

**ORTHROS ON SUNDAY, APRIL 11, 2021; TONE 3 / EOTHINON 11  
FOURTH SUNDAY OF GREAT LENT  
COMMEMORATION OF JOHN CLIMACUS, AUTHOR OF "THE LADDER"**

<b>Priest:</b> Blessed is our God, always, now and ever, and unto the ages of ages.	الكاهن: تبارك الله إلهنا كل حين، الآن وكل أوانٍ وإلى دهر الداهرين.
<b>Choir:</b> Amen.	الجوقة: آمين.
<b>Priest:</b> Glory to thee our God, glory to Thee. O heavenly King, Comforter, the Spirit of truth, who art everywhere present and fillest all things, the Treasury of good things and Giver of life: Come, and abide in us, and cleanse us from every stain, and save our souls, O good One.	الكاهن: أيها الملك السماوي، المعزي، روح الحق، الحاضر في كل مكان والمالي الكل، كنز الصالحات ورازق الحياة، هلم واسكن فينا، وطهرنا من كل دنس، وخلص أيها الصالح نفوسنا.
<b>Reader:</b> Holy God, Holy Mighty, Holy Immortal: have mercy on us. (thrice)	المرتل: قدوس الله، قدوس القوي، قدوس الذي لا يموت، ارحمنا. (ثلاثاً)
Glory to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. Amen.	المجد للأب والابن والروح القدس، الآن وكل أوانٍ وإلى دهر الداهرين. آمين.
All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy God, visit and heal our infirmities for Thy Name's sake. Lord, have mercy. (thrice)	أيها الثالوث القدوس ارحمنا، يا رب اغفر خطايانا، يا سيدي تجاوز عن سيئاتنا، يا قدوس اطلع واشف أمراضنا، من أجل اسمك. يا رب ارحم. (ثلاثاً)
Glory to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. Amen.	المجد للأب والابن والروح القدس، الآن وكل أوانٍ وإلى دهر الداهرين. آمين.
Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from the evil one.	أبانا الذي في السموات، ليتقدس اسمك، ليأت ملكوتك، ليتكن مشيئتك كما في السماء كذلك على الأرض، خبزنا الجوهري أعطنا اليوم، واترك لنا ما علينا كما نترك نحن لمن لنا عليه، ولا تدخلنا في التجربة، لكن نجنا من الشرير.
<b>Priest:</b> For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.	الكاهن: لأن لك الملك والقدرة والمجد، أيها الأب والابن والروح القدس، الآن وكل أوانٍ وإلى دهر الداهرين.
<b>Reader:</b> Amen. O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.	القارئ: آمين. خالص يا رب شعبك وبارك ميراثك، وامنح عبيدك المؤمنين الغلبة على الشرير، واحتفظ بقوة صليبك جميع المختصين بك.
Glory to the Father, and to the Son, and to the Holy Spirit. Do Thou, Who of Thine own good will was lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.	المجد للأب والابن والروح القدس. يا من ارتفعت على الصليب مختاراً، أيها المسيح الإله، امنح رافتك لشعبك الجديد المسمى بك، وفرح بقوتك حكامنا المؤمنين، مانحاً إياهم الغلبة على محاربيهم. ليتكن لهم معاونتك سلاحاً للسلام، وظفراً غير متهور.

<p><i>Both now and ever, and unto ages of ages. Amen.</i> O Champion dread, who cannot be put to confusion, despise not our petitions, O Good and All-praised Theotokos; establish the way of the Orthodox; save those who have been called upon to govern us, leading us to that victory which is from heaven, for thou art she who gavest birth to God, and alone art blessed.</p>	<p>الآن وكلّ أوَانٍ وإلى دهرِ الداهرين. آمين. أَيُّهَا الشَّفِيعَةُ الرَّهِيْبَةُ غَيْرِ المَحْدُوْلَةِ، يَا وَالِدَةَ الإِلهِ الكَلِيَّةِ النَّسْبِيْحِ، لَا تُعْرِضِي يَا صَالِحَةُ عَن تَوْسُلَاتِنَا، بَلْ وَطِّدِي سِيْرَةَ المُسْتَقِيْمِي الرَّأْيِ، وَخَلِّصِي الَّذِينَ أَمَرْتِ أَنْ يَتَمَلَّكُوا، وَأَمْنَحِيهِم العَلْبَةَ مِنَ السَّمَاءِ، بِمَا أَنْتِ وَوَلَدْتِ الإِلهَ، أَيُّهَا المُبَارَكَةُ وَحْدَكَ.</p>
<b>LITANY</b>	
<p><b>Priest:</b> Have mercy on us, O God, according to Thy great goodness, we pray Thee, hear us and have mercy.</p>	<p><b>الكاهن:</b> إِرْحَمْنَا يَا اللهُ بِعَظِيْمِ رَحْمَتِكَ، نَطْلُبُ إِلَيْكَ فَاسْتَجِبْ وَارْحَمْ.</p>
<p><b>Choir:</b> Lord, have mercy. (<i>thrice</i>)</p>	<p><b>الجوقة:</b> يَا رَبُّ ارْحَمْ. (ثلاثاً)</p>
<p><b>Priest:</b> Again we pray for all pious and Orthodox Christians.</p>	<p><b>الكاهن:</b> وَأَيْضاً نَطْلُبُ مِنْ أَجْلِ المَسِيْحِيِّينَ الحَسَنِي العِبَادَةِ الأَرْتُوْدُكْسِيَّيْنَ.</p>
<p><b>Choir:</b> Lord, have mercy. (<i>thrice</i>)</p>	<p><b>الجوقة:</b> يَا رَبُّ ارْحَمْ. (ثلاثاً)</p>
<p><b>Priest:</b> Again we pray for our Father and Metropolitan _____, our Bishop _____, and all our brotherhood in Christ.</p>	<p><b>الكاهن:</b> وَأَيْضاً نَطْلُبُ مِنْ أَجْلِ أبِينَا وَمِتْرُوبُولِيْتِنَا (فُلَان) وَرَبِّيسِ كَهَنَتِنَا (فُلَان)، وَكُلِّ إِخْوَتِنَا فِي المَسِيْحِ.</p>
<p><b>Choir:</b> Lord, have mercy. (<i>thrice</i>)</p>	<p><b>الجوقة:</b> يَا رَبُّ ارْحَمْ. (ثلاثاً)</p>
<p><b>Priest:</b> For Thou art a merciful God, and lovest mankind, and unto thee do we ascribe glory to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages.</p>	<p><b>الكاهن:</b> لِأَنَّكَ إِلهٌ رَحِيْمٌ وَمُحِبٌّ لِلْبَشَرِ، وَلَكَ نُزْسَلُ المَجْدَ أَيُّهَا الأبُ وَالإِبْنُ وَالرُّوْحُ القُدُّسُ، الآنَ وَكُلَّ أوَانٍ وإلى دهرِ الداهرين.</p>
<p><b>Choir:</b> Amen. Bless, father, in the Name of the Lord.</p>	<p><b>الجوقة:</b> آمين، بِاسْمِ الرَّبِّ بَارِكْ يَا أَب.</p>
<p><b>Priest:</b> Glory to the Holy, Consubstantial, Life-giving and Undivided Trinity, always, now and ever, and unto ages of ages.</p>	<p><b>الكاهن:</b> المَجْدُ لِلثَالُوْتِ القُدُّوسِ، الوَاحِدِ فِي الجَوْهَرِ، المُخَيِّ، غَيْرِ المُتَقَسِّمِ، كُلَّ حِيْنٍ، الآنَ وَكُلَّ أوَانٍ وإلى دهرِ الداهرين.</p>
<p><b>Choir:</b> Amen.</p>	<p><b>الجوقة:</b> آمين.</p>
<p>Glory to God in the highest, and on earth peace, and good will toward men. (<i>thrice</i>) O Lord, open Thou my lips, and my mouth shall show forth Thy praise. (<i>twice</i>)</p>	<p>المَجْدُ لله فِي العُلَى، وَعَلَى الأَرْضِ السَّلَامُ، وَفِي النَّاسِ المَسْرَةَ. (ثلاثاً) يَا رَبُّ افْتَحْ شَفَتِي فَيُخْبِرَ فَمِي بِتَسْبِيْحَتِكَ. (مرتين)</p>
<b>PSALM 3</b>	
<p>O Lord, why are they multiplied that afflict me? Many rise up against me. Many say unto my soul: There is no salvation for him in his God. But Thou, O Lord, art my helper, my glory, and the lifter up of my head. I cried unto the Lord with my voice, and He heard me out of His holy mountain. I laid me down and slept; I awoke, for the Lord will help me. I will not be afraid of ten thousands of people that set themselves against me round about. Arise, O Lord, save me, O my</p>	<p>يَا رَبُّ لِمَاذَا كَثُرَ الَّذِينَ يُحْزِنُونَنِي؟ كَثِيرُونَ قَامُوا عَلَيَّ. كَثِيرُونَ يَقُولُونَ لِنَفْسِي لَا خَلَاصَ لَهُ بِإِلهِهِ. وَأَنْتَ يَا رَبُّ، نَاصِرِي وَمَجْدِي وَرَافِعُ رَأْسِي. بِصَوْتِي إِلَى الرَّبِّ صَرَخْتُ، فَأَجَابَنِي مِنْ جَبَلِ قُدْسِهِ. أَنَا رَقَدْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي. فَلَا أَخَافُ مِنْ رِبَوَاتِ الشَّعْبِ المُحِيْطِيْنَ بِي، المُتَوَازِيْنَ</p>

God, for Thou hast smitten all who without cause are mine enemies; the teeth of sinners hast Thou broken. Salvation is of the Lord, and Thy blessing is upon Thy people.  
I laid me down and slept; I awoke, for the Lord will help me.

عَلَيَّ. فَمَ يَا رَبُّ، خَلَّصْنِي يَا إِلَهِي، فَإِنَّكَ صَرَبْتَ كُلَّ مَنْ يُعَادِينِي بَاطِلًا، وَسَحَقْتَ أَسْنَانَ الْخَطَاةِ. لِلرَّبِّ الْخَلَاصُ وَعَلَى شَعْبِكَ بَرَكَاتُكَ.  
أَنَا رَقَدْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي.

#### PSALM 37

O Lord, rebuke me not in Thine anger, nor chasten me in Thy wrath. For Thine arrows are fastened in me, and Thou hast laid Thy hand heavily upon me. There is no healing in my flesh in the face of Thy wrath; and there is no peace in my bones in the face of my sins. For mine iniquities are risen higher than my head; as a heavy burden have they pressed heavily upon me. My bruises are become noisome and corrupt in the face of my folly. I have been wretched and utterly bowed down until the end; all the day long I went with downcast face. For my loins are filled with mocking, and there is no healing in my flesh. I am afflicted and humbled exceedingly, I have roared from the groaning of my heart. O Lord, before Thee is all my desire, and my groaning is not hid from Thee. My heart is troubled, my strength hath failed me; and the light of mine eyes, even this is not with me. My friends and my neighbors drew nigh over against me and stood, and my nearest of kin stood afar off. And they that sought after my soul used violence; and they that sought evils for me spake vain things, and craftiness all the day long did they meditate. But as for me, like a deaf man I heard them not, and was as a speechless man that openeth not his mouth. And I became as a man that heareth not, and that hath in his mouth no reproofs. For in Thee have I hoped, O Lord; Thou wilt hearken unto me, O Lord my God. For I said: Let never mine enemies rejoice over me; yea, when my feet were shaken, those men spake boastful words against me. For I am ready for scourges, and my sorrow is continually before me. For I will declare mine iniquity, and I will take heed concerning my sin. But mine enemies live and are made stronger than I, and they that hated me unjustly are multiplied. They that render me evil for good slandered me, because I pursued goodness. Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.  
Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.

يَا رَبُّ، لَا بَعْضَبِكَ تُؤَبِّخْنِي، وَلَا بِرِجْزِكَ تُؤَدِّبْنِي. فَإِنَّ سِهَامَكَ قَدْ نَشَبَتْ فِيَّ، وَمَكَّنْتَ عَلَيَّ يَدَكَ. لَيْسَ لِجَسَدِي شِفَاءٌ مِنْ وَجْهِ غَضَبِكَ، وَلَا سَلَامَةٌ فِي عِظَامِي مِنْ وَجْهِ خَطَايَايَ. لِأَنَّ آثَامِي قَدْ تَعَالَتْ فَوْقَ رَأْسِي، كَحِمْلٍ ثَقِيلٍ قَدْ ثَقَلَتْ عَلَيَّ. قَدْ أَنْتَنَتْ وَقَاحَتْ جِرَاحَاتِي مِنْ قَبْلِ جَهَالَتِي. شَقِيتُ وَأَنْحَنَيْتُ إِلَى الْغَايَةِ، وَالنَّهَارَ كُلَّهُ مَشَيْتُ عَابِسًا. لِأَنَّ مَتْنِي قَدْ امْتَلَأَ مَهَازِرًا وَلَيْسَ لِجَسَدِي شِفَاءٌ. شَقِيتُ وَأَتَضَّعْتُ جَدًّا، وَكُنْتُ أَيْنُ مِنْ تَنَهَّدِ قَلْبِي. يَا رَبُّ، إِنَّ بُغْيَتِي كُلَّهَا أَمَامَكَ، وَتَنَهَّدِي لَمْ يَخْفَ عَنْكَ. قَدْ اضْطَرَبَ قَلْبِي وَفَارَقْتَنِي قُوَّتِي، وَنُورَ عَيْنِي أَيْضًا لَمْ يَبْقَ مَعِي. أَصْدِقَائِي وَأَقْرِبَائِي دَنَوْا مِنِّي وَوَقَفُوا لَدَيَّ، وَجِنْسِي وَقَفَ مِنِّي بَعِيدًا. وَأَجْهَدُنِي الَّذِينَ يَطْلُبُونَ نَفْسِي، وَالْمُلْتَمِسُونَ لِي الشَّرَّ تَكَلَّمُوا بِالْبَاطِلِ، وَعَشُوشًا طُولَ النَّهَارِ دَرَسُوا. أَمَا أَنَا فَكَأَصَمٌ لَا يَسْمَعُ، وَكَأَخْرَسٌ لَا يَفْتَحُ فَاهَهُ. وَصِرْتُ كَأِنْسَانٍ لَا يَسْمَعُ وَلَا فِي فَمِهِ تَبْكِيَةٌ. لِأَنِّي عَلَيْكَ، يَا رَبُّ، تَوَكَّلْتُ، أَنْتَ تَسْتَجِيبُ لِي يَا رَبِّي وَإِلَهِي. لِأَنِّي قُلْتُ لَا يَسْتَمِتْ بِي أَعْدَائِي، وَعِنْدَمَا رَلْتُ قَدَمَائِي عَظَّمُوا عَلَيَّ الْكَلَامَ. لِأَنِّي أَنَا لِلضَّرْبِ مُسْتَعِدٌّ، وَوَجَعِي لَدَيَّ فِي كُلِّ حِينٍ. لِأَنِّي أَنَا أُخْبِرُ بِإِثْمِي، وَأَهْنَمُ مِنْ أَجْلِ خَطِيئَتِي. أَمَا أَعْدَائِي فَأَحْيَاءُ، وَهُمْ أَشَدُّ مِنِّي، وَقَدْ كَثُرَ الَّذِينَ يُبْغِضُونَنِي ظُلْمًا، الَّذِينَ جَاؤُونِي بِدَلِّ الْخَيْرِ شَرًّا، مَحَلُّوا بِي لِأَجْلِ ابْتِغَائِي الصَّلَاحِ. فَلَا تُهْمَلْنِي يَا رَبِّي وَإِلَهِي وَلَا تَتَّبَاعِدْ عَنِّي. أَسْرِعْ إِلَى مَعُونَتِي يَا رَبُّ خَلَّاصِي.  
فَلَا تُهْمَلْنِي يَا رَبِّي وَإِلَهِي وَلَا تَتَّبَاعِدْ عَنِّي. أَسْرِعْ إِلَى مَعُونَتِي يَا رَبُّ خَلَّاصِي.

PSALM 62

O God, my God, unto Thee I rise early at dawn. My soul hath thirsted for Thee; how often hath my flesh longed after Thee in a land barren and untrodden and unwatered. So in the sanctuary have I appeared before Thee to see Thy power and Thy glory, For Thy mercy is better than lives; my lips shall praise Thee. So shall I bless Thee in my life, and in Thy name will I lift up my hands. As with marrow and fatness let my soul be filled, and with lips rejoicing shall my mouth praise Thee. If I remembered Thee on my bed, at the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me. But as for these, in vain have they sought after my soul; they shall go into the nethermost parts of the earth, they shall be surrendered unto the edge of the sword; portions for foxes shall they be. But the king shall be glad in God, everyone shall be praised that sweareth by Him; for the mouth of them is stopped that speak unjust things.

At the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me.

