

# St. George Orthodox Church

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V. Rev. Father Joseph M. Abud, Pastor

Dn. Michael Bassett

Web Site: [saintgeorgeflint.org](http://saintgeorgeflint.org)

March 31, 2013

## MARCH IS ANTIOCHIAN WOMEN'S MONTH

2<sup>ND</sup> SUNDAY OF THE GREAT FAST – GREGORY PALAMAS, ARCHBISHOP OF THESSALONICA

صلاة السحر لأحد الثاني من الصوم وأحد القديس غريغوريوس بالامس أسقف تسالونيكي

Tone – 2

10<sup>th</sup> Matins Gospel {John 21:1-14}

Altar Servers: **St. Elias** team {John Elias, captain}

Next Week – **St. John** team

Greeters: **Denise Ghattas** and **Evette Rishmawi**

Ushers: **Carri Farah** and **Theresa Farah**

Confessions

8:30-9:30am

Matins p.44

8:50am

Divine Liturgy p.91

10:00am

Memorial Service

Trisagion p.183

**Welcome to St. George!** Every Sunday we remember the Resurrection of our Lord and Savior Jesus Christ. The word “*Liturgy*” means *work of the people* which means everyone participates through singing, praying, hearing the teaching, and opening our hearts to allow God’s grace to enter. For those who have committed themselves to the Orthodox Faith (through Baptism and/or Chrismation) it also means, if prepared, the reception of Holy Communion. Preparation includes the Sacrament of Confession (7 years and older) within the last 2 months, prayer, being on time for church, being at peace with others, attending the Divine Liturgy regularly, and fasting (no food or drink from midnight the night before). If you are new, just visiting, or have any questions, please introduce yourself to Father Joe. Please know that everyone is invited to venerate the Holy Cross and receive Holy Bread at the end of Liturgy. All are welcome to our Coffee Fellowship in the hall after Liturgy.

In the **Divine Liturgy** of **St. Basil the Great** (his prayers begin on p.132 in the Red Service Book and the bilingual sheets in the Narthex), we sing these special hymns:

### **Troparion of the Resurrection—Tone 2**

When Thou didst submit Thyself unto death, O Thou deathless and immortal One. Then Thou didst destroy Hell with Thy Godly power, and when Thou didst raise the dead from beneath the earth, all the powers of heaven did cry aloud unto Thee, O Christ Thou giver of Life, Glory to Thee O our God.

### **Hymns after the Entrance with the Gospel**

#### **Troparion of the Resurrection—Tone 2 (as above)**

#### **Troparion of St. Gregory Palamas—Tone 8**

O light of Orthodoxy, teacher of the Church, its confirmation! O ideal of monks and invincible champion of theologians! O wonder-working Gregory, glory of Thessalonica and preacher of grace, always intercede before the Lord that our souls may be saved.

#### **Troparion of St. George—Tone 4**

As deliverer of captives and defender of the poor, healer of the infirm, champion of kings: Victorious Great Martyr George, intercede with Christ our God, for our souls’ salvation.

بما أنك للمأسورين مُحررٌ ومُعْتِقٌ، وللْفُقراءِ والمَساكينِ عاضِدٌ ونَاصِرٌ وللمَرْضَى طَبِيبٌ وشَافٍ وعن

المؤمنين مكافح ومُحاربٍ أيها العظيم في الشهداء جاور جيوسُ اللابسُ الظفرُ تشفعُ إلى المسيح الإله في خلاص نفوسنا.

### Kontakion for Annunciation & Sundays of the Great Fast—Tone 8

To Thee the Champion Leader do I offer thanks of victory. O Theotokos, Thou who has delivered me from terror; but as Thou that has that power invincible, O Theotokos, Thou alone can set me free from all forms of danger; free me and deliver me. That I may cry unto Thee: Hail, O Bride without Bridegroom.

إني أنا عبدك يا والدة الإله، أكتب لك رايات الغلبة يا جنديّة محامية، وأقدم لك الشكر كمنقذة من الشدائد لكن بما أن لك العزة التي لا تحارب أعتقيني من صنوف الشدائد حتى أصرخ إليك. افرحي يا عروسا لا عروس لها.

