

St. George Orthodox Church

5191 Lennon Road • Flint, MI 48507 • (810) 732-0720

Web Site: saintgeorgeflint.org

July 10, 2022

Father Joseph M. Abud, Pastor
Father Michael Bassett, Attached

Christ is in our Midst!

He is and ever shall be!

Live Streaming of Divine Services

St. George is open for all parishioners and visitors. If you cannot attend, please pray with us through our livestream which can be seen on our YouTube Channel:

<https://www.youtube.com/c/SaintGeorgeOrthodoxChurchFlintMI>

If you have a smart TV, you actually have a web browser and YouTube app built in. All you have to do is start the browser app for YouTube and put the link in the address bar.

Welcome to St. George! Thank you for attending today's Divine Services. If you are a first-time visitor, please register your visit by completing the guest book located in the narthex. We would appreciate getting to meet you after liturgy, so feel free to join us during Coffee Fellowship in our Banquet Center! Every Sunday we remember the Resurrection of our Lord and Savior Jesus Christ. The word "*Liturgy*" means *work of the people* that means everyone participates through singing, praying, hearing the teaching, and opening our hearts to allow God's grace to enter. We believe Holy Communion to be a sign that in Christ we have all things in common, share an identical faith, and are united fully to the Orthodox Church. Anyone interested in learning more about our faith are encouraged to speak with one of our clergy. Holy Communion can be given to Orthodox Christians who have prepared themselves through prayer, fasting (no food or drink from midnight the night before), the Sacrament of Confession (7 years and older) within the last 2 months, and being at peace with others. Everyone else, including visitors, are invited to receive the final blessing of the priest and Holy Bread at the end of Liturgy. Again, welcome!

Holy Bread Offerings (*Oblations*)

- Cam Takach for the health of her family and in loving memory of aunt **Lorraine** Nadar (3 day).
- Fr. Joe, Kh. Leslee, and Family for the health of their family and in loving memory of **Vicki** Toma (3 day, sister of Fr. Joe).
- Tawfiq Abu Aita for the health of their family and in loving memory of son **Saher** Abu Aita (40 day).
- Khaled and Sally Abuaita for the health of their family and in loving memory of **Saher** Abu Aita (40 day).

Baptism/Chrismation Days

The Church School offers the Holy Bread for their teachers and/or students who are celebrating the day of their *New Birth* {Baptism and/or Chrismation} into the Church:

- **Marla Jarayseh and Jolie Farah** ~ July 15th

May they be children of the Light and heirs of eternal good things. {Baptismal Service}

- We pray for the servants of God who have fallen asleep in the Lord: **Georgette** Yusuf (+June 4th), **Althea** Kresbach (+June 23rd, aunt of Kh. Pam Bassett), **Jose** Ramirez (+June 24th, known to Reem Bathish), **Stojan** Prusac (+June 25th, from St. Nicholas, friend of parishioners), **Charles** Thabet (+June 28th, uncle of Fr. Michael), **Issa** Ishaq (+July 5th, relative of parishioners), **Imad** Isaac (July 6th, friend of St. George).
- Prayers are offered for our parishioners who are ill, recovering, or in need, especially His servants: **Metropolitan Paul** and **Archbishop John** who are in captivity, **Sahar** Abdallah, **Sally** Abuaita, **Suheil** and **Abeer** Abuaita, **Shafiq** Abuaitah, **Laila** Abud, **Anwar** Abueita, **Jane** Abueita, **Chelsy** Abufarha, **William** Alsaouri, **Danny** Andoni, **Sharon** Ballreich (sister of Nancy Silpoch and Deborah Salim), **Kh. Pam** Bassett, **Emil** Bathish, **Douglas** Coone, **Levi** Cooper, **Vera** Daoud, **Jimmy** David, **Victor** David, **Kelly** Dotson, **Elias** Gantos, **Christopher** George, **Mariam** Ghanim (mother of Manal Abuaita), **Jamil** Ghantous, **Denise** Ghattas, **Phyllis** Good, **Nadia** Ibrahim (mother of Ziyad), **Daisy** Isaac, **Loretta** Karpelenia (mother of Denise Ghattas), **Judy** Mikhail, **Laura** Nassar, **Aida** Raffoul, **Deborah** Salim, **Elaine** Shaheen, **Michael** Silpoch, **Rhoda** Wheat and **Valland** Frangi (sisters of Ron Haddad), and **Michael** Zerka (uncle of Lauren Zerka); newborn **Phoebe Caroline** Bator; **David**, **Joselien** [daughter of Issa and Esperanza], and newborn **Mariah** Khoury (June 24th); **Daniel**, **Casandra**, and newborn **Ezra Daniel** Burbar (July 1st); **Nawa** Mitri (daughter of Demetri and Abeer) who was brought into the Orthodox Faith through the Holy Sacraments of Baptism, Chrismation, and First Communion; **Veda** Newsome (daughter of Dustin and Margee) who is to be brought into the Orthodox Faith through the Holy Sacraments of Baptism, Chrismation, and First Communion; **Peter** and **Michelle** Shahin who are to be united in the Sacrament of Holy Matrimony; **Hadil** Habbas and **Sami** Kashou who are united in the Sacrament of Holy Matrimony.
- We also pray for our expectant parents: **Jasanta** and **Ghassan** Al-Khoury, **Sandy** (daughter of Issa and Esperanza) and **Raad** Qumsieh, and **Jacqueline** (daughter of Anwar and Janet) and **John** Timm.