يا الله إلهي إليك أبتكر. عطشت إليك نفسي، واشتاق إليك جسدي، في أرضٍ بَرِيَّةٍ وَغَيْرِ مَسْلُوكَةٍ وَعَادِمَةِ الْمَاءِ. هكذا ظَهَرْتُ لَكَ فِي الْقُدْسِ لِأَعْيُنِ قُوَّتِكَ وَمَجْدِكَ. لِأَنَّ رَحْمَتَكَ أَفْضَلُ مِنَ الْحَيَاةِ، وَشَفَتِي تُسَبِّحَانِكَ. هكذا أباركُكَ فِي حَيَاتِي وَبِاسْمِكَ أَرْفَعُ يَدَيَّ، فَتَمْتَلِي نَفْسِي كَمَا مِنْ شَحْمٍ وَدَسَمٍ، وَبِشِفَاهِ الْإِبْتِهَاجِ يُسَبِّحُكَ فَمِي. إِذَا ذَكَرْتُكَ عَلَى فِرَاشِي، هَدَدْتُ بِكَ فِي الْأَسْحَارِ، لِأَنَّكَ صِرْتَ لِي عَوْنًا وَبِظِلِّ جَنَاحَيْكَ أَسْتَتِرُ. الْتَصَقْتُ نَفْسِي بِكَ، وَإِيَّايَ عَضَدْتَ يَمِينُكَ. أَمَّا الَّذِينَ يَطْلُبُونَ نَفْسِي بَاطِلًا، فَسَيَدْخُلُونَ فِي أَسْفَلِ الْأَرْضِ، وَيُذْفَعُونَ إِلَى أَيْدِي السُّيُوفِ، وَيَكُونُونَ أَنْصَبَةً لِلنَّعَالِبِ. أَمَّا الْمَلِكُ فَيَسُرُّ بِاللَّهِ، وَيُمْتَدِّحُ كُلُّ مَنْ يَخْلِفُ بِهِ، لِأَنَّهُ قَدْ سَدَّتْ أَفْوَاهُ الْمُتَكَلِّمِينَ بِالظُّلْمِ.

هَدَدْتُ بِكَ فِي الْأَسْحَارِ لِأَنَّكَ صِرْتَ لِي عَوْنًا، وَبِظِلِّ جَنَاحَيْكَ أَسْتَتِرُ. الْتَصَقْتُ نَفْسِي بِكَ، وَإِيَّايَ عَضَدْتَ يَمِينُكَ.

*Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.*

Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (THRICE)

Lord, have mercy. (THRICE)

*Glory to the Father, and to the Son, and to the Holy Spirit.*

الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدْسِ، الْآنَ وَكُلَّ أَوَانٍ، وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ.

هَلْلُوِيَا، هَلْلُوِيَا، هَلْلُوِيَا، الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا)

يَا رَبِّ ارْحَمِ. (ثَلَاثًا)

الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدْسِ.

PSALM 87

*Both now and ever, and unto ages of ages. Amen.*

O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication, for filled with evils is my soul, and my life unto Hades hath drawn nigh. I am counted with them that go down into the pit; I am become as a man without help, free among the dead, like the bodies of the slain that sleep in the grave, whom Thou rememberest no more, and they are cut off from Thy hand. They laid me in the lowest pit, in darkness and in the shadow of death. Against me is Thine anger made strong, and all Thy billows hast Thou brought upon me. Thou hast removed my friends afar from me; they have made me an abomination unto themselves. I have been

الْآنَ وَكُلَّ أَوَانٍ، وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.

يَا رَبِّ إِلَهَ خَلَاصِي، فِي النَّهَارِ صَرَخْتُ وَفِي اللَّيْلِ أَمَامَكَ، فَلْتَدْخُلْ قُدَامَكَ صَلَاتِي، أَمَلْ أذُنَكَ إِلَى طَلِبَتِي، فَقَدْ امْتَلَأْتُ مِنَ الشُّرُورِ نَفْسِي، وَدَنَنْتُ مِنَ الْجَحِيمِ حَيَاتِي. حُسِبْتُ مَعَ الْمُنْحَدِرِينَ فِي الْجُبِّ، صِرْتُ مِثْلَ إِنْسَانٍ لَيْسَ لَهُ مُعِينٌ، مَطْرُوحًا بَيْنَ الْأَمْوَاتِ مِثْلَ الْقَتْلَى الرَّاقِدِينَ فِي الْقُبُورِ، الَّذِينَ لَا تَذَكُرُهُمْ أَيْضًا، وَهُمْ مِنْ يَدِكَ مُعْصُونَ. جَعَلُونِي فِي جُبِّ أَسْفَلِ السَّافِلِينَ، فِي ظُلُمَاتِ الْمَوْتِ وَظِلَالِهِ. عَلَيَّ اسْتَقَرَّ غَضَبُكَ، وَجَمِيعُ أَهْوَالِكَ أَجَزَّتْهَا عَلَيَّ.

delivered up, and have not come forth; mine eyes are grown weak from poverty. I have cried unto Thee, O Lord, the whole day long; I have stretched out my hands unto Thee. Nay, for the dead wilt Thou work wonders? Or shall physicians raise them up that they may give thanks unto Thee? Nay, shall any in the grave tell of Thy mercy, and of Thy truth in that destruction? Nay, shall Thy wonders be known in that darkness, and Thy righteousness in that land that is forgotten? But as for me, unto Thee, O Lord, have I cried; and in the morning shall my prayer come before Thee. Wherefore, O Lord, dost Thou cast off my soul and turnest Thy face away from me? A poor man am I, and in troubles from my youth; yea, having been exalted, I was humbled and brought to distress. Thy furies have passed upon me, and Thy terrors have sorely troubled me. They came round about me like water, all the day long they compassed me about together. Thou hast removed afar from me friend and neighbor, and mine acquaintances because of my misery.

O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication.

أَبْعَدْتَ عَنِّي مَعَارِفِي، جَعَلُونِي لَهُمْ رَجَاسَةً. قَدْ  
أُسْلِمْتُ وَمَا حَرَجْتُ، وَعَيْنَايَ ضَعُفَتْ مِنَ الْمَسْكِنَةِ.  
صَرَخْتُ إِلَيْكَ، يَا رَبُّ، النَّهَارَ كُلَّهُ وَإِلَيْكَ بَسَطْتُ  
يَدَيَّ. أَلَعَلَّكَ لِلْأَمْوَاتِ تَصْنَعُ الْعَجَائِبَ؟ أَمْ الْأَطْبَاءُ  
يُقِيمُونَهُمْ، فَيَعْتَرِفُونَ لَكَ؟ هَلْ يُحَدِّثُ أَحَدٌ فِي الْقَبْرِ  
بِرَحْمَتِكَ، وَفِي الْهَلَاكِ بِحَقِّكَ؟ هَلْ تُعْرِفُ فِي  
الظُّلْمَةِ عَجَائِبُكَ، وَعَدْلُكَ فِي أَرْضٍ مَنْسِيَّةٍ؟ وَأَنَا  
إِلَيْكَ، يَا رَبُّ، صَرَخْتُ فَتَبَلُّغْكَ فِي الْعِدَاةِ صَلَاتِي.  
لِمَاذَا، يَا رَبُّ، تُقْصِي نَفْسِي وَتَصْرِفُ وَجْهَكَ  
عَنِّي؟ فَتَبَيَّرَ أَنَا، وَفِي الشَّقَاءِ مُنْذُ شَبَابِي، وَحِينَ  
ارْتَفَعْتُ اتَّضَعْتُ وَتَحَيَّرْتُ. عَلَيَّ جَارَ رِجْزِكَ،  
وَمُفْرَعَاتِكَ أَرْعَجْتَنِي. أَحَاطَتْ بِي كَالْمَاءِ، وَالنَّهَارَ  
كُلَّهُ اكْتَنَفْتَنِي مَعًا. أَبْعَدْتَ عَنِّي الصَّدِيقَ وَالْقَرِيبَ  
وَمَعَارِفِي مِنَ الشَّقَاءِ.

يَا رَبُّ إِلَهَ خَلَاصِي، فِي النَّهَارِ صَرَخْتُ وَفِي اللَّيْلِ  
أَمَامَكَ، فَلْتَدْخُلْ قُدَّامَكَ صَلَاتِي، أَمِلْ أُذُنَكَ إِلَى  
طَلِبَتِي.

#### PSALM 102

Bless the Lord, O my soul, and all that is within me bless His holy name. Bless the Lord, O my soul, and forget not all that He hath done for thee, Who is gracious unto all thine iniquities, Who healeth all thine infirmities, Who redeemeth thy life from corruption, Who crowneth thee with mercy and compassion, Who fulfilleth thy desire with good things; thy youth shall be renewed as the eagle's. The Lord performeth deeds of mercy, and executeth judgment for all them that are wronged. He hath made His ways known unto Moses, unto the sons of Israel the things that He hath willed. Compassionate and merciful is the Lord, long-suffering and plenteous in mercy; not unto the end will He be angered; neither unto eternity will He be wroth. Not according to our iniquities hath He dealt with us, neither according to our sins hath He rewarded us. For according to the height of heaven from the earth, the Lord hath made His mercy to prevail over them that fear Him. As far as the east is from the west, so far hath He removed our iniquities from us. Like as a father hath compassion upon his sons, so hath the Lord had compassion upon them that fear Him; for He knoweth whereof we are made, He hath remembered that we are dust. As for man, his days

بَارِكِي يَا نَفْسِي الرَّبَّ، وَيَا جَمِيعَ مَا فِي دَاخِلِي  
اسْمَهُ الْقُدُّوسِ. بَارِكِي يَا نَفْسِي الرَّبَّ، وَلَا تَنْسِي  
جَمِيعَ مُكَافَأَتِهِ. الَّذِي يَغْفِرُ جَمِيعَ آثَامِكَ، الَّذِي  
يَشْفِي جَمِيعَ أَمْرَاضِكَ، الَّذِي يُنْجِي مِنَ الْفَسَادِ  
حَيَاتِكَ، الَّذِي يُكَلِّلُكَ بِالرَّحْمَةِ وَالرَّأْفَةِ، الَّذِي يُشْبِعُ  
بِالْخَيْرَاتِ شَهْوَاتِكَ، فَيَتَجَدَّدُ كَالنَّسْرِ شَبَابُكَ. الرَّبُّ  
صَانِعُ الرَّحْمَاتِ وَالْقَضَاءِ لِجَمِيعِ الْمَظْلُومِينَ. عَرَفَ  
مُوسَى طُرْفَهُ، وَبَنِي إِسْرَائِيلَ مَشِيئَاتِهِ. الرَّبُّ رَحِيمٌ  
وَرَوْوُوفٌ، طَوِيلُ الْأَنَاءِ وَكَثِيرُ الرَّحْمَةِ، لَيْسَ إِلَى  
الْإِنْفِضَاءِ يَسْحَطُ، وَلَا إِلَى الدَّهْرِ يَحْقِدُ. لَا عَلَى  
حَسَبِ آثَامِنَا صَنَعَ مَعَنَا، وَلَا عَلَى حَسَبِ خَطَايَانَا  
جَازَانَا. لِأَنَّهُ بِمِقْدَارِ ارْتِفَاعِ السَّمَاءِ عَنِ الْأَرْضِ،  
قَوَى الرَّبُّ رَحْمَتَهُ عَلَى الَّذِينَ يَتَّقُونَهُ، وَبِمِقْدَارِ بُعْدِ  
الْمَشْرِقِ مِنَ الْمَغْرِبِ أَبْعَدَ عَنَّا سَيِّئَاتِنَا. كَمَا يَتَرَأَفُ  
الْأَبُ بِالْبَنِينَ، يَتَرَأَفُ الرَّبُّ بِخَائِنِيهِ، لِأَنَّهُ عَرَفَ  
جَبَلَتَنَا وَدَكَرَ أَنَّنَا تَرَابٌ نَحْنُ. الْإِنْسَانُ كَالْعُشْبِ أَيَّامُهُ

are as the grass; as a flower of the field, so shall he blossom forth. For when the wind is passed over it, then it shall be gone, and no longer will it know the place thereof. But the mercy of the Lord is from eternity, even unto eternity, upon them that fear Him. And His righteousness is upon sons of sons, upon them that keep His testament and remember His commandments to do them. The Lord in heaven hath prepared His throne, and His kingdom ruleth over all. Bless the Lord, all ye His angels, mighty in strength, that perform His word, to hear the voice of His words. Bless the Lord, all ye His hosts, His ministers that do His will. Bless the Lord, all ye His works, in every place of His dominion. Bless the Lord, O my soul.

In every place of His dominion, bless the Lord, O my soul.

وَكَزْهَرِ الْحَقْلِ كَذَلِكَ يُزْهَرُ، لِأَنَّهُ إِذَا هَبَّتْ فِيهِ الرِّيحُ لَيْسَ يَنْبُتُ وَلَا يُعْرَفُ أَيْضًا مَوْضِعُهُ. أَمَّا رَحْمَةُ الرَّبِّ فَهِيَ مِنْذُ الدَّهْرِ، وَإِلَى الدَّهْرِ عَلَى الَّذِينَ يَتَّقُونَهُ، وَعَدْلُهُ عَلَى أُنْبَاءِ الْبَنِينَ الْحَافِظِينَ عَهْدَهُ وَالذَّاكِرِينَ وَصَايَاهُ لِيَصْنَعُوهَا. الرَّبُّ هَيَأُ عَرْشَهُ فِي السَّمَاءِ، وَمَمْلَكَتُهُ تَسُودُ عَلَى الْجَمِيعِ. بَارِكُوا الرَّبَّ يَا جَمِيعَ مَلَائِكَتِهِ، الْمُقْتَدِرِينَ بِقُوَّةِ، الْعَامِلِينَ بِكَلِمَتِهِ عِنْدَ سَمَاعِ صَوْتِ كَلَامِهِ. بَارِكُوا الرَّبَّ يَا جَمِيعَ قُوَّاتِهِ، يَا خُدَّامَهُ الْعَامِلِينَ إِرَادَتَهُ. بَارِكُوا الرَّبَّ يَا جَمِيعَ أَعْمَالِهِ، فِي كُلِّ مَوْضِعِ سِيَادَتِهِ. بَارِكِي يَا نَفْسِي الرَّبَّ.

فِي كُلِّ مَوْضِعِ سِيَادَتِهِ. بَارِكِي يَا نَفْسِي الرَّبَّ.

#### PSALM 142

O Lord, hear my prayer, give ear unto my supplication in Thy truth; hearken unto me in Thy righteousness. And enter not into judgment with Thy servant, for in Thy sight shall no man living be justified. For the enemy hath persecuted my soul; he hath humbled my life down to the earth. He hath sat me in darkness as those that have been long dead, and my spirit within me is become despondent; within me my heart is troubled. I remembered days of old, I meditated on all Thy works, I pondered on the creations of Thy hands. I stretched forth my hands unto Thee; my soul thirsteth after Thee like a waterless land. Quickly hear me, O Lord; my spirit hath fainted away. Turn not Thy face away from me, lest I be like unto them that go down into the pit. Cause me to hear Thy mercy in the morning; for in Thee have I put my hope. Cause me to know, O Lord, the way wherein I should walk; for unto Thee have I lifted up my soul. Rescue me from mine enemies, O Lord; unto Thee have I fled for refuge. Teach me to do Thy will, for Thou art my God. Thy good Spirit shall lead me in the land of uprightness; for Thy name's sake, O Lord, shalt Thou quicken me. In Thy righteousness shalt Thou bring my soul out of affliction, and in Thy mercy shalt Thou utterly destroy mine enemies. And Thou shalt cut off all them that afflict my soul, for I am Thy servant.

O Lord, give ear unto my supplication and enter not into judgment with Thy servant. (TWICE)  
Thy good Spirit shall lead me in the land of uprightness.

يَا رَبِّ اسْتَمِعْ صَلَاتِي، وَأَنْصِتْ بِحَقِّكَ إِلَى طَلْبَتِي. اسْتَجِبْ لِي بِعَدْلِكَ، وَلَا تَدْخُلْ فِي الْمُحَاكَمَةِ مَعَ عَبْدِكَ، فَإِنَّهُ لَنْ يَتْرَكَ أَمَامَكَ أَيُّ حَيٍّ. لِأَنَّ الْعَدُوَّ قَدْ اضْطَهَدَ نَفْسِي، وَأَذَلَّ إِلَى الْأَرْضِ حَيَاتِي، وَأَجْلَسَنِي فِي الظُّلُمَاتِ مِثْلَ الْمَوْتَى مِنْذُ الدَّهْرِ، فَضَجِرْتُ رُوحِي وَاضْطَرَبَ قَلْبِي فِي دَاخِلِي. تَذَكَّرْتُ الْأَيَّامَ الْقَدِيمَةَ. هَدَدْتُ فِي كُلِّ أَعْمَالِكَ، وَتَأَمَّلْتُ فِي صَنَائِعِ يَدَيْكَ. بَسَطْتُ يَدَيَّ إِلَيْكَ وَنَفْسِي لَكَ كَأَرْضٍ لَا تُمْطَرُ. أَسْرِعْ فَاسْتَجِبْ لِي يَا رَبِّ، فَقَدْ فَنِيَتْ رُوحِي. لَا تَصْرِفْ وَجْهَكَ عَنِّي، فَأَشَابَهُ الْهَابِطِينَ فِي الْجُبِّ. اجْعَلْنِي فِي الْعِدَاةِ مُسْتَمِعًا رَحْمَتَكَ، فَإِنِّي عَلَيْكَ تَوَكَّلْتُ. عَرَّفْنِي يَا رَبُّ الطَّرِيقَ الَّذِي أَسْلُكُ فِيهِ، فَإِنِّي إِلَيْكَ رَفَعْتُ نَفْسِي. أَنْقِذْنِي مِنْ أَعْدَائِي يَا رَبِّ، فَإِنِّي قَدْ لَجَأْتُ إِلَيْكَ. عَلِّمْنِي أَنْ أَعْمَلَ مَرْضَاتِكَ، لِأَنَّكَ أَنْتَ إِلَهِي. رُوحَكَ الصَّالِحَ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ. مِنْ أَجْلِ اسْمِكَ، يَا رَبِّ، تُحْيِينِي. بِعَدْلِكَ تُخْرِجُ مِنَ الْحُزَنِ نَفْسِي، وَبِرَحْمَتِكَ تَسْتَأْصِلُ أَعْدَائِي، وَتُهْلِكُ جَمِيعَ الَّذِينَ يُحْزِنُونَ نَفْسِي لِأَنِّي أَنَا عَبْدُكَ.

