>Adel</b> Saseen       |                          |

- We also pray for the servants of God who have fallen asleep in the Lord: **Rudy** Jones (+February 6<sup>th</sup>, Dannie's father), **John** Isaac (+February 13<sup>th</sup>), and **George** Rutherford (+February 23<sup>rd</sup>, known to Protodeacon Michael).
- Prayers are offered for our parishioners who are ill, recovering, or in need, especially His servants: **Metropolitan Paul** and **Archbishop John** who are in captivity, **Sahar** Abdallah, **Androlla** Abu Aita, **Asma** Abuaita (sister of Janett Abuaita), **Shafiqa** Abuaitah, **Jane** Abueita, **Abla** Abufarha, **Maher**

Alatrash, **Cesar** and **Naila** Banna, **Emil** Bathish, **Alex** Deligorges, **Fadi** and **Micheline** El-Chaer, **Vera** Farah, **Mariam** Ghanim (Manal's mother), **Elaine** Gejoff, **Phyllis** Good, **Carol** Haddad, **Roland** Haddad, **Salwa** Haddad, **Daisy** Isaac, **Daniel** Isaac, **Nawal** Iseid, **Sally** Joseph, **Nakhleh**, **Nicola**, and **Saba** Khoury, **Chuck** Koory, **Danny** Mortensen, **George** and **Renee** Nassif, **Aida** Raffoul, **Elaine** Shaheen, **Deborah** and **Mary** Salim, **Widad** Salomon, **Michael** Silpoch, **William** Sophiea Jr., and **Lois** Teunion (wife of Bob).

- We also pray for those who are with child: **Dunyia** Abufarha (daughter-in-law of Ibrahim and Eman) **Ghaida** Awad, and **Rachel** Sackllah (daughter of Suheil and Abeer Abuaita).

### Reception of Holy Communion

Please remember only ORTHODOX CHRISTIANS who have PREPARED themselves may partake of Holy Communion. *“But let a man examine himself, and so let him eat of the bread and drink of the cup. For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord’s body.”* (1 Corinthians 11:28-29).

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## ANNOUNCEMENTS

**LADIES AUXILIARY FALAFEL LUNCH** Everyone is invited!!! All proceeds will go to their National Project: *Strengthening the Ministries of the Church: VOCATIONS* and in honor of all of their departed members. The costs: Adults/children 8 years and older \$7 each; Children 7 years and under \$5 each. Please be generous and support the wonderful and good works of our ladies!

**COFFEE FELLOWSHIP HOSTS** Available dates: March 25<sup>th</sup>, April 15<sup>th</sup>, and 29<sup>th</sup> ~ sign-up poster and hosting information is in the Lounge and includes: bringing whatever you wish to serve and cleaning up afterwards. St. George provides coffee, cups, cream, and sugar at a charge to the host of \$25. For more information, see Manal Abuaita. *During the Great Fast (February 19<sup>th</sup> – April 7<sup>th</sup>), no meat, poultry, eggs, dairy, fish (except March 25<sup>th</sup>), or their by-products are served.*

**LENTEN POTLUCK DINNERS** Our Ladies Auxiliary are hosting Lenten Potluck Dinners after our celebration of the Liturgy of the Presanctified Gifts. Please bring what is listed below according to the first letter of your last name. If you have any questions, please see or call our coordinators Anaam Abueita 810-962-1033 or Wafaa Elias 810-875-3398.

FOR WEDNESDAY, MARCH 21<sup>ST</sup>

| <u>A-E</u>           | <u>G-J</u>         | <u>K-R</u> | <u>S-Z</u> |
|----------------------|--------------------|------------|------------|
| Relish Dish or Bread | Salad or Side Dish | Main Dish  | Desserts   |

### CHURCH SCHOOL NEWS

- **Attention Parents:** We are in need of candy (to fit inside the plastic eggs) for our Pascha Egg Hunt, chocolate, and “Easter” baskets for our upcoming Palm Sunday Bake Sale on April 1<sup>st</sup>. If you will be baking for our bake sale, please drop your items off on Saturday, March 31<sup>st</sup> between 1-6pm. Money donations are also welcome to purchase items needed for both functions. Please drop off your donations this Sunday at the Church School Office. Parents, this is the only fundraiser we do all year! The funds raised buy all books, supplies, awards, and gifts ~ please consider donating. Thank you and God bless.

**HOLY SACRAMENT OF REPENTANCE (CONFESSION)** If you are 8 years or older, have been away from the Church, or have not had Confession in the last 2 months and desire to come back and

receive the Body and Blood of Christ, please remember you must offer a confession of your sins first. During the **Great Fast** is a perfect opportunity. For your convenience, Fr. Joe will be hearing confessions after Coffee Fellowship TODAY.

