

# St. George Orthodox Church

5191 Lennon Road • Flint, Michigan 48507 • (810) 732-0720

V. Rev. Father Joseph M. Abud, Pastor

Dn. Michael Bassett

March 11, 2012

## MARCH IS ANTIOCHIAN WOMEN'S MONTH

2<sup>ND</sup> SUNDAY OF THE GREAT FAST – GREGORY PALAMAS, ARCHBISHOP OF THESSALONICA

صلاة السحر لأحد الثاني من الصوم وأحد القديس غريغوريوس بالامس أسقف تسالونيكي

Tone – 6

6<sup>th</sup> Matins Gospel {Luke 24:36-53}

Altar Servers: **St. Peter** team {Branden Jones, Captain)

Next Week –**St. George** team

Greeters/Ushers: **Inam Bathish, Vera Daoud, Suad Gantous, and Olga Nassar**

Confessions

8:30-9:30am

Matins p.44

8:50am

Divine Liturgy p.91

10:00am

Memorial Service

Trisagion p.183

**Welcome to St. George!** Every Sunday we remember the Resurrection of our Lord and Savior Jesus Christ. The word "*Liturgy*" means *work of the people* which means everyone participates through singing, praying, hearing the teaching, and opening our hearts to allow God's grace to enter. For those who have committed themselves to the Orthodox Faith (through Baptism and/or Chrismation) it also means, if prepared, the reception of Holy Communion. Preparation includes the Sacrament of Confession (7 years and older) within the last 2 months, prayer, being on time for church, being at peace with others, attending the Divine Liturgy regularly, and fasting (no food or drink from midnight the night before). If you are new, just visiting, or have any questions, please introduce yourself to Father Joe. Please know that everyone is invited to venerate the Holy Gospel and receive Holy Bread at the end of Liturgy. All are welcome to our Coffee Fellowship in the hall after Liturgy.

In the **Divine Liturgy** of **St. Basil the Great** (his prayers begin on p.132 in the Red Service Book and the bilingual sheets in the Narthex), we sing these special hymns:

**Third Antiphon** (during the Little Entrance)

**Troparion of the Resurrection—Tone 6**

Angelic powers did stand above Thy tomb, and they that guarded were as dead, and Mary stood at Thy grave searching for Thy precious body. Thou didst conquer Hades and was not tempted thereby. Thou didst meet the Virgin and didst bestow life. O Thou that art risen from the dead, O Lord, Glory to Thee.

**Hymns after the Entrance with the Gospel**

**Troparion of the Resurrection—Tone 6** (*as above*)

**Troparion of St. Gregory Palamas—Tone 8**

O light of Orthodoxy, teacher of the Church, its confirmation! O ideal of monks and invincible champion of theologians! O wonder-working Gregory, glory of Thessalonica and preacher of grace, always intercede before the Lord that our souls may be saved.

**Troparion of St. George—Tone 4**

As deliverer of captives and defender of the poor, healer of the infirm, champion of kings: Victorious Great Martyr George, intercede with Christ our God, for our souls' salvation.

بما أُنكَّ للمأسورين مُحرِّرٌ ومُعَيِّقٌ، وللفقراء والمساكين عاصِدٌ ونَاصِرٌ وللمرضى طبيبٌ وشَافٍ وعن المؤمنين مُكافِحٌ ومُحَارِبٌ أياها العظيمُ في الشَهداء جاورجيوسُ الألبسُ الظفرُ تُشَفِّعُ إلى المسيح الإله في خَلاص نُفوسنا.

### **Kontakion for Annunciation & Sundays of the Great Fast—Tone 8**

To Thee the Champion Leader do I offer thanks of victory. O Theotokos, Thou who has delivered me from terror; but as Thou that has that power invincible, O Theotokos, Thou alone can set me free from all forms of danger; free me and deliver me. That I may cry unto Thee: Hail, O Bride without Bridegroom.

إني أنا عبدك يا والدة الإله، أكتب لك رايات الغلبة يا جنديّة محامية، وأقدم لك الشكر كمنفذة من الشدائد لكن بما أن لك العزة التي لا تحارب أعتقيني من صنوف الشدائد حتى أصرخ إليك. افرحي يا عروسا لا عروس لها.

