

ORTHROS ON SUNDAY, AUGUST 01, 2021; TONE 5 / EOTHINON 6
THE PROCESSION OF THE PRECIOUS CROSS

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| <p>Priest: Blessed is our God, always, now and ever, and unto the ages of ages.</p> | <p>الكاهن: تَبَارَكَ اللهُ إِلَهُنَا كُلَّ حِينٍ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.</p> |
| <p>Choir: Amen.</p> | <p>الجوقة: آمين.</p> |
| <p>Priest: Glory to thee our God, glory to Thee. O heavenly King, Comforter, the Spirit of truth, who art everywhere present and fillest all things, the Treasury of good things and Giver of life: Come, and abide in us, and cleanse us from every stain, and save our souls, O good One.</p> | <p>الكاهن: أَيُّهَا الْمَلِكُ السَّمَاوِيُّ، الْمُعَزِّي، رُوحَ الْحَقِّ، الْحَاضِرُ فِي كُلِّ مَكَانٍ وَالْمَلِيءُ الْكُلَّ، كَنْزُ الصَّالِحَاتِ وَرَازِقُ الْحَيَاةِ، هَلُمَّ وَاسْكُنْ فِيْنَا، وَطَهِّرْنَا مِنْ كُلِّ دَنَسٍ، وَخَلِّصْ أَيُّهَا الصَّالِحُ نَفُوسَنَا.</p> |
| <p>Reader: Holy God, Holy Mighty, Holy Immortal: have mercy on us. <i>(thrice)</i></p> | <p>القارئ: قُدُّوسَ اللهُ، قُدُّوسَ الْقَوِيِّ، قُدُّوسَ الَّذِي لَا يَمُوتُ، اِرْحَمْنَا. <i>(ثلاثاً)</i></p> |
| <p>Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.</p> | <p>المَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.</p> |
| <p>All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy God, visit and heal our infirmities for Thy Name's sake.</p> | <p>أَيُّهَا الثَّلَاثُ الْقُدُّوسِ اِرْحَمْنَا، يَا رَبُّ اغْفُرْ خَطَايَانَا، يَا سَيِّدُ تَجَاوَزْ عَنَّا سَيِّئَاتِنَا، يَا قُدُّوسَ اطَّلِعْ وَاشْفِ أَمْرَاضَنَا، مِنْ أَجْلِ اسْمِكَ.</p> |
| <p>Lord, have mercy. <i>(thrice)</i></p> | <p>يَا رَبُّ اِرْحَمْنَا. <i>(ثلاثاً)</i></p> |
| <p>Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.</p> | <p>المَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.</p> |
| <p>Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from the evil one.</p> | <p>أَبَانَا الَّذِي فِي السَّمَاوَاتِ، لِيَتَقَدَّسَ اسْمُكَ، لِيَأْتِ مَلَكُوتُكَ، لِيَتَكُنْ مَشِيئَتُكَ كَمَا فِي السَّمَاءِ كَذَلِكَ عَلَى الْأَرْضِ، خُبِّرْنَا الْجَوْهَرِيِّ اعْطِنَا الْيَوْمَ، وَاتْرُكْ لَنَا مَا عَلَيْنَا كَمَا تَتْرُكُ نَحْنُ لِمَنْ لَنَا عَلَيْهِ، وَلَا تُدْخِلْنَا فِي التَّجْرِبَةِ، لَكِنْ نَجِّنَا مِنَ الشَّرِّيرِ.</p> |
| <p>Priest: For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.</p> | <p>الكاهن: لِأَنَّ لَكَ الْمُلْكَ وَالْقُدْرَةَ وَالْمَجْدَ، أَيُّهَا الْآبُ وَالابْنُ وَالرُّوحُ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.</p> |
| <p>Reader: Amen. O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.</p> | <p>القارئ: آمين. خَلِّصْ يَا رَبُّ شَعْبَكَ وَبَارِكْ مِيراثَكَ، وَامْنَحْ عِبِيدَكَ الْمُؤْمِنِينَ الْعَلْبَةَ عَلَى الشَّرِّيرِ، وَاحْفَظْ بِقُوَّةِ صَلَيبِكَ جَمِيعَ الْمُخْتَصِّينَ بِكَ.</p> |
| <p><i>Glory to the Father, and to the Son, and to the Holy Spirit. Do Thou, Who of Thine own good will was lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.</i></p> | <p>المَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ. يَا مَنْ ارْتَفَعْتَ عَلَى الصَّلِيبِ مُخْتَاراً، أَيُّهَا الْمَسِيحُ إِلَهُهُ، امْنَحْ رَأْفَتَكَ لِشَعْبِكَ الْجَدِيدِ الْمُسَمَّى بِكَ، وَفَرِّحْ بِقُوَّتِكَ حُكَّامَنَا الْمُؤْمِنِينَ، مَانِحاً إِيَّاهُمْ الْعَلْبَةَ عَلَى مُحَارِبِيهِمْ. لِيَتَكُنْ لَهُمْ مَعُونَتُكَ سِلَاحاً لِلسَّلَامِ، وَظَفِيراً غَيْرَ مَقْهُورٍ.</p> |

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| <p><i>Both now and ever, and unto ages of ages. Amen.</i> O Champion dread, who cannot be put to confusion, despise not our petitions, O Good and All-praised Theotokos; establish the way of the Orthodox; save those who have been called upon to govern us, leading us to that victory which is from heaven, for thou art she who gavest birth to God, and alone art blessed.</p> | <p>الآن وكلّ أوَانٍ دَهْرِ الدَاهِرِينَ. آمِينَ. أَيُّهَا الشَّفِيعَةُ الرَّهِيْبَةُ غَيْرِ المَخْدُوْلَةِ، يَا وَالِدَةَ الإِلَهِ الكَلِيَّةَ التَّسْبِيْحِ، لَا تُعْرِضِي يَا صَالِحَةَ عَن تَوْسُلَاتِنَا، بَلْ وَطِّدِي سِيْرَةَ المُسْتَقِيْمِي الرَّأْيِ، وَخَلِّصِي الَّذِينَ أَمَرْتُ أَنْ يَتَمَلَّكُوا، وَأَمْنَحِهِم العَلْبَةَ مِنَ السَّمَاءِ، بِمَا أَنْكَ وَلَدْتِ الإِلَهِ، أَيُّهَا المُبَارَكَةُ وَحْدَكَ.</p> |
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| <p>Priest: Have mercy on us, O God, according to Thy great goodness, we pray Thee, hear us and have mercy.</p> | <p>الكاهن: إِرْحَمْنَا يَا اللهُ بِعَظِيْمِ رَحْمَتِكَ، نَطْلُبُ إِلَيْكَ فَاسْتَجِبْ وَارْحَمْ.</p> |
| <p>Choir: Lord, have mercy. (<i>thrice</i>)</p> | <p>الجوقة: يَا رَبُّ ارْحَمْ. (ثَلَاثًا)</p> |
| <p>Priest: Again we pray for all pious and Orthodox Christians.</p> | <p>الكاهن: وَأَيْضًا نَطْلُبُ مِنْ أَجْلِ المَسِيحِيِّينَ الحَسَنِي العِبَادَةِ الأَرْتُوذُكْسِيَّةِينَ.</p> |
| <p>Choir: Lord, have mercy. (<i>thrice</i>)</p> | <p>الجوقة: يَا رَبُّ ارْحَمْ. (ثَلَاثًا)</p> |
| <p>Priest: Again we pray for our Father and Metropolitan _____, our Bishop _____, and all our brotherhood in Christ.</p> | <p>الكاهن: وَأَيْضًا نَطْلُبُ مِنْ أَجْلِ أبِينَا وَمِتْرُوبُولِيْتِنَا (فُلَان) وَرَئِيسِ كَهَنَتِنَا (فُلَان)، وَكُلِّ إِخْوَتِنَا فِي المَسِيْحِ.</p> |
| <p>Choir: Lord, have mercy. (<i>thrice</i>)</p> | <p>الجوقة: يَا رَبُّ ارْحَمْ. (ثَلَاثًا)</p> |
| <p>Priest: For Thou art a merciful God, and lovest mankind, and unto thee do we ascribe glory to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages.</p> | <p>الكاهن: لِأَنَّكَ إِلَهٌ رَحِيْمٌ وَمُجِبٌّ لِلبَشَرِ، وَلَكَ تُرْسِلُ المَجْدَ أَيُّهَا الأبُ وَالإِبْنُ وَالرُّوْحُ القُدُّوسُ، الآنَ وَكُلَّ أوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ.</p> |
| <p>Choir: Amen. Bless, father, in the Name of the Lord.</p> | <p>الجوقة: آمِينَ، بِاسْمِ الرَّبِّ بَارِكْ يَا أَب.</p> |
| <p>Priest: Glory to the Holy, Consubstantial, Life-giving and Undivided Trinity, always, now and ever, and unto ages of ages.</p> | <p>الكاهن: المَجْدُ لِلثَلَاثِ القُدُّوسِ، الوَاحِدِ فِي الجَوْهَرِ، المُحْيِي، غَيْرِ المُنْقَسِمِ، كُلِّ حِينٍ، الآنَ وَكُلَّ أوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ.</p> |
| <p>Choir: Amen.</p> | <p>الجوقة: آمِينَ.</p> |
| <p>Glory to God in the highest, and on earth peace, and good will toward men. (<i>thrice</i>) O Lord, open Thou my lips, and my mouth shall show forth Thy praise. (<i>twice</i>)</p> | <p>المَجْدُ لِلَّهِ فِي العُلَى، وَعَلَى الأَرْضِ السَّلَامُ، وَفِي النَّاسِ المَسْرَّة. (ثَلَاثًا) يَا رَبُّ افْتَحْ شَفَتِي فَيُخْبِرَ فَمِي بِتَسْبِيْحَتِكَ. (مَرَّتَيْنِ)</p> |
| PSALM 3 | |
| <p>O Lord, why are they multiplied that afflict me? Many rise up against me. Many say unto my soul: There is no salvation for him in his God. But Thou, O Lord, art my helper, my glory, and the lifter up of my head. I cried unto the Lord with my voice, and He heard me out of His holy mountain. I laid me down and slept; I awoke, for the Lord will help me. I will not be afraid of ten thousands of people that set themselves against me round about. Arise, O Lord, save me, O my</p> | <p>يَا رَبُّ لِمَاذَا كَثُرَ الَّذِينَ يُخْزِنُونَنِي؟ كَثِيرُونَ قَامُوا عَلَيَّ. كَثِيرُونَ يَقُولُونَ لِنَفْسِي لَا خَلَاصَ لَهُ بِإِلَهِهِ. وَأَنْتَ يَا رَبُّ، نَاصِرِي وَمَجْدِي وَرَافِعُ رَأْسِي. بِصَوْتِي إِلَى الرَّبِّ صَرَخْتُ، فَأَجَابَنِي مِنْ جَبَلِ قُدُّوسِهِ. أَنَا رَقَدْتُ وَنَمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي. فَلَا أَخَافُ مِنْ رِبَوَاتِ الشَّعْبِ المُحِيطِينَ بِي، المُتَوَازِرِينَ عَلَيَّ.</p> |

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| <p>God, for Thou hast smitten all who without cause are mine enemies; the teeth of sinners hast Thou broken. Salvation is of the Lord, and Thy blessing is upon Thy people. I laid me down and slept; I awoke, for the Lord will help me.</p> | <p>قُمْ يَا رَبُّ، خَلِّصْنِي يَا إِلَهِي، فَإِنَّكَ صَرَبْتَ كُلَّ مَنْ يُعَادِينِي بَاطِلًا، وَسَحَقْتَ أَسْنَانَ الْخَطَاةِ. لِلرَّبِّ الْخَلَّاصُ وَعَلَى شَعْبِكَ بَرَكَاتُكَ. أَنَا رَقَدْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي.</p> |
| <p>PSALM 37</p> | |
| <p>O Lord, rebuke me not in Thine anger, nor chasten me in Thy wrath. For Thine arrows are fastened in me, and Thou hast laid Thy hand heavily upon me. There is no healing in my flesh in the face of Thy wrath; and there is no peace in my bones in the face of my sins. For mine iniquities are risen higher than my head; as a heavy burden have they pressed heavily upon me. My bruises are become noisome and corrupt in the face of my folly. I have been wretched and utterly bowed down until the end; all the day long I went with downcast face. For my loins are filled with mocking, and there is no healing in my flesh. I am afflicted and humbled exceedingly, I have roared from the groaning of my heart. O Lord, before Thee is all my desire, and my groaning is not hid from Thee. My heart is troubled, my strength hath failed me; and the light of mine eyes, even this is not with me. My friends and my neighbors drew nigh over against me and stood, and my nearest of kin stood afar off. And they that sought after my soul used violence; and they that sought evils for me spake vain things, and craftiness all the day long did they meditate. But as for me, like a deaf man I heard them not, and was as a speechless man that openeth not his mouth. And I became as a man that heareth not, and that hath in his mouth no reproofs. For in Thee have I hoped, O Lord; Thou wilt hearken unto me, O Lord my God. For I said: Let never mine enemies rejoice over me; yea, when my feet were shaken, those men spake boastful words against me. For I am ready for scourges, and my sorrow is continually before me. For I will declare mine iniquity, and I will take heed concerning my sin. But mine enemies live and are made stronger than I, and they that hated me unjustly are multiplied. They that render me evil for good slandered me, because I pursued goodness. Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation. Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.</p> | <p>يَا رَبُّ، لَا بَعْضَبِكَ تُؤَدِّبْنِي، وَلَا بِرِجْزِكَ تُؤَدِّبْنِي. فَإِنَّ سِهَامَكَ قَدْ نَشَبَتْ فِيَّ، وَمَكَّنْتَ عَلَيَّ يَدَكَ. لَيْسَ لِجَسَدِي شِفَاءً مِنْ وَجْهِ غَضَبِكَ، وَلَا سَلَامَةٌ فِي عِظَامِي مِنْ وَجْهِ خَطَايَايَ. لِأَنَّ آثَامِي قَدْ تَعَالَتْ فَوْقَ رَأْسِي، كَحِمْلٍ ثَقِيلٍ قَدْ ثَقَلْتُ عَلَيَّ. قَدْ أَنْتَنْتُ وَقَاخْتُ جِرَاحَاتِي مِنْ قِبَلِ جِهَالَتِي. شَقِيتُ وَأَنْحَنَيْتُ إِلَى الْغَايَةِ، وَالنَّهَارَ كُلَّهُ مَشَيْتُ عَابِسًا. لِأَنَّ مَتْنِي قَدْ امْتَلَأَ مَهَازِرًا وَلَيْسَ لِجَسَدِي شِفَاءً. شَقِيتُ وَأَتَضَعْتُ جِدًّا، وَكُنْتُ أُنِينُ مِنْ تَنَهْدِ قَلْبِي. يَا رَبُّ، إِنَّ بُعْيَتِي كُلَّهَا أَمَامَكَ، وَتَنَهْدِي لَمْ يَخْفَ عَنْكَ. قَدْ اضْطَرَبَ قَلْبِي وَفَارَقْتَنِي قُوَّتِي، وَنُورَ عَيْنِي أَيْضًا لَمْ يَبْقَ مَعِي. أَصْدِقَائِي وَأَقْرِبَائِي دَنَوْا مِنِّي وَوَقَّفُوا لَدَيْ، وَجَنَسِي وَقَفَ مِنِّي بَعِيدًا. وَأَجْهَدُنِي الَّذِينَ يَطْلُبُونَ نَفْسِي، وَالْمُلْتَمِسُونَ لِي الشَّرَّ تَكَلَّمُوا بِالْبَاطِلِ، وَغَشَوْشًا طَوَّلَ النَّهَارَ دَرَسُوا. أَمَّا أَنَا فَكَأَصَمٌ لَا يَسْمَعُ، وَكَأَحْرَسٌ لَا يَفْتَحُ فَاهًا. وَصِرْتُ كإِنْسَانٍ لَا يَسْمَعُ وَلَا فِي فَمِهِ تَبْكِيَةٌ. لِأَنِّي عَلَيْكَ، يَا رَبُّ، تَوَكَّلْتُ، أَنْتَ تَسْتَحْيِبُ لِي يَا رَبِّي وَالْإِلَهِي. لِأَنِّي قُلْتُ لَا يَشْمَتُ بِي أَعْدَائِي، وَعِنْدَمَا رَلْتُ قَدَمَائِي عَظُمُوا عَلَيَّ الْكَلَامَ. لِأَنِّي أَنَا لِلضَّرْبِ مُسْتَعِدٌّ، وَوَجَعِي لَدَيْ فِي كُلِّ حِينٍ. لِأَنِّي أَنَا أَخْبِرُ بِإِثْمِي، وَأَهْتَمُّ مِنْ أَجْلِ خَطِيئَتِي. أَمَّا أَعْدَائِي فَأَحْيَاءُ، وَهُمْ أَشَدُّ مِنِّي، وَقَدْ كَثُرَ الَّذِينَ يُبْغِضُونَنِي ظُلْمًا، الَّذِينَ جَارُونِي بَدَلَ الْخَيْرِ شَرًّا، مَحَلُّوا بَنِي لِأَجْلِ ابْتِغَائِي الصَّلَاحَ. فَلَا تُهْمَلْنِي يَا رَبِّي وَالْإِلَهِي وَلَا تَتَّبَاعِدْ عَنِّي. أَسْرِعْ إِلَى مَعُونَتِي يَا رَبُّ خَلَّاصِي. فَلَا تُهْمَلْنِي يَا رَبِّي وَالْإِلَهِي وَلَا تَتَّبَاعِدْ عَنِّي. أَسْرِعْ إِلَى مَعُونَتِي يَا رَبُّ خَلَّاصِي.</p> |
| <p>PSALM 62</p> | |

O God, my God, unto Thee I rise early at dawn. My soul hath thirsted for Thee; how often hath my flesh longed after Thee in a land barren and untrodden and unwatered. So in the sanctuary have I appeared before Thee to see Thy power and Thy glory. For Thy mercy is better than lives; my lips shall praise Thee. So shall I bless Thee in my life, and in Thy name will I lift up my hands. As with marrow and fatness let my soul be filled, and with lips rejoicing shall my mouth praise Thee. If I remembered Thee on my bed, at the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me. But as for these, in vain have they sought after my soul; they shall go into the nethermost parts of the earth, they shall be surrendered unto the edge of the sword; portions for foxes shall they be. But the king shall be glad in God, everyone shall be praised that sweareth by Him; for the mouth of them is stopped that speak unjust things.

