

ST. GEORGE ORTHODOX CHURCH



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saintgeorgeflint.org

March 01 2026

SATURDAY: VESPER SERVICE @ 400 P.M.

SUNDAY: ORTHROS @ 8:50 A.M. - DIVINE LITURGY @ 10:00 A.M.

CONFESSION BY APPOINTMENT

V. REV. FR. AMIN HOULI

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Welcome to St. George! Thank you for attending today's Divine Services. If you are a first-time visitor, please register your visit by completing the guest book located in the narthex. We would appreciate getting to meet you after liturgy, so feel free to join us during Coffee Fellowship! Every Sunday we remember the Resurrection of our Lord and Savior Jesus Christ. The word "Liturgy" means work of the people that means everyone participates through singing, praying, hearing the teaching, and opening our hearts to allow God's grace to enter. Anyone interested in learning more about our faith are encouraged to speak with one of our clergy.

Guidelines for Receiving Holy Communion for Orthodox Christians: Orthodox Christians fully participate in the celebration of the Eucharist by receiving Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly prepared to receive Holy Communion, the faithful should fast (no food or drink from midnight the night before), the Sacrament of Confession (7 years and older) within the last 2 months, being at peace with others, and striving to always love God and their neighbor. Frequent communion and regular confession are recommended for all faithful Orthodox Christians.

For other Christians: We welcome you to this celebration of the Divine Liturgy. Unfortunately we cannot extend to you a general invitation to receive Holy Communion. Orthodox Christian's believe that the Eucharist is an action of the celebrating community signify-

ing a oneness in faith, life, and worship of our community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, but for which we must all pray. All, however, are welcome to partake of the blessed bread (antidoron) which will be given when coming forward to venerate (kiss) the Holy Cross and receive the final blessing from the priest. Again, welcome!

VENERABLE-MARTYR EUDOKIA OF HELIOPOLIS; VENERABLE DOMNINA OF SYRIA; MARTYRS MARKELLOS AND ANTHONY OF PAMPHYLIA

THE FIRST ANTIPHON

The Lord is King, and hath clothed Himself with majesty. The Lord is robed; He is girded with strength. For He has established the world so that it shall never be moved.

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Who can utter the mighty acts of the Lord? Who can cause all his praises to be heard? Let the redeemed of the Lord say so, whom He hath redeemed from the hand of the enemy. (Refrain)

Glory... Both now... (Refrain)

الانتيفونا الأولى

الرَّبُّ قَدْ مَلَكَ، وَالْجَلالَ لَيْسَ. لَيْسَ الرَّبُّ الْقُوَّةَ وَتَمَنُّقَ بِهَا. لِأَنَّهُ ثَبَّتَ الْمَسْكُونَةَ فَلَا تَتَزَعزَع.

اللازمة: بِشَفَاعَاتِ وَالِدَةِ الْإِلَه، يَا مُخَلِّصُ خَلِّصْنَا.

مَنْ ذَا الَّذِي يُحَدِّثُ عَنْ عَظَائِمِ الرَّبِّ؟ مَنْ ذَا الَّذِي يُخَبِّرُ بِجَمِيعِ مَدَائِحِهِ؟ لِيَقُلْ هَذَا مَقْدِيئُو الرَّبِّ الَّذِينَ افْتَدَاهُمْ مِنْ أَيْدِي الْأَعْدَاءِ. (اللازمة)

المجد ... الآن وكلّ أوان... (اللازمة)

THE SECOND ANTIPHON

Let them praise the Lord for His mercies, and for His wonderful works to the children of men.

Refrain: Save us, O Son of God, Who art risen from the dead, who sing to Thee: Alleluia.

Let them exalt Him in the congregation of the people, and praise Him in the seat of the elders. (Refrain)

The eyes of the Lord are upon them that fear Him, upon them that hope in His mercy; to hear the groaning of the prisoners, to loose the sons of the slain. (Refrain)

Glory... Both now... O, only begotten Son and Word of God...

الانتيفونا الثانية

فَلْيَقْرُوا لِلرَّبِّ بِمَرَامِهِ وَبِعَجَائِبِهِ لِبَنِي الْبَشَرِ.

اللازمة: خَلَصْنَا يَا ابْنَ اللَّهِ، يَا مَنْ قَامَ مِنْ بَيْنِ الْأَمْوَاتِ، لِنُرْتَلَّ لَكَ. هَلْلُويَا.