ANNOUNCEMENTS

COFFEE FELLOWSHIP is in our Lounge and is hosted by *Tawfiq Abu Aita*.

COFFEE FELLOWSHIP HOSTS Available dates: July 24th, August 7th, 14th, and 28th ~ sign-up poster and hosting information is in the Lounge and includes bringing whatever you wish to serve and cleaning up afterwards. St. George provides coffee, cups, cream, and sugar at a charge to the host of \$25. **For more information, contact Manal Abuaita** (810-577-0028).

OUR PAN-ORTHODOX PICNIC AND SOFTBALL GAME IS TODAY AND WE ARE THE HOSTS!

(Please see flier on the Lounge Bulletin Board) Contact our coordinator Anwar (Andy) Abueita at 810-394-2918 or andydollar007@aol.com to help with the picnic or if you would like to play. Thank you to Fr. Anthony Strouse, pastor and the faithful of St. Pius X Catholic Church, 3139 Hogarth Ave, Flint, MI 48532 for extending their hospitality to our Orthodox faithful!



Our stewardship, offerings, and donations are needed. PLEASE help your parish by continuing to offer your gifts! If you cannot come to church, you can simply go to our parish website (<https://saintgeorgeflint.org/>) and donate on-line (*use the QR code to the left*) or you can bring or mail your offerings to St. George, 5191 Lennon Road, Flint, MI 48507. As always, THANK YOU for your generosity and love of our St. George!

COMING EVENTS

Fasting Discipline The traditional fasting discipline (*no meat, poultry, eggs, dairy, fish, wine, olive oil, and their by-products*) is observed on Wednesday and Friday.

Tuesday	Men's Fellowship	6pm
Saturday	Great Vespers and Confessions	5pm

Little By Little ~ Change Comes Little By Little

by Abbot Tryphon, head of All-Merciful Savior Monastery on Vashon Island, Washington

We often become frustrated with ourselves, wanting to change bad behavior, but seemingly incapable of making the changes we desire. Each week we confess the same sins over and over. We know the priest has heard the same confession, week after week, and we're aware that he could probably say our confession for us, having heard it that often. What we don't seem to know is that there is a simple reason for our repetition. These bad behaviors only seem to be unchangeable because we don't really struggle with the passions in a way that will bring about successful change.

For the person who always flies off the handle in anger, there is the matter of habit. Their temper flares up because of what the other person has done, so the outburst is really not about them, but about the other person. Change, therefore, becomes almost impossible. The person who is always stretching the truth is aware of their sin, but the habit is so strongly held, they find themselves lying before even realizing their confessed sin is being repeated. The overeater makes a commitment to lose weight, but makes no attempt to empty the refrigerator of the very leftover cake that was a temptation the night before. So, while watching television, the thought comes into their mind that there is that one piece of cake remaining, and they rush forth that final consumption. Almost like magic, there is another cake sitting on the counter by the next afternoon.

We all have had moments like this, when we seemingly can't stop the bad behavior that we confess over and over, almost like a litany. Our captivity to this bad behavior seems permanent, and change impossible. Yet if we make a concerted effort to change, little by little, we will find we really can master those stubborn behaviors that seem so insurmountable. Instead of beating ourselves up each time we fall, we take those little baby steps, and little by little, we make progress. That cake we consumed becomes our last piece, because this time we don't go near the row in the grocery

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store where we know the bakery goods are displayed. We manage to curb our temper because we made a commitment to get through just two hours around that person in the office who pushes our buttons, and when the two hours passes, we have reason to pat ourselves on the back. We pass half a day without inventing a new story about ourselves, and before long, we are no longer confessing that sin. Little by little, we find we can change bad behavior.

“A man cannot correct himself all of a sudden, but it is like pulling a barge – pull, pull, and let go, let go! Not all at once, but little by little. Do you know the mast on a ship? There is a pole to which is tied all of the ship’s lines. If you pull on it then everything gradually pulls. But if you take it all at once, you will ruin everything.”

(St. Ambrose of Optina)

**Do not be conformed to this world,
*but be transformed by
the renewal of your mind,***

that by testing
you may discern
what is the will of God,
what is good and
acceptable and perfect.

Romans 12:2

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