At the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me.

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (THRICE)

Lord, have mercy. (THRICE)

Glory to the Father, and to the Son, and to the Holy Spirit.

يا الله إلهي إليك أبتكر. عطشت إليك نفسي، واشتاق إليك جسدي، في أرضٍ بريةٍ وغير مسلوكةٍ وعادمة الماء. هكذا ظهرت لك في القدس لأعين قوتك ومجدك. لأن رحمتك أفضل من الحياة، وشفتي تسبحانك. هكذا أباركك في حياتي وباسمك أرفع يدي، فتملئ نفسي كما من شحم ودسم، وشفاه الإبتهاج يسبحك فمي. إذا ذكرتك على فراشي، هذنت بك في الأسحار، لأنك صرت لي عوناً وبظلل جناحك أستتر. إلتصقت نفسي بك، وإيائي عضدت يمينك. أما الذين يطلبون نفسي باطلاً، فسيدخلون في أسافل الأرض، ويدفعون إلى أيدي السيوف، ويكفون أنصبه للثعالب. أما الملك فيسر بالله، ويمتدح كل من يخلف به، لأنه قد سدنت أفواه المتكلمين بالظلم.

هذنت بك في الأسحار لأنك صرت لي عوناً، وبظلل جناحك أستتر. إلتصقت نفسي بك، وإيائي عضدت يمينك.

المجد للآب والابن والروح القدس. الآن وكل أوان، وإلى دهر الدهرين. أمين.

هللويبا، هللويبا، هللويبا، المجد لك يا الله. (ثلاثاً)
يا رب ارحم. (ثلاثاً)

المجد للآب والابن والروح القدس.

PSALM 87

Both now and ever, and unto ages of ages. Amen.

O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication, for filled with evils is my soul, and my life unto Hades hath drawn nigh. I am counted with them that go down into the pit; I am become as a man without help, free among the dead, like the bodies of the slain that sleep in the grave, whom Thou rememberest no more, and they are cut off from Thy hand. They laid me in the lowest pit, in darkness and in the shadow of death. Against me is Thine anger made strong, and all Thy billows hast Thou brought upon me. Thou hast removed my friends afar from me; they have made me an abomination unto themselves. I have been delivered up, and have not come forth; mine eyes are grown

الآن وكل أوان، وإلى دهر الدهرين. أمين.

يا رب إله خلاصي، في النهار صرحت وفي الليل أمامك، فلتدخل قدامك صلاتي، أمل أذنك إلى طلبي، فقد امتلأت من الشرور نفسي، ودنت من الجحيم حياتي. حسبت مع المنحدرين في الجب، صرت مثل إنسان ليس له معين، مطروحاً بين الأموات مثل القتلى الراقيدين في القبور، الذين لا تذكرهم أيضاً، وهم من يدك مقصون. جعلوني في جب أسفل السافلين، في ظلمات الموت وظلاله. علي استقر غضبك، وجميع أهوالك أجزتها علي. أبعدت عني معارفي، جعلوني لهم

weak from poverty. I have cried unto Thee, O Lord, the whole day long; I have stretched out my hands unto Thee. Nay, for the dead wilt Thou work wonders? Or shall physicians raise them up that they may give thanks unto Thee? Nay, shall any in the grave tell of Thy mercy, and of Thy truth in that destruction? Nay, shall Thy wonders be known in that darkness, and Thy righteousness in that land that is forgotten? But as for me, unto Thee, O Lord, have I cried; and in the morning shall my prayer come before Thee. Wherefore, O Lord, dost Thou cast off my soul and turnest Thy face away from me? A poor man am I, and in troubles from my youth; yea, having been exalted, I was humbled and brought to distress. Thy furies have passed upon me, and Thy terrors have sorely troubled me. They came round about me like water, all the day long they compassed me about together. Thou hast removed afar from me friend and neighbor, and mine acquaintances because of my misery.

O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication.

رَجَاسَةً. قَدْ أَسْلَمْتُ وَمَا خَرَجْتُ، وَعَيْنَايَ ضَعُفَتْ
مِنَ الْمَسْكَنَةِ. صَرَخْتُ إِلَيْكَ، يَا رَبُّ، النَّهَارَ كُلَّهُ
وَالْيَكِ بَسَطْتُ يَدَيَّ. أَلَعَلَّكَ لِلْأَمْوَاتِ تَصْنَعُ
الْعَجَائِبَ؟ أَمْ الْأَطْبَاءُ يُقِيمُونَهُمْ، فَيَعْتَرِفُونَ لَكَ؟ هَلْ
يُحَدِّثُ أَحَدٌ فِي الْقَبْرِ بِرَحْمَتِكَ، وَفِي الْهَلَاكِ بِحَقِّكَ؟
هَلْ تُعْرِفُ فِي الظُّلْمَةِ عَجَائِبِكَ، وَعَدْلَكَ فِي أَرْضِ
مُنْسِيَّةٍ؟ وَأَنَا إِلَيْكَ، يَا رَبُّ، صَرَخْتُ فَتَبَلَّغْكَ فِي
الغَدَاةِ صَلَاتِي. لِمَاذَا، يَا رَبُّ، تُقْصِي نَفْسِي
وَتَصْرِفُ وَجْهَكَ عَنِّي؟ فَقِيرٌ أَنَا، وَفِي الشَّقَاءِ مُنْذُ
شَبَابِي، وَحِينَ ارْتَفَعْتُ اتَّضَعْتُ وَتَحَيَّرْتُ. عَلَيَّ
جَازَ رِجْزُكَ، وَمُفْرَعَاتُكَ أَرْعَجْتَنِي. أَحَاطَتْ بِي
كَالْمَاءِ، وَالنَّهَارَ كُلَّهُ اكْتَفَيْتَنِي مَعًا. أَبْعَدْتَ عَنِّي
الصَّدِيقَ وَالْقَرِيبَ وَمَعَارِفِي مِنَ الشَّقَاءِ.

يَا رَبُّ إِلَهَ خَلَاصِي، فِي النَّهَارِ صَرَخْتُ وَفِي
اللَّيْلِ أَمَامَكَ، فَلْتَدْخُلْ قُدَامَكَ صَلَاتِي، أَمَلٌ أُذْنُكَ
إِلَى طَلِبَتِي.

PSALM 102

Bless the Lord, O my soul, and all that is within me bless His holy name. Bless the Lord, O my soul, and forget not all that He hath done for thee, Who is gracious unto all thine iniquities, Who healeth all thine infirmities, Who redeemeth thy life from corruption, Who crowneth thee with mercy and compassion, Who fulfilleth thy desire with good things; thy youth shall be renewed as the eagle's. The Lord performeth deeds of mercy, and executeth judgment for all them that are wronged. He hath made His ways known unto Moses, unto the sons of Israel the things that He hath willed. Compassionate and merciful is the Lord, long-suffering and plenteous in mercy; not unto the end will He be angered; neither unto eternity will He be wroth. Not according to our iniquities hath He dealt with us, neither according to our sins hath He rewarded us. For according to the height of heaven from the earth, the Lord hath made His mercy to prevail over them that fear Him. As far as the east is from the west, so far hath He removed our iniquities from us. Like as a father hath compassion upon his sons, so hath the Lord had compassion upon them that fear Him; for He knoweth whereof we are made, He hath remembered that we are dust. As for man, his days are as the grass; as a flower of the field, so shall he

باركي يا نفسي الرَّبِّ، وَيَا جَمِيعَ مَا فِي دَاخِلِي اسْمُهُ
الْقُدُّوسِ. بَارِكِي يَا نَفْسِي الرَّبِّ، وَلَا تَنْسِي جَمِيعَ
مُكَافَاتِهِ. الَّذِي يَغْفِرُ جَمِيعَ آثَامِكَ، الَّذِي يَشْفِي جَمِيعَ
أَمْرَاضِكَ، الَّذِي يُنَجِّي مِنَ الْفَسَادِ حَيَاتِكَ، الَّذِي
يُكَلِّلُكَ بِالرَّحْمَةِ وَالرَّأْفَةِ، الَّذِي يُشْبِعُ بِالْخَيْرَاتِ
شَهَوَاتِكَ، فَيَتَجَدَّدُ كَالنَّسْرِ شَبَابُكَ. الرَّبُّ صَانِعُ
الرَّحْمَاتِ وَالْقَضَاءِ لِجَمِيعِ الْمَظْلُومِينَ. عَرَفَ مُوسَى
طُرُقَهُ، وَبَنِي إِسْرَائِيلَ مَشِيئَاتِهِ. الرَّبُّ رَحِيمٌ وَرَوْوْفٌ،
طَوِيلُ الْأَنَاةِ وَكَثِيرُ الرَّحْمَةِ، لَيْسَ إِلَى الْإِنْقِضَاءِ
يَسْحَطُ، وَلَا إِلَى الدَّهْرِ يَحْقِدُ. لَا عَلَى حَسَبِ آثَامِنَا
صَنَعَ مَعَنَا، وَلَا عَلَى حَسَبِ خَطَايَانَا جَازَانَا. لِأَنَّهُ
بِمِقْدَارِ ارْتِفَاعِ السَّمَاءِ عَنِ الْأَرْضِ، قَوَى الرَّبُّ رَحْمَتَهُ
عَلَى الَّذِينَ يَتَّقُونَهُ، وَبِمِقْدَارِ بُعْدِ الْمَشْرِقِ مِنَ الْمَغْرِبِ
أَبْعَدَ عَنَّا سَيِّئَاتِنَا. كَمَا يَتَرَأَفُ الْأَبُ بِالْبَنِينَ، يَتَرَأَفُ
الرَّبُّ بِخَائِفِيهِ، لِأَنَّهُ عَرَفَ جَبَلَتَنَا وَذَكَرَ أَنَّنَا تُرَابٌ
نَحْنُ. الْإِنْسَانُ كَالْعُشْبِ أَيَّامُهُ وَكَزَهْرِ الْحَقْلِ كَذَلِكَ
يُزْهِرُ، لِأَنَّهُ إِذَا هَبَّتْ فِيهِ الرِّيحُ لَيْسَ يَبْقَى وَلَا يَعْرِفُ

blossom forth. For when the wind is passed over it, then it shall be gone, and no longer will it know the place thereof. But the mercy of the Lord is from eternity, even unto eternity, upon them that fear Him. And His righteousness is upon sons of sons, upon them that keep His testament and remember His commandments to do them. The Lord in heaven hath prepared His throne, and His kingdom ruleth over all. Bless the Lord, all ye His angels, mighty in strength, that perform His word, to hear the voice of His words. Bless the Lord, all ye His hosts, His ministers that do His will. Bless the Lord, all ye His works, in every place of His dominion. Bless the Lord, O my soul. In every place of His dominion, bless the Lord, O my soul.

أَيْضًا مَوْضِعُهُ. أَمَّا رَحْمَةُ الرَّبِّ فَهِيَ مُنْذُ الدَّهْرِ، وَإِلَى الدَّهْرِ عَلَى الَّذِينَ يَتَّقُونَهُ، وَعَدْلُهُ عَلَى أَوْلَادِ الْبَنِينَ الْحَافِظِينَ عَهْدَهُ وَالذَّاكِرِينَ وَصَايَاهُ لِيَصْنَعُوهَا. الرَّبُّ هَيَّا عَرْشَهُ فِي السَّمَاءِ، وَمَمْلَكَتُهُ تَسُودُ عَلَى الْجَمِيعِ. بَارِكُوا الرَّبَّ يَا جَمِيعَ مَلَائِكَتِهِ، الْمُقْتَدِرِينَ بِقُوَّةٍ، الْعَامِلِينَ بِكَلِمَتِهِ عِنْدَ سَمَاعِ صَوْتِ كَلَامِهِ. بَارِكُوا الرَّبَّ يَا جَمِيعَ قُوَاتِهِ، يَا خُدَامَهُ الْعَامِلِينَ إِرَادَتَهُ. بَارِكُوا الرَّبَّ يَا جَمِيعَ أَعْمَالِهِ، فِي كُلِّ مَوْضِعٍ سِيَادَتِهِ. بَارِكِي يَا نَفْسِي الرَّبَّ. فِي كُلِّ مَوْضِعٍ سِيَادَتِهِ. بَارِكِي يَا نَفْسِي الرَّبَّ.

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O Lord, hear my prayer, give ear unto my supplication in Thy truth; hearken unto me in Thy righteousness. And enter not into judgment with Thy servant, for in Thy sight shall no man living be justified. For the enemy hath persecuted my soul; he hath humbled my life down to the earth. He hath sat me in darkness as those that have been long dead, and my spirit within me is become despondent; within me my heart is troubled. I remembered days of old, I meditated on all Thy works, I pondered on the creations of Thy hands. I stretched forth my hands unto Thee; my soul thirsteth after Thee like a waterless land. Quickly hear me, O Lord; my spirit hath fainted away. Turn not Thy face away from me, lest I be like unto them that go down into the pit. Cause me to hear Thy mercy in the morning; for in Thee have I put my hope. Cause me to know, O Lord, the way wherein I should walk; for unto Thee have I lifted up my soul. Rescue me from mine enemies, O Lord; unto Thee have I fled for refuge. Teach me to do Thy will, for Thou art my God. Thy good Spirit shall lead me in the land of uprightness; for Thy name's sake, O Lord, shalt Thou quicken me. In Thy righteousness shalt Thou bring my soul out of affliction, and in Thy mercy shalt Thou utterly destroy mine enemies. And Thou shalt cut off all them that afflict my soul, for I am Thy servant.