لِيُعْظِمُوهُ فِي مَجْمَعِ الشُّعُوبِ وَلِيُسَبِّحُوهُ فِي مَجْلِسِ الشُّيُوخِ. (اللازمة)

هَذَا إِنَّ عَيْنِي الرَّبِّ إِلَى الَّذِينَ يَخَافُونَهُ، الَّذِينَ يَتَوَكَّلُونَ عَلَى رَحْمَتِهِ، لِيَسْمَعَ أُنِينَ الْمُعْتَقَلِينَ وَيَفُكَّ أَسْرَافَ الْمَانِتِينَ. (اللازمة)

المجد ... الآن وكلّ أوان... (اللازمة)

THE THIRD ANTIPHON

Let the heavens and the earth praise Him. This is the day which the Lord hath made; let us rejoice and be glad in it. O Lord my God, I will give thanks unto Thee forever.

الأنتيفونا الثالثة

لِنُسَبِّحَهُ السَّمَاوَاتُ وَالْأَرْضُ. هَذَا هُوَ الْيَوْمُ الَّذِي صَنَعَهُ الرَّبُّ فَلْنَفْرَحْ وَلْنَتَهَلَّلْ بِهِ. أَيُّهَا الرَّبُّ إِلَهِي إِيَّاكَ أَحْمَدُ إِلَى الْأَبَدِ.

RESURRECTIONAL APOLYTIKION IN TONE FIVE

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

أبوليتيكيون القيامة بالحن الخامس

لِنُسَبِّحْ نَحْنُ الْمُؤْمِنِينَ وَنَسْجُدْ لِلْكَلِمَةِ، الْمُسَاوِي لِلآبِ وَالرُّوحِ فِي الْأَزَلِيَّةِ وَعَدَمِ الْإِبْتِدَاءِ، الْمَوْلُودِ مِنَ الْعَذْرَاءِ لِحَلَاصِنَا، لِأَنَّهُ سَرَّ بِالْجَسَدِ أَنْ يَغْلُوَ عَلَى الصَّلِيبِ، وَيَحْتَمِلَ الْمَوْتَ، وَيُنْهَضَ الْمَوْتَى بِقِيَامَتِهِ الْمَجِيدَةِ.

APOLYTIKION OF THE FIRST SUNDAY OF GREAT LENT IN TONE TWO

Thy pure image do we venerate, O good One, asking forgiveness of our sins, O Christ our God; for by Thine own will Thou didst ascend the Cross in Thy body, to save Thy creatures from the bondage of the enemy. Wherefore, with thankfulness we cry aloud to thee: Thou hast verily filled all with joy, since Thou didst come, O our Savior, to save the world.

أبوليتيكيون للأحد الأول من الصوم بالحن الثاني

لِصُورَتِكَ الطَّاهِرَةِ نَسْجُدُ أَيُّهَا الصَّالِحُ، طَالِبِينَ عُفْرَانَ الْخَطَايَا، أَيُّهَا الْمَسِيحُ إِلَهَنَا، لِأَنَّكَ قَبِلْتَ أَنْ تَرْتَفِعَ بِالْجَسَدِ عَلَى الصَّلِيبِ طَوْعاً، لِتُنَجِّيَ الَّذِينَ خَلَقْتَ مِنْ عُبُودِيَّةِ الْعَدُوِّ. لِذَلِكَ نَهْتَفُ إِلَيْكَ بِشُكْرِ: لَقَدْ مَلَأْتَ الْكُلَّ فَرِحاً يَا مُخْلِصِنَا، إِذْ أَتَيْتَ لِتُخَلِّصَ الْعَالَمَ.

TROPARIAN OF ST. GEORGE IN TONE FOUR

As deliverer of captives and defender of the poor, healer of the infirm champion of

kings, Victorious Great Martyr George, intercede with Christ our God for our souls' salvation.

طروبارية القديس جاورجيوس على اللحن الرابع

بما أنك للمأسورين محرر ومعتق، وللفقراء والمساكين عاضد وناصر، وللمرضى طبيب وشاف، وعن المؤمنين مكافح ومحارب، أيها العظيم في الشهداء جاورجيوس اللابس الظفر، تشفع إلى المسيح الإله في خلاص نفوسنا.

KONTAKION FOR SUNDAYS IN GREAT LENT IN TONE EIGHT

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without Bridegroom.