### Epistle Reading: *Hebrews 1:10-2:3* {2<sup>nd</sup> Sunday of the Great Fast}

Reader: **Abeer Abuaita** (Arabic) and **Jeanette Nassif** (English)

### Gospel Reading: *Mark 2:1-12* {2<sup>nd</sup> Sunday of the Great Fast}

#### Holy Bread Offerings

- Edward Khouri and Family for the health their family and in loving memory of wife, mother, and grandmother **Salwa** (10 years).
- St. George Ladies Auxiliary for the health of their members and their families and in loving memory of their members who have fallen asleep in the Lord:

Sylvia Abdella	Jellilah Faris	Rose Joseph	Freida Seikaly	Zed Shaheen
Sadie Albert	Laura Gantos	Eva Wakim	Sadie Salem	Gladys Shemes
Lourice Beers	Rose Gantos	Maria Monkaba	Betty Salim	Mamie Shemes
Betty Brackett	Lucy Ghattas	Martha Newman	Nusra Salim	Sadie Shemes
Kamelia Brackett	Ann Hackim	Thelma Nickola	Sadie Salim	Emeline Shweiry
Shyka Brackett	Patricia Haddad	Lucile Raffoul	Vicky Salim	Catherine Touma
Elizabeth Farah	Helen Isaac	Aida Rojas	Miladeh Salomon	Gloria Ward
Feroze Farah	Helen Isaac	Mary Romley	Adele Samra	
Marie Farah	Delores Joseph	Nora Romley	Adel Saseen	
Yosra Canasi	Esther Joseph	Norma Rynek	Beatrice Shaheen	
Shafeeka Farah	Hillia Joseph	Sadie Salem	Madeleine Shaheen	

- This morning we pray for the servants of God who have fallen asleep in the Lord: **George Saleh** (+February 27<sup>th</sup>, uncle of Susan Qazaha), **Hani Farah** (+March 1<sup>st</sup>, brother of Hiam and Inam Bathish, and Naila Banna), **Nassar Zatuna** (+March 4<sup>th</sup>, relative of the Nassar's), **Zahra Rashmawi** (+March 6<sup>th</sup>, Beit Sahour, mother of Rahmeh Rashmawi), **Abla Haddad** and **Fares Alsuyyagh** (+March 9<sup>th</sup>, aunt/cousin of Sahar Abdallah), **Gaby Joubran** (+March 11<sup>th</sup>, Najwa Joubran's brother-in-law), **Diane Nemer** (+March 13<sup>th</sup>, sister-in-law of Lourice Matta), and **Maqboula Rishmawi** (+March 16<sup>th</sup>, grandmother of Mousa, Issa, and Eyad Rishmawi).

#### Baptism/Chrismation Days

The Church School offers the Holy Bread for their teachers and/or students who are celebrating their *New Birth* {Baptism and/or Chrismation} into the Church this coming week:

♦ **Raionna Qumseya** – April 1<sup>st</sup>

*May our children be children of the Light and heirs of eternal good things. {Baptismal Service}*

- Prayers are offered for our parishioners who are ill, recovering, or in need, especially His servants: **Androlla Abu Aita, Angel Abuaita, Emil Abueita, Wadia Albaba, Evelyn Delbridge, Camille Ghantous, Nadera Ghantous, Phyllis Good, Carol Haddad, Roland Haddad, Kamel Kheirallah, Betty Khouri, Jean Khouri, John Khouri, Mariam Khoury, Norma Lazar, Lourice Matta, Megan Meade** (relative of Bob Teunion), **Danny Mortensen, Elaine Salim, Widad Salomon, Elaine Shaheen, Michael Silpoch, Marie Skafi, William Sophiea Jr., and Kinan Turjman** (Sahar Abdallah's nephew).

**Communion Hymn** *(for the Lord's Day)*

*(Refrain)* Praise the Lord from the heavens. Praise Him in the highest.

*(Verse)* Praise Him, all His angels; praise Him, all His hosts! *(Refrain)*

*(Verse)* Praise Him, sun and moon; praise Him, all you shining stars! *(Refrain)*

*(Verse)* Praise Him, you highest heavens, and you waters above the heavens! *(Refrain)*

Alleluia, Alleluia, Alleluia.

**Reception of Holy Communion**

- Please remember **ONLY ORTHODOX CHRISTIANS** who have **PREPARED THEMSELVES** may partake of Holy Communion.
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## **ANNOUNCEMENTS**

**LADIES AUXILIARY FALAFEL LUNCH** Our Ladies Auxiliary is having a delicious lunch today for Coffee Fellowship in honor of all of their departed members. Costs: Adults \$5 each; Children 10 and under \$3 each. Children under 2 are free. Everyone is invited!!! All proceeds will go to their National Project: *The Antiochian Village Tornado Relief Fund*. Please be generous and support the good works of our ladies!