يَا رَبُّ اسْتَمِعْ صَلَاتِي، وَأَنْصِتْ بِحَقِّكَ إِلَى طَلِبَتِي. اسْتَجِبْ لِي بِعَدْلِكَ، وَلَا تَدْخُلْ فِي الْمَحَاكِمَةِ مَعَ عَبْدِكَ، فَإِنَّهُ لَنْ يَنْتَرَكِيَ أَمَامَكَ أَيُّ حَيٍّ. لِأَنَّ الْعَدُوَّ قَدْ اضْطَهَدَ نَفْسِي، وَأَدَلَّ إِلَى الْأَرْضِ حَيَاتِي، وَأَجَلَسَنِي فِي الظُّلُمَاتِ مِثْلَ الْمَوْتَى مُنْذُ الدَّهْرِ، فَضَجَرْتُ رُوحِي وَاضْطَرَبَ قَلْبِي فِي دَاخِلِي. تَذَكَّرْتُ الْأَيَّامَ الْقَدِيمَةَ. هَدَدْتُ فِي كُلِّ أَعْمَالِكَ، وَتَأَمَّلْتُ فِي صَنَائِعِ يَدَيْكَ. بَسَطْتُ يَدَيَّ إِلَيْكَ وَنَفْسِي لَكَ كَأَرْضٍ لَا تُمَطَّرُ. أَسْرَعُ فَاسْتَجِبْ لِي يَا رَبُّ، فَقَدْ فَنِيَتْ رُوحِي. لَا تَصْرِفْ وَجْهَكَ عَنِّي، فَأَشَابَهُ الْهَابِطِينَ فِي الْجُبِّ. اجْعَلْنِي فِي الْغَدَاةِ مُسْتَمِعًا رَحْمَتَكَ، فَإِنِّي عَلَيْكَ تَوَكَّلْتُ. عَرَّفْنِي يَا رَبُّ الطَّرِيقَ الَّذِي أَسْلُكُ فِيهِ، فَإِنِّي إِلَيْكَ رَفَعْتُ نَفْسِي. أَنْقِذْنِي مِنْ أَعْدَائِي يَا رَبُّ، فَإِنِّي قَدْ لَجَأْتُ إِلَيْكَ. عَلَّمْنِي أَنْ أَعْمَلَ مَرْضَاتِكَ، لِأَنَّكَ أَنْتَ إِلَهِي. رُوحُكَ الصَّالِحُ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ. مِنْ أَجْلِ اسْمِكَ، يَا رَبُّ، تُحْيِينِي. بِعَدْلِكَ تُخْرِجُ مِنَ الْحُزَنِ نَفْسِي، وَبِرَحْمَتِكَ تَسْتَأْصِلُ أَعْدَائِي، وَتُهْلِكُ جَمِيعَ الَّذِينَ يُحْزِنُونَ نَفْسِي لِأَنِّي أَنَا عَبْدُكَ.

O Lord, give ear unto my supplication and enter not into judgment with Thy servant. (TWICE)
Thy good Spirit shall lead me in the land of uprightness.

اسْتَجِبْ لِي بِعَدْلِكَ، وَلَا تَدْخُلْ فِي الْمَحَاكِمَةِ مَعَ عَبْدِكَ. (مَرَّتَيْنِ)
رُوحُكَ الصَّالِحُ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ.

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of

المَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُسِ. الْآنَ وَكُلَّ أَوَانٍ

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| ages. Amen. Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (THRICE) O our God and our Hope, glory to Thee! | | وَالِي دَهْرِ الدَّاهِرِينَ. آمِينَ. هَلْلُوبِيَا، هَلْلُوبِيَا، هَلْلُوبِيَا، الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا) يَا إِلَهَنَا وَرَجَاءَنَا الْمَجْدُ لَكَ. |
| THE GREAT LITANY | | |
| Priest: In peace, let us pray to the Lord. | | الكاهن: بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ. |
| Choir: Lord, have mercy. | | الجوقة: يَا رَبُّ ارْحَمِ. |
| Priest: For the peace from above and the salvation of our souls, let us pray to the Lord. | | الكاهن: مِنْ أَجْلِ السَّلَامِ الَّذِي مِنَ الْعُلَى وَخَلَاصِ نَفُوسِنَا، إِلَى الرَّبِّ نَطْلُبُ. |
| Choir: Lord, have mercy. | | الجوقة: يَا رَبُّ ارْحَمِ. |
| Priest: For the peace of the whole world, the good estate of the holy churches of God, and the union of all men, let us pray to the Lord. | | الكاهن: مِنْ أَجْلِ سَلَامِ كُلِّ الْعَالَمِ، وَحُسْنِ ثَبَاتِ كَنَائِسِ اللَّهِ الْمُقَدَّسَةِ، وَاتِّحَادِ الْجَمِيعِ، إِلَى الرَّبِّ نَطْلُبُ. |
| Choir: Lord, have mercy. | | الجوقة: يَا رَبُّ ارْحَمِ. |
| Priest: For this holy House and those who with faith, reverence, and fear of God enter therein, let us pray to the Lord. | | الكاهن: مِنْ أَجْلِ هَذَا الْبَيْتِ الْمُقَدَّسِ، وَالَّذِينَ يَدْخُلُونَ إِلَيْهِ بِإِيمَانٍ وَوَرَعَ وَخَوْفِ اللَّهِ، إِلَى الرَّبِّ نَطْلُبُ. |
| Choir: Lord, have mercy. | | الجوقة: يَا رَبُّ ارْحَمِ. |
| Priest: For our father and Metropolitan N., (and for our Bishop N.), the honorable presbytery, the deaconate in Christ, all the clergy and the people, let us pray to the Lord. | | الكاهن: مِنْ أَجْلِ أَبِينَا وَمِتْرُوبُولِيْتِنَا (فَلَان) وَرَنِّيْسِ كَهَنَتِنَا (فَلَان)، وَالْكَهَنَةَ الْمُكْرَمِينَ، وَالشَّمَامِسَةَ، خُدَامِ الْمَسِيحِ، وَجَمِيعِ الْإِكْلِيْرُوسِ وَالشَّعْبِ، إِلَى الرَّبِّ نَطْلُبُ. |
| Choir: Lord, have mercy. | | الجوقة: يَا رَبُّ ارْحَمِ. |
| Priest: For Metropolitan PAUL and Archbishop JOHN and their quick release from captivity and safe return, let us pray to the Lord. | | الكاهن: مِنْ أَجْلِ الْمِتْرُوبُولِيْتِ بُولْسَ وَالْمِطْرَانِ يُوْحَنَّا وَقَكِّ أَسْرِهِمَا وَعَوْدَتِهِمَا سَالِمِينَ، إِلَى الرَّبِّ نَطْلُبُ. |
| Choir: Lord, have mercy. | | الجوقة: يَا رَبُّ ارْحَمِ. |
| Priest: For the President, civil authorities, and our Armed Forces, let us pray to the Lord. | | الكاهن: مِنْ أَجْلِ حُكَّامِ هَذَا الْبَلَدِ، وَمُؤَارَزَتِهِمْ فِي كُلِّ عَمَلٍ صَالِحٍ، إِلَى الرَّبِّ نَطْلُبُ. |
| Choir: Lord, have mercy. | | الجوقة: يَا رَبُّ ارْحَمِ. |
| Priest: For this city and every city and countryside and the faithful, who dwell therein; let us pray to the Lord. | | الكاهن: مِنْ أَجْلِ هَذِهِ الْمَدِينَةِ، وَجَمِيعِ الْمُدُنِ وَالْقُرَى، وَالْمُؤْمِنِينَ السَّاكِنِينَ فِيهَا، إِلَى الرَّبِّ نَطْلُبُ. |
| Choir: Lord, have mercy. | | الجوقة: يَا رَبُّ ارْحَمِ. |
| Priest: For healthful seasons, abundance of the fruits of the earth, and peaceful times, let us pray to the Lord. | | الكاهن: مِنْ أَجْلِ اعْتِدَالِ الْأَهْوِيَةِ، وَخُضْبِ ثَمَارِ الْأَرْضِ وَأَوْقَاتِ سَلَامِيَّةٍ، إِلَى الرَّبِّ نَطْلُبُ. |
| Choir: Lord, have mercy. | | الجوقة: يَا رَبُّ ارْحَمِ. |
| Priest: For travelers by sea, by land, and by air, the sick, the suffering, the captive, and for their salvation, let us pray to the Lord. | | الكاهن: مِنْ أَجْلِ الْمُسَافِرِينَ فِي الْبَحْرِ وَالْبَرِّ وَالْجَوِّ، وَالْمَرْضَى وَالْمُتَأَلِّبِينَ وَالْأَسْرَى، وَخَلَاصِهِمْ، إِلَى الرَّبِّ نَطْلُبُ. |
| Choir: Lord, have mercy. | | الجوقة: يَا رَبُّ ارْحَمِ. |
| Priest: For our deliverance from all tribulation, | | الكاهن: مِنْ أَجْلِ نَجَاتِنَا مِنْ كُلِّ ضَيْقٍ وَغَضَبٍ |

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| wrath, danger, and necessity, let us pray to the Lord. | وَحَطَرٍ وَشِدَّةٍ إِلَى الرَّبِّ نَطْلُبُ. |
| Choir: Lord, have mercy. | الجوقة: يَا رَبُّ ارْحَمِ. |
| Priest: Help us; save us; have mercy on us, and keep us, O God, by Thy grace. | الكاهن: أَعِزُّدْ وَخَلِّصْ وَارْحَمْ واحفظنا يا الله بنعمتك. |
| Choir: Lord, have mercy. | الجوقة: يَا رَبُّ ارْحَمِ. |
| Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady the Theotokos and ever-Virgin Mary, with all the Saints, let us commend ourselves and each other, and all our life unto Christ our God. | الكاهن: بَعْدَ ذِكْرِنَا الْكَلِيَّةَ الْقَدَّاسَةَ الطَّاهِرَةَ الْفَائِقَةَ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتْنَا وَالِدَةَ الْإِلَهِ الدَّائِمَةَ الْبَتُولِيَّةَ مَرْيَمَ، مَعَ جَمِيعِ الْقِدِّيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضًا وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ. |
| Choir: To Thee, O Lord. | الجوقة: لَكَ يَا رَبُّ. |
| Priest: For unto Thee are due all glory, honor, and worship to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. | الكاهن: لِأَنَّهُ يَنْبَغِي لَكَ كُلُّ تَمَجِيدٍ وَإِكْرَامٍ وَسُجُودٍ، أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. |
| Choir: Amen. | الجوقة: آمِينَ. |

“GOD IS THE LORD” IN TONE FIVE

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| Chanter: God is the Lord and hath appeared unto us. Blessed is He that cometh in the Name of the Lord. (<i>Repeat after verses</i>) | المُرْتِّل: اللَّهُ الرَّبُّ ظَهَرَ لَنَا، مُبَارَكٌ الْآتِي بِاسْمِ الرَّبِّ. (تعاود بعد الإستيخونات) |
| 1. O give thanks unto the Lord, and call upon His holy Name. | 1- إِعْتَرِفُوا لِلرَّبِّ وادعوا باسمه القدوس. |
| 2. All nations compassed me about, but in the Name of the Lord will I destroy them. | 2- كُلُّ الْأُمَمِ أَحَاطُوا بِي وَبِاسْمِ الرَّبِّ قَهَرْتُهُمْ. |
| 3. This is the Lord's doing; it is marvelous in our eyes. | 3- مِنْ قَبْلِ الرَّبِّ كَانَتْ هَذِهِ وَهِيَ عَجِيبَةٌ فِي أَعْيُنِنَا. |

RESURRECTIONAL APOLYTIKION IN TONE FIVE

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| Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection. | لِنُسَبِّحْ نَحْنُ الْمُؤْمِنِينَ وَنَسْجُدْ لِلْكَلِمَةِ، الْمُسَاوِي لِلآبِ وَالرُّوحِ فِي الْأَرْزَلِيَّةِ وَعَدَمِ الْإِبْتِدَاءِ، الْمَوْلُودِ مِنَ الْعَذْرَاءِ لِخَلَاصِنَا، لِأَنَّهُ سَرَّ بِالْجَسَدِ أَنْ يَغْلُوَ عَلَى الصَّلِيبِ، وَيَحْتَمِلَ الْمَوْتَ، وَيُنْهَضَ الْمَوْتَى بِقِيَامَتِهِ الْمَجِيدَةِ. |
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RESURRECTIONAL APOLYTIKION IN TONE FIVE

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| <i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection. | الْمَجْدُ لِلآبِ، وَالْإِبْنِ، وَالرُّوحِ الْقُدُّوسِ. لِنُسَبِّحْ نَحْنُ الْمُؤْمِنِينَ وَنَسْجُدْ لِلْكَلِمَةِ، الْمُسَاوِي لِلآبِ وَالرُّوحِ فِي الْأَرْزَلِيَّةِ وَعَدَمِ الْإِبْتِدَاءِ، الْمَوْلُودِ مِنَ الْعَذْرَاءِ لِخَلَاصِنَا، لِأَنَّهُ سَرَّ بِالْجَسَدِ أَنْ يَغْلُوَ عَلَى الصَّلِيبِ، وَيَحْتَمِلَ الْمَوْتَ، وَيُنْهَضَ الْمَوْتَى بِقِيَامَتِهِ الْمَجِيدَةِ. |
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APOLYTIKION OF THE HOLY CROSS IN TONE ONE

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| <i>Both now and ever, and unto ages of ages. Amen.</i> O Lord, save Thy people and bless Thy inheritance. Grant victories to the Orthodox Christians over their adversaries; and by the virtue of Thy Cross, preserve Thy habitation. | الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ. خَلِّصْ يَا رَبُّ شَعْبَكَ، وَبَارِكْ مِيرَاثَكَ، وَامْنَحْ عِبِيدَكَ الْمُؤْمِنِينَ الْعَلْبَةَ عَلَى الشَّرِيرِ، وَاحْفَظْ بِقُوَّةِ صَلْبِكَ جَمِيعَ الْمُخْتَصِّينَ بِكَ. |
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THE LITTLE LITANY

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| <p>Priest: Again and again, in peace, let us pray to the Lord.</p> <p>Choir: Lord, have mercy.</p> <p>Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace.</p> <p>Choir: Lord, have mercy.</p> <p>Priest: Calling to remembrance our all-holy, immaculate, most-blessed and glorious Lady the Theotokos and ever-virgin Mary, with all the saints: let us commend ourselves and each other, and all our life unto Christ our God.</p> <p>Choir: To Thee, O Lord.</p> <p>Priest: For Thine is the might, and Thine is the kingdom, and the power and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.</p> <p>Choir: Amen.</p> | <p>الكاهن: أيضاً وأيضاً بسلام إلى الرب نطلب.</p> <p>الجوق: يا رب ارحم.</p> <p>الكاهن: أعضد، وخلص، وارحم، واحفظنا يا الله بنعمتك.</p> <p>الجوق: يا رب ارحم.</p> <p>الكاهن: بعد ذكرنا الكليّة القداسة، الطاهرة، الفائقة البركات المجيدة، سيدتنا والدة الإله الدائمة البتولية مريم مع جميع القديسين، لنودع أنفسنا وبعضنا بعضاً وكلّ حياتنا للمسيح الإله.</p> <p>الجوق: لك يا رب.</p> <p>الكاهن: لأنّ لك العزة ولك الملك والقوة والمجد أيها الآب والإبن والروح القدس، الآن وكلّ أوان وإلى دهر الدهرين.</p> <p>الجوق: آمين.</p> |
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FIFTH TONE RESURRECTIONAL KATHISMATA (Plain Reading) First Kathisma

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| <p>Let us laud the honored Cross of the Lord; let us honor with song His holy Burial; let us glorify His divine Resurrection; for He hath raised the dead from the graves, since He is God, and hath led captive the might of death and the power of Diabolus, and hath shed light on those who are in Hades.</p> | <p>لنمدح صليب الرب المكرم، ولنكرم بالتسابيح دفنه المقدس، ولنمجد قيامته الإلهية، لأنّه أقام الأموات من القبور بما أنّه إله، وسبى عزة الموت، وقوة المَحَال، وأشرق نوراً للذين في الجحيم.</p> |
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| <p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Thou hast been called dead, O Lord, Who hast caused death to die. And Thou wast placed in a grave, O Thou Who hast emptied the grave. Above, the soldiers guarded the tomb, but below, Thou didst raise the dead who were from eternity. Wherefore, O Lord Almighty, the Incomprehensible, glory to Thee.</p> | <p>المجد للآب، والإبن، والروح القدس. أيها الرب، لقد دُعيت ميئاً وأنت قد أمت الموت، ووَضعت في قبر، وأنت قد أفرغت القبور. أما على الأرض، فإنّ الجنّد حرسوا القبر، وأما تحنّ، فقد أقيمت الأموات الذين منذ الدهور. فيا أيها الرب القادر على كلّ شيء، الممتنع إدراكه، المجد لك.</p> |
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(For the Holy Cross)

(لصليب)

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| <p><i>Both now and ever, and unto ages of ages. Amen.</i> All mortal nature mystically leapeth in gladness, while keeping feast today, as it seeth brought forward the Wood of the Savior's Cross as a source of unailing cures for all them that flee thereto with reverence and longing, glorifying Him that was once fastened upon it, Christ Jesus, the Lover of mankind.</p> | <p>الآن وكلّ أوان وإلى دهر الدهرين. آمين. عيدي كلّك معاً يا طبيعة البشر، وارقصي طرباً وسروراً روحياً، فإنّ عود الصليب يعرض اليوم علينا مستشفى لا تتفدّ أشفيته للذين يقصدونه بورع ولهفة ويسجدون للمسيح المحبّ البشر الذي علّق عليه.</p> |
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Second Kathisma