اسْتَجِبْ لِي بِعَدْلِكَ، وَلَا تَدْخُلْ فِي الْمُحَاكَمَةِ مَعَ عَبْدِكَ. (مَرَّتَيْنِ) رُوحَكَ الصَّالِحَ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ.

<p>Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen. Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (THRICE) O our God and our Hope, glory to Thee!</p>	<p>الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَالِي دَهْرِ الدَّاهِرِينَ، آمِينَ. هَلِّلُوبِيَا، هَلِّلُوبِيَا، هَلِّلُوبِيَا، الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا) يَا إِلَهَنَا، وَرَجَاءَنَا، لَكَ الْمَجْدُ.</p>
<b>THE GREAT LITANY</b>	
<b>Priest:</b> In peace, let us pray to the Lord.	<b>الكاهن:</b> بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	<b>الجوقة:</b> يَا رَبُّ ارْحَمِ.
<b>Priest:</b> For the peace from above and the salvation of our souls, let us pray to the Lord.	<b>الكاهن:</b> مِنْ أَجْلِ السَّلَامِ الَّذِي مِنَ الْعُلَى وَخَلَاصِ نَفُوسِنَا، إِلَى الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	<b>الجوقة:</b> يَا رَبُّ ارْحَمِ.
<b>Priest:</b> For the peace of the whole world, the good estate of the holy churches of God, and the union of all men, let us pray to the Lord.	<b>الكاهن:</b> مِنْ أَجْلِ سَلَامِ كُلِّ الْعَالَمِ، وَحُسْنِ ثَبَاتِ كَنَائِسِ اللَّهِ الْمُقَدَّسَةِ، وَاتِّحَادِ الْجَمِيعِ، إِلَى الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	<b>الجوقة:</b> يَا رَبُّ ارْحَمِ.
<b>Priest:</b> For this holy House and those who with faith, reverence, and fear of God enter therein, let us pray to the Lord.	<b>الكاهن:</b> مِنْ أَجْلِ هَذَا الْبَيْتِ الْمُقَدَّسِ، وَالَّذِينَ يَدْخُلُونَ إِلَيْهِ بِإِيمَانٍ وَوَرَعَ وَخَوْفِ اللَّهِ، إِلَى الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	<b>الجوقة:</b> يَا رَبُّ ارْحَمِ.
<b>Priest:</b> For our father and Metropolitan N., (and for our Bishop N.), the honorable presbytery, the deaconate in Christ, all the clergy and the people, let us pray to the Lord.	<b>الكاهن:</b> مِنْ أَجْلِ آبِينَا وَمِتْرُوبُولِيْتِنَا (فَلَان) وَرِئِيسِ كَهَنَتِنَا (فَلَان)، وَالْكَهَنَةَ الْمُكْرَمِينَ، وَالشَّمَامِسَةَ، خُدَامِ الْمَسِيحِ، وَجَمِيعِ الْإِكْلِيْرُوسِ وَالشَّعْبِ، إِلَى الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	<b>الجوقة:</b> يَا رَبُّ ارْحَمِ.
<b>Priest:</b> For Metropolitan PAUL and Archbishop JOHN and their quick release from captivity and safe return, let us pray to the Lord.	<b>الكاهن:</b> مِنْ أَجْلِ الْمِتْرُوبُولِيْتِ بُولُسَ وَالْمِطْرَانِ يُوْحَنَّا وَفَكَ أَسْرِهِمَا وَعَوْدَتِهِمَا سَالِمِينَ، إِلَى الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	<b>الجوقة:</b> يَا رَبُّ ارْحَمِ.
<b>Priest:</b> For the President, civil authorities, and our Armed Forces, let us pray to the Lord.	<b>الكاهن:</b> مِنْ أَجْلِ حُكَّامِ هَذَا الْبَلَدِ، وَمُؤَارَرَتِهِمْ فِي كُلِّ عَمَلٍ صَالِحٍ، إِلَى الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	<b>الجوقة:</b> يَا رَبُّ ارْحَمِ.
<b>Priest:</b> For this city and every city and countryside and the faithful, who dwell therein; let us pray to the Lord.	<b>الكاهن:</b> مِنْ أَجْلِ هَذِهِ الْمَدِينَةِ، وَجَمِيعِ الْمُدُنِ وَالْقُرَى، وَالْمُؤْمِنِينَ السَّاكِنِينَ فِيهَا، إِلَى الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	<b>الجوقة:</b> يَا رَبُّ ارْحَمِ.
<b>Priest:</b> For healthful seasons, abundance of the fruits of the earth, and peaceful times, let us pray to the Lord.	<b>الكاهن:</b> مِنْ أَجْلِ اعْتِدَالِ الْأَهْوِيَّةِ، وَخَضْبِ ثِمَارِ الْأَرْضِ وَأَوْقَاتِ سَلَامِيَّةٍ، إِلَى الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	<b>الجوقة:</b> يَا رَبُّ ارْحَمِ.
<b>Priest:</b> For travelers by sea, by land, and by air, the sick, the suffering, for captive, and for their salvation, let us pray to the Lord.	<b>الكاهن:</b> مِنْ أَجْلِ الْمُسَافِرِينَ فِي الْبَحْرِ وَالْبَرِّ وَالْجَوِّ، وَالْمَرْضَى وَالْمُتَأَلِّمِينَ وَالْأَسْرَى، وَخَلَاصِهِمْ، إِلَى الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	<b>الجوقة:</b> يَا رَبُّ ارْحَمِ.

<b>Priest:</b> For our deliverance from all tribulation, wrath, danger, and necessity, let us pray to the Lord.	<b>الكاهن:</b> مِنْ أَجْلِ نَجَاتِنَا مِنْ كُلِّ ضَيْقٍ وَغَضَبٍ وَخَطَرٍ وَشِدَّةٍ إِلَى الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	<b>الجوقة:</b> يَا رَبُّ ارْحَمِ.
<b>Priest:</b> Help us; save us; have mercy on us, and keep us, O God, by Thy grace.	<b>الكاهن:</b> أَعِزُّدْ وَخَلِّصْ وَارْحَمْ واحْفَظْنَا يَا اللَّهُ بِنِعْمَتِكَ.
<b>Choir:</b> Lord, have mercy.	<b>الجوقة:</b> يَا رَبُّ ارْحَمِ.
<b>Priest:</b> Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady the Theotokos and ever-Virgin Mary, with all the Saints, let us commend ourselves and each other, and all our life unto Christ our God.	<b>الكاهن:</b> بَعْدَ ذِكْرِنَا الْكَلِيَّةَ الْقَدَّاسَةَ الطَّاهِرَةَ الْفَائِقَةَ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةَ الْإِلَهِ الدَّائِمَةَ الْبَتُولِيَّةَ مَرْيَمَ، مَعَ جَمِيعِ الْقَدِّيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضًا وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ.
<b>Choir:</b> To Thee, O Lord.	<b>الجوقة:</b> لَكَ يَا رَبُّ.
<b>Priest:</b> For unto Thee are due all glory, honor, and worship to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages.	<b>الكاهن:</b> لِأَنَّهُ يَنْبَغِي لَكَ كُلُّ تَمَجِيدٍ وَإِكْرَامٍ وَسُجُودٍ، أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.
<b>Choir:</b> Amen.	<b>الجوقة:</b> آمِينَ.
<b>“GOD IS THE LORD” IN TONE THREE</b>	
<b>Chanter:</b> God is the Lord and hath appeared unto us. Blessed is He that cometh in the Name of the Lord. ( <i>Repeat after verses</i> )	<b>المُرْتِّل:</b> اللَّهُ الرَّبُّ ظَهَرَ لَنَا، مُبَارَكٌ الْآتِي بِاسْمِ الرَّبِّ. (تُعَادُ بَعْدَ الْإِسْتِيخُونَاتِ)
1. O give thanks unto the Lord, and call upon His holy Name.	1 - إِعْتَرِفُوا لِلرَّبِّ وَادْعُوا بِاسْمِهِ الْقُدُّوسِ.
2. All nations compassed me about, but in the Name of the Lord will I destroy them.	2 - كُلُّ الْأُمَمِ أَحَاطُوا بِي وَبِاسْمِ الرَّبِّ قَهَرْتُهُمْ.
3. This is the Lord's doing; it is marvelous in our eyes.	3 - مِنْ قَبْلِ الرَّبِّ كَانَتْ هَذِهِ وَهِيَ عَجِيبَةٌ فِي أَعْيُنِنَا.
<b>RESURRECTIONAL APOLYTIKION IN TONE THREE</b>	
Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.	لِنَفْرَحِ السَّمَاوِيَّاتُ وَلِنَبْتَهِجِ الْأَرْضِيَّاتُ، لِأَنَّ الرَّبَّ صَنَعَ عِزًّا بِسَاعِدِهِ، وَوَطِئَ الْمَوْتَ بِالْمَوْتِ، وَصَارَ بَكْرَ الْأَمْوَاتِ، وَأَنْقَذَنَا مِنْ جَوْفِ الْجَحِيمِ، وَمَنْحَ الْعَالَمِ الرَّحْمَةَ الْعُظْمَى.
<b>APOLYTIKION OF ST. JOHN CLIMACUS IN TONE EIGHT</b>	
<i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> The barren wilderness thou didst make fertile with the streams of thy tears; and by thy deep sighing thou hast given fruit through thy struggles a hundredfold. Accordingly, thou hast become a star for the universe, sparkling with miracles. Therefore, O righteous Father John Climacus, intercede with Christ God to save our souls.	<b>المجْدُ لِلآبِ، وَالْإِبْنِ، وَالرُّوحِ الْقُدُّوسِ.</b> لِلْبَرِّيَّةِ غَيْرِ الْمُثْمَرَةِ بِمَجَارِي دُمُوعِكَ أَمْرَعْتَ، وَبِالْتَهَادَاتِ الَّتِي مِنَ الْأَعْمَاقِ أَثْمَرْتَ بِأَتْعَابِكَ إِلَى مِئَةِ ضِعْفٍ، فَصِرْتَ كَوْكَبًا لِلْمَسْكُونَةِ مُتَلَأِّنًا بِالْعَجَائِبِ، يَا أَبَانَا الْبَارَّ يُوْحِنَا، فَتَشَفَّعْ إِلَى الْمَسِيحِ الْإِلَهِ أَنْ يُخَلِّصَ نَفُوسَنَا.
<b>RESURRECTIONAL THEOTOKION IN TONE EIGHT</b>	



*Both now and ever and unto ages of ages. Amen.* Thou Who for our sake wast born of a Virgin, and didst suffer crucifixion, O good One, and didst despoil death through death, and as God didst reveal Resurrection. Despise not those Whom Thou hast created with Thine own hand, show forth Thy love for mankind, O merciful One. Accept the intercessions of Thy mother, the Theotokos for us, and save Thy despairing people, O our Savior.

الآن وكلّ أوَانٍ وإلى دهرِ الداهرين. آمين. يا مَنْ وُلِدَ مِنَ البتولِ مِنْ أَجْلِنَا، وكابَدَ الصَّلْبَ أَيُّهَا الصالح، يا مَنْ سَبَى المَوْتَ بِمَوْتِهِ وأرى القيامةَ بما أَنَّهُ إله، لا تُعْرِضْ عَنِ الذينَ جَبَلْتَهُمْ بِيدَيْكَ، بلْ أَظْهَرُ تَعَطُّفَكَ على الناسِ أَيُّهَا الرَّحِيم. وتَقَبَّلْ والِدَتَكَ، والِدَةَ الإله، مُتَشَفِّعَةً مِنْ أَجْلِنَا، وَخَلِّصْ يا مُخْلِصِنَا شَعْباً يائِساً.

### THE LITTLE LITANY

**Priest:** Again and again, in peace, let us pray to the Lord.

**Choir:** Lord, have mercy.

**Priest:** Help us; save us; have mercy on us; and keep us, O God, by Thy grace.

**Choir:** Lord, have mercy.

**Priest:** Calling to remembrance our all-holy, immaculate, most-blessed and glorious Lady the Theotokos and ever-virgin Mary, with all the saints: let us commend ourselves and each other, and all our life unto Christ our God.

**Choir:** To Thee, O Lord.

**Priest:** For Thine is the might, and Thine is the kingdom, and the power and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.

**Choir:** Amen.

الكاهن: أَيضاً وأيضاً بِسَلامٍ إلى الرَّبِّ تَطَلَّب.

الجوق: يا رَبُّ ارْحَمْ.

الكاهن: أَعِضْ، وَخَلِّصْ، وارْحَمْ، واحْفَظْنا يا اللهُ بِنِعْمَتِكَ.

الجوق: يا رَبُّ ارْحَمْ.

الكاهن: بعدَ ذِكْرِنَا الكَلِيَّةِ القَدَّاسَةِ، الطاهِرةِ، الفائِقةِ البَرَكاتِ المَجيدةِ، سَيِّدَتِنَا والِدَةَ الإلهِ الدائمةِ البِتولِيَّةِ مَرِيَمَ مَعَ جميعِ القديسين، لِنُودِعْ أَنفُسَنَا وَيَعُضُنَا بَعْضاً وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الإلهِ.

الجوق: لك يا رَبُّ.

الكاهن: لأنَّ لك العِزَّةَ ولكِ المُلْكُ والقُوَّةُ والمَجْدُ أَيُّهَا الآبُ والإبْنُ والروحُ القُدُّسُ، الآنَ وكلّ أوَانٍ وإلى دهرِ الداهرين.

الجوق: آمين.

### THIRD TONE RESURRECTIONAL KATHISMATA (Plain Reading) First Kathisma

Christ is risen from the dead, He Who is the first-fruits of those that slept: the First-born of creation and the Creator of all things created! He hath renewed by Himself the nature of our corrupt race. Wherefore, Thou shalt reign no more, O Death; for the Lord of all hath nullified thy power and dissolved it.

لَقَدْ قامَ المَسِيحُ مِنْ بَيْنِ الأَمواتِ، باكورَةَ الرّاقِدينَ، وَبِكُرِّ الخَلِيقَةِ، وَخالِقُ كُلِّ المَبْرُوءاتِ، وَجَدَّدَ في نَفْسِهِ طَبِيعَةَ جِنسِنَا الباليَةِ. فَلسْتُ مُتَسَلِّطاً بعدُ يا مَوْتُ، لأنَّ سَيِّدَ الكُلِّ قَدْ حَلَّ عِزَّتَكَ.

*Glory to the Father, and to the Son, and to the Holy Spirit.* When Thou didst taste death in the flesh, O Lord, Thou didst check bitter Death by Thy Resurrection, and didst make man to prevail over it, restoring victory over the old curse. Wherefore, O Supporter and Champion of our life, glory to Thee.

المَجْدُ للآبِ، والابنِ، والروحِ القُدُّسِ. لَقَدْ ذُقْتَ المَوْتَ بالجَسَدِ، يا رَبُّ، فاقتَلَعْتَ مَرارةَ المَوْتِ بِقيامَتِكَ، وَقَوَّيْتَ الإنسانَ عَلَيْهِ، وَخَلَّصْتَهُ مِنْ تَغْلِبِ اللِّعْنَةِ القَدِيمَةِ. فَيَا عاضِدَ حَيَاتِنَا، يا رَبُّ، المَجْدُ لكِ.

*(Theotokion of the Resurrectional Apolytikion)*  
*Both now and ever, and unto ages of ages. Amen.* Thee, who art the mediatrix for the salvation of our race, we praise, O Virgin Theotokos; for in the flesh assumed from thee, after that He had suffered the passion of the Cross, thy Son and our God delivered us from corruption, because He is the Lover of mankind.