القنطاق لآحاد الصوم الكبير بالحن الثامن

إني أنا عبدك يا والدة الإله * أكتب لك رايات الغلبة * يا جندية محامية * وأقدم لك الشكر كمنقذة من الشدايد * لكن بما أن لك العزة التي لا تحارب * أعتقيني من صنوف الشدايد * حتى أصرخ إليك: إفرحي يا عروساً لا عروس لها

THE EPISTLE

(For the First Sunday of Great Lent)

Blessed art Thou, O Lord, the God of our fathers. For Thou art just in all that Thou hast done for us.

The Reading from the Epistle of St. Paul to the Hebrews. (11:24-26, 32-40)

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter; choosing rather to share ill-treatment with the people of God, than to enjoy the pleasures of sin for a season; esteeming the reproach of the Christ greater riches than the treasures of Egypt; for he looked to the recompense of reward. And what more shall I say? For the time would fail me if I tell of Gideon, Barak, Sampson, Jephthah, of David and Samuel and all the prophets, who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, quenched the power of fire, escaped the edge of the sword, from weakness were made strong, became mighty in war, and turned to flight armies of the aliens. Women received their dead by resurrection, and others were tortured, not accepting their deliverance, that they might obtain a better resurrection. And others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn asunder, they were tempted, they were slain with the sword; they went about in skins of sheep and goats, being destitute, afflicted, tormented (of whom the world was not worthy), wandering in deserts and mountains, and in dens and caves of the earth. And all these, having obtained a witness through their faith, did not receive the promise, since God had foreseen something better for us, that apart from us they should not be made perfect.

الرسالة (للأحد الأول من الصوم)

مُبارَكٌ أَنْتَ يَا رَبُّ إِلَهَ آبَائِنَا.

لَأَنَّكَ عَادِلٌ فِي كُلِّ مَا صَنَعْتَ بِنَا.

فَصَلِّ مِنْ رِسَالَةِ الْقَدِيسِ بُولَسَ الرِّسُولِ إِلَى الْعِبْرَانِيِّينَ. (11:24-26، 32-40)

يَا إِخْوَةَ، بِالْإِيمَانِ مُوسَى لَمَّا كَبُرَ أَبِي أَنْ يُدْعَى ابْنًا لِابْنَةِ فِرْعَوْنَ. مُخْتَارًا الشَّقَاءَ مَعَ شَعْبِ اللَّهِ عَلَى التَّمَتُّعِ الْوَقْتِيِّ بِالْخَطِيئَةِ. وَمُعْتَبِرًا عَارَ الْمَسِيحِ غَنَىٰ أَعْظَمَ مِنْ كُنُوزِ مِصْرَ، لِأَنَّهُ نَظَرَ إِلَى الثَّوَابِ. وَمَاذَا أَقُولُ أَيْضًا؟ إِنَّهُ يَضِيقُ بِي الْوَقْتُ إِنْ أَخْبَرْتُ عَنْ جَدِّعُونَ وَبَارَاقَ وَشَمْشُونَ وَيَفْتَاخَ وَدَاوُدَ وَصَمُوئِيلَ وَالْأَنْبِيَاءِ. الَّذِينَ بِالْإِيمَانِ قَهَرُوا الْمَمَالِكَ، وَعَمِلُوا الْبِرَّ، وَنَالُوا الْمَوَاعِدَ، وَسَدُّوا أَفْوَاهَ الْأَسْوَدِ. وَأَطْفَأُوا حِدَّةَ النَّارِ، وَنَجَّوْا مِنْ حَذِّ السِّيفِ، وَتَقَوَّوْا مِنْ ضَعْفٍ، وَصَارُوا أَشْدَاءَ فِي الْحَرْبِ، وَكَسَرُوا مُعَسَّكَرَاتِ الْأَجَانِبِ. وَأَخَذَتْ نِسَاءً أَمْوَاتَهُنَّ بِالْقِيَامَةِ. وَعَذِبَ آخَرُونَ بِتَوْتِيرِ الْأَعْضَاءِ وَالضَّرْبِ، وَلَمْ يَقْبَلُوا بِالنَّجَاةِ، لِيَحْصَلُوا عَلَى قِيَامَةٍ أَفْضَلَ. وَآخَرُونَ ذَاقُوا الْهَزْءَ وَالْجَلْدَ وَالْقَيْوُدَ أَيْضًا وَالسِّجْنَ. وَرُجِمُوا، وَنَشِرُوا، وَامْتَحَنُوا، وَمَاتُوا بِحَذِّ السِّيفِ، وَسَاحُوا فِي جُلُودِ غَنَمٍ وَمِعْزٍ، وَهُمْ مُعْزُونَ مُضَائِقُونَ مَجْهُودُونَ، (وَلَمْ يَكُنِ الْعَالَمُ مُسْتَحِقًّا لَهُمْ) وَكَانُوا تَائِهِينَ فِي الْبَرَارِيِّ وَالْجِبَالِ، وَالْمَغَاوِرِ وَكُهُوفِ الْأَرْضِ. فَهَوْلَاءَ كُلُّهُمْ مَشْهُودًا لَهُمْ بِالْإِيمَانِ، لَمْ يِنَالُوا الْمَوْعِدَ. لِأَنَّ اللَّهَ سَبَقَ فَنَظَرَ لَنَا شَيْئًا أَفْضَلَ، أَنْ لَا يَكْمَلُوا بِدُونِنَا.

