

St. George Orthodox Church

5191 Lennon Road • Flint, Michigan 48507 • (810) 732-0720

Web Site: saintgeorgeflint.org

V. Rev. Father Joseph M. Abud, Pastor

Dn. Michael Bassett

March 24, 2013

MARCH IS ANTIOCHIAN WOMEN'S MONTH

1ST SUNDAY OF THE GREAT FAST – *SUNDAY OF ORTHODOXY* أحد الأيقونات

PRE-FEAST OF THE ANNUNCIATION البشارة

Tone – 1

9th Matins Gospel {John 20:19-31}

Altar Servers: **St. Michael** team {Karim Al-Khouri, captain}

Next Week – **St. Elias** team

Greeters: **Sahar Abdallah** and **Muna Abuaita**

Ushers: **Anaam Abueita**, **Bahira Assaf**, **Naila Banna**, and **Aida Raffoul**

Confessions
8:30-9:30am

Matins p.44
8:50am

Divine Liturgy p.91
10:00am

Memorial Service
Trisagion p.183

Welcome to St. George! Every Sunday we remember the Resurrection of our Lord and Savior Jesus Christ. The word "*Liturgy*" means *work of the people* which means everyone participates through singing, praying, hearing the teaching, and opening our hearts to allow God's grace to enter. For those who have committed themselves to the Orthodox Faith (through Baptism and/or Chrismation) it also means, if prepared, the reception of Holy Communion. Preparation includes the Sacrament of Confession (7 years and older) within the last 2 months, prayer, being on time for church, being at peace with others, attending the Divine Liturgy regularly, and fasting (no food or drink from midnight the night before). If you are new, just visiting, or have any questions, please introduce yourself to Father Joe. Please know that everyone is invited to venerate the Holy Cross and receive Holy Bread at the end of Liturgy. All are welcome to our Coffee Fellowship in the hall after Liturgy.

In the **Divine Liturgy** of **St. Basil the Great** (his prayers begin on p.132 in the Red Service Book and the bilingual sheets in the Narthex), we sing these special hymns:

Troparion of the Resurrection—Tone 1

While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world. For which cause the heavenly powers cried aloud to Thee, O giver of life: Glory to Thy resurrection, O Christ! Glory to Thy kingdom! Glory to Thy providence, O Thou who alone art the lover of mankind.

Hymns after the Entrance with the Gospel

Troparion of the Resurrection—Tone 1 (as above)

Troparion for Pre-Feast of the Annunciation—Tone 4

Today is the prelude of joy for the universe. Let us anticipate the feast and celebrate with exultation: Gabriel is on his way to announce the glad tidings to the Virgin; he is ready to cry out in fear and wonder: "*Rejoice, O Full of Grace, the Lord is with you!*"

Troparion for Triumph of Orthodoxy—Tone 2

Thy pure image do we venerate, O good One, asking forgiveness of our sins, O Christ our God; for by Thine own will Thou didst ascend the cross in Thy body, to save Thy creatures from the bondage of the enemy. Thou hast verily filled all with joy, since Thou didst Come, O our Savior, to save the world.

Troparion of St. George—Tone 4

As deliverer of captives and defender of the poor, healer of the infirm, champion of kings: Victorious Great Martyr George, intercede with Christ our God, for our souls' salvation.

بما أنك للمأسورين مُحرراً ومعتقاً، وللفقراء والمساكين عاصداً وناصراً وللمرضى طبيباً وشافياً وعن المؤمنين مُكافحاً ومُصلحاً أيها العظيم في الشهداء جاور جيوس اللابس الظفر تشفع إلى المسيح الإله في خلاص نفوسنا.

Kontakion for Annunciation & Sundays of the Great Fast—Tone 8

To Thee the Champion Leader do I offer thanks of victory. O Theotokos, Thou who has delivered me from terror; but as Thou that has that power invincible, O Theotokos, Thou alone can set me free from all forms of danger; free me and deliver me. That I may cry unto Thee: Hail, O Bride without Brideroom.

إني أنا عبدك يا والدة الإله، أكتب لكس ايات الغلبة يا جنديّة محامية، وأقدم لك الشكر كمنقذة من الشدائد لكن

بما أن لك العزة التي لا تحلرب أعتقيني من صنوف الشدائد حتى أصرخ إليك. افرحي يا عروسا لا عروس لها.