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| <p>After Thy third-day Resurrection and the worship of the Disciples, O Lord, Peter cried to Thee: The women made bold to Thee, but I covered fearing; the thief did speak of Thy Divinity, and I denied Thee ungratefully. Wouldest Thou still, I wonder, call me Disciple, or make me a fisher of the deep? Nevertheless, O God, receive me, repentant, and save me.</p> | <p>بعد قيامتك في اليوم الثالث، يا رب، وسجود التلاميذ، هتف بطرس نحوك: إنّ النسوة أقدمن مجتربات وأنا أحجمتُ جبناً. اللص تكلم عن لاهوتك وأنا أنكرتك. فهل تدعوني بعد تلميذاً، أم تعود فتجعلني صياداً في البحر؟ لكن اقبلني تائباً اللهم وخلصني.</p> |
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| <p><i>Glory to the Father, and to the Son, and to the Holy Spirit. The transgressors of the law, O merciful Lord, nailed Thee between two thieves and stabbed Thy side with a spear. And Thou didst submit to burial, O Thou Who didst invade the gates of Hades, and didst rise in three days. Wherefore, the women hastened to behold Thee, and told the good tidings of Thy Resurrection to the Apostles, O Savior transcendent in height, and praised of angels. Wherefore, O blessed Lord, glory to Thee.</i></p> | <p>المَجْدُ لِلآبِ، وَالإِبْنِ، وَالرُّوحِ الْقُدْسِ. أَيُّهَا الرَّبُّ الرَّحِيمُ، إِنَّ الْمَتَعَدِّيَ الشَّرِيعَةَ قَدْ سَمَّرُوكَ فِيمَا بَيْنَ الْمُجْرِمِينَ، وَطَعَنُوا جَنْبَكَ بِحَرْبَةٍ، وَأَنْتَ قَبِلْتَ الدَّفْنَ يَا مَنْ حَلَّ أَبْوَابَ الْجَحِيمِ، وَقَامَ لِثَلَاثَةِ أَيَّامٍ. فَالْآنِ سَوِّءُ أَسْرَعَنْ لِيَنْظُرَنَّكَ، وَبَشَّرَنْ الرُّسُلَ بِقِيَامَتِكَ أَيُّهَا الْمُخَلِّصُ الْفَائِضُ الْعُلُوِّ، الْمُسَبِّحُ مِنَ الْمَلَائِكَةِ. فَيَا أَيُّهَا الرَّبُّ الْمُبَارَكُ، الْمَجْدُ لَكَ.</p> |
| <p>(For the Holy Cross)</p> | <p>(للصليب)</p> |
| <p><i>Both now and ever, and unto ages of ages. Amen. The procession of the Cross is the provider of exceeding joy today; for It doth sanctify our souls and mortal bodies by grace divine as we revere it and worship it faithfully.</i></p> | <p>الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. إِنَّ زِيَاحَ الصَّلِيبِ قَدْ صَارَ لَنَا الْيَوْمَ عَلَّةَ سُورٍ، فَإِنَّهُ يُقَدِّسُ نَفُوسَ وَأَجْسَادَ الَّذِينَ يَسْجُدُونَ لَهُ عَنِ إِيمَانٍ.</p> |
| <p>EVLOGETARIA (BENEDICTIONS) IN TONE FIVE</p> | |
| <p><i>Blessed art Thou, O Lord; teach me Thy statutes. The company of the Angels was amazed when they beheld Thee numbered among the dead. Yet Thyself, O Savior, destroyed the power of death, with Thee raising up Adam and releasing all men from Hell.</i></p> | <p>مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ. جَمَعَ الْمَلَائِكَةُ أَنْذَهَلَ مُتَحَيِّرًا، عِنْدَ مُشَاهَدَتِهِمْ إِيَّاكَ مَحْسُوبًا بَيْنَ الْأَمْوَاتِ أَيُّهَا الْمُخَلِّصُ، وَدَاحِضًا قُوَّةَ الْمَوْتِ، وَمُنْهَضًا آدَمَ مَعَكَ، وَمُعْتِقًا إِيَّانَا مِنَ الْجَحِيمِ كَافَّةً.</p> |
| <p><i>Blessed art Thou, O Lord; teach me Thy statutes. Wherefore, O Women Disciples, do ye mingle sweet-smelling spices with your tears of pity? The radiant Angel within the sepulcher cried unto the Myrrh-bearing Women: Behold the grave, and understand, for the Savior is risen from the tomb.</i></p> | <p>مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ. الْمَلَائِكَةُ اللَّامِعُ عِنْدَ الْقَبْرِ تَقْوَةَ نَحْوِ حَامِلَاتِ الطَّيِّبِ قَائِلًا: لِمَ تَمْرُجْنَ الطَّيِّبَ بِالذُّمُوعِ، بَتَرْتِ يَا تَلْمِيزَاتِ؟ أَنْظُرْنَ اللَّحْدَ وَافْرَحْنَ، لِأَنَّ الْمُخَلِّصَ قَدْ قَامَ مِنَ الْقَبْرِ.</p> |
| <p><i>Blessed art Thou, O Lord; teach me Thy statutes. Very early in the morning, did the Myrrh-bearing Women run lamenting unto Thy tomb. But an Angel came toward them, saying: The time for lamentation is passed; weep not, but announce unto the Apostles the Resurrection.</i></p> | <p>مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ. إِنَّ حَامِلَاتِ الطَّيِّبِ سَحَرًا جِدًّا، سَارَعْنَ إِلَى قَبْرِكَ نَائِحَاتٍ. لِأَنَّ الْمَلَائِكَةَ وَقَفَتْ بِهِنَّ، وَقَالَ لَهُنَّ: زَمَانُ النَّوْحِ قَدْ كَفَّ وَبَطَلَ فَلَا تَبْكِينَ، بَلْ بَشِّرْنَ الرُّسُلَ بِالْقِيَامَةِ.</p> |
| <p><i>Blessed art Thou, O Lord; teach me Thy statutes. The Myrrh-bearing Women mourned, as bearing spices they drew near Thy tomb, O Savior. But the Angel spake unto them, saying: Why number ye the living among the dead? In that He is God He is risen from the grave.</i></p> | <p>مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ. إِنَّ النِّسْوَةَ حَامِلَاتِ الطَّيِّبِ، وَاقِفِينَ بِالْحَنُوطِ إِلَى قَبْرِكَ أَيُّهَا الْمُخَلِّصُ. فَسَمِعْنَ مَلَكَامًا مُتَتَعِمًّا نَحْوَهُنَّ قَائِلًا: لِمَ تَحْسِبِينَ الْحَيِّ مَعَ الْمَوْتَى؟ فَيَمَا أَنَّهُ إِلَهٌ، قَدْ قَامَ مِنَ الْقَبْرِ نَاهِضًا.</p> |
| <p><i>Glory to the Father, and to the Son, and to the Holy Spirit. We adore the Father, as also His Son, and the Holy Spirit, the Holy Trinity in one Essence, crying with the Seraphim: Holy, holy, holy art Thou, O Lord.</i></p> | <p>المَجْدُ لِلآبِ، وَالإِبْنِ، وَالرُّوحِ الْقُدْسِ. نَسْجُدُ لِلآبِ، وَلِإِبْنِهِ، وَلِرُوحِ قُدْسِهِ، ثَالِوثًا قُدُوسًا فِي جَوْهَرٍ وَاحِدٍ، هَاتِفِينَ مَعَ السَّرَافِيمِ: قُدُوسٌ، قُدُوسٌ، قُدُوسٌ أَنْتَ يَا رَبُّ.</p> |
| <p><i>Both now and ever, and unto ages of ages. Amen. In that thou didst bear the Giver of Life, O Virgin, thou didst redeem Adam from sin, and didst give to Eve joy in place of sadness; and He who was incarnate of thee, both God and man, hath restored to life those who had fallen therefrom.</i></p> | <p>الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ. أَيُّهَا الْعَذْرَاءُ، لَقَدْ وَلَدْتِ مُعْطِي الْحَيَاةِ، وَأَنْقَذْتِ آدَمَ مِنَ الْخَطِيئَةِ، وَمَنْحَتِ حَوَاءَ الْفَرْحِ عَوَضَ الْحُزْنِ، لَكِنَّ الإِلَهَ وَالإِنْسَانَ الْمُتَجَبِّدَ مِنْكَ، أَرَشَدَهُمَا إِلَى الْحَيَاةِ الَّتِي قَدْ تَهَوَّرَا مِنْهَا.</p> |

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| <p>Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (THRICE) O our God and our Hope, glory to Thee!</p> | <p>هَلَلُويَا، هَلَلُويَا، هَلَلُويَا، المَجْدُ لَكَ يَا اللهُ. (ثَلَاثًا) يا إِلَهنا وَرِجاءنا لَكَ المَجْد.</p> |
| <p>THE LITTLE LITANY</p> | |
| <p>Priest: Again and again, in peace, let us pray to the Lord. Choir: Lord, have mercy. Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace. Choir: Lord, have mercy. Priest: Calling to remembrance our all-holy, immaculate, most-blessed and glorious Lady the Theotokos and ever-virgin Mary, with all the saints: let us commend ourselves and each other, and all our life unto Christ our God. Choir: To Thee, O Lord. Priest: For blessed is Thy Name, and glorified is Thy kingdom: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages. Choir: Amen.</p> | <p>الكاهن: أيضاً وأيضاً بِسَلامٍ إلى الرَّبِّ نَطَلِب. الجوق: يا رَبُّ ارْحَم. الكاهن: أعْضُدْ، وَخَلِّصْ، وارْحَمْ، واحْفَظْنا يا اللهُ بِنِعْمَتِكَ. الجوق: يا رَبُّ ارْحَم. الكاهن: بَعْدَ ذِكْرنا الكَلِيَّةِ القَداسَةِ، الطاهِرَةِ، الفائِقَةِ البِرْكاتِ المَجيدة، سَيِّدَتنا وَالِدَةَ الإلهِ الدائِمَةِ البَتولِيَّةِ مَرِيَمَ مَعَ جَميعِ القَدِيسين، لِنودِعْ أُنْفُسنا وَنِعْضُنْنا بَعْضاً وَكُلَّ حَياتِنا لِلْمَسِيحِ الإلهِ. الجوق: لك يا رب. الكاهن: لأنَّ اسْمَكَ مُبارِكٌ ومُلْكُكَ مُمَجَّدٌ أَيُّها الأبُّ والإبْنُ والروحُ القُدُسُ، الآنَ وَكُلَّ أوانٍ وإلى دَهْرِ الداهِرِينَ. الجوق: آمين.</p> |
| <p>FIFTH TONE RESURRECTIONAL HYPAKOE (Plain Reading)</p> | |
| <p>The minds of the ointment-bearing women were dazzled by the angelic scene, and their souls with the divine Resurrection. Wherefore, they spoke to the Apostles, saying: Declare in the nations the Resurrection of the Lord, Who worketh wonders with you, who bestoweth on us the Great Mercy.</p> | <p>إنَّ حامِلاتِ الطِّيبِ دَهَشَتْ عُقُولَهُنَّ مِنَ المَنْظَرِ المَلائِكِيِّ، واسْتَنارَتْ نُفُوسُهُنَّ بالقيامةِ، فَبَشَّرْنَ الرُّسُلَ قائلاتٍ، إنَّكَ قَدْ قُمتَ بما أَنتَ إلهٌ، مانِحاً العالَمَ الرَّحْمَةَ العُظْمى.</p> |
| <p>FIFTH TONE RESURRECTIONAL ANABATHMOI (Plain Reading) First Antiphony</p> | |
| <p>+ O my Lord, I sing to Thee like David in my sorrow. Save my soul from the deceitful tongues. + Verily, the life of the dwellers in the wilderness is a very happy one; for by divine passion are they ever carried up. + <i>Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.</i> + By the Holy Spirit are all creations seen and unseen preserved, the control thereof being in Himself Who is without doubt one of the Trinity.</p> | <p>+ يا مُخَلِّصي أَرْتَلُ لَكَ داوُدِيًّا في حُزْني، فَتَجِ نَفْسي مِنَ الأَلْسِنِ العاشَةِ. + إنَّ عيشَةَ أَهلِ البَراري لَمَغْبُوطَةٌ جِداً، لأنَّهُمُ بالعِشْقِ الإلهِيِّ يَتَطايرونَ دائِماً. + المَجْدُ لِلأبِّ والإبْنِ والروحِ القُدُسِ، الآنَ وَكُلَّ أوانٍ وإلى دَهْرِ الداهِرِينَ، آمين. + بالروحِ القُدُسِ تُحَفَظُ كُلُّ البَرايا، المَنْظُورَةِ والغَيرِ المَنْظُورَةِ، لأنَّهُ ضابطٌ بِذاتِهِ، إذْ هُوَ أَحَدُ الثالوثِ مِنْ غيرِ ارْتِباب.</p> |
| <p>Second Antiphony</p> | |
| <p>+ Except the Lord were in our midst, who could have been kept safe from the man-destroying enemy? + Verily, my enemies roar like lions, O Savior. Deliver not Thy servant to their teeth. + <i>Glory to the Father, and to the Son, and to the Holy Spirit; both now and</i></p> | <p>+ لوَ لَمْ يَكُنِ الرَّبُّ مَعنا فَمَنْ كانَ كُفُؤاً أَنْ يُحَفَظَ سَالمًا مِنَ العَدُوِّ قاتِلِ الإنسانِ. + يا أَيُّها المَخْلِصُ، إنَّ أَعْدائي يَزارونَ عَلَيَّ كالأَسدِ، فلا تَدَفِّعْني أنا عِبْدَكَ لأُسْنايهِمُ. + المَجْدُ لِلأبِّ، والإبْنِ، والروحِ القُدُسِ، الآنَ وَكُلَّ أوانٍ</p> |

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| <p><i>ever, and unto ages of ages. Amen.</i></p> <p>+ The Holy Spirit is the element of Life and honor; for as God He doth establish all creatures and preserve them in the Father and the Son.</p> | <p>والى دهرِ الدهرينِ. آمين.</p> <p>+ إِنَّ الرُّوحَ الْقُدُسَ هُوَ عُنْصُرُ الْحَيَاةِ وَالْكَرَامَةِ، لِأَنَّهُ كَالِهٍ يُؤَيِّدُ الْمَخْلُوقَاتِ بِأَسْرِهَا وَيَصُونُهَا بِالْأَبِ وَالْإِبْنِ.</p> |
| <p>Third Antiphony</p> | |
| <p>+ I have been filled with great joy by those who say to me: Let us go into the courts of the Lord. Verily, I have offered a constant prayer.</p> <p>+ In the house of David dread wonders take place; for there is a burning fire consuming every evil mind.</p> <p>+ <i>Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.</i></p> <p>+ Verily, the Holy Spirit is the Element of life and its beginning; for through Him doth every living thing breathe; as is the Father and the Word.</p> | <p>+ إِنِّي امْتَلَأْتُ فَرَحًا جَزِيلًا بِالْقَائِلِينَ لِي لِنَذْهَبَ إِلَى دِيَارِ الرَّبِّ، وَقَدَّمْتُ صَلَاةً بِلَا فُتُورٍ.</p> <p>+ فِي بَيْتِ دَاوُدَ تَكْمُلُ آيَاتُ رَهِيْبَةٍ، لِأَنَّ هُنَاكَ نَارًا مُتَأَجِّجَةً تُلْهَبُ كُلَّ عَقْلِ حَبِيْثٍ.</p> <p>+ الْمَجْدُ لِلْأَبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ.</p> <p>+ إِنَّ الرُّوحَ الْقُدُسَ هُوَ عُنْصُرُ الْحَيَاةِ وَمَبْدُؤُهَا، لِأَنَّ مِنْهُ يَنْتَفَسُ كُلُّ حَيٍّ، كَمَا هُوَ الْآبُ وَالْكَلِمَةُ مَعًا.</p> |
| <p>PROKEIMENON FOR THE RESURRECTION IN TONE FIVE</p> | |
| <p>Arise, O my Lord and my God, for Thou dost reign to the end of time. (TWICE)</p> <p>Stichos: To Thee do I confess, O Lord, from my whole heart.</p> <p>Arise, O my Lord and my God, for Thou dost reign to the end of time.</p> | <p>قُمْ يَا رَبِّي وَالْهَي، لِأَنَّكَ تَمْلِكُ إِلَى الْأَدْهَارِ (مرتين)</p> <p>زَجَجْكَ: أَعْتَرِفُ لَكَ يَا رَبُّ مِنْ كُلِّ قَلْبِي.</p> <p>قُمْ يَا رَبِّي وَالْهَي، لِأَنَّكَ تَمْلِكُ إِلَى الْأَدْهَارِ.</p> |
| <p>Deacon: Let us pray to the Lord.</p> <p>Choir: Lord, have mercy.</p> <p>Priest: For Holy art Thou, O our God, Who restest in the Holy Place, and unto Thee do we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages.</p> | <p>الشماس: إِلَى الرَّبِّ نَطْلُبُ.</p> <p>المرتل: يَا رَبُّ ارْحَمْ.</p> <p>الكاهن: أَنْتَ قُدُّوسٌ أَنْتَ يَا إِلَهَنَا، وَفِي الْقَدِيسِينَ نَسْتَقِرُّ وَنَسْتَرِيحُ، وَلَكَ نُرْسِلُ الْمَجْدَ أَيُّهَا الْآبُ، وَالْإِبْنُ، وَالرُّوحُ الْقُدُسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.</p> |
| <p>Choir: Amen.</p> <p>Let everything that hath breath praise the Lord. (twice)</p> <p>Praise ye God in His saints; praise Him in the firm foundation of His power.</p> <p>Let everything that hath breath praise the Lord.</p> | <p>المرتل: آمين.</p> <p>كُلُّ نَسَمَةٍ، فَلْتَسْبِحِ الرَّبَّ. (مرتين)</p> <p>سَبِّحُوا اللَّهَ فِي قَدِيسِيهِ، سَبِّحُوهُ فِي فَلَكَ قُوَّتِهِ.</p> <p>فَلْتَسْبِحِ الرَّبَّ، كُلُّ نَسَمَةٍ.</p> |
| <p>THE SIXTH EOTHINON GOSPEL</p> | |
| <p>Deacon: And that we may be accounted worthy to hear the Holy Gospel, let us pray unto the Lord our God.</p> <p>Choir: Lord, have mercy. (thrice)</p> <p>Deacon: Wisdom! Attend! Let us hear the Holy Gospel.</p> <p>Priest: Peace be to all.</p> | <p>الشماس: مِنْ أَجْلِ أَنْ نَكُونَ مُسْتَحَقِّينَ لِسْمَاعِ الْإِنْجِيلِ الْمُقَدَّسِ، إِلَى الرَّبِّ إِلَهِنَا نَطْلُبُ.</p> <p>المرتل: يَا رَبُّ ارْحَمْ. (ثلاثاً)</p> <p>الشماس: الْحِكْمَةُ، فَلْتَسْتَقِمَّ وَلْتَسْمَعْ الْإِنْجِيلَ الْمُقَدَّسَ.</p> <p>الكاهن: السَّلَامُ لِجَمِيعِكُمْ.</p> <p>المرتل: وَلِرُوحِكَ.</p> |