### **Epistle Reading: Hebrews 1:10-2:3 {2<sup>nd</sup> Sunday of the Great Fast}**

Reader: **Aida Nassar** (Arabic) and **Sally Joseph** (English)

### **Gospel Reading: Mark 2:1-12 {2<sup>nd</sup> Sunday of the Great Fast}**

#### **Holy Bread Offerings**

- Amjad and Elham Ishak for the health of their family and in loving memory of **Nassim Ishak** (9 years, Amjad's father) and **Sabat** and **Nasri Abusada** (Elham's parents).
- St. George Parish Council for the health of their families and the community of St. George -- *May God grant them many years!*
- This morning we pray for the servants of God who have fallen asleep in the Lord: **Aubury Rozier** (+January 31<sup>st</sup>, father of Jim, our maintenance man), **Helen Mourad** (+February 7<sup>th</sup>, relative of Sue Shaheen), and **Mary Isaac** (+February 10<sup>th</sup>, mother of Stephanie Silpoch).
- Prayers are offered for our parishioners who are ill, recovering, or in need, especially His servants: **Khaled Al-Khouri, Jonathan Bassett, Evelyn Delbridge, Awatef Deligorges, Gisele Farah, Pauline Farah, Samira Gantous, Camille Ghantous, Phyllis Good, Carol Haddad, Roland Haddad, Helen Isaac, Betty Khouri, Norma Lazar, Lourice Matta, Danny Mortenson, Nick Nickola, Nawal Odeh, Elaine Shaheen, Nancy Silpoch, Habib** and **Marie Skafi, Norma Sophiea, and William Sophiea Jr.**
- We also pray for the servants of God who are with child: **Reemy Abuaita, Chrissy Abueita, Linda Gantos, Ghadeer Ibrahim, Ivy Khoury, and Lisa Thomas** (daughter-in-law of Doug and Sandy).

#### **Megalynarion (Instead of "It is truly meet...") for St. Basil's Liturgy (Tone 2)**

All of creation rejoices in you, O Full of Grace: the assembly of angels and the race of men. O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a Child: our God before the ages. He made your body into a throne, and your womb He made more spacious than the heavens. All of creation rejoices in you, O Full of Grace, glory to you!

#### **التعظيم لوالدة الإله (بالحن الثاني)**

إن البرايا بأسرها تفرحُ بك يا ممتلئة نعمة، محافل الملائكة وأجناس البشر، أيتها الهيكل المتقدس والفرديوس الناطق، فخر البتولية مريم التي منها تجسد الإله وصار طفلاً وهو الإله الذي قبل الدهور، لأنه صنع مستودعك عرشاً وجعل بطنك أرحب من السموات، لذلك يا ممتلئة نعمة تفرحُ بك كل البرايا وتُمجّدك.

### **Communion Hymn** *(for the Lord's Day)*

*(Refrain)* Praise the Lord from the heavens. Praise Him in the highest.

*(Verse)* Praise Him, all His angels; praise Him, all His hosts! *(Refrain)*

*(Verse)* Praise Him, sun and moon; praise Him, all you shining stars! *(Refrain)*

*(Verse)* Praise Him, you highest heavens, and you waters above the heavens! *(Refrain)*

Alleluia, Alleluia, Alleluia.

### **Reception of Holy Communion**

- Please remember **ONLY ORTHODOX CHRISTIANS** who have **PREPARED THEMSELVES** may partake of Holy Communion.
  - If you are physically able, please remain standing during Holy Communion. If you have a special need, please let one of the ushers know so we may assist you.
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## **ANNOUNCEMENTS**

**COFFEE FELLOWSHIP** is hosted by *Amjad and Elham Ishak and Family*.

**COFFEE FELLOWSHIP HOSTS** Available dates: March 18<sup>th</sup>, April 1<sup>st</sup>, and 22<sup>nd</sup> -- sign-up poster is in the Hall. Hosting information is in the Hall and Lounge and includes: bringing whatever you wish to serve and cleaning up afterwards. St. George provides coffee, cups, cream, and sugar at a charge to the host of \$25. *During the Great Fast (February 27<sup>th</sup> – April 14<sup>th</sup>), no meat or dairy products are to be served.*

- **PLEASE** turn off or put on vibrate all cell phones while in church, thank you!
- The **Narthex** (where we light candles) is the entrance to the Church. After you leave the Lounge and come into the Narthex, please remember there is only praying here. If you are late for Divine Services, the Ushers will let you know when you may enter the church – Thank You!