(والِدِيَّةِ طروباريةِ اللّحنِ الأوّلِ)  
الآنَ وكلّ أوَانٍ وإلى دهرِ الداهرين. آمين. إِيّاكَ أَيُّهَا المَتوسِّطَةُ لِخِلاصِ جِنسِنَا نُسَبِّحُ يا والِدَةَ الإلهِ العذراءِ. لأنَّ ابْنَكَ وإلَهنا بالجَسَدِ الذي اتَّخَذَهُ مِنْكَ قَبْلَ الألامِ بالصليبِ، وأَعْتَقْنَا مِنَ الفَسادِ، بما أَنَّهُ مُحِبٌّ لِلنَّبَشِ.

### Second Kathisma

<p>Because of Thine immutable Divinity, O Lord, and Thy voluntary sufferings, Hades was overwhelmed, and moaned within itself, saying, Verily, I am in dread fear of the Person of this incorruptible body; for I see the unseen fighting me secretly, and behold those whom I have held shouting, Glory to Thy Resurrection, O Christ.</p>	<p>لَقَدْ دُهِشَ الْجَحِيمُ فِي نَفْسِهِ مِنْ عَدَمِ تَغْيِيرِ لَاهُوتِكَ، وَمِنْ أَحْتِمَالِكَ الْأَلَامِ طَوْعاً، يَا رَبِّ، فَاثْتَحَبَ قَائِلاً: إِنِّي أَرْتَعِدُ مِنْ أَفْنُومِ هَذَا الْجَسَدِ غَيْرِ الْبَالِي، وَأَرَى غَيْرَ الْمَنْظُورِ يُحَارِبُنِي عَلَى طَرِيقَةٍ سَرِيَّةٍ. فَلَذَلِكَ، يَصْرُخُ الَّذِينَ فِي قَبْضَتِي قَائِلِينَ: الْمَجْدُ لِقِيَامَتِكَ أَيُّهَا الْمَسِيحُ.</p>
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Let us believers speak of divine things, of the secret of Thine inscrutable Crucifixion, of Thine ineffable Resurrection; for today have Death and Hades been led captive, and the race of man hath been invested with incorruption. Therefore, do we cry in gratitude, Glory to Thy Resurrection, O Christ.</p>	<p>الْمَجْدُ لِلآبِ، وَالابْنِ، وَالرُّوحِ الْقُدُسِ. إِنَّا لَدَى تَكَلُّمِنَا نَحْنُ الْمُؤْمِنِينَ لَاهُوتِيًّا، نَعْتَرِفُ أَنَّ صَلْبَكَ غَيْرَ الْمُدْرَكِ، وَقِيَامَتَكَ غَيْرَ الْمُفَسَّرَةِ، هُمَا سِرٌّ لَا يُعْبَرُ عَنْهُ. فَإِنَّ الْمَوْتَ وَالْجَحِيمَ سُبِيَا الْيَوْمِ، وَجِنْسُ الْبَشَرِ لَيْسَ عَدَمَ الْبَلَى. فَلَذَلِكَ، نَصْرُخُ عَنْ شُكْرِ قَائِلِينَ: الْمَجْدُ لِقِيَامَتِكَ أَيُّهَا الْمَسِيحُ.</p>
<p><i>Both now and ever, and unto ages of ages. Amen.</i> Verily, O Theotokos, the incomprehensible and boundless, consubstantial with the Father and the Spirit, hast thou held secretly in thy womb. And by thy birth-giving we have learned to glorify in the world the act of the one immiscible Trinity. Therefore, with gratitude we cry to thee, Rejoice, O thou that art full of grace.</p>	<p>الآنُ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ. آمِينَ. لَقَدْ وَسِعْتَ فِي بَطْنِكَ، عَلَى مَنَوَالٍ لَا يُفَسَّرُ، الْإِبْنَ الَّذِي لَا يُدْرِكُ وَلَا يُوصَفُ، الْمُسَاوِي لِلآبِ وَالرُّوحِ فِي الْجَوْهَرِ. وَبِوِلَادَتِكَ، تَعَلَّمْنَا أَنَّ نُجَدِّدَ فِي الْعَالَمِ فِعْلاً لِلَاهُوتِ وَاحِدٍ غَيْرِ مُخْتَلِطٍ. فَلَذَلِكَ نَهْتَفُ إِلَيْكَ عَنْ شُكْرِ قَائِلِينَ: السَّلَامُ عَلَيْكَ أَيُّهَا الْمُنْعَمُ عَلَيْهَا.</p>
<p><b>EVLOGETARIA (BENEDICTIONS) IN TONE FIVE</b></p>	
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i> The company of the Angels was amazed when they beheld Thee numbered among the dead. Yet Thyself, O Savior, destroyed the power of death, with Thee raising up Adam and releasing all men from Hell.</p>	<p>مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ. جَمْعُ الْمَلَائِكَةِ انْدَهَلَ مُتَحَيِّرًا، عِنْدَ مُشَاهَدَتِهِمْ إِيَّاكَ مَحْسُوبًا بَيْنَ الْأَمْوَاتِ أَيُّهَا الْمُخْلِصِ، وَدَاحِضًا قُوَّةَ الْمَوْتِ، وَمُنْهَضًا آدَمَ مَعَكَ، وَمُعْتِقًا إِيَّانَا مِنَ الْجَحِيمِ كَافَةً.</p>
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i> Wherefore, O Women Disciples, do ye mingle sweet-smelling spices with your tears of pity? The radiant Angel within the sepulcher cried unto the Myrrh-bearing Women: Behold the grave, and understand, for the Savior is risen from the tomb.</p>	<p>مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ. الْمَلَائِكَةُ اللَّامِعَةُ عِنْدَ الْقَبْرِ تَقْوَهُ نَحْوَ حَامِلَاتِ الطَّيِّبِ قَائِلاً: لِمَ تَمْرُجْنَ الطَّيِّبَ بِالذَّمُوعِ، بِنَثَرَتِ يَا تَلْمِيزَاتِ؟ أَنْظُرْنَ اللَّحْدَ وَأَفْرَحْنَ، لِأَنَّ الْمُخْلِصَ قَدْ قَامَ مِنَ الْقَبْرِ.</p>
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i> Very early in the morning, did the Myrrh-bearing Women run lamenting unto Thy tomb. But an Angel came toward them, saying: The time for lamentation is passed; weep not, but announce unto the Apostles the Resurrection.</p>	<p>مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ. إِنَّ حَامِلَاتِ الطَّيِّبِ سَحَرًا جِدًّا، سَارَعْنَ إِلَى قَبْرِكَ نَائِحَاتٍ. إِلَّا أَنَّ الْمَلَائِكَةَ وَقَفَ بِهِنَّ، وَقَالَ لَهُنَّ: زَمَانُ النَّوْحِ قَدْ كَفَّ وَبَطَلَ فَلَا تَتَّبَكِينَ، بَلْ بَشِّرْنَ الرُّسُلَ بِالْقِيَامَةِ.</p>
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i> The Myrrh-bearing Women mourned, as bearing spices they drew near Thy tomb, O Savior. But the Angel spake unto them, saying: Why number ye the living among the dead? In that He is God He is risen from the grave.</p>	<p>مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ. إِنَّ التَّسْوَةَ حَامِلَاتِ الطَّيِّبِ، وَاقِفِينَ بِالْحَنُوطِ إِلَى قَبْرِكَ أَيُّهَا الْمُخْلِصِ. فَسَمِعْنَ مَلَكَاً مُتَنَعِّماً نَحْوَهُنَّ قَائِلاً: لِمَ تَحْسِبْنَ الْحَيَّ مَعَ الْمَوْتَى؟ فَبِمَا أَنَّهُ إِلَهٌ، قَدْ قَامَ مِنَ الْقَبْرِ نَاهِضًا.</p>

<p><i>Glory to the Father, and to the Son, and to the Holy Spirit. We adore the Father, as also His Son, and the Holy Spirit, the Holy Trinity in one Essence, crying with the Seraphim: Holy, holy, holy art Thou, O Lord.</i></p>	<p>المَجْدُ لِلآبِ، وَالابْنِ، وَالرُّوحِ الْقُدْسِ. نَسْجُدُ لِلآبِ، وَلابْنِهِ، وَلِرُوحِ قُدْسِهِ، ثَالِوثًا قُدُّوسًا فِي جَوْهَرٍ وَاحِدٍ، هَاتِفِينَ مَعَ السَّرَافِيمِ: قُدُّوسٌ، قُدُّوسٌ، قُدُّوسٌ أَنْتَ يَا رَبَّ.</p>
<p><i>Both now and ever, and unto ages of ages. Amen. In that thou didst bear the Giver of Life, O Virgin, thou didst redeem Adam from sin, and didst give to Eve joy in place of sadness; and He who was incarnate of thee, both God and man, hath restored to life those who had fallen therefrom.</i></p>	<p>الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ، آمِينَ. أَيُّهَا الْعَذْرَاءُ، لَقَدْ وَلَدْتَ مُعْطِي الْحَيَاةِ، وَأَنْقَذْتَ آدَمَ مِنَ الْخَطِيئَةِ، وَمَنْحَتْ حَوَاءَ الْفَرْحِ عَوَضَ الْحُزْنِ، لَكِنَّ الْإِلَهَ وَالْإِنْسَانَ الْمُتَجَسِّدَ مِنْكَ، أَرْشَدَهُمَا إِلَى الْحَيَاةِ الَّتِي قَدْ تَهَوَّرَا مِنْهَا.</p>
<p>Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (THRICE) O our God and our Hope, glory to Thee!</p>	<p>هَلِّلُوِيَا، هَلِّلُوِيَا، هَلِّلُوِيَا، الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا) يَا إِلَهَنَا وَرَجَاءَنَا لَكَ الْمَجْدُ.</p>
<p><b>THE LITTLE LITANY</b></p>	
<p><b>Priest:</b> Again and again, in peace, let us pray to the Lord. <b>Choir:</b> Lord, have mercy. <b>Priest:</b> Help us; save us; have mercy on us; and keep us, O God, by Thy grace. <b>Choir:</b> Lord, have mercy. <b>Priest:</b> Calling to remembrance our all-holy, immaculate, most-blessed and glorious Lady the Theotokos and ever-virgin Mary, with all the saints: let us commend ourselves and each other, and all our life unto Christ our God. <b>Choir:</b> To Thee, O Lord. <b>Priest:</b> For blessed is Thy Name, and glorified is Thy kingdom: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages. <b>Choir:</b> Amen.</p>	<p>الكاهن: أَيْضًا وَأَيْضًا بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ. الجوق: يَا رَبُّ ارْحَمْنَا. الكاهن: أَعْضُدْ، وَخَلِّصْ، وَارْحَمْنَا يَا اللَّهُ بِنِعْمَتِكَ. الجوق: يَا رَبُّ ارْحَمْنَا. الكاهن: بَعْدَ تِكْرُنَا الْكَلِيَّةِ الْقَدَّاسَةِ، الطَاهِرَةِ، الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةِ الْإِلَهَةِ الدَّائِمَةِ الْبَتُولِيَّةِ مَرْيَمَ مَعَ جَمِيعِ الْقَدِيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضًا وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِيِّ. الجوق: لَكَ يَا رَبُّ. الكاهن: لِأَنَّ اسْمَكَ مُبَارَكٌ وَمُلْكُكَ مُمَجَّدٌ أَيُّهَا الْآبُ وَالابْنُ وَالرُّوحُ الْقُدْسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ. الجوق: آمِينَ.</p>
<p><b>THIRD TONE RESURRECTIONAL HYPAKOE (Plain Reading)</b></p>	
<p>To the ointment-bearing women the brilliant angel of sweet words, startling them, did say: Why seek ye the living One in the grave? He is verily risen, and hath emptied the tombs. Know ye, therefore, that the changeless One hath changed corruption to incorruption. And say to God: How dreadful are Thy works; for Thou hast saved mankind.</p>	<p>ذُو الْمُنْظَرِ الْعَجَبِ وَالْكَلَامِ الْعَذْبِ، الْمَلَائِكُ اللَّامِعُ قَالَ لِحَامِلَاتِ الطَّيِّبِ: لِمَ تَطْلُبْنَ الْحَيَّ فِي الْقَبْرِ؟ قَدْ قَامَ وَأَفْرَغَ الْقُبُورَ. فَاعْلَمَنَّ أَنَّ غَيْرَ الْمُتَعَيِّرِ قَدْ بَدَّلَ الْبِلْيَ، وَقُلْنَ لِلَّهِ مَا أَرْهَبَ أَعْمَالِكَ، لِأَنَّكَ خَلَّصْتَ جِنْسَ الْبَشَرِ.</p>
<p><b>THIRD TONE RESURRECTIONAL ANABATHMOI (Plain Reading) First Antiphony</b></p>	
<p>+ Thou didst verily deliver the captivity of Zion from Babylon, O Word. Likewise, draw thou me out of suffering into life. + They who sow in Timan with divine tears, shall reap with rejoicing the sheaves of eternal life. + <i>Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.</i></p>	<p>+ أَيُّهَا الْكَلِمَةُ أَنْتَ أَنْقَذْتَ سَبْيَ صِهْيُونَ مِنْ بَابِلَ. هَكَذَا اجْتَدَبْتَنِي أَيْضًا مِنَ الْأَلَامِ إِلَى الْحَيَاةِ. + إِنَّ الَّذِينَ يَزْرَعُونَ فِي التِّيْمَنِ بِدُمُوعِ الْهِبَةِ، سَيُخْضِدُونَ بِفَرْحِ سُنْبُلِ الْحَيَاةِ الْأَبَدِيَّةِ. + الْمَجْدُ لِلآبِ، وَالابْنِ، وَالرُّوحِ الْقُدْسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ، آمِينَ.</p>

<p>+ With the Holy Spirit every gift is good; for He doth shine forth together with the Father and the Son; and in Him doth all creation live and move.</p>	<p>+ مِنَ الرُّوحِ الْقُدُسِ تَنَحَدِرُ كُلُّ عَطِيَّةٍ صَالِحَةٍ، بِمَا أَنَّهُ يُشْرِقُ مَعَ الْآبِ وَالابْنِ، وَبِهِ كُلُّ الْبَرَايَا تَحْيَا وَتَتَحَرَّكُ.</p>
<p><b>Second Antiphony</b></p>	
<p>+ If the Lord buildeth not the house of virtues, then vainly do we labor; but if He defend and protect our lives, none shall prevail against our city.</p> <p>+ The saints are verily the hire of the fruit of the womb. And they have not ceased to be Thy sons, in the Spirit, O Christ, and Thou art like a father.</p> <p>+ <i>Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.</i></p> <p>+ By the Holy Spirit hath all holiness and wisdom been observed; for He is the Creator of all the essence of creation. Therefore, let us worship Him; for He is God, as is the Father and the Word.</p>	<p>+ إِنَّ لَمْ يَبْنِ الرَّبُّ بَيْتَ الْفَضَائِلِ، فَبَاطِلًا نَتَعَبُ، وَإِذَا وَقَى نَفُوسَنَا وَسَتَرَهَا فَلَا أَحَدٌ يَتَسَلَطُ عَلَيَّ مَدِينَتِنَا.</p> <p>+ إِنَّ الْقَدِيسِينَ هُمْ أَجْرَةُ ثَمَرَةِ الْبَطْنِ، وَلَمْ يَزَالُوا بِالرُّوحِ بَنِينَ لَكَ أَيُّهَا الْمَسِيحُ، وَأَنْتَ لَهُمْ كَأَبٍ.</p> <p>+ الْمَجْدُ لِلْآبِ، وَالابْنِ، وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ، آمِينَ.</p> <p>+ بِالرُّوحِ الْقُدُسِ شُوهِدَتْ كُلُّ قَدَاسَةٍ وَحِكْمَةٍ، لِأَنَّهُ خَالِقُ كُلِّ جَوَاهِرِ الْخَلِيقَةِ، وَلِذَلِكَ فَلْنَعْبُدْهُ لِأَنَّهُ إِلَهٌ كَالْآبِ وَالْكَلِمَةِ.</p>
<p><b>Third Antiphony</b></p>	
<p>+ Happy are they who fear the Lord; for they walk in the way of His commandments, and eat of the fruits of universal life.</p> <p>+ Rejoice with gladness, O chief Shepherd, as thou beholdest thy children's children around thy table, offering branches of good deeds.</p> <p>+ <i>Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.</i></p> <p>+ Verily, all the riches of honor are of the Holy Spirit. And of Him too is grace and life for all creation. Wherefore, He is to be praised with the Father and the Word.</p>	<p>+ إِنَّ خَائِفِي الرَّبِّ لَمَغْبُوطُونَ، لِأَنَّهُمْ يَسْلُكُونَ فِي سَبِيلِ وَصَايَاهُ، وَيَأْكُلُونَ ثَمَارَ الْحَيَاةِ الْأَبَدِيَّةِ.</p> <p>+ اِفْرَحْ مَسْرُورًا يَا رَبِّيسَ الرُّعَاةِ إِذَا شَاهَدْتَ بَنِي بَنِيكَ حَوْلَ مَائِدَتِكَ، مُقَدِّمِينَ أَغْصَانَ أَفْعَالِ الصَّلَاحِ.</p> <p>+ الْمَجْدُ لِلْآبِ، وَالابْنِ، وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ، آمِينَ.</p> <p>+ إِنَّ غِنَى الشَّرَفِ كُلِّهِ مِنَ الرُّوحِ الْقُدُسِ. وَمِنْهُ الْبِعْمَةُ وَالْحَيَاةُ لِكُلِّ الْخَلِيقَةِ، لِذَلِكَ يُسَبِّحُ مَعَ الْآبِ وَالْكَلِمَةِ.</p>
<p><b>PROKEIMENON FOR THE RESURRECTION IN TONE THREE</b></p>	
<p>Say among the heathen that the Lord reigneth. The world also shall be so established that it shall not be moved. (TWICE)</p> <p><i>Stichos:</i> Praise the Lord with a new praise.</p> <p>Say among the heathen that the Lord reigneth. The world also shall be so established that it shall not be moved.</p>	<p>قولوا في الأممِ إِنَّ الرَّبَّ قَدْ مَلَكَ، لِأَنَّهُ تَبَّتِ الْمَسْكُونَةُ فَلَنْ تَتَزَعَزَعُ. (مرتين)</p> <p><b>زنجبجك:</b> سبِّحوا الرَّبَّ سُبْحاً جَدِيداً.</p> <p>قولوا في الأممِ إِنَّ الرَّبَّ قَدْ مَلَكَ، لِأَنَّهُ تَبَّتِ الْمَسْكُونَةُ فَلَنْ تَتَزَعَزَعُ.</p>
<p><b>Deacon:</b> Let us pray to the Lord.</p> <p><b>Choir:</b> Lord, have mercy.</p> <p><b>Priest:</b> For Holy art Thou, O our God, Who restest in</p>	<p>الشماس: إلى الرَّبِّ نَطْلُبُ.</p> <p>المرتل: يا ربُّ ارحم.</p> <p>الكاهن: لِأَنَّكَ قُدُوسٌ أَنْتَ يَا إِلَهَنَا، وَفِي الْقَدِيسِينَ تَسْتَقِرُّ</p>