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| <p>Choir: And to thy spirit.</p> <p>Priest: The Reading from the Holy Gospel according to Saint Luke. (24:36-53)</p> <p>Choir: Glory to Thee, O Lord, glory to Thee.</p> <p>Deacon: Let us attend!</p> | <p>الكاهن: فَصَلِّ شَرِيفٌ مِنْ بَشَارَةِ الْقَدِيسِ لَوْقَا الْإِنْجِيلِيّ الْبَشِيرِ وَالْتَّمِيزِ الطَّاهِرِ. المرتل: الْمَجْدُ لَكَ يَا رَبُّ الْمَجْدُ لَكَ. الشماس: لِنُصْنِخ!</p> |
| <p>Priest: At that time, Jesus, risen from the dead, stood in the midst of His disciples and said to them, "Peace be to you." But they were startled and frightened, and supposed that they saw a spirit. And He said to them, "Why are you troubled, and why do questionings rise in your hearts? See My hands and My feet, that it is I Myself; handle Me, and see; for a spirit has not flesh and bones as you see that I have." And when He had said this, He showed them His hands and His feet. And while they still disbelieved for joy, and wondered, He said to them, "Have you anything here to eat?" They gave Him a piece of broiled fish and a honeycomb, and He took it and ate before them. Then He said to them, "These are My words which I spoke to you, while I was still with you, that everything written about Me in the law of Moses and the prophets and the psalms must be fulfilled." Then He opened their minds to understand the Scriptures, and said to them, "Thus it is written, that the Christ should suffer and on the third day rise from the dead, and that repentance and forgiveness of sins should be preached in His Name to all nations, beginning from Jerusalem. You are witnesses of these things. And behold, I send the promise of my Father upon you; but stay in the city of Jerusalem, until you are clothed with power from on high." Then, He led them out as far as Bethany, and lifting up His hands, He blessed them. While He blessed them, He was parted from them, and was carried up into heaven. And they worshipped Him, and returned to Jerusalem with great joy, and were continually in the temple praising and blessing God. Amen.</p> | <p>الكاهن: فِي ذَلِكَ الزَّمَانِ، قَامَ يَسُوعُ مِنْ بَيْنِ الْأَمْوَاتِ، وَوَقَّفَ فِي وَسْطِ التَّلَامِيذِ وَقَالَ لَهُمْ: "السَّلَامُ لَكُمْ"، فَارْتَاعُوا وَخَافُوا وَظَنُّوا أَنَّهُمْ يَرَوْنَ رُوحًا، فَقَالَ لَهُمْ: "مَا بَالُكُمْ مُضْطَرِبِينَ، وَلِمَاذَا تَحْطَرُّونَ أَفْكَارًا فِي قُلُوبِكُمْ؟ انظُرُوا يَدَيَّ وَرِجْلَيَّ، إِنِّي أَنَا هُوَ، جِسُونِي وَانظُرُوا، لِأَنَّ الرُّوحَ لَا لَحْمَ لَهُ وَلَا عَظْمَ كَمَا تَرَوْنَ لِي." وَحِينَ قَالَ هَذَا، أَرَاهُمْ يَدَيْهِ وَرِجْلَيْهِ. وَإِذْ كَانُوا هُمْ غَيْرَ مُصَدِّقِينَ بَعْدَ مِنَ الْفَرَحِ، وَمُتَعَجِّبِينَ، قَالَ لَهُمْ: "أَعِنْدَكُمْ هَهُنَا طَعَامٌ؟" فَتَأَوَّلُوا قِطْعَةً مِنْ سَمَكٍ مَشْوِيٍّ وَشَيْئًا مِنْ شَهْدٍ عَسَلٍ. فَأَخَذَ وَأَكَلَ أَمَامَهُمْ، وَقَالَ لَهُمْ: "هَذَا هُوَ الْكَلَامُ الَّذِي كَلَّمْتُكُمْ بِهِ وَأَنَا بَعْدُ مَعَكُمْ، إِنَّهُ يَنْبَغِي أَنْ يَتِمَّ جَمِيعُ مَا هُوَ مَكْتُوبٌ عَنِّي فِي نَامُوسِ مُوسَى وَالْأَنْبِيَاءِ وَالْمَزَامِيرِ." حِينَئِذٍ فَتَحَ أَذْهَانَهُمْ لِيَفْهَمُوا الْكُتُبَ وَقَالَ لَهُمْ: "هَكَذَا هُوَ مَكْتُوبٌ، وَهَكَذَا كَانَ يَنْبَغِي لِلْمَسِيحِ أَنْ يَتَأَلَّمَ وَيَقُومَ مِنْ بَيْنِ الْأَمْوَاتِ فِي الْيَوْمِ الثَّلَاثِ، وَأَنْ يُكْرَزَ بِاسْمِهِ بِالتَّوْبَةِ وَمَغْفِرَةِ الْخَطَايَا فِي جَمِيعِ الْأُمَمِ، ابْتِدَاءً مِنْ أُورُشَلِيمَ، وَأَنْتُمْ شُهَدَاءُ لِذَلِكَ. وَأَنَا أُرْسِلُ إِلَيْكُمْ مَوْعِدَ أَبِي، فَأَمْكُثُوا أَنْتُمْ فِي مَدِينَةِ أُورُشَلِيمَ إِلَى أَنْ تَلْبَسُوا قُوَّةً مِنَ الْعَلَاءِ." ثُمَّ خَرَجَ بِهِمْ خَارِجًا حَتَّى بَنِيَتْ عَنِيَا، وَفَتَحَ يَدَيْهِ وَبَارَكَهُمْ. وَفِيمَا هُوَ يُبَارِكُهُمْ، انْفَرَدَ عَنْهُمْ وَصَعِدَ إِلَى السَّمَاءِ. وَأَمَّا هُمْ فَسَجَدُوا لَهُ، وَرَجَعُوا إِلَى أُورُشَلِيمَ بِفَرَحٍ عَظِيمٍ، وَكَانُوا كُلَّ حِينٍ فِي الْهَيْكَلِ يُسَبِّحُونَ اللَّهَ وَيُبَارِكُونَهُ. آمِينَ.</p> |
| <p>Choir: Glory to Thee, O Lord, glory to Thee.</p> | <p>المرتل: الْمَجْدُ لَكَ يَا رَبُّ، الْمَجْدُ لَكَ.</p> |
| <p>Reader: In that we have beheld the Resurrection of Christ, let us bow down before the Holy Lord Jesus, the only sinless One. Thy Cross do we adore, O Christ, and Thy holy Resurrection we praise and glorify: for Thou art our God, and we know none other beside Thee; we call upon Thy Name. O come, all ye faithful, let us adore Christ's holy Resurrection. For lo, through the Cross is joy come into all the world. Ever blessing the Lord, let us sing His Resurrection: for in that He endured the Cross for us, He hath destroyed death by death.</p> | <p>القاريء: إِذْ قَدْ رَأَيْنَا قِيَامَةَ الْمَسِيحِ، فَلْتَسْجُدْ لِلرَّبِّ الْقُدُوسِ، يَسُوعَ الْمَعْصُومِ مِنَ الْخَطَا وَحْدَهُ. لِصَلِيبِكَ أَيُّهَا الْمَسِيحُ نَسْجُدُ وَلِقِيَامَتِكَ الْمُقَدَّسَةِ نُسَبِّحُ وَنُجَدِّدُ، لِأَنَّكَ أَنْتَ هُوَ إِلَهُنَا وَأَخْرَجْتَ سِوَاكَ لَا نَعْرِفُ وَبِاسْمِكَ نُسَمِّي. هَلُمَّ يَا مَعْشَرَ الْمُؤْمِنِينَ نَسْجُدْ لِقِيَامَةِ الْمَسِيحِ الْمُقَدَّسَةِ، لِأَنَّ هَذَا بِالصَّلِيبِ قَدْ أَتَى الْفَرَحُ لِكُلِّ الْعَالَمِ. لِتُبَارِكَ الرَّبُّ فِي كُلِّ حِينٍ وَنُسَبِّحُ قِيَامَتَهُ، لِأَنَّهُ إِذْ احْتَمَلَ الصَّلْبَ مِنْ أَجْلِنَا، الْمَوْتَ بِالْمَوْتِ حَطَّمَ.</p> |

| PSALM 50 | |
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| Have mercy on me, O God, according to Thy Great Mercy; and according to the multitude of Thy compassions blot out my transgression. | ارْحَمْنِي يَا اللَّهُ كِعْظِيمِ رَحْمَتِكَ، وَكَمِثْلِ كَثْرَةِ رَأْفَتِكَ أَمْحُ مَآثِمِي. |
| Wash me thoroughly from mine iniquity, and cleanse me from my sin. | إِغْسِلْنِي كَثِيرًا مِنْ إِثْمِي، وَمِنْ خَطِيئَتِي طَهِّرْنِي. |
| For I know mine iniquity, and my sin is ever before me. | لَأَنِّي أَنَا عَارِفٌ بِإِثْمِي، وَخَطِيئَتِي أَمَامِي فِي كُلِّ حِينٍ. |
| Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words, and prevail when Thou art judged. | إِلَيْكَ وَحْدَكَ أَخْطَأْتُ، وَالشَّرُّ قُدَّامَكَ صَنَعْتُ، لَكِي تَصْدُقَ فِي أَقْوَالِكَ وَتَغْلِبَ فِي مُحَاكَمَتِكَ. |
| For behold, I was conceived in iniquities, and in sins did my mother bear me. | هَاءَ نَذَا بِالْآثَامِ حُبِلَ بِي، وَبِالْخَطَايَا وَلَدْتَنِي أُمِّي. |
| For behold, Thou hast loved truth; the hidden and secret things of Thy wisdom hast Thou made manifest unto me. | لَأَنَّكَ قَدْ أَحْبَبْتَ الْحَقَّ، وَأَوْصَحْتَ لِي غَوَامِضَ حِكْمَتِكَ وَمَسْتَوْرَاتِهَا. |
| Thou shalt sprinkle me with hyssop, and I shall be made clean; Thou shalt wash me, and I shall be made whiter than snow. | تَنْصَحْنِي بِالزَّوْفَى فَأَطْهُرُ، تَغْسِلْنِي فَأَبْيَضُ أَكْثَرَ مِنَ الثَّلْجِ. |
| Thou shalt make me to hear joy and gladness; the bones that be humbled, they shall rejoice. | تُسْمِعْنِي بِهَجَّةٍ وَسُرُورًا، فَتَنْبَهِجُ عِظَامِي الدَّالِيَةَ. |
| Turn Thy face away from my sins, and blot out all mine iniquities. | إِصْرِفْ وَجْهَكَ عَنِ خَطَايَايَ، وَامْحُ كُلَّ مَآثِمِي. |
| Create in me a clean heart, O God, and renew a right spirit within me. | قَلْبًا نَقِيًّا أَخْلُقْ فِيَّ يَا اللَّهُ، وَرُوحًا مُسْتَقِيمًا جَدِّدْ فِي أَحْشَائِي. |
| Cast me not away from Thy presence, and take not Thy Holy Spirit from me. | لَا تَطْرَحْنِي مِنْ أَمَامِ وَجْهِكَ، وَرُوحَكَ الْقُدُّوسَ لَا تَنْزِعْهُ مِنِّي. |
| Restore unto me the joy of Thy salvation, and with Thy governing Spirit establish me. | إِمْنَحْنِي بِهَجَّةٍ خَلَاصِكَ، وَبِرُوحِ رِئَاسِيٍّ اغْضُذْنِي. |
| I shall teach transgressors Thy ways, and the ungodly shall turn back unto Thee. | فَأَعْلِمُ الْأَثَمَةَ طُرُقَكَ، وَالْكَفْرَةَ إِلَيْكَ يَرْجِعُونَ. |
| Deliver me from blood-guiltiness, O God, Thou God of my salvation; my tongue shall rejoice in Thy righteousness. | أَنْقِذْنِي مِنَ الدِّمَاءِ يَا اللَّهُ إِلَهَ خَلَاصِي، فَيَبْتَهِجُ لِسَانِي بِعَدْلِكَ. |
| O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise. | يَا رَبُّ افْتَحْ شَفْتِي، فَيُخَبِّرَ فَمِي بِتَسْبِيحَتِكَ. |
| For if Thou hadst desired sacrifice, I had given it; with whole-burnt offerings Thou shalt not be pleased. | لَأَنَّكَ لَوْ أَتَرْتِ الدَّبِيحَةَ، لَكُنْتُ الْآنَ أُعْطِي، لَكِنَّكَ لَا تُسَرُّ بِالْمُحْرَقَاتِ. |
| A sacrifice unto God is a broken spirit; a heart that is broken and humbled God will not despise. | الدَّبِيحَةُ لِلَّهِ رُوحٌ مُنْسَجِقٌ، الْقَلْبُ الْمَتْخَشِعُ وَالْمُتَوَاضِعُ لَا يَرْذُلُهُ اللَّهُ. |
| Do good, O Lord, in Thy good pleasure unto Zion, and let the walls of Jerusalem be built up. | أَصْلِحْ يَا رَبُّ بِمَسَرَّتِكَ صِهْيُونََ وَلْتُبْنَ أَسْوَارُ أُورُشَلِيمَ. |
| Then shalt Thou be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings. | حِينَئِذٍ تُسَرُّ بِدَّبِيحَةِ الْعَدْلِ قُرْبَانًا وَمُحْرَقَاتِ. |
| Then shall they offer bullocks upon Thine altar. | حِينَئِذٍ يُفَرَّبُونَ عَلَى مَذْبَحِكَ الْعُجُولَ. |
| TROPARIA AFTER PSALM 50 IN TONE TWO | |