**Blessed are those who wash their (baptismal) robes, that they may have the right to the Tree of Life (Christ in Holy Communion). (Revelation 22:14)**

**CREDIT AND DEBIT CARDS** We can make donations and purchases by Credit or Debit Card. This can be done by coming to the office or calling during normal Office Hours (see below).

➤ **OFFICE HOURS** Our secretary, Kelly Dotson, works on Mondays and Thursdays (10am-4pm); Tuesdays and Wednesdays (1pm-4pm). This week the office is closed on Friday. She can be reached during office hours at 810-732-0720 or [kellysecstgeorge@gmail.com](mailto:kellysecstgeorge@gmail.com).

### COMING EVENTS

|           |   |
|-----------|---|
| This Week | The <b>Great Fast</b> began on February 19 <sup>th</sup> and continues until our celebration of <b>PASCHA: our Lord's Resurrection</b> on April 8 <sup>th</sup> . The traditional fasting discipline ( <i>no meat, poultry, dairy, eggs, fish, wine, olive oil, and their by-products</i> ) is observed on all weekdays. On Saturdays and Sundays, <i>wine and olive oil</i> are allowed. |
| Monday    | <b>Great Compline</b> صلاة النوم الكبرى 6:30pm  |
| Wednesday | <b>Lenten Hours at St. Nicholas</b> 10am<br><b>Presanctified Liturgy</b> القداس السابق تقد يسه & <b>Lenten Potluck</b> 6pm  |
| Friday    | <b>Little Compline and Akathist to the Virgin Mary</b> خدمة المديح (Madayeh) 6:30pm   |
| Saturday  | <b>Great Vespers and Confessions</b> 5pm  |

### **MARCH 18<sup>TH</sup> ~ 4<sup>TH</sup> SUNDAY OF THE GREAT FAST (VENERABLE JOHN CLIMACUS)**

The Fourth Sunday of Lent is dedicated to Saint John of the Ladder (Climacus), the author of the work, *The Ladder of Divine Ascent*. The abbot of Saint Catherine's Monastery on Mount Sinai (6<sup>th</sup> century) stands as a witness to the violent effort needed for entrance into God's Kingdom (Matthew 10:12). The spiritual struggle of the Christian life is a real one, "not against flesh and blood, but against ... the rulers of the present darkness ... the hosts of wickedness in heavenly places ..." (Ephesians 6:12). Saint John encourages the faithful in their efforts for, according to the Lord, only "he who endures to the end will be saved" (Matthew 24:13).

This Saint gave himself over to the ascetical life from his early youth. Experienced both in the solitary life of the hermit and in the communal life of Cenobitic\* monasticism, he was appointed Abbot of the Monastery at Mount Sinai and wrote a book containing thirty homilies on virtue. Each homily deals with one virtue, and progressing from those that deal with holy and righteous activity (*praxis*) unto those that deal with divine vision (*theoria*), they raise a man up as though by means of steps unto the height of Heaven. For this cause, his work is called "The Ladder of Divine Ascent." The day he was made Abbot of Sinai, the Prophet Moses was seen giving commands to those who served at table. Saint John reposed in 603, at eighty years of age. He is also remembered in the church on March 30<sup>th</sup>.

\***Cenobitic** (also spelled *coenobitic*) is the name associated with the monastic tradition that emphasizes regulated community life, that is, in which the monks live together under a set of rules established by the ruling abbot. The opposite style of monasticism is called eremitic, in which monks live in isolation as hermits. The words *cenobite* and *cenobitic* are derived, via Latin, from the Greek words (*koinos* and *bios* meaning "common" and "life"). Such a group of monks is sometimes referred to as a 'cenobium.'

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# St. George Preschool & Childcare

## Programs

Infants

Toddlers

Preschool

Latchkey

**MARCH 22, 2018  
6 TO 8 PM**

## **PRE-OPEN HOUSE**

If you are looking for a safe, nurturing, and fun learning environment for your child within a Christian setting this is where you need to be! We encourage all to stop in, tour our center and meet our Program Director and team!

We will provide developmentally appropriate programs focusing on each child's growth and needs in the following areas:

- ❖ Spiritual
- ❖ Social and Emotional
- ❖ Physical
- ❖ Language and Cognitive
- ❖ Literacy
- ❖ Mathematics
- ❖ Science and Technology
- ❖ Arts
- ❖ Social Studies

**We are located at:**

**5191 Lennon Rd  
Flint, MI 48507**

**810-732-1500**

[stgeorgeschool17@gmail.com](mailto:stgeorgeschool17@gmail.com)

[saintgeorgeflint.org/preschool.html](http://saintgeorgeflint.org/preschool.html)

FB: St. George Preschool &  
Childcare

**Questions? Call or email us!**

**See you soon!**