<p>the Holy Place, and unto Thee do we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages.</p>	<p>وَسَتَسْبِّحُ، وَلَكَ نُرْسُلُ الْمَجْدَ أَيُّهَا الْآبُ، وَالابْنُ، وَالرُّوحُ الْقُدُّسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى ذَهْرِ الدَّاهِرِينَ.</p>
<p><b>Chanter:</b> Amen. Let everything that hath breath praise the Lord. (<i>twice</i>)</p> <p><i>Praise ye God in His saints; praise Him in the firm foundation of His power.</i></p> <p>Let everything that hath breath praise the Lord.</p>	<p><b>الْمُرْتَل:</b> آمِينَ. كُلُّ نَسَمَةٍ، فَلْتَسْبِّحِ الرَّبَّ. (مَرَّتَيْنِ)</p> <p>سَبِّحُوا اللَّهَ فِي قَدِيسِيهِ، سَبِّحُوهُ فِي فَالِكِ قُوَّتِهِ.</p> <p>فَلْتَسْبِّحِ الرَّبَّ، كُلُّ نَسَمَةٍ.</p>
<p><b>THE ELEVENTH EOTHINON GOSPEL</b></p>	
<p><b>Deacon:</b> And that we may be accounted worthy to hear the Holy Gospel, let us pray unto the Lord our God.</p> <p><b>Choir:</b> Lord, have mercy. (<i>thrice</i>)</p> <p><b>Deacon:</b> Wisdom! Attend! Let us hear the Holy Gospel</p> <p><b>Priest:</b> Peace be to all.</p> <p><b>Choir:</b> And to thy spirit.</p> <p><b>Priest:</b> The Reading from the Holy Gospel according to Saint John(21:14-25).</p> <p><b>Choir:</b> Glory to Thee, O Lord, glory to Thee.</p> <p><b>Deacon:</b> Let us attend!</p>	<p><b>الشماس:</b> مِنْ أَجْلِ أَنْ نَكُونَ مُسْتَجِيبِينَ لِسَمَاعِ الْإِنْجِيلِ الْمُقَدَّسِ، إِلَى الرَّبِّ إِلَهِنَا نَطْلُبُ.</p> <p><b>المرتل:</b> يَا رَبُّ ارْحَمْ . (ثَلَاثًا)</p> <p><b>الشماس:</b> الْحِكْمَةُ، فَلْنَسْتَقِمْ وَلْنَسْمَعْ الْإِنْجِيلَ الْمُقَدَّسَ، الْكَاهِنُ: السَّلَامُ لِجَمِيعِكُمْ.</p> <p><b>المرتل:</b> وَلِرُوحِكَ.</p> <p><b>الكَاهِنُ:</b> فَضَّلْ شَرِيفٌ مِنْ بَشَارَةِ الْقَدِيسِ يُوْحَنَّا الْإِنْجِيلِيِّ الْبَشِيرِ وَالتِّلْمِيزِ الطَّاهِرِ.</p> <p><b>المرتل:</b> الْمَجْدُ لَكَ، يَا رَبُّ، الْمَجْدُ لَكَ.</p> <p><b>الشماس:</b> لِنُضْغِ!</p>
<p><b>Priest:</b> At that time, Jesus revealed Himself to His disciples after He was raised from the dead, and said to Simon Peter, “Simon, son of Jonah, do you love Me more than these?” He said to Him, “Yes, Lord; You know that I love You.” Jesus said to him, “Tend my lambs.” A second time Jesus said to him, “Simon, son of Jonah, do you love Me?” He said to Him, “Yes, Lord, You know that I love You.” Jesus said to him, “Tend my sheep.” Jesus said to him a third time, “Simon, son of Jonah, do you love Me?” Peter was grieved because He said to him a third time, “Do you love me?” and he said to Him, “Lord, You know everything; You know that I love You.” Jesus said to him, “Tend My sheep. Truly, truly, I say to you, when you were young, you girded yourself and walked where you would; but when you are old, you will stretch out your hands, and another will gird you and carry you where you do not wish to go.” (This was said to show by what death Peter was to glorify God.) And after this, He said to him, “Follow Me.” Peter turned and saw following them the disciple whom Jesus loved, who had lain close to His breast at the supper and had said, “Lord, who is it that is going to betray you?” When Peter saw him, he said to Jesus, “Lord, what about this man?” Jesus said to him, “If it is my will that he remain until I come,</p>	<p><b>الكَاهِنُ:</b> فِي ذَلِكَ الزَّمَانِ، أَظْهَرَ يَسُوعُ نَفْسَهُ لِتَلَامِيذِهِ مِنْ بَعْدِ مَا قَامَ مِنَ بَيْنِ الْأَمْوَاتِ وَقَالَ لِسِمْعَانَ بَطْرُسَ: "يَا سِمْعَانُ بَنَ يُونَا، أَتُحِبُّنِي أَكْثَرَ مِنْ هَؤُلَاءِ؟" قَالَ لَهُ: "نَعَمْ يَا رَبُّ، أَنْتَ تَعْلَمُ أَنِّي أُوَدُّكَ." قَالَ لَهُ: "ارْزَعْ حِمْلَانِي." ثُمَّ قَالَ لَهُ ثَانِيَةً: "يَا سِمْعَانُ بَنَ يُونَا، أَتُحِبُّنِي؟" قَالَ لَهُ: "نَعَمْ يَا رَبُّ، أَنْتَ تَعْلَمُ أَنِّي أُوَدُّكَ." قَالَ لَهُ: "ارْزَعْ خِرَافِي." ثُمَّ قَالَ لَهُ ثَالِثَةً: "يَا سِمْعَانُ بَنَ يُونَا، أَتُحِبُّنِي؟" فَحَزَنَ بَطْرُسُ لِأَنَّهُ قَالَ لَهُ ثَالِثَةً: "أَتَوَدُّنِي." فَقَالَ لَهُ: "يَا رَبُّ، أَنْتَ تَعْلَمُ كُلَّ شَيْءٍ، وَأَنْتَ تَعْلَمُ أَنِّي أُوَدُّكَ." فَقَالَ لَهُ: "ارْزَعْ خِرَافِي. الْحَقُّ الْحَقُّ أَقُولُ لَكَ إِذْ كُنْتَ شَابًّا كُنْتَ تُمْنَطِقُ نَفْسَكَ وَتَذْهَبُ حَيْثُ تَشَاءُ، فَإِذَا شِخْتَ فَسَتَمُدُّ يَدَيْكَ وَأَخْرُ يُمْنَطِقُكَ وَيَذْهَبُ بِكَ حَيْثُ لَا تَشَاءُ"، وَإِنَّمَا قَالَ هَذَا دَالًّا عَلَى أَيَّةِ مِيتَةٍ كَانَ مُزِمِعًا أَنْ يُمَجِّدَ اللَّهُ بِهَا. فَلَمَّا قَالَ هَذَا قَالَ لَهُ: "اتَّبِعْنِي." فَالْتَقَتْ بَطْرُسُ، فَرَأَى التِّلْمِيزَ الَّذِي كَانَ يَسُوعُ يُحِبُّهُ يَتَّبِعُهُ، وَهُوَ الَّذِي كَانَ اتَّكَأَ فِي الْعِشَاءِ عَلَى صَدْرِهِ وَقَالَ "يَا رَبُّ، مَنْ الَّذِي يُسَلِّمُكَ." فَلَمَّا رَأَاهُ بَطْرُسُ، قَالَ لِيَسُوعَ: "يَا رَبُّ، مَا</p>

<p>what is that to you? Follow Me!” The saying spread abroad among the brethren that this disciple was not to die; yet Jesus did not say to him that he was not to die, but, “If it is my will that he remain until I come, what is that to you?” This is the disciple who is bearing witness to these things, and who has written these things; and we know that his testimony is true. But there are also many other things that Jesus did; were every one of them to be written, I suppose that the world itself could not contain the books that would be written. Amen.</p>	<p>لهذا؟"، قَالَ لَهُ يَسُوعُ "إِنْ شِئْتُ أَنْ يَثْبُتَ إِلَى أَنْ أَجِيءَ، فَمَاذَا لَكَ؟ أَنْتَ اتَّبِعْنِي. " فَذَاعَتْ هَذِهِ الْكَلِمَةُ فِيمَا بَيْنَ الْإِخْوَةِ أَنَّ ذَلِكَ التَّلْمِيذَ لَا يَمُوتُ، وَلَمْ يُقُلْ يَسُوعُ إِنَّهُ لَا يَمُوتُ بَلْ "إِنْ شِئْتُ أَنْ يَثْبُتَ إِلَى أَنْ أَجِيءَ فَمَاذَا لَكَ؟" هَذَا هُوَ التَّلْمِيذُ الشَّاهِدُ بِهَذِهِ الْأُمُورِ وَالكَاتِبُ لَهَا، وَقَدْ عَلِمْنَا أَنَّ شَهَادَتَهُ حَقٌّ. وَأَشْيَاءُ أُخْرُ كَثِيرَةٌ صَنَعَهَا يَسُوعُ، لَوْ أَنَّهَا كُتِبَتْ وَاحِدَةً فَوَاحِدَةً، لَمَا ظَنَنْتُ الْعَالَمَ يَسَعُ الصُّحُفَ الْمَكْتُوبَةَ. آمِينَ.</p>
<p><b>Choir:</b> Glory to Thee, O Lord, glory to Thee.</p>	<p>المرتل: المَجْدُ لَكَ، يَا رَبِّ، المَجْدُ لَكَ.</p>
<p><b>Reader:</b> In that we have beheld the Resurrection of Christ, let us bow down before the Holy Lord Jesus, the only sinless One. Thy Cross do we adore, O Christ, and Thy holy Resurrection we praise and glorify: for Thou art our God, and we know none other beside Thee; we call upon Thy Name. O come, all ye faithful, let us adore Christ's holy Resurrection. For lo, through the Cross is joy come into all the world. Ever blessing the Lord, let us sing His Resurrection: for in that He endured the Cross for us, He hath destroyed death by death.</p>	<p>القارء: إِذْ قَدْ رَأَيْنَا قِيَامَةَ الْمَسِيحِ، فَلْتَسْجُدْ لِلرَّبِّ الْقُدُّوسِ، يَسُوعَ الْمَعْصُومِ مِنَ الْخَطَا وَحْدَهُ. لِصَلِيبِكَ أَيُّهَا الْمَسِيحُ نَسْجُدُ، وَلِقِيَامَتِكَ الْمُقَدَّسَةِ نُسَبِّحُ وَنُجِدُّ، لِأَنَّكَ أَنْتَ هُوَ إِلَهُنَا، وَأَخْرَ سِوَاكَ لَا نَعْرِفُ، وَبِاسْمِكَ نُسَمِّي. هَلُمَّ يَا مَعْشَرَ الْمُؤْمِنِينَ نَسْجُدْ لِقِيَامَةِ الْمَسِيحِ الْمُقَدَّسَةِ، لِأَنَّ هُوَذَا بِالصَّلِيبِ قَدْ أَتَى الْفَرَحُ لِكُلِّ الْعَالَمِ. لِنُبَارِكِ الرَّبَّ فِي كُلِّ حِينٍ وَنُسَبِّحَ قِيَامَتَهُ، لِأَنَّهُ إِذْ اخْتَمَلَ الصَّلْبَ مِنْ أَجْلِنَا، الْمَوْتَ بِالْمَوْتِ حَطَمَ.</p>
<p><b>PSALM 50</b></p>	
<p>Have mercy on me, O God, according to Thy Great Mercy; and according to the multitude of Thy compassions blot out my transgression.</p>	<p>ارْحَمْنِي يَا اللَّهُ بِعَظِيمِ رَحْمَتِكَ، وَكَمِثْلِ كَثْرَةِ رَأْفَتِكَ اَمْحُ مَاثِمِي.</p>
<p>Wash me thoroughly from mine iniquity, and cleanse me from my sin.</p>	<p>اغْسِلْنِي كَثِيرًا مِنْ إِثْمِي، وَمِنْ خَطِيئَتِي طَهِّرْنِي.</p>
<p>For I know mine iniquity, and my sin is ever before me.</p>	<p>لَأَنِّي أَنَا عَارِفٌ بِإِثْمِي، وَخَطِيئَتِي أَمَامِي فِي كُلِّ حِينٍ.</p>
<p>Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words, and prevail when Thou art judged.</p>	<p>إِلَيْكَ وَحْدَكَ أَخْطَأْتُ، وَالشَّرَّ قُدَّامَكَ صَنَعْتُ، لَكَي تَصُدَّقَ فِي أَقْوَالِكَ وَتَغْلِبَ فِي مُحَاكَمَتِكَ.</p>
<p>For behold, I was conceived in iniquities, and in sins did my mother bear me.</p>	<p>هَاءَ نَذَا بِالْآثَامِ حُبْلٌ بِي، وَبِالْخَطَايَا وُلِدْتَنِي أُمِّي.</p>
<p>For behold, Thou hast loved truth; the hidden and secret things of Thy wisdom hast Thou made manifest unto me.</p>	<p>لَأَنَّكَ قَدْ أَحْبَبْتَ الْحَقَّ، وَأَوْصَحْتَ لِي غَوَامِصَ حِكْمَتِكَ وَمَسْتُورَاتِهَا.</p>
<p>Thou shalt sprinkle me with hyssop, and I shall be made clean; Thou shalt wash me, and I shall be made whiter than snow.</p>	<p>تَنْضَحُنِي بِالزَّرْفَى فَأَطْهُرُ، تَغْسِلْنِي فَأَبْيَضُ أَكْثَرَ مِنَ النَّوْجِ.</p>
<p>Thou shalt make me to hear joy and gladness; the bones that be humbled, they shall rejoice.</p>	<p>تُسَمِعُنِي بِهَجَّةٍ وَسُرُورًا، فَتَبْتَهِّجُ عِظَامِي الذَّلِيلَةَ.</p>
<p>Turn Thy face away from my sins, and blot out all mine iniquities.</p>	<p>اصْرِفْ وَجْهَكَ عَنِ خَطَايَايَ، وَاَمْحُ كُلَّ مَاثِمِي.</p>
<p>Create in me a clean heart, O God, and renew a right spirit within me.</p>	<p>قَلْبًا نَقِيًّا اخْلُقْ فِيَّ يَا اللَّهُ، وَرُوحًا مُسْتَقِيمًا جَدِّدْ فِي أَحْشَائِي.</p>