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| <p><i>Glory to the Father, and to the Son, and to the Holy Spirit. Through the intercessions of the Apostles, O Thou Who art merciful, blot out the multitude of our transgressions.</i></p> | <p>المَجْدُ لِلآبِ، وَالإِبْنِ، وَالرُّوحِ الْقُدْسِ. بِشَفَاعَاتِ الرُّسُلِ وَطَلِبَاتِهِمْ، أَيُّهَا الإِلَهُ الرَّحِيمُ، امْحُ كَثْرَةَ خَطَايَانَا وَزَلَاتِنَا.</p> |
| <p><i>Both now and ever, and unto ages of ages. Amen. Through the intercessions of the Theotokos, O Thou Who art merciful, blot out the multitude of our transgressions.</i></p> | <p>الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ. آمِينَ. بِشَفَاعَاتِ وَالِدَةِ الإِلَهُ وَطَلِبَاتِهَا، أَيُّهَا الإِلَهُ الرَّحِيمُ، امْحُ كَثْرَةَ خَطَايَانَا وَزَلَاتِنَا.</p> |
| <p><i>Have mercy upon me, O God, according to Thy lovingkindness; according to the multitude of Thy tender mercies blot out my transgressions. Jesus, having risen from the grave as He foretold, hath given unto us life eternal and Great Mercy.</i></p> | <p>يَا رَحِيمُ، ارْحَمْنِي يَا اللهُ كَعَظِيمِ رَحْمَتِكَ، وَبِحَسَبِ كَثْرَةِ رَأْفَاتِكَ امْحُ مَاثِمِي. لَقَدْ قَامَ يَسُوعُ مِنَ الْقَبْرِ كَمَا سَبَقَ فَقَالَ، وَمَنْحَنَا الْحَيَاةَ الأَبَدِيَّةَ، وَالرَّحْمَةَ العُظْمَى.</p> |

THE INTERCESSION¹

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| <p>Deacon: O God, save Thy people, and bless Thine inheritance. Visit Thy world with mercy and compassions. Exalt the horn of Orthodox Christians, and send down upon us Thy rich mercies. Through the intercessions of our all-immaculate Lady the Theotokos and ever-virgin Mary; by the might of the precious and life-giving Cross—as we now celebrate its Procession—by the protection of the honorable bodiless Powers of heaven; at the supplication of the honorable, glorious prophet, forerunner and Baptist John; of the holy, glorious, all-laudable apostles Peter and Paul, and of all the holy apostles; of our fathers among the saints, great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom; Athanasius, Cyril and John the Merciful, patriarchs of Alexandria; Nicholas of Myra, Spyridon of Trimythous and Nektarios of Pentapolis, the Wonderworkers; of our fathers among the saints Tikhon, patriarch of Moscow and Raphael, bishop of Brooklyn; of the holy, glorious, great-martyrs, George the Trophy-bearer, Demetrios the Myrrh-streamer, Theodore the Soldier, Theodore the General, and Menas the Wonderworker; of the hieromartyrs Ignatius the God-bearer of Antioch, Charalampos and Eleutherios; of the holy, glorious great women martyrs, Thekla, Barbara, Anastasia, Katherine, Kyriaki, Photeini, Marina, Paraskeva and</p> | <p>الشَّمْسِ: خَلِّصْ يَا اللهُ شَعْبَكَ، وَبَارِكْ مِيراثَكَ، وَافْتَقِدْ عَالَمَكَ بِالرَّحْمَةِ وَالرَأْفَاتِ، وَارْفَعْ شَأْنَ المَسِيحِيِّينَ الأَرثوْدُكْسِيِّينَ، وَأَسْبِغْ عَلَيْنَا مَراحِمَكَ العَنِيَّةَ، بِشَفَاعَاتِ سَيِّدَتِنَا وَالِدَةِ الإِلَهُ الكَلِيَّةِ الطَّاهِرَةِ وَالِدائِمَةِ البَتُولِيَّةِ مَرْيَمَ؛ وَبِقُوَّةِ الصَّلِيبِ الكَرِيمِ المُخَيِّ الَّذِي نُقِيمُ تَذَكَارَ زِيَاةِ اليَوْمِ؛ وَبِطَلِبَاتِ القُوَّاتِ السَّمَاوِيَّةِ المُكْرَمَةِ العَادِمَةِ الأَجْسَادِ؛ وَالنَّبِيِّ الكَرِيمِ السَّابِقِ المَجِيدِ يُوْحَنَّا المَعْمَدَانَ؛ وَالقَدِيسَيْنِ المُشْرِفَيْنِ الرُّسُولَيْنِ بَطْرُسَ وَبُولُسَ، وَسائِرِ الرُّسُلِ المُشْرِفَيْنِ الجَدِيرِينَ بِكُلِّ مَدِيحٍ؛ وَأَبائِنَا القَدِيسِينَ مُعَلِّمِي المَسْكُونَةِ رُؤَسَاءِ الكَهَنَةِ المُعْظَمِينَ بِاسِيلْيُوسَ الكَبِيرِ، وَغريغوريوسَ اللاهوتي، وَيُوْحَنَّا الذَّهَبِيِّ القَمِّ؛ وَأَبائِنَا القَدِيسِينَ أُنْتاسيوسَ وَكيريُسَ وَيُوْحَنَّا الرَّحِيمِ بَطْرِيكَةَ الإِسْكَنْدَرِيَّةِ، وَأَبِينَا القَدِيسِ نيقولاوسَ رَئِيسِ أَساقِفَةِ ميرا اللِيكِيَّةِ، وَاسبيريديونَ أُسْقَفَ ثريميثوسَ، وَنِكتاريوسَ أُسْقَفَ المُدُنِ الحَمْسِ العَجَائِبِيِّينَ، وَأَبِينَا القَدِيسِ تِيخونَ بَطْرِيْرِكِ مُوسكو، وَالقَدِيسِ رافائيلَ أُسْقَفَ بروكلينَ؛ وَالقَدِيسِينَ المَجِيدِينَ الشُّهَدَاءِ العُظْمَاءِ جاورجيوسَ اللابِسِ الظْفَرِ، وَديميتريوسَ المُفِيضِ الطَّيْبِ، وَثيودورسَ التِيروني، وَثيودورسَ قَائِدَ الجَيْشِ، وَميناسَ الصَّانِعِ العَجَائِبِ؛ وَالقَدِيسِينَ الشُّهَدَاءِ إِغْناطيوسَ المُتَوَشِّحَ بِاللَّهِ، حَرالمبوسَ وَالفنثيريوسَ؛ وَالشُّهَدَاتِ العُظِيمَاتِ ثَقْلًا، بِزِيَارَةِ، أَنْسْتاسِيَا، كاترينَا،</p> |
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¹ Saints of particular local veneration may be included among the Saints of their same classification at the discretion of the pastor.

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| <p>Irene; of the holy, glorious, right-victorious martyrs; of our venerable and God-bearing fathers who shone in the ascetic life; of <i>Saint N., the patron and protector of this holy community</i>; of the holy and righteous ancestors of God, Joachim and Anna; and of all Thy Saints: we beseech Thee, O most merciful Lord, hearken unto the petitions of us sinners who make our supplications unto Thee, and have mercy upon us.</p> | <p>كيريائي، فوتيني، مارينا، باراسكيفا، وأيرين؛ والقديسين المجددين الشهداء المتألقين بالظفر، وأبائنا الأبرار المتوسحين بالله، والقديس (فلان) شفيع هذه الكنيسة المقدسة، والقديسين الصديقين جدّي المسيح الإله، يواكيم وحنة؛ وجميع قديسيك. نتصرّع إليك أيها الربّ الجليل الرحمة، فاستجب لنا نحن الخطاة الطالبين إليك، وارحمنا.</p> |
| <p>Choir: Lord, have mercy. (<i>twelve times</i>)</p> | <p>المرتل: يا ربّ ارحم. (12 مرات)</p> |
| <p>Priest: Through the mercy and compassions and love for mankind of Thine Only-begotten Son, with Whom Thou art blessed, together with Thine all-holy, and good, and life-giving Spirit: now and ever, and unto ages of ages.</p> | <p>الكاهن: برحمة ورأفات ابنك الوحيد ومحبته للبشر، الذي أنت مبارك معه ومع روحك الكليّ قدسه الصالح والمحيي، الآن وكلّ أوانٍ وإلى دهرٍ الداهرين.</p> |
| <p>Choir: Amen.</p> | <p>المرتل: آمين.</p> |
| <p>FIFTH TONE RESURRECTIONAL KONTAKION AND OIKOS (Plain Reading)</p> | |
| <p>In Thy condescension, Thou didst descend into Hades, O my Savior, and having broken the gates since Thou art omnipotent, as Creator Thou didst raise up the dead together with Thyself. And Thou didst break the sting of death, O Christ, and didst deliver Adam from the curse, O Lover of mankind. Wherefore, we all cry unto Thee: Save us, O Lord.</p> | <p>لقد انحدرت إلى الجحيم أيها المسيح مخلصي، المحبّ البشر، وسحقت أبوابه كقدير، وبعثت معك الأموات كخالق، وحطمت شوكة الموت، وأنقذت آدم من اللعنة. فلذلك نصرّع إليك كلنا: خلصنا يا ربّ.</p> |
| <p>When the women heard the angel's words, they cast off their lamentation and were filled with joy, and while trembling they beheld the Resurrection. And behold, Christ drew nigh to them, saying: Rejoice. Be of good cheer; I have overcome the world and have rescued them that were in bonds. Hasten, therefore, to the disciples, and tell them that I go My way before you into Galilee to preach. Wherefore, we all cry unto Thee: Save us, O Lord.</p> | <p>لما سمعت النسوة كلام الملاك، نزعن النوح وشملهنّ الفرح، وأبصرن القيامة مرتعدات. وإذا بالمسيح قد دنا منهنّ يقول: "أفرحن وثقن، فإني قد غلبت العالم، وأعنت المأسورين. فأسرعن إلى التلاميذ مجدات، وأخبرنهم إني أسبقهم إلى مدينة الجليل للكرزة". فلذلك نصرّع إليك كلنا: خلصنا يا ربّ.</p> |
| <p>THE SYNAXARION (Plain Reading)</p> | |
| <p>On August 1 in the Holy Orthodox Church, we celebrate the Procession of the honored and life-giving Cross.</p> | |
| <p style="text-align: center;">Verses</p> | |
| <p style="text-align: center;">Let the whole world entire worship the Cross through Which it truly knew to worship Thee, O Word.</p> | |
| <p>This multi-dimensional feast was established as a memorial of the simultaneous victories of the Russians over the Bulgars and the Greeks over the Saracens. In both battles, the soldiers carried crosses from which a heavenly radiance shone forth. A memorial was therefore instituted that, on August 1, the true Precious Cross be carried from the Church of Saint Sophia in Constantinople, first around the interior of the church and then through the streets to allow the people to venerate it. The Precious Cross consecrated the earth and the air, and protected against sicknesses. Finally, on August 14, the eve of the Dormition of the Theotokos, it was taken back to the church in the imperial palace. In the Russian Church, this feast is also combined with the remembrance of the Baptism of Rus on August 1, 988.</p> | |

On this day, we also commemorate the holy Seven Martyrs, the Maccabees: Abim, Anthony, Guria, Eleazar, Eusebona, Achim and Marcellus; their mother Solomone and Eleazar their teacher. By the intercessions of Thy Saints, O Christ God, have mercy upon us. Amen.

THE KATAVASIAE OF THE HOLY CROSS CANON IN TONE EIGHT

Ode 1. A cross did Moses inscribe, when with an upright stroke of his rod he divided the Red Sea for Israel, who went on foot; then he turned and smote the sea, once again uniting it o'er Pharaoh's chariots, with transverse stroke portraying the invincible weapon. Wherefore, let us praise in song Christ our God; for He truly is glorified.

(الأولى) إِنَّ مُوسَى لَمَّا رَسَمَ الصَّلِيبَ، ضَرَبَ بِالْعَصَا مُسْتَوِيَةً فَشَقَّ الْبَحْرَ الْأَحْمَرَ، وَأَجَارَ إِسْرَائِيلَ مَاشِياً. وَلَمَّا ضَرَبَهُ مُخَالَفاً، ضَمَّهُ عَلَى فِرْعَوْنَ وَمَرْكَبَاتِهِ، مُمْتَلِئاً بِصِرَاحَةِ السِّلَاحِ غَيْرِ الْمَقْهُورِ. لِذَلِكَ نُسَبِّحُ الْمَسِيحَ إِلَهَنَا لِأَنَّهُ قَدْ تَمَجَّدَ.

Ode 3. The rod is perceived as a figure of the Mystery, for by its blossoming it showed who was chosen to be priest. And for the Church that formerly was barren hath the Wood of the Cross now blossomed forth unto strength and steadfastness.

(الثالثة) إِنَّ الْعَصَا تُوَحِّدُ لِرَسْمِ السِّرِّ، لِأَنَّهَا بَتَقَرُّعِهَا تُشِيرُ إِلَى الْكَاهِنِ. أَمَّا الْآنَ فَقَدْ أَزْهَرَ عَوْدُ الصَّلِيبِ لِلْكَنِيسَةِ الْعَاقِرِ قَبْلاً عِزَّةً وَثَبَاتاً.

Ode 4. I have hearkened and heard, O Lord, of Thy dispensation's most awesome mystery; and I came to knowledge of Thy works, and I sang the praise of Thy Divinity.

(الرابعة) يَا رَبِّ، إِنِّي سَمِعْتُ بِسِرِّ تَذْبِيرِكَ وَتَأَمَّلْتُ أَعْمَالَكَ، فَمَجَّدْتُ لَاهُوتِكَ.

Ode 5. O Tree divine and thrice-blessed, whereon Christ God was outstretched, though He is King and Lord of all: He who once had through the tree wrought wicked beguilement, fell himself because of thee, ensnared when God was nailed unto thee in our mortal flesh, He Who granteth peace unto our souls.

(الخامسة) يَا لَكَ مِنْ عَوْدٍ مُتَلَثِّ الْغِبْطَةِ، عَلَيْهِ بُسِطَ الْمَسِيحُ الرَّبُّ الْمَلِكُ، وَبِهِ سَقَطَ الَّذِي خَدَعَ بِالْعَوْدِ إِذْ خُدِعَ بِكَ، بِالْإِلَهِ الَّذِي سَمَّرَ عَلَيْكَ بِالْجَسَدِ، الْمَانِحِ السَّلَامَ لِنُفُوسِنَا.

Ode 6. When Jonah, who was in the belly of the sea monster, stretched forth his hands in the form of a cross, he prefigured the saving Passion manifestly. Hence also, when he came forth on the third day, he indicated the supernal Resurrection of Christ God, Who was crucified in the flesh and enlightened the world by His Arising on the third day.

(السادسة) إِنَّ يُونَانَ لَمَّا كَانَ فِي جَوْفِ الْحَوْتِ الْبَحْرِيِّ، وَبَسِطَ يَدَيْهِ بِشَكْلِ صَلِيبٍ، سَبَقَ فَرَسَمَ الْأَلَامِ الْخَلَّاصِيَّةَ بِوُضُوحٍ. وَلَمَّا خَرَجَ فِي الْيَوْمِ الثَّلَاثِ، مَثَّلَ الْقِيَامَةَ الْفَائِقَةَ الْعَالَمَ، الَّتِي لِلْمَسِيحِ الْإِلَهِ الْمُسَمَّرِ بِالْجَسَدِ، وَالْمُنِيرِ الْعَالَمَ بِالْقِيَامَةِ ذَاتِ الثَّلَاثَةِ الْأَيَّامِ.

Ode 7. The ungodly tyrant's most insensate decree affrighted common folk, breathing forth with threats and wicked mouthings of blasphemy. But the Three Children were not struck with fear by rage wild and bestial, nor by roaring fire; but in an echoing and dew-besprinkling breeze, they stood amidst the fire and sang: O Thou supremely praised God of our Fathers and our God, forever art Thou blessed.

(السابعة) إِنَّ أَمْرَ الْمُعْتَصِبِ الْمُحْدِ الَّذِي لَا تَعْقَلُ فِيهِ، قَدْ زَلَزَلَ الشُّعُوبَ، إِذْ كَانَ يَقْدِفُ تَهْدِيداً وَافْتِرَاءً مَمْقُوتاً مِنَ اللَّهِ. إِلَّا أَنَّ الْفَتِيَّةَ الثَّلَاثَةَ لَمْ يَرْعُهُمُ الْعَضْبُ الْوَحْشِيُّ وَلَا النَّارُ الْأَكْلَةُ. لَكِنَّهُمْ إِذْ كَانُوا مَعاً فِي النَّارِ النَّاسِمَةِ فِيهَا رِيحٌ نَدِيَّةٌ، كَانُوا يُرْتَلُونَ: أَيُّهَا الْفَائِقُ التَّسْبِيحِ، مُبَارَكٌ أَنْتَ يَا إِلَهَ آبَائِنَا.