### **THE HOLY SACRAMENT OF REPENTANCE (CONFESSION)**

The Great Fast is **THE TIME** for all parishioners to receive the Holy Sacrament of Repentance (Confession). Fr. Joe hears Confessions by appointment before or after most Divine Services, Sundays between 8:30am-9:30am, by appointment during the week, and on Saturday evenings after Great Vespers which is the perfect time when Father is not rushed. Please do not wait until the last minute! If you would like to go to one of the other Orthodox priests during our combined Pan-Orthodox Services, Fr. Joe, Fr. Angelo, and Fr. Matthew are available 30 minutes before each service begins. Confessing of our sins opens the door to our personal celebration of our Lord's Glorious Resurrection -- **PLAN NOW** and **BE PREPARED!!!**

### **Thank You and God Bless ...**

... Everyone who donated last week to help in the education of our Seminarians. We collected \$248. Donations are still welcomed.

**ELINOR BOURJAILY ENDOWMENT FUND** Again this fund is offering scholarships to Antiochian Village Campers (\$200) and to College Students (\$300). Applications are available in the Lounge. The deadline is March 15<sup>th</sup> so pick one up TODAY and send it in!

**CHILD CARE** Fr. Joseph and the Parish Council respectfully request that parents keep track of their children during the Divine Services and Coffee Fellowship. Children have been roaming and running around inside and outside of the building. No children should be in the Lounge by themselves! For both spiritual and security reasons we need to keep our children with us AT ALL TIMES! Thank you!

**LENTEN POTLUCK DINNER** Our Ladies Auxiliary will be hosting the Lenten (no meat or dairy products) Potluck Dinner after our celebration of the Liturgy of the Presanctified Gifts this Wednesday, March 14<sup>th</sup>. Please bring what is listed below according to the first letter of your last name. If you have any questions, please see or call Naila Banna (810-238-4582) or Aida Raffoul (810-742-0207). Donations to the Food for Hungry People program will be asked at all of our dinners – please be generous in helping the hungry.

**FOR WEDNESDAY, MARCH 14<sup>TH</sup>**

<b>A-F</b>	<b>G-J</b>	<b>K-R</b>	<b>S-Z</b>
Salad or Side Dish	Main Dish	Desserts	Relish Dish or Bread

**ARE THOSE FFHP (FOOD FOR HUNGRY PEOPLE) BOXES FILLING UP?** If yours is full and you need another, pick one up on the front pew. Remember filled boxes should be brought back to church on Pascha morning, April 15<sup>th</sup>.

- ▶ **WEEKLY OFFERINGS:** Our average weekly offerings need to be \$4,610 to meet our 2012 Budget. Last Sunday, our offerings were \$3,410 so were short \$1,200. If you haven't already, please fill out your 2012 Offering Form as soon as possible.
- ▶ **OUR OFFERINGS TO ST. GEORGE** *The minimum suggested offering to St. George should be at least 3% of gross annual income.* The goal for all Orthodox Christians is to follow our Lord's command of giving at least 10% (tithe) of our income to His Holy Church. Please remember this when filling out your 2012 Offering Form.

**THE LOUNGE** This room is an extension of the church during the Divine Services. If you have to sit here and are physically able, please sit, stand, sing, and pray as is appropriate and as we are doing in the church during the service – Thank You.

**COMING EVENTS**

This Week	The <i>Great Fast</i> continues until our celebration of our Lord's Resurrection- <b>PASCHA</b> on April 15 <sup>th</sup> . The traditional fasting discipline ( <i>no meat or poultry, dairy, eggs, fish, wine, olive oil and their by-products</i> ) is observed on all weekdays. On Saturdays and Sundays, <i>wine and olive oil</i> are allowed.
Monday	<i>Great Compline</i> صلاة النوم الكبرى 6:30pm
Wednesday	<i>Presanctified Liturgy</i> قداس السابق تقديس and <b>Lenten Potluck</b> 6pm
Friday	<i>Supplication to the Virgin Mary</i> خدمة المديح ( <i>Madayeh</i> ) 6:30pm
Saturday	<i>Great Vespers and Confessions</i> 5pm