Cast me not away from Thy presence, and take not Thy Holy Spirit from me.	لا تَطْرَحْنِي مِنْ أَمَامِ وَجْهِكَ، وَرُوحَكَ الْقُدُّوسَ لَا تَنْزِعْهُ مِنِّي.
Restore unto me the joy of Thy salvation, and with Thy governing Spirit establish me.	امْنَحْنِي بِهَجَّةِ خَلَاصِكَ، وَبِرُوحِ رِئَاسِيِّ اعْضُدْنِي.
I shall teach transgressors Thy ways, and the ungodly shall turn back unto Thee.	فَأَعْلِمُ الْأَثَمَةَ طُرُقَكَ، وَالْكَفَرَةَ إِلَيْكَ يَرْجِعُونَ.
Deliver me from blood-guiltiness, O God, Thou God of my salvation; my tongue shall rejoice in Thy righteousness.	أُنْقِذْنِي مِنَ الدِّمَاءِ يَا اللَّهُ إِلَهَ خَلَاصِي، فَيَبْتَهِجَ لِسَانِي بِعَدْلِكَ.
O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise.	يَا رَبُّ افْتَحْ شَفَتَيَّ، فَيُخْبِرَ فَمِي بِتَسْبِيحَتِكَ.
For if Thou hadst desired sacrifice, I had given it; with whole-burnt offerings Thou shalt not be pleased.	لَأَنَّكَ لَوْ آثَرْتَ الذَّبِيحَةَ، لَكُنْتُ الْآنَ أُعْطِي، لَكِنَّكَ لَا تُسَرُّ بِالْمُحْرَقَاتِ.
A sacrifice unto God is a broken spirit; a heart that is broken and humbled God will not despise.	الذَّبِيحَةُ لِلَّهِ رُوحٌ مُنْسَحِقٌ، الْقَلْبُ الْمُتَخَشِّعُ وَالْمُتَوَاضِعُ لَا يَرُدُّهُ اللَّهُ.
Do good, O Lord, in Thy good pleasure unto Zion, and let the walls of Jerusalem be built up.	أَصْلِحْ يَا رَبُّ بِمَسَرَّتِكَ صِهْيُونَ وَلْتُبْنَ أَسْوَارُ أُورُشَلِيمَ.
Then shalt Thou be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings.	حِينَئِذٍ تُسَرُّ بِذَّبِيحَةِ الْعَدْلِ قُرْبَانًا وَمُحْرَقَاتِ.
Then shall they offer bullocks upon Thine altar.	حِينَئِذٍ يُقَرَّبُونَ عَلَى مَذْبَحِكَ الْعُجُولَ.
<b>LENTEN TROPARIA AFTER PSALM 50 IN TONE EIGHT</b>	
<i>Glory to the Father, and to the Son, and to the Holy Spirit. Open to me the doors of repentance, O Life-giver; for my soul goeth early to the temple of Thy holiness, coming in the temple of my body, wholly polluted. But because Thou art compassionate, purify me by the compassion of Thy mercies.</i>	الْمَجْدُ لِلآبِ، وَالابْنِ، وَالرُّوحِ الْقُدُّوسِ. افْتَحْ لِي أَبْوَابَ التَّوْبَةِ يَا وَاهِبَ الْحَيَاةِ، لِأَنَّ رُوحِي تَبْتَكَرُ إِلَى هَيْكَلِ قُدْسِكَ، آتِيًّا بِهَيْكَلِ جَسَدِي مُدْنَسًا بِجَمَلْتِهِ. لَكِنَّ، بِمَا أَنَّكَ مُتَعَطِّفٌ، نَقِّنِي بِتَحْنِ مَرَامِكَ.
<i>Both now and ever, and unto ages of ages. Amen. Prepare for me the way of salvation, O Theotokos; for I have profaned myself with coarse sins, and consumed my whole life with procrastination. But by thine intercessions purify thou me from all abomination.</i>	الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. سَهِّلِي لِي مَنَاهَجَ الْخَلَاصِ يَا وَالِدَةَ الْإِلَهِ، فَإِنِّي قَدْ دَنَسْتُ نَفْسِي بِخَطَايَا سَمَجَةٍ، وَأَفْتَيْتُ عُمْرِي كُلَّهُ بِالتَّوَانِي. لَكِنَّ بِشَفَاعَاتِكَ، نَقِّنِي مِنْ كُلِّ رَجَاسَةٍ.
<i>(TONE SIX) Have mercy upon me, O God, according to Thy loving-kindness: according unto the multitude of Thy tender mercies blot out my transgressions. If I think upon the multitude of my evil deeds, wretch that I am, I tremble for the terrible Day of Judgment. But, trusting the compassion of Thy mercy, I shout to Thee like David, Have mercy upon me, O God, according to Thy Great Mercy.</i>	(بِاللَّحْنِ السَّادِسِ) يَا رَحِيمَ، ارْحَمْنِي يَا اللَّهُ كَعَظِيمِ رَحْمَتِكَ، وَكَمَثَلِ كَثْرَةِ رَأْفَاتِكَ امْحُ مَاثِمِي. إِذَا تَصَوَّرْتُ كَثْرَةَ أَفْعَالِي الرَّدِيئَةِ أَنَا الشَّقِيَّ، فَإِنِّي ارْتِعِدُ مِنْ يَوْمِ الدَّيْنُونَةِ الرَّهيبِ. لَكِنِّي إِذْ أَنَا وَاثِقٌ بِتَحْنِكَ، أَهْتِفُ إِلَيْكَ مِثْلَ دَاوُدَ: ارْحَمْنِي يَا اللَّهُ، بِحَسَبِ عَظِيمِ رَحْمَتِكَ.
<b>THE INTERCESSION</b>	
<b>Deacon:</b> O God, save Thy people, and bless Thine inheritance. Visit Thy world with mercy and compassions. Exalt the	الشَّمْسِ: خَلِّصْ يَا اللَّهُ شَعْبَكَ، وَبَارِكْ مِيرَاثَكَ، وَافْتَقِدْ عَالَمَكَ بِالرَّحْمَةِ وَالرَّأْفَاتِ، وَارْفَعْ شَأْنَ الْمَسِيحِيِّينَ

horn of Orthodox Christians, and send down upon us Thy rich mercies. Through the intercessions of our all-immaculate Lady the Theotokos and ever-virgin Mary; by the might of the precious and life-giving Cross; by the protection of the honorable bodiless Powers of heaven; at the supplication of the honorable, glorious prophet, forerunner and Baptist John; of the holy, glorious, all-laudable apostles Peter and Paul, and of all the holy apostles; of our fathers among the saints, great hierarchs and ecumenical teachers Basil the Great, Gregory the Theologian and John Chrysostom; Athanasius, Cyril and John the Merciful, patriarchs of Alexandria; Nicholas of Myra, Spyridon of Trimythous and Nektarios of Pentapolis the Wonderworkers; of our fathers among the saints Tikhon, patriarch of Moscow and Raphael, bishop of Brooklyn; of the holy, glorious, great-martyrs, George the Trophy-bearer, Demetrios the Myrrh-streamer, Theodore the Soldier, Theodore the General, and Menas the Wonderworker; of the hieromartyrs Ignatius the God-bearer of Antioch, Charalampos and Eleutherios; of the holy, glorious great women martyrs, Thekla, Barbara, Anastasia, Katherine, Kyriaki, Photeini, Marina, Paraskeva and Irene; of the holy, glorious, right-victorious martyrs; of our venerable and God-bearing fathers who shone in the ascetic life; of Saint N., the patron and protector of this holy community; of the holy and righteous ancestors of God, Joachim and Anna; of our venerable and God-bearing Father John (Climacus) of Sinai, author of 'The Ladder;' whose memory we celebrate today, and of all the saints: we beseech Thee, O most merciful Lord, hearken unto the petitions of us sinners who make our supplications unto Thee, and have mercy upon us.

الأرثوذكسيين، وأسبغ علينا مراحمك الغنيّة، بشفاعات سيّدتنا والدة الإله الكلّيّة الطّهارة والدائمة البتوليّة مرّيم؛ وبُفوة الصليب الكريم المُحيي؛ وبطلبات القوّات السّمائيّة المُكرّمة العادمة الأجساد؛ والنّبّي الكريم السّابق المجدد يوحنا المعمدان؛ والقديسين المُشرقيين الرّسولين بطرس وبولس، وسائر الرّسل المُشرقيين الجديريين بكلّ مديح؛ وآبائنا القديسين معلّمي المسكونة رؤساء الكهنّة المُعظّمين باسيليوس الكبير، وغريغوريوس اللاهوتي، ويوحنا الذهبيّ القم؛ وآبائنا القديسين أثناسيوس وكيرلس ويوحنا الرّحيم بطاركة الإسكندريّة، وأبينا القديس نيقولاوس رئيس أساقفة ميروالليكيّة، واسبيريدون أسقف تريميثوس، ونكتاريوس أسقف المُدن الخمس العجائبيين، وأبينا القديس تيوخون بطريرك موسكو، والقديس رافائيل أسقف بروكلين؛ والقديسين المجددين الشّهداء العظّماء جاورجيوس اللايس الطّفر، وديميتريوس المُفيض الطيب، وثيودورس التيروني، وثيودورس قائد الجيش، وميناس الصانع العجائب؛ والقديسين الشّهداء إغناطيوس المُتوسّخ بالله، خرالمبوس وإلغثيريوس؛ والشّهيدات العظيمات ثقلا، بريارة، أنسطاسيا، كاترينا، كيرياكي، فوتيني، مارينا، باراسكيفا، وأيرين؛ والقديسين المجددين الشّهداء المُتألّقين بالطّفر؛ وآبائنا الأبرار المُتوسّحين بالله؛ والقديس (ة) (فلان، فلانة) شفيع (ة) وحامي (ة) هذه الرّعيّة المقدّسة؛ والقديسين الصّديقين جدّي المسيح الإله، يواكيم وحنّة؛ البار يوحنا كلايماكوس السيناوي كاتب كتاب سُلّم الفضائل، والشّهيد في الكهنّة أنثيباس أسقف برغاموس، والأمهات البارّات تريفانيا ومطرونا من سيديوس، الذين نُقيم تذكّارهم اليوم؛ وجميع قديسيك، ننصّرغ إليك، أيّها الرّبّ الجزيل الرّحمة، فاستجب لنا نحن الخطاة الطالبيين إليك وارحمنا.

**Chanter:** Lord, have mercy. Lord, have mercy. Lord, have mercy. (Repeat 4 times)

المرتل: يا ربّ ارحم، يا ربّ ارحم، يا ربّ ارحم. (4 مرات)

**Priest:** Through the mercy and compassions and love for mankind of Thine Only-begotten Son, with Whom Thou art blessed, together with Thine all-holy, and good, and life-giving Spirit: now and ever, and unto ages of ages.

الكاهن: برّحمة ورأفات ابنك الوحيد ومحبّته للبشر، الذي أنت مُبارك معه ومع روحك الكلّيّ قدّسه الصّالح والمُحيي، الآن وكلّ أوانٍ وإلى دهر الدهرين.

**Choir:** Amen.

المرتل: آمين.



<b>THIRD TONE RESURRECTIONAL KONTAKION AND OIKOS (Plain Reading)</b>	
<p>On this day didst Thou arise out of the grave and didst lead us from the bars and gates of death, Thou Who art great in compassion. On this day, both Adam danceth and Eve rejoiceth; and with them, all of the Patriarchs and the Prophets chant unceasing hymns in praise of the godly power of Thy dominion and might.</p>	<p>لَقَدْ قُمْتَ الْيَوْمَ مِنَ الْقَبْرِ، أَيُّهَا الرَّؤُوفُ، وَأَخْرَجْتَنَا مِنْ أَبْوَابِ الْمَوْتِ. فَالْيَوْمَ يَرْقُصُ آدَمُ طَرِبًا، وَتَفْرَحُ حَوَاءُ مَسْرُورَةً، وَالْأَنْبِيَاءُ مَعَ رُؤَسَاءِ الْأَبَاءِ لَا يَنْفَكُونَ مُسَبِّحِينَ عِزَّةَ سُلْطَانِكَ الْإِلَهِيَّةِ.</p>
<p>Let Heaven and earth dance today, and let them praise Christ God with one accord; for He hath raised from the grave them that were in bonds. All creation rejoiceth together as it offereth fitting songs unto our Redeemer, the Creator of all. For having drawn mortals with Himself out of Hades today, as the Giver of Life, He exalteth them with Himself up to the Heavens. He dasheth down the arrogance of the enemy, and breaketh in pieces the gates of Hades, by the godly power of His dominion and might.</p>	<p>لِتَرْقُصِ الْيَوْمَ السَّمَاءُ وَالْأَرْضُ طَرِبًا، وَلْتُسَبِّحَنِ الْمَسِيحَ الْإِلَهَ بِاتِّفَاقِ الْأَصْوَاتِ، لِأَنَّهُ قَدْ أَقَامَ الْمُقَيَّدِينَ فِي الْقُبُورِ. فَالْخَلِيقَةُ كُلُّهَا تَفْرَحُ رَافِعَةً إِلَى خَالِقِ الْكُلِّ وَفَادِينَا الْأَنْشِيدَ اللَّائِقَةَ، لِأَنَّهُ قَدْ انْتَشَلَ الْيَوْمَ الْبَشَرَ مِنَ الْجَحِيمِ، بِمَا أَنَّهُ الْمَانِحُ الْحَيَاةَ، وَرَفَعَهُمْ إِلَى السَّمَاوَاتِ، وَحَطَّمَ كِبْرِيَاءَ الْعَدُوِّ وَصَلَفَهُ، وَسَحَقَ أَبْوَابَ الْجَحِيمِ بِعِزَّةِ سُلْطَانِهِ الْإِلَهِيَّةِ.</p>
<b>THE SYNAXARION (Plain Reading)</b>	
<p>On April 11 in the Holy Orthodox Church, we commemorate the Hieromartyr Antypas, bishop of Pergamum; Righteous Mothers Tryphaina and Matrona of Cyzicus.</p> <p>On this same day, the Fourth Sunday of Great Lent, we make remembrance of our godly father, John, the author of The Ladder of Divine Ascent (or Climacus).</p> <p style="text-align: center;"><i>Verses</i></p> <p style="text-align: center;">John, dead in the flesh and also living, Liveth eternally, even though appearing dead and without breath. Leaving letters, a ladder for the journey upwards, He showeth forth his pursuit of the journey upwards.</p> <p>The celebration of his feast on this day arose from the custom prevalent in the honorable monasteries of starting Great Lent with the reading of his lessons. John describes the method of elevating the soul to God as ascending a ladder. He teaches those who seek salvation how to lay a firm foundation for struggles, how to detect and fight every passion, how to avoid demonic snares, and how to rise from the rudimental virtues to the heights of Godlike love and humility. John of the Ladder came to Mount Sinai at age 16 and remained there, first as a novice under obedience, then as a recluse, and finally as abbot until his eightieth year. One time, his disciple, Moses, fell asleep under the shade of a large stone. John, in prayer in his cell, saw that his disciple was in danger and prayed to God for him. Later, when Moses returned, he fell on his knees and gave thanks to his spiritual father for saving him from certain death. He related how, in a dream, he heard John calling him and he jumped up and, at that moment, the stone tumbled. Had he not jumped, the stone would have crushed him. John Climacus died on March 30, 606.</p> <p style="text-align: center;">Through his intercessions, O Christ God, have mercy upon us. Amen.</p>	
<b>THE KATAVASIAE OF THE AKATHIST CANON IN TONE FOUR</b>	
<p><b>Ode 1.</b> I shall open my mouth and it will be filled with the Spirit; and I shall speak forth to the Queen and Mother. I shall be seen joyfully singing her praises, and I shall delight to sing of her wonders.</p>	<p><b>(الأولى)</b> أَفْتَحُ فَمِي فَيَمْتَلِي رُوحًا، وَأَبْدِي قَوْلًا فَائِضًا نَحْوَ الْأُمِّ الْمَلَكَةِ، وَأَظْهَرُ مُعِيدًا لِلْمَوْسِمِ بِابْتِهَاجٍ، وَأَتَرْتُمُ بِعَجَائِبِهَا مَسْرُورًا.</p>
<p><b>Ode 3.</b> As a living and copious fountain, O Theotokos, do thou strengthen those who hymn thy praises, and are joined together in spiritual company for thy service; and in thy divine glory make them worthy of crowns of glory.</p>	<p><b>(الثالثة)</b> يَا وَالِدَةَ الْإِلَهِ، بِمَا أَنَّكَ الْيَنْبُوعُ الْحَيُّ الْمُتَدَفِّقُ بِسَخَاءٍ، وَطَدِينَا نَحْنُ الْمُتَشِدِّينَ تَسَابِيحِكَ، الْمُتَلْتَمِينَ مَخْفِلًا رُوحِيًّا، وَفِي مَجْدِكَ الْإِلَهِيِّ أَهْلِينَا لِأَكَالِيلِ الْمَجْدِ وَالشَّرَفِ.</p>