We praise, we bless, and we worship the Lord. **Ode 8.** O ye Children, equal in number to the Trinity, bless ye God the Father and Creator; praise ye the Word, Who descended and changed the fire into dew; and supremely exalt the All-holy Spirit, Who granteth life unto all forever.

(الثامنة) نُسَبِّحُ وَنُبَارِكُ وَنَسُجُدُ لِلرَّبِّ. أَيُّهَا الْفَتِيَّةُ الْمُسَاوُونَ عَدَدَ الثَّلَاثِ، بَارِكُوا الْإِلَهَ الْخَالِقَ، وَسَبِّحُوا الْكَلِمَةَ الَّتِي تَنَزَّلَتْ وَحَوَّلَتْ النَّارَ إِلَى نَدَى. وَزِيدُوا رِفْعَةَ الرُّوحِ الْكَلْبِيِّ قُدْسُهُ، الْمَانِحِ الْحَيَاةَ لِلْجَمِيعِ عَلَى مَدَى الدَّهُورِ.

Deacon: The Theotokos and Mother of the Light, let us honor and magnify in song.

الشَّمْسُ: لَوَالِدَةِ الْإِلَهِ وَامِّ النُّورِ بِالتَّسَابِيحِ نَكْرِمُ مَعْظَمِينَ.

| MAGNIFICATIONS IN TONE EIGHT | |
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| My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior. Refrain: More honorable than the Cherubim, and more glorious beyond compare than the Seraphim, thou who without corruption bearest God the Word, and art truly Theotokos, we magnify thee. | تُعَظِّمُ نَفْسِي الرَّبِّ، وَتَبْتَهِجُ رُوحِي بِاللَّهِ مُخْلِصِي. اللازمة: يَا مَنْ هِيَ أَكْرَمُ مِنَ الشَّارُوبِيمِ، وَأَرْفَعُ مَجْدًا بَعِيرَ قِيَاسٍ مِنَ السَّرَافِيمِ، يَا مَنْ بَدُونَ فَسَادٍ وَلَدَتْ كَلِمَةَ اللَّهِ، حَقًّا أَنْكَ وَالِدَةُ الْإِلَهِ إِيَّاكَ نُعَظِّمُ. |
| For He hath regarded the lowliness of His handmaiden; for behold from henceforth all generations shall call me blessed. (Refrain) | لَأَنَّهُ نَظَرَ إِلَى تَوَاضِعِ أُمَّتِهِ، فَهَا مُنْذُ الْآنَ تُطَوِّبُنِي جَمِيعَ الْأَجْيَالِ. (اللازمة) |
| For He that is mighty hath magnified me, and holy is His Name; and His mercy is on them that fear Him, throughout all generations. (Refrain) | لَأَنَّ الْقَدِيرَ صَنَعَ بِي عَظَائِمَ وَقُدُوسَ اسْمَهُ، وَرَحْمَتُهُ إِلَى جِيلٍ فَجِيلٍ لِلَّذِينَ يَتَّقُونَهُ. (اللازمة) |
| He hath showed strength with His arm; He hath scattered the proud in the imagination of their hearts. (Refrain) | صَنَعَ عِزًّا بِسَاعِدِهِ، وَشَتَّتَ الْمُتَكَبِّرِينَ بِذَهْنِ قُلُوبِهِمْ. (اللازمة) |
| He hath put down the mighty from their seat, and hath exalted the humble and meek. He hath filled the empty with good things, and the rich hath He sent empty away. (Refrain) | حَطَّ الْمُقْتَدِرِينَ عَنِ الْكَرَاسِيِّ وَرَفَعَ الْمُتَوَاضِعِينَ، مَلَأَ الْجِياعَ مِنَ الْخَيْرَاتِ، وَالْأَغْنِيَاءَ أَرْسَلَهُمْ فَارِغِينَ. (اللازمة) |
| He remembering His mercy hath helped His servant Israel, as He promised to our forefathers, Abraham and his seed forever. (Refrain) | عَصَدَ إِسْرَائِيلَ فَتَاهُ لِيَذْكَرَ رَحْمَتَهُ، كَمَا قَالَ لِأَبَائِنَا إِبْرَاهِيمَ وَنَسْلِهِ إِلَى الْأَبَدِ. (اللازمة) |
| Ode 9. O Theotokos, thou art a mystical paradise, which being untilled hath blossomed forth Christ, by Whom the life-bringing Tree of the Cross was planted in the earth. In worshipping Him now through its elevation, thee do we magnify. | (التاسعة) يَا وَالدَةَ الْإِلَهِ، أَنْتِ الْفَرْدُوسُ السَّرِي، إِذْ إِيَّاكَ أَنْبَتَ الْمَسِيحَ بَعِيرَ فَلَاحَةٍ. الَّذِي مِنْهُ نُصِبَتْ فِي الْأَرْضِ شَجَرَةُ الصَّلِيبِ الْحَامِلَةُ الْحَيَاةِ. فَالآنَ إِذْ نَسْجُدُ لَهُ مَرْفُوعًا، لَكَ نُعَظِّمُ. |
| THE LITTLE LITANY | |
| Deacon: Again and again, in peace, let us pray to the Lord. Choir: Lord, have mercy. Deacon: Help us; save us; have mercy on us; and keep us, O God, by Thy grace. Choir: Lord, have mercy. Deacon: Calling to remembrance our all-holy, immaculate, most-blessed and glorious Lady the Theotokos and ever-virgin Mary, with all the saints: let us commend ourselves and each other, and all our life unto Christ our God. Choir: To Thee, O Lord. Priest: For all the powers of Heaven praise Thee, and unto Thee do they ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. Choir: Amen. | الشماس: أَيْضًا وَأَيْضًا بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ. الجوق: يَا رَبُّ ارْحَمْنَا. الشماس: أَعِزُّدْ، وَخَلِّصْ، وَارْحَمْنَا يَا اللَّهُ بِنِعْمَتِكَ. الجوق: يَا رَبُّ ارْحَمْنَا. الشماس: بَعْدَ ذِكْرِنَا الْكُلِّيَّةِ الْقِدَاسَةِ، الطَاهِرَةِ، الْفَائِقَةِ الْبِرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالدَّةِ الْإِلَهِ الدَّائِمَةِ الْبِتَوَلِّيَّةِ مَرْيَمَ مَعَ جَمِيعِ الْقَدِيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضًا وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ. الجوق: لَكَ يَا رَبُّ. الكاهن: لَأَنَّهُ إِيَّاكَ تُسَبِّحُ كُلُّ قُوَّاتِ السَّمَاوَاتِ، وَلَكَ يُرْسَلُونَ الْمَجْدَ أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. الجوق: آمين. |
| Holy is the Lord our God. (THRICE) Exalt ye the Lord our God, and worship at His footstool, for He is holy. | قُدُوسٌ هُوَ الرَّبُّ الْهَنَا. (ثَلَاثًا) إِرْفَعُوا الرَّبَّ الْهَنَا، وَاسْجُدُوا لِمَوْطِي قَدَمَيْهِ، لِأَنَّ الرَّبَّ الْهَنَا قُدُوسٌ هُوَ. |

| SIXTH EOTHINON EXAPOSTEILARION IN TONE 2 (**Upon that mount in Galilee**) | |
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| <p>O Savior, clearly showing all * that Thou art man by nature, * when Thou wast risen from the tomb, * Thou didst take food and didst eat; * 'midst Thy disciples, Thou taughtest * that they must preach repentance, * then straightway Thou wast taken up * to Thy heavenly Father, * promising them * to send down Thy Comforter soon thereafter. * Transcendent God, both God and man, * glory to Thine Arising.</p> | <p>أَيُّهَا الْمُخْلِصُ، لَمَّا قُمْتَ مِنَ الْقَبْرِ، أَوْضَحْتَ ذَاتَكَ إِنْسَانًا بِالطَّبْعِ، لَمَّا انْتَصَبْتَ فِي وَسْطِ التَّلَامِيذِ، ثُمَّ أَكَلْتَهُمْ، وَعَلَّمْتَهُمْ مَعْمُودِيَّةَ التَّوْبَةِ، وَلِلْحِينِ صَعِدْتَ نَحْوَ أَبِيكَ السَّمَاوِيِّ، وَوَعَدْتَهُمْ بِإِرْسَالِ الْمُعَزِّي لَهُمْ، فَيَا أَيُّهَا الْفَائِزُ الْلاَهُوتِ، الْإِلَهُ الْمُتَأَتِّسُ، الْمَجْدُ لِأَنْبِعَاتِكَ.</p> |
| EXAPOSTEILARION FOR THE HOLY CROSS IN TONE 2 (*While Thy disciples looked on Thee) | |
| <p>The Cross is the guardian of the whole world; * the Cross is the support and staff of the faithful; * the Cross is the beauty of the Church of Christ; * the Cross is the mighty strength of kings; * the Cross is the glory of Angels; * it is the wounding of demons.</p> | <p>أَلْصَلِيبُ حَافِظُ كُلِّ الدُّنْيَا، أَلْصَلِيبُ جَمَالِ الْكَنِيسَةِ، أَلْصَلِيبُ عِزَّةِ الْمُلُوكِ، أَلْصَلِيبُ ثَبَاتِ الْمُؤْمِنِينَ، أَلْصَلِيبُ مَجْدِ الْمَلَائِكَةِ، وَجُرْحُ الشَّيَاطِينِ.</p> |
| AINOI (PRAISES) IN TONE FIVE | |
| <p>Let everything that hath breath, praise the Lord. Praise ye the Lord from the heavens: praise Him in the heights. To Thee, O God, is due our song.</p> | <p>كُلُّ نَسَمَةٍ فَلْتَسَبِّحِ الرَّبَّ. سَبِّحُوا الرَّبَّ مِنَ السَّمَاوَاتِ، سَبِّحُوهُ فِي الْأَعَالِي، لِأَنَّهُ لَكَ يَلِيقُ التَّسْبِيحُ يَا اللَّهُ.</p> |
| <p>Praise ye Him, all His angels: praise ye Him, all His hosts. To Thee, O God, is due our song.</p> | <p>سَبِّحُوهُ يَا جَمِيعَ مَلَائِكَتِهِ، سَبِّحُوهُ يَا سَائِرَ قَوَاتِهِ، لِأَنَّهُ لَكَ يَلِيقُ التَّسْبِيحُ يَا اللَّهُ.</p> |
| For the Resurrection in Tone Five | |
| <p><i>Verse 1. This glory shall be to all His saints.</i> The grave, O Lord, having been sealed by the transgressors of the law, Thou didst emerge from within like as Thou wast born of the Theotokos; for the incorporeal angels did not know how Thou wert incarnate. Likewise, the guardian soldiers were not aware when Thou didst rise; for these two matters were concealed from all seekers. But the wonders appeared to those who worshipped the mystery in faith. Therefore, grant us, who offer praise, joy and Great Mercy.</p> | <p>1- هَذَا الْمَجْدُ يَكُونُ لِجَمِيعِ أَنْبِرَارِهِ. أَيُّهَا الرَّبُّ، إِنَّ الْقَبْرَ لَمَّا كَانَ مَخْتُومًا مِنْ عَابِرِي النَامُوسِ، بَرَزْتَ مِنْهُ كَمَا وُلِدْتَ مِنَ الْوَدَةِ الْإِلَهِيَّةِ. وَكَمَا مَلَائِكَتُكَ غَيْرُ الْمُتَجَسِّمِينَ لَمْ يَعْلَمُوا كَيْفَ تَجَسَّدْتَ، هَكَذَا الْأَجْنَادُ الْحَارِسُونَ إِيَّاكَ، لَمْ يَشْعُرُوا مَتَى قُمْتَ نَاهِيضًا. لِأَنَّ هَذَيْنِ الْأُمْرَيْنِ قَدْ أُغْلِقَا عَنِ الْبَاحِثِينَ. إِلَّا أَنْ الْعَجَائِبَ ظَهَرَتْ لِلْسَّاجِدِينَ لِلِسِّرِّ بِإِيمَانٍ. فَاْمُنَحْنَا نَحْنُ الْمُسَبِّحِينَ لَهُ الْإِبْتِهَاجَ وَالرَّحْمَةَ الْعَظْمَى.</p> |
| <p><i>Verse 2. Praise God in His sanctuary; praise Him in the firmament of His power.</i> O Lord, Thou hast demolished the everlasting gates and broken asunder the chains. Thou didst rise from the tomb, leaving behind Thy wrappings and ointments in the grave, in testimony of Thy true three-day Burial, and didst go before into Galilee, O Thou Who wert kept in a cave. Great, therefore, are Thy mercies, O ineffable Savior; have mercy upon us.</p> | <p>2- سَبِّحُوا اللَّهَ فِي قَدِيسِيهِ، سَبِّحُوهُ فِي فَلَكَ قُوَّتِهِ. أَيُّهَا الرَّبُّ، لَقَدْ سَحَقْتَ الْأَقْفَالَ الدَّهْرِيَّةَ، وَمَرَّقْتَ السَّلَاسِلَ وَقَطَّعْتَهَا، وَقُمْتَ مِنَ الْقَبْرِ مُنْبَعَثًا، وَغَادَرْتَ الْحَنُوطَ وَالْأَكْفَانَ فِي اللَّحْدِ، شَهَادَةً لِدَفْنِكَ الْحَقِيقِيِّ ذِي الثَّلَاثَةِ الْأَيَّامِ، وَسَبَقْتَ مُنْقَدِمًا إِلَى الْجَلِيلِ، يَا مَنْ فِي مَغَارَةٍ حَفِظْتَ. فَعَظِيمَةٌ هِيَ مَرَايِمُكَ، أَيُّهَا الْمُخْلِصُ الْمُحْتَجِّزُ إِدْرَاكُهُ ارْحَمْنَا.</p> |
| <p><i>Verse 3. Praise Him for His mighty acts; praise Him according to His excellent greatness.</i></p> | <p>3- سَبِّحُوهُ عَلَى مَقْدَرَتِهِ، سَبِّحُوهُ نَظِيرَ كَثْرَةِ عَظَمَتِهِ.</p> |