Epistle Reading: Hebrews 11:24-26, 32-40 {1st Sunday of the Great Fast}

Reader: **Hiam Bathish** (Arabic) and **Lubna Jones** (English)

Gospel Reading: John 1:43-51 {1st Sunday of the Great Fast}

Holy Bread Offerings

- Mousa, Issa, and Eyad Rishmawi and their Families for the health of their families and in loving memory of Grandmother **Maqboula Rishmawi** (9 day).
- This morning we pray for the servants of God who have fallen asleep in the Lord: **George Saleh** (+February 27th, uncle of Susan Qazaha), **Hani Farah** (+March 1st, brother of Hiam and Inam Bathish, and Naila Banna), **Nassar Zatuna** (+March 4th, relative of the Nassar's), **Zahra Rashmawi** (+March 6th, Beit Sahour, mother of Rahmeh Rashmawi), **Abla Haddad** and **Fares Alsuyyagh** (+March 9th, aunt/cousin of Sahar Abdallah), **Gaby Joubran** (+March 11th, Najwa Joubran's brother-in-law), and **Diane Nemer** (+March 13th, sister-in-law of Lourice Matta).
- Prayers are offered for our parishioners who are ill, recovering, or in need, especially His servants: **Androlla Abu Aita**, **Angel Abuaita**, **Emil Abueita**, **Wadia Albaba**, **George Damouni** (Lina Burbar/May Gantos' brother), **Evelyn Delbridge**, **Camille Ghantous**, **Nadera Ghantous**, **Phyllis Good**, **Carol Haddad**, **Roland Haddad**, **Kamel Kheirallah**, **Betty Khouri**, **Jean Khouri**, **John Khouri**, **Mariam Houry**, **Norma Lazar**, **Lourice Matta**, **Megan Meade** (relative of Bob Teunion), **Danny Mortensen**, **Elaine Salim**, **Widad Salomon**, **Elaine Shaheen**, **Michael Silpoch**, **Marie Skafi**, **William Sophiea Jr.**, and **Kinan Turjman** (Sahar Abdallah's nephew).
- We also pray for those who are with child: **Angela Haddad**, **Jennifer** (Peera) **Khoshaba** (former parishioner), **Katrin Mitri**, and **Marlen Odeh**.

Communion Hymn (for the Lord's Day)

(Refrain) Praise the Lord from the heavens. Praise Him in the highest.

(Verse) Praise Him, all His angels; praise Him, all His hosts! (Refrain)

(Verse) Praise Him, sun and moon; praise Him, all you shining stars! (Refrain)
(Verse) Praise Him, you highest heavens, and you waters above the heavens! (Refrain)
Alleluia, Alleluia, Alleluia.

Reception of Holy Communion

- Please remember ONLY ORTHODOX CHRISTIANS who have PREPARED THEMSELVES may partake of Holy Communion.
 - If you are physically able, please remain standing during Holy Communion. If you have a special need, please let one of the ushers know so we may assist you.
-

ANNOUNCEMENTS

COFFEE FELLOWSHIP & MEMORIAL MEAL is hosted by *the Rishmawi Family*.

COFFEE FELLOWSHIP HOSTS Available dates: April 21st -- sign-up poster is in the Hall. Hosting information is in the Hall and Lounge and includes: bringing whatever you wish to serve and cleaning up afterwards. St. George provides coffee, cups, cream, and sugar at a charge to the host of \$25. *During the Great Fast (March 18th – May 4th), no meat or dairy products are to be served.*

LENTEN POTLUCK DINNER Our Ladies Auxiliary will be hosting a Lenten (no meat or dairy products) Potluck Dinner after our celebration of the Combined Pan-Orthodox Liturgy of the Presanctified Gifts this Wednesday, March 29th. Please bring what is listed below according to the first letter of your last name. If you have any questions, please see or call Olga (810-732-8184) or Vicky Nassar (810-238-5839). Donations to the Food for Hungry People program will be asked at all of our dinners – please be generous in feeding the hungry.

FOR OUR COMBINED CELEBRATION ON WEDNESDAY, MARCH 29TH

<u>A-F</u>	<u>G-J</u>	<u>K-R</u>	<u>S-Z</u>
Main Dish	Desserts	Relish Dish or Bread	Salad or Side Dish

FOOD FOR HUNGRY PEOPLE If you would like a Canister or Box for your place of work or for yourself, they are located on the front pew – take as many as you would like. This program continues throughout the Great Fast until Pascha on May 5th.