<p><b>Ode 4.</b> He Who sits in clouds of glory upon the throne of the Godhead, Jesus the most high God, came with mighty hand and saved those who cried out unto Him: Glory to Thy power, O Christ.</p>	<p>(الرابعة) إِنَّ يَسُوعَ الْفَائِقَ النَّالَهُ، الْجَالِسَ بِمَجْدٍ عَلَى سُدَّةِ اللاهوتِ، قَدْ وَرَدَ عَلَى سَحَابَةٍ خَفِيفَةٍ، وَخَلَصَ بِقَبْضَتِهِ الْغَيْرِ الْفَاسِدَةَ الصَّارِحِينَ نَحْوَهُ: الْمَجْدُ لِقَدْرَتِكَ أَيُّهَا الْمَسِيحُ.</p>
<p><b>Ode 5.</b> All creation was amazed at thy divine glory, for thou, O unwedded Virgin, didst hold in thee the God of all, and didst bear the Eternal Son, Who rewards with salvation all those who hymn thy praises.</p>	<p>(الخامسة) أَيُّهَا الْبَتُولُ الَّتِي لَمْ تَعْرِفْ زَوْجاً، إِنَّ الْبَرَايَا بِأَسْرِهَا قَدْ انْدَهَلَتْ مِنْ مَجْدِكَ الْإِلَهِيِّ، لِأَنَّكَ حَمَلْتِ فِي حَشَاكِ إِلَهَ الْكُلِّ، وَوَلَدْتِ الْإِبْنَ الْغَيْرَ الْمَحْدُودِ فِي زَمَنِ، وَمَنْحَتِ الْخَلَاصَ لِكُلِّ الَّذِينَ يُسَبِّحُونَكَ.</p>
<p><b>Ode 6.</b> As we the Godly-minded, celebrate this sacred and all-honorable feast of the Mother of God: come, let us clap our hands together and glorify the God Whom she bore.</p>	<p>(السادسة) هَلُمُّوا أَيُّهَا الْمُتَأَلِّهُوا الْعُقُولِ، لِنُصَقِّقَ بِالْأَيْدِي مُقِيمِينَ هَذَا الْعِيدَ الْإِلَهِيِّ الْكَلِيِّ الْإِكْرَامِ، الَّذِي لَوْلَادَةِ الْإِلَهِ، وَنَمَجِّدِ الْإِلَهِ الَّذِي وُلِدَ مِنْهَا.</p>
<p><b>Ode 7.</b> The Godly-minded children worshipped not the creature rather than the Creator, but trampling upon the threat of fire in manly fashion, they rejoiced and sang: O All-praised Lord and God of our Fathers, blessed art Thou.</p>	<p>(السابعة) إِنْ الْفَتْيَةَ الْمُتَأَلِّهُي الْعُقُولِ، لَمْ يَعْبُدُوا الْخَلِيقَةَ دُونَ الْخَالِقِ، بَلْ وَطَنُوا وَعِيدَ النَّارِ بِشَجَاعَةٍ، فَرْتَلُوا فَرِحِينَ: أَيُّهَا الْفَائِقُ التَّسْبِيحِ، مُبَارِكٌ أَنْتَ يَا إِلَهَ آبَائِنَا.</p>
<p><i>We praise, we bless, and we worship the Lord.</i> <b>Ode 8.</b> The three holy children in the furnace the Child of the Theotokos saved; then was the type, now is its fulfillment, and the whole world gathers to sing: All ye works praise the Lord and magnify Him unto all ages.</p>	<p>نُسَبِّحُ وَنُبَارِكُ وَنَسُجُدُ لِلرَّبِّ. (الثامنة) إِنَّ مَوْلِدَ الْوَالِدَةِ الْإِلَهِ قَدْ حَفِظَ الْفَتْيَةَ الْأَطْهَارَ فِي الْأَتُونِ سَالِمِينَ، إِذْ كَانَ حِينئِذٍ مَرْسُوماً وَأَمَّا الْآنَ فَقَدْ حَصَلَ مَفْعُولاً، فَهُوَ يُنْهَضُ الْمَسْكُونَةَ بِأَسْرِهَا إِلَى التَّرْتِيلِ هَانِئَةً: يَا جَمِيعَ أَعْمَالِ الرَّبِّ سَبِّحُوا الرَّبَّ، وَزِيدُوهُ رِفْعَةً عَلَى مَدَى الْأَدْهَارِ.</p>
<p><b>Deacon:</b> The Theotokos and Mother of the Light, let us honor and magnify in song.</p>	<p>الشَّمَّاسُ: لَوْلَادَةِ الْإِلَهِ وَأَمَّ النُّورِ بِالتَّسَابِيحِ نُكْرِمُ مُعْظَمِينَ.</p>
<p><b>MAGNIFICATIONS IN TONE FOUR</b></p>	
<p>My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior. <b>Refrain:</b> More honorable than the Cherubim, and more glorious beyond compare than the Seraphim, thou who without corruption bearest God the Word, and art truly Theotokos, we magnify thee.</p>	<p>تُعْظِمُ نَفْسِي الرَّبِّ، وَتَبْتَهِجُ رُوحِي بِاللَّهِ مُخْلِصِي. اللازمة: يَا مَنْ هِيَ أَكْرَمُ مِنَ الشَّارُوبِيمِ، وَأَرْفَعُ مَجْداً بِغَيْرِ قِيَاسٍ مِنَ السَّارَافِيمِ، الَّتِي مِنْ دُونِ فَسَادٍ وَلَدَتْ كَلِمَةَ اللَّهِ، حَقّاً إِنَّكَ وَالِدَةُ الْإِلَهِ إِيَّاكَ نُعْظِمُ.</p>
<p>For He hath regarded the lowliness of His handmaiden; for behold from henceforth all generations shall call me blessed. <b>(Refrain)</b></p>	<p>لَأَنَّهُ نَظَرَ إِلَى تَوَاضَعِ أَمْتِهِ، فَهَا مِنْذُ الْآنَ تُطَوِّبُنِي جَمِيعُ الْأَجْيَالِ. (اللازمة)</p>
<p>For He that is mighty hath magnified me, and holy is His Name; and His mercy is on them that fear Him, throughout all generations. <b>(Refrain)</b></p>	<p>لَأَنَّ الْقَدِيرَ صَنَعَ بِي عَظَائِمَ وَقُدُوسَ اسْمَهُ، وَرَحْمَتَهُ إِلَى جِيلٍ فَجِيلٍ لِلَّذِينَ يَتَّقُونَهُ. (اللازمة)</p>
<p>He hath showed strength with His arm; He hath scattered the proud in the imagination of their hearts. <b>(Refrain)</b></p>	<p>صَنَعَ عِزّاً بِسَاعِدِهِ، وَشَنَّتْ الْمُتَكَبِّرِينَ بِذَهْنِ قُلُوبِهِمْ. (اللازمة)</p>
<p>He hath put down the mighty from their seat, and hath exalted the humble and meek. He hath filled the empty with good things, and the rich hath He sent empty away. <b>(Refrain)</b></p>	<p>حَطَّ الْمُقْتَدِرِينَ عَنِ الْكِرَاسِيِّ وَرَفَعَ الْمُتَوَاضِعِينَ، مَلَأَ الْجِيَاعَ مِنَ الْخَيْرَاتِ، وَالْأَغْنِيَاءَ أَرْسَلَهُمْ فَارِغِينَ. (اللازمة)</p>

<p>He remembering His mercy hath helped His servant Israel, as He promised to our forefathers, Abraham and his seed forever. <b>(Refrain)</b></p>	<p>عَصَدَ إِسْرَائِيلَ فَتَاهُ لِيَذْكَرَ رَحْمَتَهُ، كَمَا قَالَ لِأَبَائِنَا إِبْرَاهِيمَ وَنَسْلِهِ إِلَى الْأَبَدِ. <b>(اللازمة)</b></p>
<p><b>Ode 9.</b> Let all earth-born mortals rejoice in the Spirit, bearing their lamps. And let the nature of bodiless Minds celebrate with honor the holy festival of the Mother of God, and cry out: Hail! All-blessed, pure, and ever-virgin Theotokos!</p>	<p><b>(التاسعة)</b> كُلُّ الْأَرْضِيِّينَ فَلْيَبْتَهِجُوا بِالرُّوحِ حَامِلِينَ الْمَصَابِيحَ، وَطَبِيعَةُ الْعَقْلِيِّينَ الْغَيْرِ الْهَيُولِيِّينَ فَلْتَحْتَفِلْ مَعًا، مُعَيَّدَةً لِمَوْسِمِ أُمِّ الْإِلَهِ الشَّرِيفِ وَهَاتِفَةً: إِفْرَحِي يَا وَالِدَةَ الْإِلَهِ النَّعِيَّةِ، الدَّائِمَةَ الْبَتُولِيَّةِ، وَالْكَلْبِيَّةِ الطُّوبَى.</p>
<p><b>THE LITTLE LITANY</b></p>	
<p><b>Deacon:</b> Again and again, in peace, let us pray to the Lord. <b>Choir:</b> Lord, have mercy. <b>Deacon:</b> Help us; save us; have mercy on us; and keep us, O God, by Thy grace. <b>Choir:</b> Lord, have mercy. <b>Deacon:</b> Calling to remembrance our all-holy, immaculate, most-blessed and glorious Lady the Theotokos and ever-virgin Mary, with all the saints: let us commend ourselves and each other, and all our life unto Christ our God. <b>Choir:</b> To Thee, O Lord. <b>Priest:</b> For all the powers of Heaven praise Thee, and unto Thee do they ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. <b>Choir:</b> Amen.</p>	<p>الشماس: أَيْضاً وَأَيْضاً بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ. الجوق: يَا رَبُّ ارْحَمْ. الشماس: أَعْضُدْ، وَخَلِّصْ، وَارْحَمْ، وَاحْفَظْنَا يَا اللَّهُ بِنِعْمَتِكَ. الجوق: يَا رَبُّ ارْحَمْ. الشماس: بَعْدَ ذِكْرِنَا الْكَلْبِيَّةِ الْقِدَاسَةِ، الطَّاهِرَةِ، الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةَ الْإِلَهِ الدَّائِمَةَ الْبَتُولِيَّةِ مَرْيَمَ مَعَ جَمِيعِ الْقَدِيسِينَ، لِنُودِعْ أَنْفُسَنَا وَبَعْضُنَا بَعْضاً وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ. الجوق: لَكَ يَا رَبُّ. الكاهن: لِأَنَّهُ إِيَّاكَ تُسَبِّحُ كُلُّ قُوَّاتِ السَّمَاوَاتِ، وَكَأَنَّكَ يُرْسَلُونَ الْمَجْدَ أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. الجوق: آمِينَ.</p>
<p>Holy is the Lord our God. <b>(THRICE)</b> Exalt ye the Lord our God, and worship at His footstool, for He is holy.</p>	<p>قُدُّوسٌ هُوَ الرَّبُّ الْهَيْئًا. <b>(ثلاثاً)</b> ارْزُقُوا الرَّبَّ الْهَيْئًا، وَاسْجُدُوا لِمَوْطِي قَدَمَيْهِ، لِأَنَّ الرَّبَّ الْهَيْئًا قُدُّوسٌ هُوَ.</p>
<p><b>ELEVENTH EOTHINON EXAPOSTELARION IN TONE 2 (*Upon that mount in Galilee)</b></p>	
<p>When He arose again as God, * the Lord thrice questioned Peter: * Lovest thou Me? Then afterward * He made of him chief shepherd * of His own sheep; and when Peter * saw the loved one by Jesus * coming behind and following, * then he asked of the Master: * And what of him? * If I will, He said, that this man should tarry * until I come again, O friend, * what carest thou, O Peter?</p>	<p>إِنَّ الرَّبَّ لَمَّا سَأَلَ بُطْرُسَ، بَعْدَ قِيَامَتِهِ الْإِلَهِيَّةِ ثَلَاثًا: أَتَوَدُّنِي؟ أَقَامَهُ رَئِيسَ رِعَاةِ غَنَمِهِ. الَّذِي لَمَّا أَبْصَرَ التِّلْمِيذَ الَّذِي كَانَ يَسُوعُ يُحِبُّهُ تَابِعًا، سَأَلَ السَّيِّدَ قَائِلًا: مَا لِهَذَا؟ فَقَالَ لَهُ: إِنَّ شَأْنَهُ أَنْ يَثْبُتَ هَذَا إِلَى أَنْ أَجِيءَ أَيْضًا، مَاذَا لَكَ يَا بُطْرُسُ حَبِيبِي؟</p>
<p><b>EXAPOSTELARION &amp; THEOTOKION FOR ST. JOHN CLIMACUS IN TONE TWO (**Hearken, ye women**)</b></p>	
<p>O righteous John of perpetual memory, thou didst turn aside from worldly luxury because it is loathsome; and, emaciating thy body with abstinence, thou didst renew the power of thy soul, and enriched it with heavenly glory. Wherefore, thou ceasest not to intercede for our sakes.</p>	<p>أَيُّهَا الْبَارُّ يُوْحَنَّا الدَّائِمُ الذِّكْرُ، لَقَدْ عَزَفْتَ عَنِ التَّنَعُّمِ الدُّنْيَوِيِّ لِأَنَّهُ مَمَقُوتٌ، وَأَدْوَيْتَ الْجَسَدَ بِالْإِمْسَاكِ، فَجَدَّدْتَ قُوَّةَ النَّفْسِ، وَأَغْنَيْتَهَا بِالْمَجْدِ السَّمَاوِيِّ، فَلَا تَزَلُ مُتَشَفِّعًا مِنْ أَجْلِنَا.</p>

<p>Saved through thee, O Lady, we acknowledge thee to be in truth the Theotokos; for in ways past speech thou hast borne God, who hast destroyed Death by the Cross and called to Himself the assemblies of the saints. With them, we praise thee, O Virgin.</p>	<p>أَيْتُهَا السَّيِّدَةَ، نَحْنُ الْمُخَلَّصِينَ بِكَ، نَعْتَرِفُ أَنَّكَ أُمَّ الإِلهِ، لِأَنَّكَ وَلَدْتِ بِحَالٍ لَا يُوَصَّفُ، الإِلهَ الَّذِي حَلَّ الْمَوْتَ بِصَلِيْبِهِ، وَاجْتَدَبَ إِلَيْهِ مَحَافِلَ الْأَبْرَارِ، الَّذِينَ مَعَهُمْ نَسْبِحُكَ أَيُّهَا الْبَتُولُ.</p>
<p><b>AINOI (PRAISES) IN TONE THREE</b></p>	
<p>Let everything that hath breath, praise the Lord. Praise ye the Lord from the heavens; praise Him in the heights. To Thee, O God is due our song.</p>	<p>كُلُّ نَسَمَةٍ فَلْتَسْبِحِ الرَّبَّ. سَبِّحُوا الرَّبَّ مِنَ السَّمَاوَاتِ، سَبِّحُوهُ فِي الْأَعَالِي، لِأَنَّهُ لَكَ يَلِيقُ النَّسْبِيحُ يَا اللهُ.</p>
<p>Praise ye Him, all His angels; praise ye Him, all His hosts. To Thee, O God, is due our song.</p>	<p>سَبِّحُوهُ يَا جَمِيعَ مَلَائِكَتِهِ، سَبِّحُوهُ يَا سَائِرَ قُوَاتِهِ، لِأَنَّهُ لَكَ يَلِيقُ النَّسْبِيحُ يَا اللهُ.</p>
<p><b>For the Resurrection in Tone Three</b></p>	
<p><i>Verse 1. This glory shall be to all His saints. Come together, all ye people, and know the power of the dreadful secret; for Christ our Savior, the eternal Word, hath been crucified for our sake, and was buried willingly, and hath risen from the dead to save all. To Him let us bow down in worship.</i></p>	<p>1- هَذَا الْمَجْدُ يَكُونُ لِجَمِيعِ أُنْبِرَارِهِ. هَلِّمُوا أَيُّهَا الشُّعُوبُ جَمِيعاً، وَاعْلَمُوا قُوَّةَ هَذَا السِّرِّ الرَّهِيْبِ، لِأَنَّ الْمَسِيحَ مُخْلِصَنَا الْكَلِمَةَ الْأَزَلِيَّةَ، قَدْ صُلِبَ مِنْ أَجْلِنَا، وَدُفِنَ بِاخْتِيَارِهِ، وَقَامَ مِنْ بَيْنِ الْأَمْوَاتِ لِيُخَلِّصَ الْكُلَّ، فَلَهُ نَسْجُدُ.</p>
<p><i>Verse 2. Praise God in His sanctuary; praise Him in the firmament of His power. The guards have published it abroad, O Lord, telling of all Thy wonders. But the assembly of falsehood filled their right hands with bribes, thinking that thereby they might conceal Thy Resurrection which the world doth glorify. Wherefore, have mercy upon us.</i></p>	<p>2- سَبِّحُوا اللهُ فِي قَدِيْسِيْهِ، سَبِّحُوهُ فِي فَالِكِ قُوَّتِهِ. أَيُّهَا الرَّبُّ، إِنَّ الْحِرَاسَ قَدْ أَدَاعُوا مُخْبِرِينَ بِكُلِّ الْعَجَائِبِ، إِلَّا أَنَّ مَجْمَعَ الْبَاطِلِ أَفْعَمُوا يَمِينَهُمْ مِنَ الرُّشَى، ظَانِّينَ أَنَّهُمْ يُخْفُونَ قِيَامَتَكَ الَّتِي الْعَالَمُ يُمَجِّدُهَا فَارْحَمْنَا.</p>
<p><i>Verse 3. Praise Him for His mighty acts; praise Him according to His excellent greatness. Verily, all creatures were filled with joy when they received the glad tidings of Thy Resurrection; for Mary Magdalene, coming to Thy grave, met an angel in a brilliant robe sitting on the stone, who said, Why seekest thou the living among the dead? He is not here, but is risen. As He said, He will go before you into Galilee.</i></p>	<p>3- سَبِّحُوهُ عَلَى مَقْدَرَتِهِ، سَبِّحُوهُ تَظْيِيرَ كَثْرَةِ عَظَمَتِهِ. إِنَّ الْبَرَايَا بِأَسْرِهِا قَدْ اِمْتَلَأَتْ حُبوراً لَمَّا قَبِلَتْ بُشْرَى قِيَامَتِكَ، لِأَنَّ مَرْيَمَ الْمَجْدَلِيَّةَ وَافَتْ إِلَى صَرِيْحِكَ، فَصَادَفَتْ مَلَكَاً جَالِساً عَلَى الْحَجَرِ بِحُلَّةٍ بَهِيَّةٍ وَقَائلاً: لِمَ تَطْلُبِينَ الْحَيَّ مَعَ الْمَوْتَى؟ لَيْسَ هُوَ هَهُنَا، لَكِنَّهُ قَدْ قَامَ كَمَا قَالَ، إِنَّهُ يَسْبِقُكُمْ إِلَى الْجَلِيلِ.</p>
<p><i>Verse 4. Praise Him with the sound of the trumpet; praise Him with the psaltery and harp. O Master, Lover of mankind, with Thy light do we behold light; for Thou art risen from the dead, granting salvation to the race of man, that the whole creation may glorify Thee alone, Who art without sin. Have mercy upon us.</i></p>	<p>4- سَبِّحُوهُ بِلَحْنِ الْبُوقِ، سَبِّحُوهُ بِالْمِزْمَارِ وَالْقِيَارَةِ. أَيُّهَا السَّيِّدُ الْمُحِبُّ الْبَشَرَ، إِنَّا بِنُورِكَ نُعَايِنُ النُّورَ، لِأَنَّكَ نَهَضْتَ مِنْ بَيْنِ الْأَمْوَاتِ وَاهِباً الْخَلَاصَ لِجِنْسِ الْبَشَرِ، لِكِي تُمَجِّدَكَ الْخَلِيقَةُ بِأَسْرِهِا، أَيُّهَا الْعَادِمُ الْخَطَأَ وَحَدَكَ فَارْحَمْنَا.</p>
<p><b>For St. John Climacus in Tone Eight (**O strange wonder**)</b></p>	
<p><i>Verse 5. Praise Him with the timbrel and dance; praise Him with stringed instruments and organs.</i></p>	<p>5- سَبِّحُوهُ بِالطَّبَلِ وَالْمِصَافِ. سَبِّحُوهُ بِالْأُوتَارِ وَآلَةِ الطَّرْبِ.</p>