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| <p>The women did hasten to Thy tomb to behold Thee, O Lord, Who didst suffer for us. And when they arrived, advancing, they saw an angel sitting on the stone rolled back from fear. And he shouted to them, saying: The Lord hath risen. Go and tell the Disciples that the Savior of our souls is risen from the dead.</p> | <p>أَيُّهَا الْمَسِيحُ الَّذِي تَأَلَّمَ عَنَّا، إِنَّ النَّسْوَةَ قَدْ أَسْرَعْنَ إِلَى قَبْرِكَ لِشَاهِدَتِكَ. وَلَمَّا وَافَيْنَ مُتَقَدِّمَاتٍ، أَبْصَرْنَ مَلَكَ جَالِساً عَلَى الْحَجَرِ الْمُتَدَخِّرِ مِنَ الْخَوْفِ، فَهَتَفَتْ نَحْوَهُنَّ قَائِلَاتٍ: إِنَّ الرَّبَّ قَدْ قَامَ فَادْهَبْنَ وَأَعْلِمْنَ التَّلَامِيذَ، بِأَنَّهُ قَدْ نَهَضَ مِنْ بَيْنِ الْأَمْوَاتِ مُخْلِصٌ نَفُوسَنَا.</p> |
| <p><i>Verse 4. Praise Him with the sound of the trumpet; praise Him with the psaltery and harp.</i> O Lord Savior, Thou didst enter unto Thy Disciples, the doors being closed, as Thou didst come out of the sealed tomb, showing the sufferings of the flesh which Thou didst accept in long-suffering; for Thou didst submit to pains patiently since Thou art the seed of David. But since Thou art the Son of God, Thou didst liberate the world. Great therefore, are Thy mercies, O incomprehensible Savior. Have mercy upon us.</p> | <p>4- سَبِّحُوهُ بِلَحْنِ الْبُوقِ، سَبِّحُوهُ بِالْمِزْمَارِ وَالْقَيْتَارَةِ. أَيُّهَا الرَّبُّ الْمُخْلِصُ، لَقَدْ وَجِئْتَ عَلَى تَلَامِيذِكَ وَالْأَبْوَابِ مَغْلُقَةً، كَمَا خَرَجْتَ مِنَ الْقَبْرِ وَهُوَ مَخْتَوٍ، مُظْهِراً آلامَ الْجَسَدِ الَّتِي قَبِلْتَهَا بِطَوْلِ أَنْاتِكَ، إِذْ قَدْ احْتَمَلْتَ الْأَوْصَابَ صَابِراً بِمَا أَنْتَ مِنْ زَرْعِ دَاوُدَ، وَبِمَا أَنْتَ ابْنُ اللَّهِ، حَرَّرْتَ الْعَالَمَ مُغْتِقاً، فَعَظِيمَةٌ هِيَ مَرَامِكُمْ، أَيُّهَا الْمُخْلِصُ غَيْرُ الْمُدْرِكِ ارْحَمْنَا.</p> |
| <p>For the Holy Cross in Tone Four (**As one valiant**)</p> | |
| <p><i>Verse 5. Praise Him with the timbrel and dance; praise Him with stringed instruments and organs.</i> Let us shout with exultant voice, * let us sing joyous songs of praise, * let us kiss the ven'erable Cross with faith and love; * and let us lift up our voice and cry: O all-blessed Cross of Christ, * bless and sanctify our souls * and our bodies by thy great might; * and preserve unharmed * from all kinds of affliction by our adversaries us who now with gladness * offer thee worship in piety.</p> | <p>5- سَبِّحُوهُ بِالطَّبَلِ وَالْمِصَافِ. سَبِّحُوهُ بِالْأُوتَارِ وَآلَةِ الطَّرْبِ. لِنَهْلِلَ بِالنَّعْمَاتِ، وَنُعْظِمَ بِالنَّسَابِيحِ، صَلِيبَ الرَّبِّ الْكَرِيمِ، مُصَافِحِينَ إِيَّاهُ وَنَهْتِفُ نَحْوَهُ: قَدِّسْنَا بِقُوَّتِكَ، نَفُوساً وَأَجْسَاداً، أَيُّهَا الصَّلِيبُ الْكَلْبِيُّ وَقَارُهُ، وَمِنْ أَضْرَارِ الْمُضَادِّينَ احْفَظْنَا، وَصُنَّا نَحْنُ الْجَائِثِينَ لَكَ بِحُسْنِ عِبَادَةٍ.</p> |
| <p><i>Verse 6. Praise Him upon the loud cymbals: praise Him upon the high-sounding cymbals. Let everything that hath breath praise the Lord.</i> Let us shout with exultant voice, * let us sing joyous songs of praise, * let us kiss the ven'erable Cross with faith and love; * and let us lift up our voice and cry: O all-blessed Cross of Christ, * bless and sanctify our souls * and our bodies by thy great might; * and preserve unharmed * from all kinds of affliction by our adversaries us who now with gladness * offer thee worship in piety.</p> | <p>6- سَبِّحُوهُ بِنِعْمَاتِ الصُّنُوجِ، سَبِّحُوهُ بِصُنُوجِ التَّهْلِيلِ، كُلِّ نَسْمَةٍ فَلْتَسْبِحِ الرَّبَّ. لِنَهْلِلَ بِالنَّعْمَاتِ، وَنُعْظِمَ بِالنَّسَابِيحِ، صَلِيبَ الرَّبِّ الْكَرِيمِ، مُصَافِحِينَ إِيَّاهُ وَنَهْتِفُ نَحْوَهُ: قَدِّسْنَا بِقُوَّتِكَ، نَفُوساً وَأَجْسَاداً، أَيُّهَا الصَّلِيبُ الْكَلْبِيُّ وَقَارُهُ، وَمِنْ أَضْرَارِ الْمُضَادِّينَ احْفَظْنَا، وَصُنَّا نَحْنُ الْجَائِثِينَ لَكَ بِحُسْنِ عِبَادَةٍ.</p> |
| <p><i>Verse 7. Exalt ye the Lord our God, and worship at His footstool, for He is holy.</i> Come draw forth as though from a spring * the unfailing and mighty streams * pouring from the grace of the Cross of Jesus Christ. * For lo, the holy and precious Wood is set forth for all to see, * as the fountainhead of gifts, * which is watered by the divine * Water and the Blood * of the Master of all, Who of His own will was exalted on it freely * and so exalted all mortal men.</p> | <p>7- اذْرِعُوا الرَّبَّ إِلَهَنَا وَاسْجُدُوا لِمَوْطِي قَدَمَيْهِ، فَإِنَّهُ قُدُّوسٌ. تَقَدَّمُوا فَاسْتَقُوا الْآنَ مِنْ مِيَاهِ لَا تَقْرَعُ، تَجْرِي مِنْ جِدَاوِلِ نَعِيمِ الصَّلِيبِ. إِذْ نَرَى الْعُودَ الْمُقَدَّسَ، يَنْبُوعَ الْمَوَاهِبِ، مَوْضُوعاً أَمَامَنَا. الْمُرْتَوِي مِنَ الدَّمِ وَالْمَاءِ الْجَارِيَيْنِ مِنْ سَيِّدِ الْكُلِّ، مَنْ رُفِعَ بِاخْتِيَارِهِ عَلَيْهِ، كَيْ يَرْفَعَ الْبَشَرَ.</p> |

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| <i>Verse 8. God is our King before the ages; He has worked salvation in the midst of the earth. The foundation of holy Church, * the adornment and gem of monks, * and the boast and joy and salvation of God's priests * art thou, O all-honored Cross. And for this cause, as we worship thee, * we this day in heart and soul * are enlightened by the divine * grace of Him that once * was affixed unto thee and hath destroyed the might and rule of the deceiver * and hath abolished the ancient curse.</i> | 8-اللَّهُ مَلِكُنَا مِنْ قَبْلِ الدَّهْرِ، صَنَعَ خَلَاصًا فِي وَسْطِ الْأَرْضِ. أَنْتَ زُكْنٌ مُوْطِدٌ لِلْكَنِيسَةِ وَالْمُلُوكِ، فَخَرٌّ وَخَلَاصٌ لِلْمُتَوَجِّدِينَ، أَيُّهَا الصَّلِيبُ الْمَوْقَرُ. لِذَلِكَ نَجْتُوا لَكَ، مُسْتَتِرِينَ الْيَوْمَ، بِقُلُوبِنَا وَالنَّفُوسِ، بِبِنْعَمَةِ مَنْ قَدْ بُسِطَ عَلَيْكَ الْإِلَهِيَّةِ، مُحْطَمًا بِأَسِّ الْعَاشِ، وَمُبِيدًا قُوَّةَ اللِّعْنَةِ. |
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THE SIXTH EOTHINON DOXASTICON IN TONE SIX

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| <i>Glory to the Father, and to the Son, and to the Holy Spirit. Since Thou art the true peace of God to man, O Christ, Thou didst give Thy peace to Thy Disciples after Thy Resurrection. Thou didst show them frightened when they thought that they were beholding a spirit. But Thou didst remove the anxiety of their souls when Thou didst show them Thy hands and feet; and yet they were in doubt. But when Thou didst take food with them, reminding them of Thy preaching, Thou didst open their minds to understand the books. And Thou didst make with them the eternal covenant, blessed them, and rose, ascending into heaven. Wherefore, with them, do we worship Thee; O Lord, glory to Thee.</i> | الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ. أَيُّهَا الْمَسِيحُ، بِمَا أَنَّكَ سَلَامٌ لِلَّهِ الْحَقِيقِيِّ لِلنَّاسِ، مَنَحْتَ تَلَامِيذَكَ سَلَامَكَ مِنْ بَعْدِ قِيَامَتِكَ، وَأَظْهَرْتَهُمْ فَرَعِينَ، لَمَّا ظَنُّوا أَنَّهُمْ يَرَوْنَ رُوحًا. إِلَّا أَنَّكَ أَرَلْتَ انْزِعَاجَ نَفُوسِهِمْ لَمَّا أَرَيْتَهُمْ يَدَيْكَ وَرِجْلَيْكَ. وَمَعَ ذَلِكَ لَبِثُوا مُرْتَابِينَ. لَكِنْ لَمَّا تَنَاوَلْتَ مَعَهُمْ طَعَامًا، وَذَكَرْتَهُمْ بِوَعْدِكَ، فَتَحْتَ أَذْهَانَهُمْ لِيَفْهَمُوا الْكُتُبَ. وَوَعَدْتَهُمْ بِالْمَوْعِدِ الْأَبْوِيِّ، وَبَارَكْتَهُمْ، وَارْتَقَيْتَ صَاعِدًا إِلَى السَّمَاءِ. لِذَلِكَ مَعَهُمْ نَسْجُدُ لَكَ، يَا رَبُّ الْمَجْدُ لَكَ. |
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| <i>Both now and ever, and unto ages of ages. Amen. Most blessed art thou, O Virgin Theotokos, for through Him that was incarnate of thee is Hades despoiled, Adam is recalled from the dead, the curse is made void, Eve is set free, death is slain, and we are endowed with life. Wherefore, in hymns of praise, we cry aloud: Blessed art Thou, O Christ our God, Who is thus well pleased, glory to Thee.</i> | الآن وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. أَنْتِ هِيَ الْفَائِئِقَةُ عَلَى كُلِّ الْبَرَكَاتِ، يَا وَالِدَةَ الْإِلَهِ الْعَذْرَاءِ، لِأَنَّ الْجَحِيمَ قَدْ سُبِبَتْ بِوَسِطَةِ الْمُتَجَبِّدِ مِنْكَ، وَأَدَمَ دُعِيَ ثَانِيَّةً، وَاللِّعْنَةُ بَادَتْ، وَحَوَاءُ انْعَتَّتْ، وَالْمَوْتَ أُمِيتَ، وَنَحْنُ قَدْ حَيِينَا. فَلِذَلِكَ نُسَبِّحُ هَاتِفِينَ: مُبَارَكٌ أَنْتِ أَيُّهَا الْمَسِيحُ الْإِلَهِيُّ، يَا مَنْ هَكَذَا سُرَّ، الْمَجْدُ لَكَ. |
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THE GREAT DOXOLOGY IN TONE SIX

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| <i>Glory to Thee, who has shown us the Light. Glory to God in the highest, and on earth peace, good will among men.</i> | الْمَجْدُ لَكَ يَا مُظْهِرَ النُّورِ، الْمَجْدُ لِلَّهِ فِي الْعَلَاءِ، وَعَلَى الْأَرْضِ السَّلَامُ، وَفِي النَّاسِ الْمَسْرَّةُ. |
| <i>We praise thee, we bless Thee, we worship Thee, we glorify Thee, we give thanks unto Thee for Thy great glory.</i> | نُسَبِّحُكَ نُبَارِكُكَ، نَسْجُدُ لَكَ نُمَجِّدُكَ، نَشْكُرُكَ مِنْ أَجْلِ عَظِيمِ جَلَالِ مَجْدِكَ. |
| <i>O Lord, heavenly King, God the Father Almighty; O Lord, the only begotten Son, Jesus Christ; and the Holy Spirit.</i> | أَيُّهَا الرَّبُّ الْمَلِكُ، السَّمَاوِيِّ، الْإِلَهُ، الْآبُ الضَّاطِبُ الْكُلِّ. أَيُّهَا الرَّبُّ الْإِبْنُ الْوَحِيدُ، يَا يَسُوعَ الْمَسِيحَ، وَيَا أَيُّهَا الرُّوحُ الْقُدُسُ. |
| <i>O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy on us, thou that takest away the sins of the world.</i> | أَيُّهَا الرَّبُّ الْإِلَهُ، يَا حَمَلَ اللَّهِ يَا ابْنَ الْآبِ، يَا رَافِعَ خَطِيئَةَ الْعَالَمِ ارْحَمْنَا، يَا رَافِعَ خَطَايَا الْعَالَمِ. |
| <i>Receive our prayer, Thou that sittest at the right hand of the Father, and have mercy on us.</i> | تَقَبَّلْ تَضَرُّعَنَا أَيُّهَا الْجَالِسُ عَنْ يَمِينِ الْآبِ وَارْحَمْنَا. |

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| For Thou only art holy, Thou only art the Lord, O Jesus Christ, to the Glory of God the Father. Amen. | لَأَنَّكَ أَنْتَ وَحْدَكَ قُدُّوسٌ، أَنْتَ وَحْدَكَ الرَّبُّ يَسُوعُ الْمَسِيحُ، فِي مَجْدِ اللَّهِ الْآبِ، آمِينَ. |
| Every day will I bless Thee, and I will praise Thy Name forever; yea, forever and ever. | فِي كُلِّ يَوْمٍ أَبَارِكُكَ، وَأَسْبِّحُ اسْمَكَ إِلَى الْأَبَدِ، وَإِلَى أَبَدِ الْأَبَدِ. |
| Vouchsafe, O Lord, to keep us this day without sin. | أَهْلُنَا يَا رَبُّ أَنْ نُحْفَظَ فِي هَذَا الْيَوْمِ بِغَيْرِ خَطِيئَةٍ. |
| Blessed art Thou, O Lord God of our Fathers, and praised and glorified be Thy Name forever. Amen. | مُبَارَكٌ أَنْتَ يَا رَبُّ إِلَهَ آبَائِنَا، وَمُسَبَّحٌ وَمُمَجَّدٌ اسْمُكَ إِلَى الْأَبَدِ، آمِينَ. |
| Let Thy mercy, O Lord, be upon us, as we do put our hope in thee. | لِتَكُنْ يَا رَبُّ رَحْمَتُكَ عَلَيْنَا، كَمَا نَحْنُ نَتَوَكَّلُ عَلَيْكَ. |
| Blessed art Thou, O Lord: teach me Thy statutes. (<i>thrice</i>) | مُبَارَكٌ أَنْتَ يَا رَبُّ عَلِّمْنِي حُقُوقَكَ. (ثَلَاثًا) |
| Lord, Thou hast been our refuge in all generations. I said: Be merciful unto me; heal my soul, for I have sinned against Thee. | يَا رَبُّ مَلْجَأُ كُنْتُمْ لَنَا فِي جِيلٍ وَجِيلٍ، أَنَا قُلْتُ يَا رَبُّ ارْحَمْنِي وَأَشْفِ نَفْسِي لِأَنِّي قَدْ خَطِئْتُ إِلَيْكَ. |
| Lord, I have fled unto Thee: teach me to do Thy will, for Thou art my God. | يَا رَبُّ إِلَيْكَ لَجَأْتُ فَعَلِّمْنِي أَنْ أَعْمَلَ رِضَاكَ، لِأَنَّكَ أَنْتَ هُوَ إِلَهِي. |
| For with Thee is the fountain of life; in Thy light shall we see light. | لَأَنَّ مِنْ قِبَلِكَ عَيْنَ الْحَيَاةِ، وَبِنُورِكَ نَعَايُنُ النُّورَ. |
| O continue Thy lovingkindness unto them that know Thee. Holy God, Holy Mighty, Holy Immortal: have mercy on us. (<i>thrice</i>) | فَابْسُطْ رَحْمَتَكَ عَلَى الَّذِينَ يَعْرِفُونَكَ. قُدُّوسُ اللَّهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا. (ثَلَاثًا) |
| Glory to the Father, and to the Son, and to the Holy Spirit. | الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّوسِ. |
| Both now and ever, and unto ages of ages. Amen. | الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ. |
| Holy Immortal, have mercy on us. | قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا. |
| Holy God, Holy Mighty, Holy Immortal: have mercy on us. | قُدُّوسُ اللَّهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا. |
| TROPARION IN TONE EIGHT | |
| Having risen from the tomb, and having burst the bonds of Hades, Thou didst loose the condemnation of Death, O Lord, releasing all mankind from the snares of the enemy. Having manifested Thyself to Thine Apostles, Thou didst send them forth to proclaim Thee; and through them Thou hast granted Thy peace unto the civilized world, O Thou Who alone art plenteous in mercy. | إِذْ قُمْتَ يَا رَبُّ مِنَ الْقَبْرِ، وَقَطَعْتَ رِبَاطَاتِ الْجَحِيمِ، غَلَبْتَ حُكُومَةَ الْمَوْتِ، وَأَنْقَذْتَ الْكُلَّ مِنْ فِخَاخِ الْعَدُوِّ، وَلَمَّا أَظْهَرْتَ ذَاتَكَ لِرُسُلِكَ أَرْسَلْتَهُمْ إِلَى الْكِرَازَةِ، وَمَتَّحْتَ بِهِمْ سَلَامَكَ لِلْمَسْكُونَةِ يَا جَزِيلَ الرَّحْمَةِ وَحْدَكَ. |
| <p style="text-align: center;"><i>These texts have been prepared by the Department of Liturgics of the Antiochian Archdiocese</i></p> <p>Portions of the Archdiocesan Service Texts include texts from The Menaion, The Great Horologion, The Pentecostarion, The Octoechos, and The Psalter of the Seventy, which are Copyright © Holy Transfiguration Monastery, Brookline, Massachusetts, and are used with permission. All rights reserved. These works may not be further reproduced, beyond printing out a single copy for personal non-commercial use, without the prior written authorization of Holy Transfiguration Monastery.</p> | |