RELAY FOR LIFE We need you! Help our St. George Teens raise money for Relay For Life with our LENTEN bake sale on APRIL 7th! All Lenten foods or any donations will be greatly appreciated! Let's all Celebrate, Remember, and Fight back!!

WEEKLY OFFERINGS: Our average weekly offerings need to be \$4,800 to meet our 2013 Budget. Last Sunday, our offerings were \$2,638 so we were short \$2,162 ☹. If you haven't already, please fill out your 2013 Offering Form and support the work of St. George!

ELINOR BOURJAILY ENDOWMENT FUND Again this fund is offering two scholarships to Antiochian Village Campers and one for College Students. Applications are available in the Lounge. The deadline is March 30th so pick one up TODAY and send it in!

MAINTENANCE FORM Do you see something that needs fixing? Please fill out the orange MAINTENANCE FORM on the shelf in the lounge and turn it in to the office. Let's keep St. George beautiful - together!

MEN'S FELLOWSHIP We met and had a great time! We would like to meet again after one of the Lenten Services on a day below. Please fill out the form to let us know what works best for you and give to Fr. Joe.

Men's Fellowship
Circle all days that you can attend and give to Fr. Joe:
 Friday, March 29th, Monday, April 1st and/or Friday, April 5th

March 24th — 1ST SUNDAY OF THE GREAT FAST: ICONS RESTORED

For more than one hundred years the Church of Christ was troubled by the persecution of the Iconoclasts of evil belief, beginning in the reign of Leo the Isaurian (717-741) and ending in the reign of Theophilus (829-842). After Theophilus's death, his widow the Empress Theodora (celebrated Feb. 11), together with the Patriarch Methodius (June 14), established Orthodoxy anew. This ever-memorable Queen venerated the icon of the Mother of God in the presence of the Patriarch Methodius and the other confessors and righteous men, and openly cried out these holy words: *"If anyone does not offer relative worship to the holy icons, not adoring them as though they were gods, but venerating them out of love as images of the archetype, let him be anathema."* Then with common prayer and fasting during the whole first week of the forty-day Fast, she asked God's forgiveness for her husband. After this, on the first Sunday of the Fast, she and her son, Michael the Emperor, made a procession with all the clergy and people and restored the holy icons, and again adorned the Church of Christ with them. This is the holy deed that we commemorate today, and we call this radiant and venerable day the Sunday of Orthodoxy, that is, the triumph of true doctrine over heresy.

COMING EVENTS

This Week	The Great Fast continues and lasts until our celebration of our Lord's Resurrection-PASCHA on May 5 th . The traditional fasting discipline (<i>no meat or poultry, dairy, eggs, fish, wine, olive oil, and their by-products</i>) is observed on all weekdays. On Saturdays and Sundays, <i>wine and olive oil</i> are allowed. Tomorrow, March 25 th , being the Great Feast of the Annunciation, <i>fish, wine, and oil</i> are allowed after Liturgy.
TODAY	YAF Education Class with Fr. Joe <i>after Divine Liturgy</i>
Monday	Evening Liturgy for the Annunciation at Assumption 6pm
Tuesday	North End Soup Kitchen 9am-12:30pm
Wednesday	Lenten Hours at St. Nicholas 9am
	Combined Presanctified Liturgy قداس السابق نقديس and Lenten Potluck 6pm
Friday	Supplication to the Virgin Mary خدمة المديح (<i>Madayeh</i>) 6:30pm
Saturday	Great Vespers and Confessions 5pm

MOST. REV. METROPOLITAN PHILIP

RT. REV. BISHOP ANTHONY



ARCHBISHOP OF NEW YORK AND
METROPOLITAN OF ALL NORTH AMERICA

DIOCESE OF TOLEDO AND THE MIDWEST

The Self-Ruled
Antiochian Orthodox Christian Archdiocese of North America
The Diocese of Toledo and the Midwest

CHANCERY
2656 PEMBERTON DRIVE
TOLEDO, OH 43606-2903

MAILING ADDRESS
5315 SORRENTO BLVD
FORT WAYNE, IN 46845

PHONE: 260/615-8777

WWW.ANTIOCHIAN.ORG/MIDWEST

BPANTHONYMICHAELS@GMAIL.COM

Great Lent 2013

(To be printed in the bulletin)

Dear Beloved Clergy, Brothers and Sisters in Christ,

Lent literally means springtime. As the ground thaws and the north wind is pushed away by warm breezes and the sun stays out longer in springtime, so our spiritual life, under the influence of Lenten discipline, is reborn. Our hearts soften and our souls are comforted by sunning themselves beneath the longer light shining from repentance and from spending more time in the shelter of the Church Herself.