<p>Righteous Father John, in very truth, * thou hadst the high praise of God * in thy throat every day and hour; * and with active diligence * thou didst earnestly meditate * on the divinely inspired oracles * and wast made rich in the grace that they pour forth; * through this, O man most wise, * thou becamest blessed and didst utterly * overturn the counsels of all base and godless men.</p>	<p>أَيُّهَا الْأَبُّ الْبَارُّ يُوَحِّتَا الْكَامِلِ الْحِكْمَةَ، لَقَدْ حَمَلْتَ دَائِمًا مَرَاقِي الْإِلَهِ فِي فَمِكَ، دَارِسًا عَمَلِيًّا الْأَقْوَالَ الْمُلهِمَةَ، وَمِنْ نَمَّ غَزَرْتَ لَكَ النِّعْمَةَ، وَغَدَوْتَ مُغَبِّطًا، وَمُخَبِّطًا مَوَامِرَاتِ الْكُفْرَةِ بِأَسْرِهِمْ.</p>
<p><i>Verse 6. Praise Him upon the loud cymbals: praise Him upon the high-sounding cymbals.</i> Righteous Father John, in very truth, * thou hadst the high praise of God * in thy throat every day and hour; * and with active diligence * thou didst earnestly meditate * on the divinely inspired oracles * and wast made rich in the grace that they pour forth; * through this, O man most wise, * thou becamest blessed and didst utterly * overturn the counsels of all base and godless men.</p>	<p>6- سَبِّحُوهُ بِنِعْمَاتِ الصُّنُوجِ. سَبِّحُوهُ بِصُنُوجِ التَّهْلِيلِ. كُلُّ نَسَمَةٍ فَلْتَسَبِّحِ الرَّبَّ. أَيُّهَا الْأَبُّ الْبَارُّ يُوَحِّتَا الْكَامِلِ الْحِكْمَةَ، لَقَدْ حَمَلْتَ دَائِمًا مَرَاقِي الْإِلَهِ فِي فَمِكَ، دَارِسًا عَمَلِيًّا الْأَقْوَالَ الْمُلهِمَةَ، وَمِنْ نَمَّ غَزَرْتَ لَكَ النِّعْمَةَ، وَغَدَوْتَ مُغَبِّطًا، وَمُخَبِّطًا مَوَامِرَاتِ الْكُفْرَةِ بِأَسْرِهِمْ.</p>
<p><i>Verse 7. Blessed is the man that feareth the Lord; in His commandments shall he greatly delight.</i> Righteous Father John most glorious, * with streaming fountains of tears, * thou didst wash thy soul clean of stain; * standing all the night in prayer, * thou becamest a friend of God; * and thou didst soar as on wings unto His love * and His divine beauty, which thou worthily * now dost enjoy on high* with thy fellow athletes evermore in joy, * O most blest and godly-minded Saint and man of prayer.</p>	<p>7- طُوبَى لِلرَّجُلِ الَّذِي يَخَافُ اللَّهَ، وَيَسْرِعِيَّتِهِ يَبْتَهِجُ دَائِمًا. أَيُّهَا الْأَبُّ يُوَحِّتَا الْمَجِيدُ الْبَارُّ، لَقَدْ طَهَّرْتَ نَفْسَكَ بِنَيْبَاعِ الدُّمُوعِ، وَالْوَقُوفِ طَوْنَ اللَّيَالِي مُسْتَعِظَفًا لِلَّهِ، وَمِنْ نَمَّ طَرْتِ، أَيُّهَا الْمَغْبُوطُ الْمُتَأَلِّهُ الْعَزْمِ، نَحْوَ مَحَبَّتِهِ وَجَمَالِهِ، الَّذِينَ نَلْتَهُمَا الْآنَ بِفَرَحٍ وَاسْتِحْقَاقٍ إِلَى الْأَبَدِ مَعَ الْمَجَاهِدِينَ مَعَكَ.</p>
<p><i>Verse 8. Precious in the sight of the Lord is the death of His saints.</i> Righteous Father John most glorious, * since thou hadst given thy mind * wings to soar up to God by faith, * thou didst hate the turbulence * and impermanence of the world. * For thou didst take up thy cross with ardent zeal * to follow after Him that beholdeth all; * and thou didst subjugate * the reluctant body to thy sovereign mind * by ascetic labors through the Holy Spirit's might.</p>	<p>8- كَرِيمٌ فِي عَيْنِي الرَّبِّ مَوْتُ أَبْرَارِهِ. أَيُّهَا الْأَبُّ الْبَارُّ يُوَحِّتَا الْمَجِيدُ، لَقَدْ سَمَوْتَ بِالْعَقْلِ نَحْوَ اللَّهِ بِوَاسِطَةِ الْإِيمَانِ، وَتَجَافَيْتَ عَنِ الْإِضْطِرَابِ الْعَالَمِيِّ الْعَادِمِ الثَّبَاتِ، وَحَمَلْتَ صَلِيبَكَ تَابِعًا لِلنَّاطِرِ الْكُلِّ، مُخَضِّعًا الْجَسَدَ لِلْعَقْلِ بِرَوَادِعِ النَّسْكِ، وَبِمَعُونَةِ الرُّوحِ الْإِلَهِيِّ.</p>
<p><b>THE DOXASTICON FOR THE FOURTH SUNDAY OF LENT IN TONE ONE</b></p>	
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Come, let us labor in the mystical field, working therein fruits of repentance. Let us not spend ourselves in food and drink, but reap virtues with fasting and prayer; for these doth the Master of labor accept, and for them He giveth us the pence through which He redeemeth our souls from the debt of sin; for He alone is most compassionate.</p>	<p>الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدْسِ. هَلُمَّا نَعْمَلْ فِي الْكْرَمِ السَّرِيِّ، صَانِعِينَ فِيهِ أَثْمَارَ التَّوْبَةِ. وَلَا نَتَعَبْ بِالْأَطْعِمَةِ وَالْأَشْرِبَةِ، بَلْ لِنَجْتَنِ الْفَضَائِلَ بِالصَّلَوَاتِ وَالْأَصْوَامِ، فَبِهَذِهِ يَرْتَضِي رَبُّ الْعَمَلِ، وَيَهْبُنَا الدِّينَارَ، الَّذِي بِهِ يَفْتَدِي النَّفْسَ مِنَ دَيْنِ الْخَطِيئَةِ، بِمَا أَنَّهُ الْجَزِيلُ الرَّحْمَةُ وَحَدَهُ.</p>

Both now and ever, and unto ages of ages. Amen. Most blessed art thou, O Virgin Theotokos, for through Him that was incarnate of thee is Hades despoiled, Adam is recalled from the dead, the curse is made void, Eve is set free, death is slain, and we are endowed with life. Wherefore, in hymns of praise, we cry aloud: Blessed art Thou, O Christ our God, Who is thus well pleased, glory to Thee.	الآن وكُلَّ أوانٍ وإلى دَهْرِ الدَّاهِرِينَ. آمين. أنتِ هي الفَائِزَةُ عَلَى كُلِّ البَرَكَاتِ، يا وَالِدَةُ الإِلهِ العَذراءِ، لأنَّ الجَحِيمَ قَدْ سُبِيَتْ بِوَاسِطَةِ المُتَجَسِّدِ مِنْكَ، وَآدَمَ دُعِيَ تَانِيَةً، واللَّعْنَةُ بَادَتْ، وَحَوَاءَ انْعَقَّتْ، والمَوْتُ أُمِيَتْ، وَنَحْنُ قَدْ حَيِينَا. فَلِذَلِكَ نُسَبِّحُ هَاتِفِينَ: مُبَارَكُ أَنْتِ أَيُّهَا المَسِيحُ إِلَهُنَا، يا مَنْ هَكَذَا سُرَّ، المَجْدُ لَكَ.
<b>THE GREAT DOXOLOGY IN TONE ONE</b>	
Glory to Thee, who has shown us the Light. Glory to God in the highest, and on earth peace, good will among men.	المَجْدُ لَكَ يا مُظْهِرَ النورِ، المَجْدُ لِلَّهِ فِي العَلَاءِ، وعلى الأَرْضِ السَّلَامُ، وفي النَّاسِ المَسْرَةَ.
We hymn thee, we bless Thee, we worship Thee, we glorify Thee, we give thanks unto Thee for Thy great glory.	نُسَبِّحُكَ، نُبَارِكُكَ، نَسْجُدُ لَكَ، نُحَمِّدُكَ، نَشْكُرُكَ مِنْ أَجْلِ عَظِيمِ جَلالِ مَجْدِكَ.
O Lord King, heavenly God, Father Almighty; O Lord, the only begotten Son, Jesus Christ; and the Holy Spirit.	أَيُّهَا الرَّبُّ المَلِكُ، السَّمَاوِيُّ، الإِلهُ، الأبُّ الصَّابِغُ الكُلُّ؛ أَيُّهَا الرَّبُّ الإِبْنُ الوَحِيدُ، يا يَسوعَ المَسِيحِ؛ ويا أَيُّهَا الرُّوحُ القُدُّوسُ.
O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy on us, thou that takest away the sins of the world.	أَيُّهَا الرَّبُّ الإِلهُ، يا حَمَلَ اللَّهِ يا ابْنَ الآبِ، يا رافعَ خَطِيئَةِ العالَمِ، ارحَمْنَا، يا رافعَ خَطايا العالَمِ.
Receive our prayer, Thou that sittest at the right hand of the Father, and have mercy on us.	تَقَبَّلْ تَصَرُّعَنَا أَيُّهَا الجالِسُ عَنِ يَمِينِ الآبِ، وارحَمْنَا.
For Thou only art holy, Thou only art the Lord, O Jesus Christ, to the glory of God the Father. Amen.	لأَنَّكَ أَنْتَ وَحْدَكَ قُدُّوسٌ، أَنْتَ وَحْدَكَ الرَّبُّ يَسوعَ المَسِيحِ، في مَجْدِ اللَّهِ الآبِ. آمين.
Every day will I bless Thee, and I will praise Thy Name forever; yea, forever and ever.	في كُلِّ يَوْمٍ أَبَارِكُكَ، وَأُسَبِّحُ اسْمَكَ إلى الأَبَدِ، وإلى أَبَدِ الأَبَدِ.
Vouchsafe, O Lord, to keep us this day without sin.	أهْلُنَا، يا رَبُّ، أَنْ نُحَفَظَ في هَذَا اليَوْمِ بِغَيْرِ خَطِيئَةٍ.
Blessed art Thou, O Lord, God of our Fathers, and praised and glorified is Thy Name forever. Amen.	مُبَارَكُ أَنْتَ يا رَبُّ، إلهَ آبائِنَا، وَمُسَبِّحٌ وَمُمَجَّدٌ اسْمُكَ إلى الأَبَدِ. آمين.
Let Thy mercy be upon us, O Lord, even as we have set our hope in Thee.	لِتَكُنْ، يا رَبُّ، رَحْمَتُكَ عَلَيْنَا، كَمَثَلِ اتِّكَالِنَا عَلَيْكَ.
Blessed art Thou, O Lord: teach me Thy statutes. (thrice)	مُبَارَكُ أَنْتَ يا رَبُّ عَلِّمْنِي حُقُوقَكَ. (ثلاثاً)
Lord, Thou hast been our refuge from generation to generation. I said: Lord, be merciful unto me; heal my soul, for I have sinned against Thee.	يا رَبُّ، مَلْجَأٌ كُنْتَ لَنَا في جِيلٍ وَجِيلٍ، أنا قُلْتُ يا رَبُّ ارحَمْنِي واشْفِ نَفْسِي لأنَّنِي قَدْ خَطِئْتُ إِلَيْكَ.
Lord, I have fled unto Thee; teach me to do Thy will, for Thou art my God.	يا رَبُّ، إِلَيْكَ لَجَأْتُ فَعَلِّمْنِي أَنْ أَعْمَلَ رِضَاكَ، لأنَّكَ أَنْتَ هُوَ إِلَهِي.
For with Thee is the fountain of life; in Thy light shall we see light.	لأنَّ مِنْ قِبَلِكَ عَيْنَ الحَيَاةِ، وَبِنورِكَ نُعايِنُ النورَ.
O continue Thy mercy unto them that know Thee. Holy God, Holy Mighty, Holy Immortal: have mercy on us. (thrice)	فَأَبْسِطْ رَحْمَتَكَ عَلَى الَّذِينَ يَعْرِفُونَكَ. قُدُّوسُ اللَّهِ، قُدُّوسُ القَوِيُّ، قُدُّوسُ الَّذِي لا يَمُوتُ، ارحَمْنَا. (ثلاثاً)
Glory to the Father and to the Son and to the Holy Spirit.	المَجْدُ لِلآبِ، وَالإِبْنِ، والرُّوحِ القُدُّوسِ.

Both now and ever, and unto ages of ages. Amen.	الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.
Holy Immortal: have mercy on us.	قُدُّوسَ الَّذِي لَا يَمُوتُ، ارْحَمْنَا.
Holy God, Holy Mighty, Holy Immortal: have mercy on us.	قُدُّوسَ اللَّهِ، قُدُّوسَ الْقَوِيِّ، قُدُّوسَ الَّذِي لَا يَمُوتُ، ارْحَمْنَا.
<b>TROPARION IN TONE FOUR</b>	
Today is Salvation come into the world. Let us sing praises to Him Who arose from the grave, the Author of our life; for having by Death destroyed death, He hath given us victory and Great Mercy.	اليَوْمَ صَارَ الْخَلَاصُ لِلْعَالَمِ فَلنُسَبِّحِ الَّذِي قَامَ مِنَ الْقَبْرِ، عُنُصَرَ حَيَاتِنَا، لِأَنَّهُ إِذْ قَدْ حَطَّمَ الْمَوْتَ بِالْمَوْتِ، مَنَحَنَا الظَّفَرَ وَالرَّحْمَةَ الْعُظْمَى.
<p style="text-align: center;"><i>These texts have been prepared by the Dept. of Liturgics of the Antiochian Archdiocese</i></p> <p>Portions of the Archdiocesan Service Texts include texts from <i>The Menaion</i>, <i>The Great Horologion</i>, <i>The Pentecostarion</i>, <i>The Octoechos</i>, and <i>The Psalter of the Seventy</i>, which are Copyright © Holy Transfiguration Monastery, Brookline, Massachusetts, and are used with permission. All rights reserved. These works may not be further reproduced, beyond printing out a single copy for personal non-commercial use, without the prior written authorization of Holy Transfiguration Monastery.</p>	