THE GOSPEL

(For the First Sunday of Great Lent)

The Reading from the Holy Gospel according to St. John. (1:43-51)

At that time, Jesus decided to go to Galilee. And He found Philip and said to him, "Follow Me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and said to him, "We have found Him of Whom Moses in the Law and also the Prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to Him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to Jesus, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered Him, "Rabbi, Thou art the Son of God! Thou art the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And Jesus said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

الإنجيل

(للأحد الأول من الصوم)

فَصَلِّ شَرِيفٌ مِنْ بَشَارَةِ الْقَدِيسِ يُوْحَنَّا الْإِنْجِيلِيِّ الْبَشِيرِ، وَالتَّلْمِيذِ الطَّاهِرِ. (1:43-51)

فِي ذَلِكَ الزَّمَانِ، أَرَادَ يَسُوعُ الْخُرُوجَ إِلَى الْجَلِيلِ فَوَجَدَ فِيلِبُّسَ فَقَالَ لَهُ: اتَّبِعْنِي. وَكَانَ فِيلِبُّسُ مِنْ بَيْتِ صَيْدَا مِنْ مَدِينَةِ أَنْدَرَاوَسَ وَبَطْرُسَ. فَوَجَدَ فِيلِبُّسُ نَثَانَائِيلَ، فَقَالَ لَهُ: إِنَّ الَّذِي كَتَبَ عَنْهُ مُوسَى فِي النَّامُوسِ وَالْأَنْبِيَاءِ قَدْ وَجَدْنَاهُ، وَهُوَ يَسُوعُ بْنُ يَوْسُفَ الَّذِي مِنَ النَّاصِرَةِ. فَقَالَ لَهُ نَثَانَائِيلُ: أَمِنْ النَّاصِرَةِ يُمَكِّنُ أَنْ يَكُونَ شَيْءٌ صَالِحٌ؟ فَقَالَ لَهُ فِيلِبُّسُ: تَعَالَى وَانظُرْ. فَرَأَى يَسُوعُ نَثَانَائِيلَ مُقْبِلًا إِلَيْهِ، فَقَالَ عَنْهُ: هُوَذَا إِسْرَائِيلِيُّ حَقًّا لَا

لا عِشَّ فِيهِ. فَقَالَ لَهُ نَنْتَائِلُ: مِنْ أَيْنَ تَعْرِفُنِي؟ أَجَابَ يَسُوعُ، وَقَالَ لَهُ: قَبْلَ أَنْ يَدْعُوكَ فَيَلْبَسُ وَأَنْتَ تَحْتَ التَّيْنَةِ رَأَيْتُكَ. أَجَابَ نَنْتَائِلُ وَقَالَ لَهُ: يَا مَعْلَمُ، أَنْتَ ابْنُ اللَّهِ، أَنْتَ مَلِكُ إِسْرَائِيلَ. أَجَابَ يَسُوعُ وَقَالَ لَهُ: لِأَنِّي قُلْتُ لَكَ إِنِّي رَأَيْتُكَ تَحْتَ التَّيْنَةِ آمَنْتَ؟ إِنَّكَ سَتُعَايِنُ أَعْظَمَ مِنْ هَذَا. وَقَالَ لَهُ: الْحَقُّ الْحَقُّ أَقُولُ لَكُمْ، إِنَّكُمْ مِنَ الْآنَ تَرَوْنَ السَّمَاءَ مَفْتُوحَةً، وَمَلَائِكَةُ اللَّهِ يَصْعَدُونَ وَيَنْزِلُونَ عَلَى ابْنِ الْبَشَرِ.