**COFFEE FELLOWSHIP HOSTS** Available dates: April 21<sup>st</sup> -- sign-up poster is in the Hall. Hosting information is in the Hall and Lounge and includes: bringing whatever you wish to serve and cleaning up afterwards. St. George provides coffee, cups, cream, and sugar at a charge to the host of \$25. *During the Great Fast (March 18<sup>th</sup> – May 4<sup>th</sup>), no meat or dairy products are to be served.*

**FEED GENESEE** Next Sunday, April 7<sup>th</sup>, the Soup Kitchen truck will be here to pick-up our donations. Items needed are on a flier in the Hall Foyer. Remember you may bring your items at any time to be put it in the wooden *Feed the Hungry* container in the Hall Foyer. May God be with the needy and may He bless those who help them.

**CHURCH SCHOOL NEWS** *from Janet Abueita, Director (810-691-0956)*

Dear parents, we are in need of Pascha Candy, such as, chocolate eggs and jelly beans (small enough to fill up plastic eggs). We also need the plastic eggs, lots of them! (Remember, everything is on sale after March 31<sup>st</sup>!) Any money donated will go toward buying these items for our **Pascha Egg Hunt** which we provide for your children on Pascha, May 5<sup>th</sup>. Any questions, please call me @ 691-0956. Thank you and God Bless!

**LENTEN POTLUCK DINNER** Our Ladies Auxiliary will be hosting a Lenten (no meat or dairy products) Potluck Dinner after our celebration of the Liturgy of the Presanctified Gifts

this Wednesday. Please bring what is listed below according to the first letter of your last name. If you have any questions, please see or call Olga (810-732-8184) or Vicky Nassar (810-238-5839). Donations to the Food for Hungry People program will be asked at all of our dinners – please be generous in feeding the hungry.

FOR WEDNESDAY, APRIL 3<sup>RD</sup>

<u>A-F</u>	<u>G-J</u>	<u>K-R</u>	<u>S-Z</u>
Desserts	Relish Dish or Bread	Salad or Side Dish	Main Dish

**RELAY FOR LIFE** We need you! Help our St. George Teens raise money for their Relay For Life Team with our LENTEN BAKE SALE on APRIL 7<sup>th</sup>! All Lenten foods or any donations will be greatly appreciated! We will also be signing up cancer survivors and those interested in participating in cancer research. Please join us for a fun, informative day and to Celebrate, Remember, and Fight back!!!

**WEEKLY OFFERINGS:** Our average weekly offerings need to be \$4,800 to meet our 2013 Budget. Last Sunday, our offerings were \$2,792 so we were short \$2,008 ☹. If you haven't already, please fill out your 2013 Offering Form and support the work of St. George!

**March 31<sup>st</sup> — 2<sup>ND</sup> SUNDAY OF THE GREAT FAST: GREGORY PALAMAS**

This divine Father, who was from Asia Minor, was from childhood reared in the royal court of Constantinople, where he was instructed in both religious and secular wisdom. Later, while still a youth, he left the imperial court and struggled in asceticism on Mount Athos, and in the Skete at Beroea. He spent some time in Thessalonica being treated for an illness that came from his harsh manner of life. He was present in Constantinople at the Council that was convened in 1341 against Barlaam of Calabria, and at the Council of 1347 against Acindynus, who was of like mind with Barlaam; Barlaam and Acindynus claimed that the grace of God is created. At both these Councils, the Saint contended courageously for the true dogmas of the Church of Christ, teaching in particular that divine grace is not created, but is the uncreated energies of God which are poured forth throughout creation: otherwise it would be impossible, if grace were created, for man to have genuine communion with the uncreated God. In 1347 he was appointed Metropolitan of Thessalonica. He tended his flock in an apostolic manner for some twelve years, and wrote many books and treatises on the most exalted doctrines of our Faith; and having lived for a total of sixty-three years, he reposed in the Lord in 1359.

**COMING EVENTS**

This Week	The <i>Great Fast</i> continues and lasts until our celebration of our Lord's Resurrection- <b>PASCHA</b> on May 5 <sup>th</sup> . The traditional fasting discipline ( <i>no meat or poultry, dairy, eggs, fish, wine, olive oil, and their by-products</i> ) is observed on all weekdays. On Saturdays and Sundays, <i>wine and olive oil</i> are allowed.
Monday	<b>Great Compline</b> صلاة النوم الكبرى 6:30pm
Wednesday	<b>Lenten Hours</b> at St. Nicholas 9am <b>Presanctified Liturgy</b> قداس السابق تقديس and <b>Lenten Potluck</b> 6pm
Friday	<b>Supplication to the Virgin Mary</b> خدمة المديح ( <i>Madayeh</i> ) 6:30pm
Saturday	<b>Great Vespers and Confessions</b> 5pm