And if we begin to love this quiet and repetition and other worldly familiarity, which Lenten services and practice will give us, we find out who we are, as St. Paul said, in the "inner man." The great Egyptian monk, St. Pachomius, was once asked what the greatest miracle would be. Known to have performed many different kinds of miracles, his monks thought he would have the wisdom to answer the question. He said the greatest miracle would be to see a true human person who reflected the likeness of God; that, he said, would be greater than raising the dead.

The publican found that humility brought him an entrance into the sanctity, the justification, of Christ, which was there waiting for him in the temple of his own heart. The Prodigal discovered that he had the power to change and the memory to trust that his father still loved him and wanted to see him as much as he wanted to go home. If we change the way we see ourselves the things we see change. As we become sensitive, our senses pick up more of the life around and in us. Then we find it joyful to feed the hungry and serve others, which Jesus says saves us in the Gospel lesson for Meatfare Sunday. Finally, we openly forgive others for what they did to us, for the pain they caused us, for the high cost their presence in our lives was for us on Forgiveness Sunday.

And we know that the renewed energy we feel and the wonderful spiritual future we imagine because of the vigor that these Sundays of preparation gave us, will be hard to keep. But even when we slide away from this great start to Lent, even when we fail and fall, the knowledge that we have experienced this will help us go get it again.

My prayer for you all is that you find and keep the Lenten springtime, and in this sunny season of the soul, when Pascha comes, when Easter feasts surround you, you know yourself and the God who loves you.

May God grant you all many years of service to his Holy Church,

+ Bishop Anthony

+Bishop ANTHONY

**Bishop of Toledo and the Midwest
Antiochian Orthodox Christian Archdiocese of North America**

The Synodikon of Orthodoxy

As the prophets beheld, as the Apostles have taught, as the Church has received, as the teachers have dogmatized, as the Universe has agreed, as Grace has shown forth, as Truth has revealed, as falsehood has been dissolved, as Wisdom has presented, as Christ awarded: thus we declare, thus we assert, thus we preach Christ our true God, and honor His saints in words, in writings, in thoughts, in sacrifices, in churches, in Holy Icons; on the one hand worshipping and reverencing Christ as God and Lord; and on the other hand honoring His saints as true servants of the same Lord of all and accordingly offering them veneration.

(Louder) **This is the Faith of the Apostles, this is the Faith of the Fathers, this is the Faith of the Orthodox, and this is the Faith which has established the Universe!**

صلاة أحد الأرثوذكسية

إننا كما عاينت الأنبياء، كما علمت الرسل، كما تسلمت الكنيسة، كما اعتقد المعلمون، كما اتفقت آراء المسكونة معاً، كما أشرقت النعمة، كما اتضح الحق، كما انطرد الكذب، كما استعلنت الحكمة، كما جاد المسيح بالجوائز، هكذا نعتقد، هكذا نتكلم، هكذا نكرز، مُنذرين بالمسيح إلينا المسكونة". الحقيقي، ونكرم قديسيه، بالأقوال والتأليفات والمعاني والضحايا والهيكل والأيقونات. فأما المسيح فنسجد له كسيد واله، ونعبده، وأما القديسون فنكرمهم لأجل السيد العمومي، كخدام له أخصاء، ونقدم لهم السجود بحسب النسبة.

"هذا إيمان الرسل، هذا إيمان الأباء، هذا إيمان المستقيمي الرأي، هذا الإيمان قد وطد.

The Prokeimenon بروكيمنن

(Tone 7) – Thrice

Who is so great a God as our God?
Thou art our God, who doest
wonders.

أيُّ إلهٍ عظيمٍ مثلُ إلِهانَا؟
أنتُ هوَ اللهُ الصانعُ العجائبِ وحدَكَ.