MEN SOCIETY

March 10th 2026- Men's fellowship .

Topic is Can the Bible be forged? @ 7pm at the church

CHURCH SCHOOL

This Sunday is the Sunday of Orthodoxy, our children will be walking in the procession with their Icons, their teachers, and fellow classmates at the end of Divine Liturgy. Please don't forget to send an Icon from home with your child.

Thank you,
Mrs. Janet

LADIES MONTH

Sunday, March 1st– Epistle Readers-

Arabic-Manal Abuaita

English-Elena Jaraiesah

Ushers and Greeters– Amal Abuaita, Walaa Al-Qassis, Olga Nassar,
and Jeanette Nassif.

LENT SERVICES

2 Mar Monday- Great Compline 6pm / 3 Mar Tuesday- Great Compline 6pm

4 Mar Wednesday- Presanctified Liturgy 6pm (English @ St. Nicholas / Arabic @ St. George)

5 Mar Thursday Great Compline 6pm / 6 Mar Friday Akathist 6pm.



Guarding the Mind

From Inner Watchfulness to Living as Light

— CHURCH RETREAT —

Saturday, March 28, 2026

St. George Orthodox Church

5191 Lennon Rd, Flint, MI 48507

Pastor: Fr. Amin Houli



Speaker: Fr Paul Matar

— Session I —

Shining as Light Bearers
in Today's Society

☉ 9:00 AM – 12:30 PM

Lunch 12:30 PM – 1:30 PM

— Session II —

Guarding the Mind:
The Battle of Thoughts

☉ 1:30 PM – 3:30 PM

🔔 4:00 PM

A day of reflection and teaching on shining as light bearers while guarding our minds through watchfulness, discernment, and grace.

Holy Oblation Offering

- **For the health of Issa and Vera Daoud, for the health of Daneil, Tony, and Amanda and her family, and in loving memory of Suad, David, Norma, Rabiah, Yacoub, Issa, Ramzi, and Maha.**
- **For the health of Fr. Joe Abud and his family.**
- **For the health of Fr. Chris Shadid, his family, and the team of the A.V.**
- **For the health of Fr. Gabriel Bilas and his family.**
- **All member of St. George church.**
- **All Christians in the middle east and in Ukraine.**

PRAYER LIST

Prayers are offered for our parishioners who are ill, recovering, or in need, especially His servants: Sahar Abdallah, Abeer Abuaita, Issa and Jane Abueita, Soad Abuaita, Philip and Janett Abuaita, Rasha Abuaita, Sami and Shafiq Abuaitah, Georgette Abueita, Youssif Abousamra, Fr. Joseph Abud, Munther Al-Kahush, Elia and Nadia Awwad, Naila Banna, Tareq Ziad Bannoura, Fr. Gabriel Bilas, Kristy Corcoran, Vera Daoud, James (Jimmy) David, Archimandrite Jeremy Davis, Subdeacon George and Suad Gantous, Phyllis Good, Patty Harris, Daisy Isaac, Linda Jamra, Letizia, Branden, and newborn Archie Jones, Joyce Mansour, Danny Mortensen, Karen Mortensen, Adam Odeh, Betty and Richard Ramsdale, Sdn. Dr. Elie and Samia Sadik, Edward Michael Salim, Kelly and Steve Sanderson, Cathy Sisco, Gary Stewart, Elaine Shaheen, Richard Shaheen, Nancy and Michael Silpoch, our Catechumens who are under instruction to become members of our Orthodox Faith: Tanner and Heavenly Roland, Alex Benoit, and Katelyn Wells, Zachary Richmond, Keanan Springer. Our Expectant Parents: Nicole and Jeffrey Farah, Amira and Abdulla Farah, Anoud and Elias Qumseya, Natania and Rene Hanna, Heavenly and Tanner Roland, and Kari and Panagiotis Mikroudīs.

Departed this life in the hope of the resurrection and life eternal Newly departed:

Lillian David (2/11), and Lurice Atallah Tadros.

Live Streaming of Divine Services

St. George is open for all parishioners and visitors. If you cannot attend, please pray with us through our livestream which can be seen on our YouTube Channel:

<https://www.youtube.com/c/SaintGeorgeOrthodoxChurchFlintMI>

If you have a smart TV, you actually have a web browser and YouTube app built in. All you have to do is start the browser app for YouTube and put the link in the address bar.